



# Polar Dip's chilly tradition to return on behalf of 'Feed the Need' for local pantries

By Kaysa Jalbert  
STAFF WRITER

Jumping into icy lake water on a mid-February morning might not be the first winter activity that comes to mind, but it's worth it to raise money for families in need. The Annual George Bartlett Memorial Sebago Lakes Region Polar Dip is coming up on Saturday, Feb. 15 at Raymond Beach in conjunction with the Sebago Lake Rotary Club's Ice Fishing Derby, and the chamber is looking for more people to join in and take the leap for a good cause.

A new addition to this year's event will be portable saunas donated by Too Hot Saunas for the brave polar dippers to warm up after jumping. To make things even hotter, participants are encouraged to dress up in fun family-friendly costumes. Anyone interested can sign up in teams with up to six jumpers per team and will be given a time to jump between 11 a.m. and 2 p.m.

Participants should pack oversized jackets, warm drinks and towels and wear some type of water shoe. It is not recommended to wear crocs as they



Participants dive into Sebago Lake during a previous Polar Dip conducted by the Sebago Lakes Region Chamber of Commerce. This year's George Bartlett Memorial Sebago Lakes Region Polar Dip will be held from 11 a.m. to 2 p.m. Saturday, Feb. 15 at Raymond Beach and benefits 'Feed the Need' which donates to 12 different food pantries across the Lakes Region. PHOTO BY ED PIERCE

tend to get pulled off by getting stuck in the mud at the bottom of the lake.

All donations raised from the Polar Dip will go to the "Feed the Need" initiative set by the Sebago Lakes Region

Chamber of Commerce Charitable Trust. The trust raises funds throughout the year through grants, generous donations, and events like the annual Polar Dip to make donations to 12

local food pantries throughout the Lakes Region.

In 2024, the chamber raised \$5,000 from just eight participants in the Po-  
→ see POLAR DIP Page 10

# MARA offers valuable knowledge for creating and maintaining private roads in and around Windham

By Masha Yurkevich  
STAFF WRITER

The Town of Windham is made up of more than 60 miles of private roads and while they are a part of the town, it is every man for himself when it comes to private road maintenance.

Nick Kalogerakis is a Windham Town Councilor representing constituents in the town's South District and the issue of private roads concerns him.

"I have served on Road Associations and understand the complexities we deal with in keeping them maintained," says Kalogerakis. "Private roads do not get the benefit of any help from the town or its Public Works Department. We cannot utilize anything from the town even though we pay the same rate in taxes as everyone else."

This is where MARA comes in.

Started in 1998 by Betsy Connor Bowen, MARA, the Maine Alliance for Road Associations, is a nonprofit corporation with a volunteer board of directors that helps gather information for private roads and are a valuable resource for communities, whether it is providing guidance for starting a road association or providing knowledge of what can or cannot be done on private roads. It is a volunteer public service organization whose purpose is to help Maine homeowners who live on private roads and public citizens who may be considering this



The Maine Alliance for Road Associations is a nonprofit corporation and a valuable resource for information about private roads for residents seeking to establish a road association to help maintain a private road and share maintenance costs. Windham has more than 60 miles of private roads currently within the town. COURTESY PHOTO

possibility.

Its purpose is, in part, the compilation and dissemination of information from many sources to help people living on private roads share maintenance costs and administer their road associations fairly and equitably. MARA is an advocate for fair and equitable laws relating to people living on private roads in Maine.

Anyone with an interest in private

roads, their maintenance, shared costs of maintenance through an association of owners, and the environmental impact of such roads and maintenance may find useful information on the MARA website but only individuals, not Road Associations, can join MARA.

It is entirely volunteer-based and MARA's purpose is to disseminate information to the communities about

private roads. The organization has a wealth of knowledge and resources on their website including several discussion forums where you can search for a topic and read through it to gain information.

According to Kalogerakis, MARA is important to Windham because the town has more than 60 miles of private roads and many residents need help forming road associations and assistance in getting them set up and maintained properly.

"When we set up our road association on my private road, we were not doing it right," says Kalogerakis.

During the 2024 MARA event that Kalogerakis attended he received two free books about private roads.

"These are not just books, but have photos in them that explain how to properly grade your roads, what type of materials to put on, what equipment to use, and how to avoid potholes. There are also photos showing why you see something on your road and how to fix it," says Kalogerakis.

"It is incredible the amount of information that is in these books and it is very helpful; I would love for  
→ see ROADS Page 8

PRSR STD  
U.S. POSTAGE  
PAID  
TIME4PUBLISHING  
www.TheWindhamEagle.com  
Local Postal Customer

# INSIGHT

## Overruling any objections

One of my favorite movies is "To Kill A Mockingbird," and in that film attorney Atticus Finch proclaims, "A court is only as sound as its jury, and a jury is only as sound as the people who make it up." Judge for yourself, but throughout February, I have been summoned as a potential juror.

Most of my exposure to the legal system comes from watching cases tried on television, such as the Johnny Depp v. Amber Heard media circus or most notably, the O.J. Simpson murder trial in the 1990s.

I previously served on two juries when I lived in Florida. The first time the parties went through the jury selection process, and I was seated in the group, but within minutes of starting the trial, the judge dismissed the jury as the parties had reached a settlement.

The second time was totally different. It took most of the morning to find jurors acceptable to both attorneys involved in the case. By noon a jury was seated, and I was among them. The judge had the courtroom break for lunch and the trial resumed with testimony for the remainder of the afternoon and into the following day.

The case was rather interesting to me. A Haitian immigrant who spoke very little English finished work as a stonemason for a contractor late in the afternoon of the Friday before Memorial Day. Before leaving, the contractor paid him a month's salary of about \$8,000 in cash in a brown paper bag he placed in the truck's center console. He got in his pickup truck and started to drive home when another Haitian immigrant at the work site flagged the stonemason down and asked if he could give him a ride home.

During one of the hottest and most humid times of the year in Florida, the air conditioner in the pickup truck did not work and so the stonemason and his co-worker rolled the windows down to have some fresh air come into the truck. As they arrived at the co-worker's home, he asked the stonemason to wait for a moment as he went inside for something. He reemerged with a four-pack of Bartles & Jaymes wine coolers, although it was missing two bottles. He said it was a gift for his kindness in giving him a ride home.

Taking off again, it was now dark outside, and the stonemason noticed flashing lights up ahead on the highway. It was a police DWI roadblock. He was pulled over and an officer noticed the unopened Bartles & Jaymes wine coolers on the passenger seat. He instructed the stonemason to step out of the truck and gave him a field sobriety test.

The Haitian immigrant passed all field sobriety testing, but as he didn't reply to some of the questions the officer asked because he didn't understand much English and the officer didn't speak his language, Creole, the officer detained him and requested another police car and officers to take him to the police station for blood testing for intoxication.

Once at the police station, blood was drawn from the Haitian. Since results would not be available from the lab for several days, he was booked for DWI and transported to the county jail. His pickup truck was towed to the county impound yard. It was Memorial Day Weekend, and the Haitian waited in the jail the remainder of Friday evening, Saturday, Sunday and through Monday as it was Memorial Day, just to obtain an attorney.

When the results of the blood test confirmed no alcohol in his system, the attorney for the state dropped charges filed against him and he was freed from jail. At the impound yard, he reclaimed his truck only after his attorney paid the \$750 towing and storage fees. And to his surprise, the brown paper bag of cash was missing.


He sued the city and the police department for \$50,000 for false imprisonment, false arrest, his expense of having to hire an attorney, the loss of a month's salary from the missing bag of cash, and the suffering and humiliation from spending four days in the slammer.

All of this had taken place three years before this trial that I was a juror for. We listened to all the testimony and adjourned to the jury room for our deliberation. To us, it was clear who had made a mistake. We reached a verdict for the plaintiff but before we could announce our decision, the judge dismissed the case.

It seems that the plaintiff's attorney had made some sort of technical error when filling out the paperwork for the case and this was brought to the judge's attention during the jury's deliberations. The judge visited us in the jury room before we left and said he had no choice but to dismiss this case and that the plaintiff's attorney said he was going to file the case for trial again, even if it took another three years to get on the court docket.

Now I am on the precipice again of doing my civic duty and serving as a potential juror. Paying homage to Atticus Finch, I'm hoping I can remain of sound mind until then. < ~ Ed Pierce

### Today in HISTORY



**FEBRUARY 7**

**1795 – The 11th Amendment to the U.S. Constitution is ratified affirming the power of U.S. states.**

**1817 – Baltimore, Maryland becomes the first American city to be illuminated at night by gas-powered street lamps.**

**1922 – DeWitt and Lila Acheson Wallace offer copies of their new magazine "Reader's Digest" magazine for the first time.**

**1940– The Disney film "Pinocchio" debuts at the Center Theatre in Manhattan.**

**1943 – The U.S. government announces that shoe rationing would go into effect in two days.**

**1962 – All Cuban imports and the export of U.S. products to Cuba are banned by the U.S. government.**

**1984 – U.S. Space Shuttle astronauts Bruce McCandless II and Robert L. Stewart make the first untethered spacewalk.**

**1985 – "New York, New York" becomes the official anthem of New York City.**

## ON THE SPOT

### What was your very first job?

"Cleaning offices in downtown Portland." – Valerie Livesay Luce

"Shoveling snow for homes in the neighborhood. Had to have cars and sidewalks cleared before they left for work." – William D. Reiner

"Aside from babysitting, my first job was a day camp counselor for Windham Rec." – Sheila Boyden Corey

"Fuel attendant for Rogers Texaco Marina in Alexandria Bay, New York." – Ed Pierce

"Working on an assembly line making headbands and barrettes." – Cheryl L. Page

"Dundee Park." – Marie South

"Sweets n Eats scooping ice cream!" – Stacy Theriault Davis

"Mowing lawns and paper route." – Rob Bridge

"Other than mowing lawns, I worked as a sales/assembler at the House of 15,000 Picture Frames." – Rob Juergens

"Besides babysitting, I worked in a coat factory where my mom and aunts worked." – Roose Tirrell Haigis

"Whidden Memorial Hospital, Everett Massachusetts, as a Ward Helper." – Ruthie Jackson

"Busser at Charlie Beiggs when I was 15. Flash forward 18 years and I worked as a bartender at Pops Place in the same building." – Kristin Murray

"Working in a ballpark concession stand. So fun!" – Julie Mallett

"I started at the Windham Burger King at 15." – Emily Anne Morey

"Snack Bar Attendant, Duke Island Park in New Jersey. Had years of babysitting before then." – Cathy Wessel

"Sold tickets at the old Empire Theater in Lewiston in 1972." – Anne Glotchshuk

"Collected and packaged eggs for sale at Ossment Farm outside of Wayland, Michigan." – Deirdre Schulte

"Assembled bicycles at a department store in Concord, NH." – Mitchell B. Robinson



585 Roosevelt Tr, Windham, ME 04062 • Call 207-894-3500 (text friendly)

FLIP THROUGH OUR DIGITAL EDITION: [WWW.THEWINDHAMEAGLE.COM](http://WWW.THEWINDHAMEAGLE.COM)

MAILED TO 10,900 HOMES AND BUSINESSES IN WINDHAM & RAYMOND. TOTAL CIRCULATION 13,000



Staff Writers: Jolene Bailey, Lorraine Glowczak, Matt Pascarella, Kendra Raymond, Masha Yurkevich, Abby Wilson, Kaysa Jalbert, Marianne Moran



**Kelly Mank**  
Publisher  
Kelly@TheWindhamEagle.com



**Becky Knox**  
Administrative  
Office@TheWindhamEagle.com  
Office hours: Wednesdays 8-2  
Thursday 9am-Noon



**Melissa Carter**  
Sales Manager/Designer  
Melissa@TheWindhamEagle.com



**Ed Pierce**  
Managing Editor  
Editor@TheWindhamEagle.com



Follow us on Facebook & Twitter to view additional content and news

**EDITORIAL POLICY** The Windham Eagle newspaper has a mission to be a Positive and Solutions Based newspaper. As a positive and solutions-based newspaper, we are committed to providing our readers with accurate, informative, and constructive news and information that uplifts and inspires. We recognize that certain content may not align with our mission and values, and therefore reserve the right to not publish certain types of content. For complete details about submissions and our letters policy, visit [thewindhameagle.com/Information.pdf](http://thewindhameagle.com/Information.pdf)



# NEWS



## Annual Sebago Lake Rotary Ice Fishing Derby nearing

By Ed Pierce

STAFF WRITER

It's said that fishing is not just about catching fish, it's about the journey and the memories that last a lifetime. For those looking to create some new memories and take home some cash prizes, the 24th Annual Sebago Lake Rotary Ice Fishing Derby is approaching on Saturday, Feb. 15 and Sunday Feb. 16 and everyone who enters qualifies for the 2025 Grand Prize of \$5,000.

As Southern Maine's Largest Ice Fishing Derby and premier outdoors family friendly event, this year's derby promises to hold interest from start to finish and proceeds benefit "Feed the Need," which supports 12 different food pantries across the Lakes Region and an array of other Rotary charities.

The Sebago Lake Rotary Ice Fishing Derby is held every year in February and had been organized and managed by the club since 2001.

Every togue, pike, perch and pickerel caught during this year's derby will serve as one entry into the Rotary's Fish Pool drawings. Each angler participates must enter their own fish at the weigh station.

The 2025 Derby Fish Pool Prizes will exceed \$12,000 but not top \$22,600 which is the maximum allowed by state law. All registrants, whether you

decide to fish or not, will be entered for the \$5,000 grand prize.

Derby organizers say the event serves as an important fisheries management tool for the Maine Department of Inland Fisheries and Wildlife. As such, the prize structure was developed in consultation with the MDIFW Fishery Biologist to encourage the harvesting of invasive Northern Pike in local lakes and to moderate the abundance of lake trout. The derby also provides harvesting information as part of an initiative to manage freshwater sport fishing in Sebago Lake.

Cash prizes include:

**MOST PIKE CAUGHT**

- 1st Place: \$500 Cash
- 2nd Place: \$250 Cash
- 3rd Place: \$100 Cash

**LARGEST PERCH\*\***

- 1st Place: \$250 Kittery Trading Post Gift Card
- 2nd Place: \$150 Kittery Trading Post Gift Card
- 3rd Place: \$100 Kittery Trading Post Gift Card

**LARGEST PICKEREL**

- 1st Place: \$250 Kittery Trading Post Gift Card
- 2nd Place: \$150 Kittery Trading Post Gift Card
- 3rd Place: \$100 Kittery Trading Post Gift Card



**LARGEST TOGUE**

- 1st Place: \$1,000 Cash
- 2nd Place: \$500.00 Cash
- 3rd Place: \$250.00 Cash

Derby officials say that if Sebago Lake is deemed unsafe because of ice conditions, the cash prizes for togue and pike will remain in the charitable fund.

Every fish that is weighed has a chance to win, but there are some derby stipulations:

**Pike Prizes:** Pike must be caught in Sebago Lake only. The 2025 Pike Prize is for most fish caught, not for size and weight. All pike caught must be brought to the Raymond Beach weigh station for counting and tracking. Pike rules are that there are no limits the most fish caught to win first, second or third place.

**Perch Prizes:** White or Yellow Perch in Perch Fish Category – Deb-

ry officials will weigh your top six fish, and the remaining may be donated and entered for a prize drawing.

**Togue Prizes:** Togue must be caught in Sebago Lake only. Prizes will be determined by weight and length. An additional drawing will be held for all Togue caught and donated. No bag limit for Togue under 26 inches and no minimum weight limit. Only one may equal or exceed 26 inches.

**Fishing Limits:** A limit of six fish for togue, perch and pickerel species per day will be weighed for cash prizes. Remaining togue can be donated and entered for a special drawing. Only one extra ticket per togue is allowed for donated fish per day and there are no limits on donated fish.

Registrants can donate their catch which will be processed through Nova Seafood in Portland. Containers will be available at each weigh station and each fish donated qualifies to be entered in a supplemental drawing for prizes.

A total of 26 lakes and ponds in Cumberland County are eligible to be fished in the derby. Weigh station times are 7 a.m. to 5 p.m. Saturday, Feb. 15 and 8 a.m. to 4 p.m. Sunday, Feb. 16.

Entry fees are \$25 for individuals, \$35 for families of two adults and up to four children. Visit [www.icefishingderby.com/derby-registration](http://www.icefishingderby.com/derby-registration) <



# LOVE at first drive



## OUR VEHICLES = A MATCH MADE IN HEAVEN

<p><b>2024 Chevrolet Silverado HD Crew Cab LTZ</b></p> <p>6.6L Duramax, 6.5ft bed, Premium Wheels, 29,319 mi</p>  <p><b>\$64,995</b> Stock #R1144666</p>	<p><b>2024 GMC Sierra 1500 Crew Cab Denali</b></p> <p>5.3L Ecotec3, 6.5ft bed, Lifted w/ Tis Off Road wheels &amp; A/T tires, 7,719 mi</p>  <p><b>\$67,995</b> Stock #RZ286985</p>	<p><b>2020 Ford F250 Super Duty Crew Cab Lariat</b></p> <p>7.3L DEVCT NA PFI V8 engine, Tremor-off road pkg &amp; more, 29,460 mi</p>  <p><b>\$53,995</b> Stock #LEE05361</p>
<p><b>2021 Toyota Tacoma Double Cab TRD Off-Road</b></p> <p>3.5L V6, 5ft bed w/ liner + hard tonneau, Fuel wheels w/ A/T tires, 69,462 mi</p>  <p><b>\$35,995</b> Stock #MM390720</p>	<p><b>2023 GMC Yukon SLT Sport Utility</b></p> <p>5.3L Ecotec3, 2nd row bench seat, smooth ride suspension, 52,201 mi</p>  <p><b>\$54,995</b> Stock #PR349874</p>	<p><b>2024 Jeep Grand Cherokee Altitude X</b></p> <p>3.6L V6, leather/ suede seats, sunroof, all-weather floor liners, 18,082 mi</p>  <p><b>\$37,995</b> Stock #702164</p>

**APLUS CERTIFIED W/LIMITED LIFETIME POWERTRAIN WARRANTY**  
on most vehicles 7 years or newer w/under 100K

Open M-F 9-6, Sat 9-3, or by appt.

968 Roosevelt Tr, Windham ■ 207-572-4444 ■ [aplusautogroup.com](http://aplusautogroup.com)

**– FINANCING AVAILABLE –**  
**GET PRE-APPROVED ON OUR WEBSITE!**

# Raymond to hold special town meeting about WiFi project

By Kendra Raymond  
STAFF WRITER

A last-minute Board of Selectmen meeting in Raymond was conducted on Jan. 31 via ZOOM where selectmen could vote to make a warrant available for easements requested by Sebago WIFI LLC during a Special Town Meeting.

As it happens, an oversight regarding a Sebago WiFi project was discovered by the Town of Raymond's attorney, and it came to light last week. However, Raymond Select Board members were able to pull together an emergency meeting and voted to approve a Special Town Meeting Warrant authorizing a Special Town Meeting.

Raymond Town Manager Sue Look explained the oversight details prompting the meeting.

"In talking to our attorney about the Broadband Contract, I found that the Select Board does not have the authority to grant the easement needed to allow Sebago Fiber to build the proposed building on the Public Safety property for the broadband project, only (a) Town Meeting can do that," she said.

The Special Town Meeting Warrant was approved with the required votes of at least three select board members. There was no opposition.

Look said this will allow for the

Special Town Meeting to be called so it can be voted on by residents. The town is hoping to move forward with the project, so the broadband installation doesn't get held up.

The Special Town Meeting Warrant stipulates:

Article 2 : To see if the Town will vote to authorize the Select Board to grant to Sebago Fiber & WIFI LLC a perpetual easement over and under a portion of Town-owned property identified as Tax Assessor's Map 04 Lot 106A support the installation of a fiber optic network ring connecting all municipal buildings and public safety radio towers and for the purpose of erecting, installing and maintaining:

1. A structure of approximately 400 sure feet to be used as a central office,
2. Two new utility poles and underground conduit, and
3. Solar panels

"The easement will allow broadband with a fiber ring to the whole town, eventually," Look said. "The next steps are developing the wording of the easement and drawing the proposed easement. It will be available for residents to buy, and I think it will be much better."

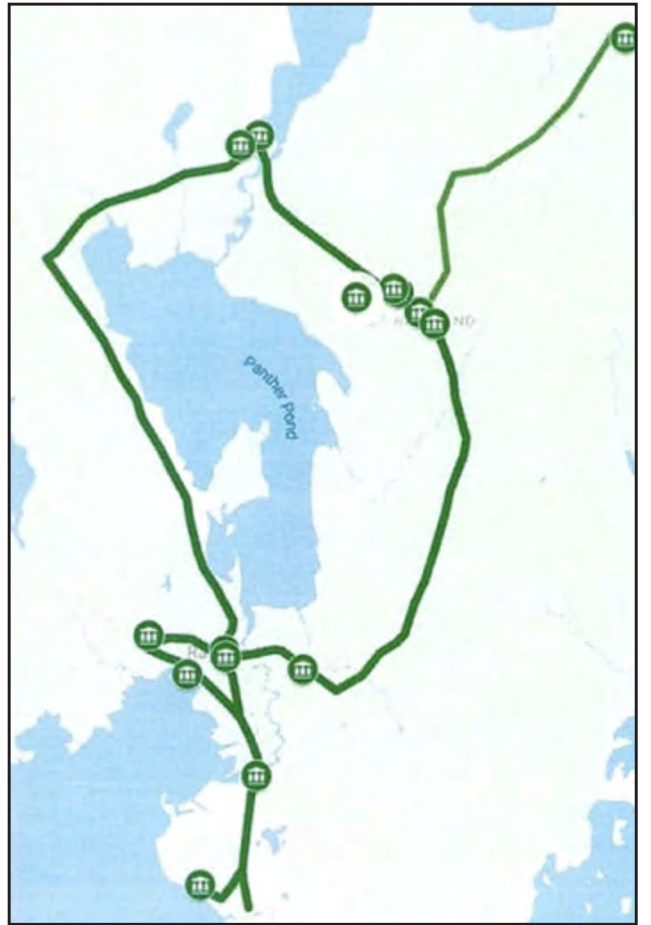
The easement will allow construction of a small solar-powered building which will support the broadband

ring. The new structure will be located on the town's Public Safety property.

The Special Town Meeting Warrant voting to approve the easement will be held at 6 p.m. on Tuesday, Feb. 11, at the Raymond Broadcast Studio, located at 423 Webbs Mills Road in Raymond. The meeting is open to the public.

Sebago Fiber is owned by Andrew Davis and has been in business since 2021. Its team includes workers covering engineering, support, billing, customer service and field service technicians.

"We build our systems for reliability," Davis said. "Light traveling over fiber does not have the limits of copper telephone or cable networks. Fiber is not susceptible to every power fluctuation in a storm causing power surges down the lines and frying the cable modem. We build our systems with reliable backup battery and generator power." To learn more about Sebago WIFI



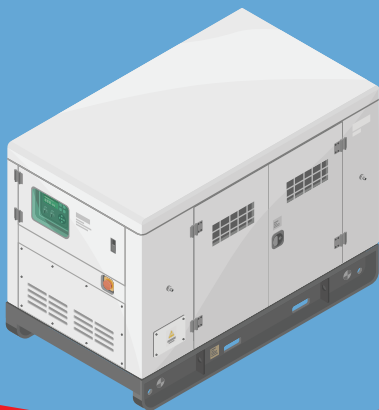
A map by Sebago Fiber shows proposed WiFi expansion throughout Raymond. A Special Town Meeting to approve an easement for Sebago Fiber will be conducted at 6 p.m. on Tuesday, Feb. 11, at the Raymond Broadcast Studio, 423 Webbs Mills Road in Raymond. SUBMITTED PHOTO

and take the survey visit: <https://www.sebagofiber.net/lake>

For updates about the Town's approval process, visit: [www.raymond-maine.org](http://www.raymond-maine.org) <

Dirfy's exclusive CPP rewards program is the

## SAFETY NET FOR YOUR EXPIRED GENERATOR WARRANTY!!



*This program has no annual fee and will SAVE YOU MONEY on service calls and repairs for the next 20 years!*

**Call now to see if your generator qualifies!**

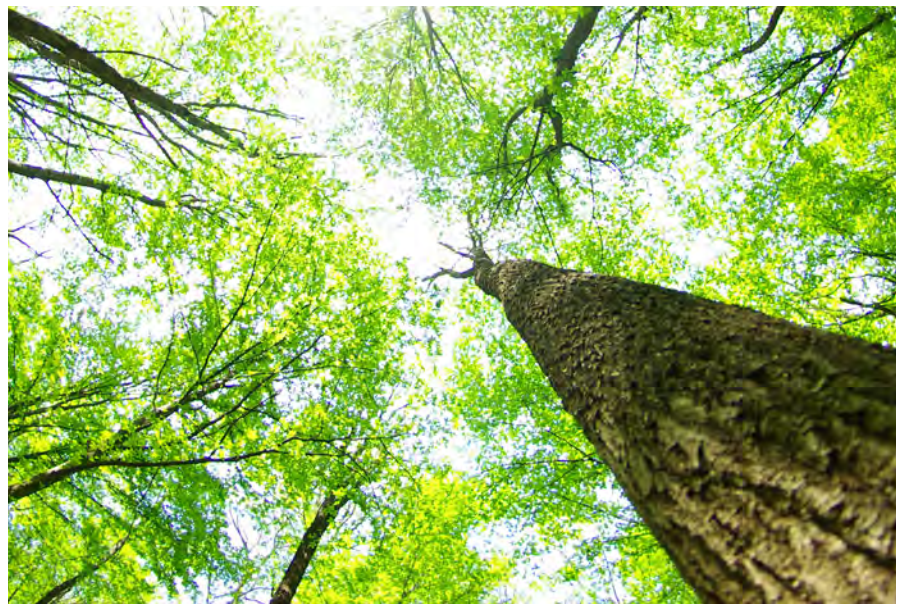
*\*Inspection required. For complete program details email: [dirfycpp@gmail.com](mailto:dirfycpp@gmail.com)*

# Dirfy "Doing It Right For You" GENERATORS

SALES ★ SERVICE ★ INSTALLATION ★ INSPECTIONS

207-637-3346 • [DIRFYGENERATORS.COM](http://DIRFYGENERATORS.COM)

[DirfyGenerators@yahoo.com](mailto:DirfyGenerators@yahoo.com)



## Grow Your Money High-yield checking account

- No monthly fees
- No minimum balance requirements

Visit us at  
25 Portland Road Gray, Maine  
or scan to apply online



**MAINE**  
STATE CREDIT UNION





Register, pack your gear,  
and join us for  
**FREE  
FISHING  
WEEKEND!**



**26 LAKES AND PONDS**

**ICEFISHINGDERBY.COM**

**FEBRUARY 15 & 16, 2025**

Entry fee: Individual \$25, Family \$35

Register online or at Sebago Bait (Windham) & Jordan's Store (Sebago)

THANK YOU TO OUR SPONSORS:



**Bangor Savings Bank  
First Light Home Care  
Kittery Trading Post  
Maine Community Bank  
Norway Savings Bank**

Allied Real Estate • Bob the Screenprinter  
Evergreen Credit Union • Hall Implement Co • Jordan's Store  
Knuckle Up Customs • Leavitt Equipment Sales  
Modern Woodmen of America - Tim Graham • Moody's Collision  
Nova Seafood • Rangeley Web Design • Richardon's Boat Yard  
Windham Rental Center • Towns of Raymond & Standish



**Even if you  
don't fish, your  
registration will be  
entered to win!**

# WHS representatives engage in dialogue at Yarmouth High School's Civil Tea Club student meeting

By Lorraine Glowczak  
STAFF WRITER

Five Windham High School students tackled complex and thought-provoking conversations with peers from five area high schools during a special event at Yarmouth High School on Friday, Jan. 31. Through open discussions, they embraced diverse perspectives, honed their listening skills, and felt inspired to take meaningful action based on their experiences.

The students were invited by YHS's Civil Tea Club, which extended the opportunity to schools involved in the Can We? Project. The Can We? initiative encourages civil dialogue, fosters empathy, and empowers young people to create positive change in their communities. By utilizing storytelling and compassionate communication, the project equips students with the skills needed to navigate challenging discussions and ensure that all voices are heard.

WHS students voluntarily participated in the Can We? Project, which has been running for three years.

When the invitation arrived from YHS, five dedicated WHS Can We? participants eagerly accepted, ready to engage in a respectful exchange of ideas and broaden their understanding of important social issues.

"I have been involved with the Can We? Project since it first came to Windham," WHS junior Gemma Evans said. "I have always believed in the goal of the project, so seeing another extension of the project was an opportunity I couldn't miss."

Evans said that the Civil Tea Club kept the general mood of the Can We? Project, but made it more intimate.

Jen Dumont, WHS Teacher and JMG Specialist, is the school's Can We? Project Liaison. She said that the students share a passion for social justice and a strong desire to contribute to their communities. She is proud of her students' abilities to be respectful among any differing opinions.

"I wasn't concerned at all about



Windham High senior Abigail Dumont, center, listens to two students from other schools as they share thoughts about hard topics at the Yarmouth High School Civil Tea Club gathering.

PHOTOS BY LORRAINE GLOWCZAK

challenges, such as strong disagreements or emotional reactions because over the past few years, facilitating the Can We? Project, I have consistently witnessed students come together and successfully navigate complex conversations with differing perspectives," she said.

The students agreed, saying it was good to hear different opinions and to gain different perspectives.

"When one of my group members had a different opinion than I did, I listened intently, I did not get angry

→ see TEA CLUB Page 7

LEVINSKYS

\$10 OFF  
All Pants!

Men's & Women's  
Jeans - \$49.99

IN-STOCK!

Snowpants & Bibs, Hats,  
Gloves, & Winter Boots

693 ROOSEVELT TR., WINDHAM • 892-5797 • OPEN DAILY 9AM-6PM • LEVINSKYS.COM

NOW OPEN!

B

BAILEY DIRECT PRIMARY CARE

Your health, our priority.

ACCEPTING NEW MEMBERS NOW!

COMPASSIONATE CARE • FAST & EFFICIENT SERVICE • AFFORDABLE PRICING

Single and Family Memberships  
Discounted Rate for Single Parent Family Memberships  
Business Pricing for 5 Employees or more

SIGN UP BEFORE FEB. 28TH TO HAVE YOUR REGISTRATION FEE WAIVED!

Julie Bailey, FNP

944 ROOSEVELT TRAIL #14, WINDHAM • 207-383-2146 • BAILEYDIRECTPRIMARYCARE.COM

→ **TEA CLUB** *Cont. from page 6*  
 or interrupt, I just listened,” WHS Senior, Abigail Dumont said. “As the conversation went on, I circled back around to the topic and let him know why I felt the way that I did. I did not try to change his opinion.”

WHS junior Kendra Eubanks agreed, saying that she has never felt so respected from both sides of the political spectrum as she did at Yarmouth’s Civil Tea Club.

“It made me feel heard and accepted,” she said. “I wish America could come together and talk about their different point of views respectfully and hear the other side and not make it turn into an argument. I feel that all political sides were heard at the Civil Tea.”

Jen Dumont said that the intent



Junior Kendra Eubanks, left, and the four other students were inspired by the experience and plan to invite the YHS Club to Windham High in the future.

is never to have anyone’s perspective change, but rather to facilitate a deeper understanding of the topic, relying on active listening, candid and vulnerable sharing of personal story, and empathy.

WHS senior Brooklyn Boucher said she enjoys having tough conversations and explained how she does that.

“Instead of listening to respond, it’s very important to just listen,” Boucher said. “Not everything needs a response. It was at first hard to hear people with different opinions than mine, but this experience has truly changed my way of thinking about politics, in the way of not always looking for a right or wrong but understanding that everyone has a reason to believe the things they do, and to hear that instead of belittling others. It can

open your knowledge to both ends of issues. I really emphasize the saying “I hear you” because a simple agreement like “oh yea” or a head nod can be just brushed over, and sometimes it’s just nice to be told that every word you said was heard by someone in the group.”

Jen Dumont says that she couldn’t be prouder of her students for their participation.

“Every student reflected that the experience was tre-

mendously powerful and impactful. As an educator, any opportunity I can provide students to engage in authentic, solution-oriented dialogue is critical for their personal growth and

self-confidence. Seeing the students so inspired after an event is truly edifying, and it provides much hope and faith in regard to this next generation of leaders.” <



**STUDENT OF THE WEEK**

## Landon Franzoni



**Grade:** 5 **School:** Manchester School  
**Teacher:** Mrs. Falasca  
**Favorite subject(s) in school:** Math  
**Parents’ names:** Matt and Katie Franzoni  
**Reason for selection:** Landon is a dedicated and thoughtful student who always strives for excellence in everything he does. He approaches each day with a positive attitude and consistently motivates his classmates to do the same. His contagious smile and upbeat demeanor brighten any room. He manages to balance both academics and athletics with great discipline, working toward his goals both on and off the field. Landon has such a generous heart; he is always willing to lend a hand and support those around him. His teacher says it has been her pleasure to work with Landon this year, and she is excited for the great things that will come for him in the future.

**PROUD TO SUPPORT OUR OUTSTANDING STUDENTS!**

Join the Flagg Family!  
**WILLIAM FLAGG AGENCY, LLC**  
*Your Trusted, Locally-Owned Allstate Office*

**WE ARE YOUR FRIEND AND NEIGHBOR.**  
 We know the market and understand the needs of the people in this community.

**FREE, NO-OBLIGATION REVIEWS & QUOTES!**  
 207-856-6000 • [williamflagg1@allstate.com](mailto:williamflagg1@allstate.com)  
 630 Main St., Suite 100, Westbrook





GREAT NORTHERN DOCKS

*Since 1979*

BEAT THE APRIL RUSH!

ORDER YOUR NEW DOCK NOW!!





[greatnortherndocks.com](http://greatnortherndocks.com)



HOME LOANS

House Hunter → Home Owner

\$2,500

Lender Credit\*

On home purchases in Maine



**Apply Now or call**  
 (207) 221-5000



★ Trustpilot  
 Rated 4.8 Stars  
 as of 12/12/24

\*Promotion includes \$2,500 in lender credits towards closing costs. Maine property purchases for primary residences and second homes only. Only one \$2,500 lender credit available per loan. Government and land loans excluded. Eligible applications must be received by 2/28/25. Mortgage must close to receive lender credit. Offer subject to change without notice. Not all applicants will be approved for financing. Loan subject to credit and underwriting approval. Equal Housing Opportunity.

**ROADS** *Cont. from page 1*

road associations in Windham to have this knowledge.”

What private roads often look for is what material can they get inexpensively, and unaware that this could end up costing them even more.

“During our meeting, when we started talking about what to look for in a delivery of gravel, I was blown away,” says Kalogerakis. “This man was showing different photos of gravel, how they sift through it, and what to look for to make sure that the gravel you are paying for is the best. All gravel is not the same. You need the correct mixture to keep your road together and in its best condition for the long run. I guarantee that no one is doing this correctly, which is why our private roads have so many of the issues that they do. This would be very valuable information for Windham.”

He said that another valuable source

of information about private roads is Peter Kaufmann, who works for the Maine Department of Transportation and is the executive director of Maine Private Roads Chapter for the MDOT, working with Public Works Directors and communities on private roads. Kalogerakis says that he has spoken to the Windham Assistant Town Manager Bob Burns about possibly having Kaufmann come and lead meetings in Windham soon for any road associations that want to learn more about what they can do to care for and to maintain their private roads.

“Kaufmann is a wealth of knowledge with his experience,” says Kalogerakis. “I think that having him talk here in Windham would be very valuable as Windham has over 60 miles of private roads and having information about how to properly care for them would be very helpful.”

More info. about MARA can be found at [www.maineroads.org](http://www.maineroads.org)

# Aroma Joes partners with Raymond Parks and Rec for winter pop-up event

By Kendra Raymond  
STAFF WRITER

When it comes to winter fun, Raymond Parks and Recreation Department has it covered. After a recent snowstorm caused the cancellation of a field trip, Parks and Rec staff members jumped into action to save the day.

Camp Raymond After School is a program designed to keep children active and occupied following school hours. Activities take place in Raymond, but occasionally special trips are planned. The recent surprise storm derailed the group’s trip to the Children’s Museum in Portland, which was planned during a scheduled half-day at school.

Raymond’s Assistant Parks and Recreation Director Riley Silvia said that the partnered event just sort of evolved.

“This event was part of our after-school program, which provides kids with fun, enriching activities after school. We had originally planned a field trip that day, but when the snowfall made travel difficult, we turned the day into a winter adventure instead,” she said. Parks and Recreation Director Joe Crocker went out and got sleds, and we transformed the afternoon into a classic snow day experience right at Camp Raymond After School.”

Silvia recalls that “snow day” feeling from her childhood. She said she thinks that it is important to encourage wholesome traditions while spending some time outdoors with friends.

“Many kids look forward to snow days and all the traditions that come with them, sledding, hot chocolate, and cozy movies, so we wanted to recreate that special feeling,” she said. “Since they only had a two-hour delay, we made sure they still got to enjoy the winter fun.”

The fun didn’t stop there. Quick thinkers Crocker and Silvia figured that the chilly sledders would want a way to warm up and get some refreshment after all the excitement. Enter: Aroma Joe’s, home of delicious beverages right in Raymond.

“After flying down the slopes, we warmed up with delicious hot chocolate from Aroma Joe’s in Raymond,” Silvia said. “They have been a longtime supporter of our programs and always find ways to give back to the community. When we told them about our impromptu snow day and asked if they’d be interested in helping, they didn’t hesitate to step up,” she said. “They generously provided hot chocolate for all the kids, making the day even more special. It’s partners like Aroma Joe’s that make our community so great,

→ see POP UP Page 18



**LAKE HOUSE TAVERN**

907 Roosevelt Trail  
WINDHAM

Dine-in or Take-out  
[LakeHouseTavernWindham.com](http://LakeHouseTavernWindham.com)  
207-894-3020

Follow us for meal & drink specials 

**SUPER BOWL SUNDAY**

Wings \$1.00 each (Eat in only)  
Flatbread Pizzas • Apps

**HAPPY HOUR**

ALL DAY and 'til the game is over!  
10 ICE COLD BEERS ON TAP!

Serving Lunch & Dinner Daily  
Open Daily 11am-9pm ~ Bar Open 'til 10pm

## Pre-K Lottery Registration



## 2025-2026




## Kindergarten Registration



**Pre-K Program Eligibility Criteria**

- Students must be 4 years old by October 15 and are not of kindergarten age
- Submission of a completed *Pre-K Lottery Application Form* ([see rsu14.org for link](http://rsu14.org))
- Lottery Application Form must be completed and submitted online by **April 1, 2025**
- In-person screening times for the week of June 16, 2025 will be scheduled with individual families in advance

**A February 1, 2025 Pre-K Lottery Opens**

**B April 1, 2025: Pre-K Lottery Application Due**

**C April 11, 2025: Pre-K Admittance Notification**

**D Pre-K Screening by Appointment in June**

**Kindergarten Program Eligibility Criteria**

- Students must be 5 years old by October 15
- Submission of a completed *Kindergarten Online Registration* ([see rsu14.org for link](http://rsu14.org)) by **May 1, 2025**
- In-person screening times in May will be scheduled with individual families in advance

**A February 1, 2025: Kindergarten Registration Opens**

**B May 1, 2025: Kindergarten Registration Due**

**C Kindergarten Screening by Appointment in May**

Questions? Call 207-892-1800 or email: [cbertinet@rsu14.org](mailto:cbertinet@rsu14.org)  
**Program forms & info available at: [rsu14.org](http://rsu14.org)**



# Town Council approves substance prevention grants

By Ed Pierce

STAFF WRITER

Members of the Windham Town Council have approved more than \$6,600 in funding from the Substance Prevention Grant Program aimed at preventing students from using drugs or other dangerous substances and help them make positive choices.

During the town council meeting on Jan. 28, councilors awarded three grants to help support positive activities for RSU 14 students. Funding for the Substance Prevention Grant Program is derived from annual licensing fees collected from cannabis businesses in Windham.

Councilors awarded Windham Middle School's Smokescreen Program a grant of \$2,500. The activity is an evidence-based game to educate students about the dangers of vaping. It promotes vaping prevention, education, and assists students in making positive choices in reducing youth substance use.

Tier 1 of the program will be used for all sixth-grade students and provides a universal prevention program focusing on vaping risks and developing peer resistance skills. The Tier 2 component of the program would be available as a targeted intervention for students involved in vaping or a substance violation at school.

Windham Middle School's Band and Orchestra was awarded a grant of \$2,600 by the council from the Substance Prevention Grant Pro-

gram Fund to help pay for the group's participation in the Trills and Thrills Music Festival, a recreational event that promotes prevention, education, and positive choices in reducing youth substance use.

The Trills and Thrills Music Festival will be held June 5 and June 6 at Canobie State Park in Salem, New Hampshire. It is a competition staged by former music educators familiar with the abilities of school-aged musicians and helps to build esteem and confidence in student musicians.

Council members also awarded a grant of \$1,500 to the Windham High School Student Council for Raising Student Voice and Participation training and bringing a trainer from the National Association of Student Councils to Windham to conduct leadership training for 100 WHS students. The intent of the program is to provide more opportunities for all students to be active members of the school community by learning that they can share their voices, and that real change is possible through this process.

All three of these grants that were awarded by the Windham Town Council were approved and recommended by Windham's Substance Prevention Grant Program.

In other actions also during the meeting, Windham Town Councilors approved an annual contract with the Animal Refuge League running from July 1, 2025 to June 30, 2026 for services provided.

The rate for the contract's renewal

is based upon 2020 U.S. Census figures for the town, which recorded 18,434 residents living in Windham. The per capita rate charged by the Animal Refuge League is \$1.47 per resident under the contract's terms. The total amount of the contract is \$27,098.

Maine law requires municipalities to provide shelter at a state licensed animal control shelter for strayed and lost dogs, cats, and domesticated animals that are a problem in the community and undomesticated animals that pose a threat to public health or safety, and requires that the municipality also must provide services relating to the humane disposition of said animals in the event they are not claimed by their owners. Funding obtained by the commu-

nities served by the Animal Refuge League and its shelter in Westbrook allows the organization to offer veterinary care for strays and provide adoption services for as many pets as possible into responsible and caring homes. It is an open-admission shelter, giving every pet hope for a new life.

Windham has contracted with the Animal Refuge League of Greater Portland for stray care services since 1990. Animal control services in Windham are administered by the Windham Police Department through an annual budget of \$77,046 and that includes the annual salary for the town's animal control officer, animal control uniforms, equipment and supplies, and the services provided by the shelter. <

## Discover Comfort & Reliability with

*Keeping Southern Maine warm for over 30 years!*

**WELCOMING NEW CUSTOMERS!**



**PITSTOP**  
Propane and Fuels

PROPANE • HEATING OIL • KEROSENE • GASOLINE • OFF ROAD DIESEL

*Always FAIR and TRANSPARENT pricing.  
Just check our homepage to see today's best price!*

**SET UP AUTO DELIVERY OR SCHEDULE TO FIT YOUR HOME NEEDS**

**207-352-7800** [PitStopFuels.com](http://PitStopFuels.com) 

# HELP WANTED • HELP WANTED

TO ADVERTISE HERE ALL MELISSA AT 207-894-3500 OR EMAIL: MELISSA@THEWINDHAMEAGLE.COM



WE'RE HIRING!

CREW LEADERS, CLIMBERS,  
CHAINSAW OPERATORS & LABORERS

100% Employee Owned Company,  
Competitive Pay, plus Benefits

Visit [www.Q-Team.com/Benefits](http://www.Q-Team.com/Benefits) for details

**Q-Team**  
**Tree Service**  
Naples, ME  
207-693-3831

CROSS INSURANCE IS HIRING  
PERSONAL LINES ACCOUNT MANAGER



PERSONAL | COMMERCIAL | BENEFITS

745 Roosevelt Trail, Windham, ME

The ideal candidate has the following attributes/skill set:

- Insurance experience/P&C license preferred, but not required
- Excellent customer service and organizational skills
- Communicates well with team members, clients and underwriters

**Compensation:** Salary + Annual Bonus opportunity  
**Benefits:** Medical, Dental, 401K, PTO and much more.  
Continuing education provided by Cross Insurance for the right candidate.

Email resume to: [laurie.noel@crossagency.com](mailto:laurie.noel@crossagency.com)  
or you may apply directly at [www.crossagency.com](http://www.crossagency.com)

## COME JOIN THE RSU14 TRANSPORTATION TEAM!



*Get paid now to train for your commercial bus license with our dedicated staff trainer!!*

**DRIVERS NEEDED FOR FULL TIME REGULAR RUNS, AFTER SCHOOL RUNS, SPORTS/ACTIVITIES TRIPS, AND SPARE/SUB BUS DRIVERS.**

Hourly rate is dependent on years of commercial driving experience & ranges from \$19.24 to \$27/hour  
*Full time employees will receive complete benefit package including health and dental insurance and paid time off*

**For more info on schedules and to apply please contact the Transportation Dept. at 207-892-1809**

**→ POLAR DIP** *Cont. from page 1*

lar Dip. The goal this year is to raise at least the same amount but hopefully much more, said Amber Rankine, Sebago lakes Region Chamber of Commerce President and Chief Executive Officer.

Rankine said the chamber is hoping for more participants than last year as the lake is iced over and many more people will be out on the lake once again for the Ice Fishing Derby.

There's one simple reason you should take part in this year Polar Dip and it's "because it supports such a great cause," said Robin Mullins, past Chamber President and CEO.

The event is held in memory of George Bartlett. Bartlett was a Rotary Club member for over 30 years, and he worked with the Maine Children's Cancer Network to start the Polar Dip event. When interest in the Polar Dip came to an end after many years, Bartlett approached Mullins wanting to restart the Polar Dip through a benefactor in town, leading to its subsequent connection with the chamber and "Feed the Need." After Bartlett passed away in 2023, it was decided the event would be renamed in his honor for the effort and dedication he had given this cause.

"With problems like food and insecurity, a lot of people don't think

about the Sebago Lakes Region, but it is something that the Sebago Lakes Region does have to deal with and that's why we have these fundraisers," said Mullins. "Also, there isn't a whole lot to do in the winter, so this is something to do."

Mullins took a dip at the Polar Dip for the first time at last year's event.

"It wasn't as bad as you would think," she said.

It was a last-minute decision to make up for the short list of participants they had last year as well. Mullins posted on Facebook that she would be participating and within less than 24 hours, she had raised almost \$2,500.

On the scene at the event this year at Raymond Beach will be members of the Raymond Fire Department and Kathy Johnson of CPR Professionals of Maine. Johnson is a local from Maine who has been teaching CPR for over 10 years throughout Maine and parts of New Hampshire and has worked in the Emergency Medical Field for over 22 years.

"The Raymond Fire Department is an amazing group that helps collabo-

rate with safety and orchestration as well," says Rankine.

Donations from the Polar Dip will be totaled with funds from past fundraisers hosted by the chamber and distributed throughout 12 food pantries based on demand.

The receiving food pantries are Casco Village Church Food Pantry, Casco Alliance Church Food Pantry, Gray Community Food Pantry, Crosswalk Community Outreach, Naples Community Resource Council, First Congregational Church in New Gloucester, Raymond Food Pantry, Sebago Warming Hut, Standish Food Pantry, St. Ann's Episcopal Church Food Pantry and Town of Windham Food Pantry.

Jumping into the icy waters of Sebago Lake may not be for everyone, but the public can donate for the cause even if they aren't jumping in Sebago Lake. Anyone wishing to donate can do so by going to the Sebago Lakes Chamber of Commerce website at <https://www.sebagolakeschamber.com/> and donating directly to "Feed the Need." No freezing water or jumping is required.

Participation in the Polar Dip is open to anyone of any age. You can sign up through the online registration form at [www.sebagolakeschamber.com/cal-event/sebago-lakes-region-polar-dip](http://www.sebagolakeschamber.com/cal-event/sebago-lakes-region-polar-dip)

**AUTO ACCIDENT?**  
**Call Aplus for expert COLLISION REPAIR!**



**Fast Repairs, & Quality Finishes!!**  
*We work directly with all insurance companies*



**FREE ESTIMATES!**

Paint Correction  
 Precision Paint Match  
 Color Changes & Touch-ups  
 Chrome Removal  
 Paintless Dent Repairs  
 Towing Available

**8 Storm Dr, Windham • 207-572-4444 • [aplustogroup.com](http://aplustogroup.com)**

**CASH LOANS**

*For your gold, silver, diamonds, coins, guns, ATV's, and other valuables*  
**NO CREDIT CHECKS!!**  
**MAINE PAWN & JEWELRY**  
 Route 302, Windham • 207-892-4131  
[www.mainepawn.com](http://www.mainepawn.com)

**\$5.00 for Tattered United States Flag**  
 when purchasing new U.S. Flag 3'x5' or larger.  
**MAINE FLAG & BANNER**  
 824 Roosevelt Tr., Windham, 893-0339




**GIVE YOUR HEATING SYSTEM SOME LOVE**

WHEN YOU CALL ATLANTIC HEATING YOU WILL ALWAYS SPEAK TO A LIVE PERSON 24/7!

**SCHEDULE YOUR ANNUAL CLEANING & TUNE-UP TODAY!**

Oil customers receive a discount!!

**ATLANTIC HEATING CO.**  
*A Local Employee-Owned Company*

**L FUEL YOUR LOVE**  
 MAINE SMALL BUSINESSES SERVING THEIR COMMUNITIES  
 PROUD TO SUPPORT THE 2025 MEMA FUEL YOUR LOVE CAMPAIGN!

**78 TANDBERG TRAIL, WINDHAM • [ATLANTICHEATINGCOMPANY.COM](http://ATLANTICHEATINGCOMPANY.COM)**  
**PROMPT, 24/7 EMERGENCY SERVICE FOR ALL OUR CUSTOMERS!**  
 When you do business with Atlantic Heating Co., you can rest assured that a real person is always on hand to assist you should an emergency arise - day or night.

**DON'T PANIC, CALL ATLANTIC!**  
**Our technicians are skilled to service & repair all brands! Call 207-797- 7218**

Heating Oil/Gas Service & Tune-ups • Heating Oil Delivery • High Efficiency Heating & Cooling Systems • Heat Pumps • Boiler Installations • Hot Water Heaters



*We have fans of all ages!*

# Snowshoeing remains a favorite activity for Mainers

By Abby Wilson

STAFF WRITER

If you're looking to get outside this winter but the pace of the ski slopes is not for you, you might consider snowshoeing, a favorite activity of Mainers for generations.

In fact, Norway Maine was once known as the "The Snowshoe Town of America." According to the Western Foothills Land Trust (WFLT) website, "Norway was home to four major snowshoe industries between 1850 and 1980: Snocraft, Tubbs, H.H.Hosmer and Dunham." WFLT celebrates the sport with an annual Snowshoe Festival featuring snowshoe games, races, a fashion show, and more. This year's festival is scheduled for Feb. 14 and Feb. 15.

Further south, the Lakes Region of Maine boasts generous opportunities to continue the snowshoeing tradition.

"My favorite time to snowshoe is late season in early March when the deep snow firms up at night and softens in the warming sun," said Jon Evans, Stewardship Manager of Loon Echo Land Trust (LELT).

Evans said that once the snow flies, grab your snowshoes and check out the 40 miles that LELT has to offer including a variety of trails with a range of difficulty for any ability or age. He suggests Crooked River Preserve in Harrison.

"There's plenty of parking with



**Snowshoeing is a favorite winter activity for many in the Lakes Region of Maine with plentiful trails and local places to explore.**

PHOTO BY MELISSA CARTER

about 3 miles of flat trails. Some are groomed for snowmobiles and it's a vibrant forest full of white and red pine, spruce and hemlock," Evans said. "Good birding opportunities here too. The cold valley holds snow and may provide snowshoeing opportunities while other preserves may not. I find this place magical, full of life and spirit."

If you don't have snowshoes, you can rent or borrow them. Snowshoes are available from LELT and if con-

ditions allow the land trust will also offer guided snowshoe hikes so you can learn from the professionals.

At Windham Parks and Recreation, you can borrow snowshoes for free. The loan program features pairs in kids and adult sizes. Residents can pick them up at the parks and at the recreation office at Windham Town Hall.

"You can call ahead to just make sure we have enough for your family or just stop in our office. With no snow right now, we have many pairs available," says Kelsey Crowe, Deputy Director of Windham Parks and Recreation.

You can also pick up a brochure at the town hall with information about local trails.

"I would suggest Mountain Division, Lowell and Lippman. Or if you want a challenging trail, the East Windham Conservation Area which is new to Windham," says Crowe.

Will Sedlack, Executive Director of Presumpscot Regional Land Trust (PRLT) agrees that the East Windham Conservation area is a fun spot for snowshoeing. PRLT also manages several other trails that make winter recreation easy and accessible.

"With plowed and accessible trailheads all season long, it's easy to enjoy the peace and quiet of nature during the colder months. From the flat and family-friendly paths at Frazier Preserve to the more adventurous climbs at the East Windham Conservation Area and Mill Brook Preserve, there's a trail waiting for you this winter," says Sedlack.

While snowshoeing is a fun way to get outside, it is also strenuous exercise. This increases the importance of having the right gear and easing into snowshoeing.

→ see SNOWSHOE Page 19



## MOTORIZED BLINDS

Convenience and Elegance at the Touch of a Button

Increase energy efficiency with hi-tech programmable features and unique sensors.

Call today for your **FREE In-Home Consultation.** We bring the showroom to you!

**625-7902**

**BUDGET BLINDS**  
Style and service for every budget.

Each franchise is independently owned & operated. Copyright 2021 Budget Blinds, Inc. All Rights Reserved.

## Repairs with Confidence!

**We're a Gold Certified Napa Auto Care Center**

We're 1 of 5 in the whole state = an extended warranty on qualifying repairs for 36-months/36,000 miles!

Ask for details about financing through Napa Easy Pay



**HORSEPOWER AUTOCARE**



44 Roosevelt Tr., Windham • 892-9420 • horsepowerautocare.com • Mon-Fri 8am-5pm

## THANK YOU FOR SHOPPING LOCALLY!



A MAINE ADVENTURE  
A Maine-Owned Family Tradition Since 1949

Windham Mall, 795 Roosevelt Trail • 207-572-4514  
151 Main Street, Bridgton • 207-647-3711

18 great locations throughout Maine!

Open Mon-Sat 9-6, Sundays 10-5

Visit us at [renys.com](http://renys.com)



**Best Bargain Store 12 Years in a Row!**

Sale prices good through 2-9-25

**JR'S REAL DEALS**

**Little Playmate Coolers** Just In!

Assorted Colors & Styles

**\$12.99**  
Values to \$29.99! 7 Quart

**Valentine's Chocolates**

**Russell Stover**

Heart Box Chocolates

4.03oz

**\$5.99**  
Our Reg. to \$6.99

**Peanut Butter Bars** **Just In!**

Peanut Butter Banana, Peanut Butter Jelly or Peanut Butter Chocolate

**\$5.99**  
Our Reg. \$6.99 5-1.48oz

**digGABLES** buckwheat outfits **All Flavors!**

Maine Sea Salt, Garden Herb or Sharp White Cheddar

**\$3.99**  
Our Reg. \$4.99 4oz

**Just In! CROCS**

Come as You Are Classic Crocs

**New Fun Spring Colors!**

**\$7.99**  
to **\$10.99**  
At Renys Best Prices!

**Great Selection! SOCK**

Fun Novelty Socks Men's, Ladies' & Kids'

**NORDIC WARE** Baking Pans

Cookie Sheets, Half Sheets, or High Sided Cake Pans

Half Sheet 18"x13" **\$9.99**  
Our Reg. to \$10.99

Cookie Slider Sheet 13"x16"

High Sided 13"x16"

Visit us in-store for even more great deals!

**BECOME AN ADVENTURER!**

Visit us @renys.com

"If you need anything. Check out Renys."

- Pam, Natick, MA

**Voted Best Bargain Store 13 years in a row!**

## SNOW HAS FINALLY ARRIVED!

Limited stock of **NEW DISCOUNTED SNOW BLOWERS**



PICK UP & DELIVERY SERVICE AVAILABLE

ALREADY THINKING SPRING?

We are doing early **PRESEASON SERVICE!**

BEAT THE RUSH... CALL US TO GET ON THE BOOKS.

Quality Sales and Service Since 1961



**HALL**  
IMPLEMENT CO.

1 John Deere Road, Windham (Jct. 202 & 302 at the rotary)  
892-6894 • [hallimplementco.com](http://hallimplementco.com)  
Monday-Friday 7:30-5, Saturday 7:30-Noon

# THE ROOKIE MAMA

THE ADVENTURES OF MOTHERHOOD



## THE DISCOUNT SNACK HAUL OF FAME

► **By Michelle Cote**  
SPECIAL TO THE WINDHAM EAGLE

I've rekindled that old lost love for our local surplus and salvage store.

Alas, it's the store filled with many, many, rotating and delightfully haphazard overstock items that replace themselves so quickly, inevitably one may regrettably think, 'I should have bought it...'

Mainers, you know the jingle.

But my relationship with our town's local discount shop had been an oscillating one.

And not just because you can buy oscillating fans next to the carpets next to the dog leashes next to the snow pants in said warehouse space.

I have had a years-long aversion for shopping inside stores, namely stores with erratic inventory that require any sort of rifling through of goods.

I became a mama precisely around the dawn of curbside grocery pick-up, a sort of kismet convenience so appreciated that couldn't have come at a better time, and so I've been spoiled in that regard.

Just like that, no more had I the patience nor time for browsing aisles, scouring deals, feeling stifled by the marketing of clutter-some items I just didn't need.

Online grocery shopping with the painless advantage of pickup without leaving the vehicle is an undeniable luxury – one that keeps me on budget and no longer requires me to lug two shopping carts down all the aisles as I excuse myself to every single shopper ever be-

cause I'm taking up all the lanes, only to end each excursion with a double-down Tetris round as I meticulously pack every item back into the cart, then again into the vehicle.

In those days, I ended each grocery shopping run like a flushed, wild-haired Supermarket Sweep contestant, and who had time for that?

No, sir; I'll keep my curbside pickup just fine.

But back to our local salvage store.

For years, I was less and less enticed to stop in and shop because of its unpredictable merchandise, although I couldn't help but acknowledge the prices were right, and always had been, no matter the product.

I have family and friends who love their local discount store for this very reason.

Oh what fun for the knitters of my family to browse the skeins upon skeins of yarn galore.

What a glorious feeling for friends who score the name-brand clothing deals. They are the patient ones, and they deserve all the bargains.

Until recently, I only perused this store strictly day after Christmas, because it was a near guarantee I'd find significantly marked down holiday wrapping paper well ahead of budget and next Noel season.

But as of late, fellow mama friends have nudged me along with encouraging assurance that I could score fantastic bargains on school snack hauls – Now that's a hard one to pass up.

And what hauls I've since made off

with, indeed.

My family and I recently embarked on a road trip that necessitated road snacks, and I found treats a'plenty at the salvage store for a deal.

Some of the snacks were bigger hits than others; some had mixed reviews, but all cost very little.

So, why are salvage store prices so low anyway? Often products are nearing their expiration date, dented, damaged, or overstocked.

My favorite finds have been snacks or other food items that may include a promotion for a limited time offer of a movie or other deal that has since expired, but the food item at hand is still perfectly fine.

Items publicizing expired promotional ads such as these won't be found on traditional retail shelves, so are resold for a fraction to the salvage shop.

Food items ranging from dented cans of tomato sauce to frozen foods still safe for consumption but marked beyond a stamped date are also often included in these finds.

As well, company product roll-outs that don't quite catch on as hoped and produced en masse are often found – I'm looking at you, Hostess SnoBall-flavored coffee pods.

High hopes for sure, but no go.

I can't stress enough that shopping salvage stores truly requires patience.

I've visited mine before with all the intentions of a fabulous snack haul only to return home dismayed with shopping bags empty.

But most recently on a particular

shopping trip, I lucked out and walked down a random aisle – a road less traveled, you might say – and was face to face with rows upon rows of name-brand boots.

Garden boots.

I needed garden boots to replace my eleven-year-old beloved purple wellies that had spent more than their fair share deeply embedded in garden muck as my kids and I ran amok.

So beloved were the boots that cracks had formed in various areas, and I'd every intention of duct taping the cracks this year to squeeze out one more garden summer in their faded purple beauty.

And here I was, facing gorgeous replacement boots, a higher-end brand in a dusty rose color, just my size, dreamily comfortable, for an incredible fraction of the cost.

Perhaps the company merely had overshot their expected sales and so sold their overstock to this warehouse.

The world may never know. But in that moment, these boots were not only made for walkin,' but made for me. That's the satisfaction of shopping salvage in a moment just right.

Had I waited another day, I may have missed the opportunity altogether, and stubbornly spent one more summer in fancy duct-taped glamorous wellies.

So shop salvage with pride. If you don't find the knitting skeins you seek, there's probably a dented stewed tomato can or two waiting for you.

And if you're very lucky, you can score a fantastic snack haul for your kiddos and super fancy footwear to boot. <

THE ROOKIE MAMA COLUMN PROUDLY SPONSORED BY MAINE OPTOMETRY

# GIVE THE GIFT OF FASHIONABLE SUNGLASSES!

PROTECT YOUR EYES FROM THE SUN WHILE LOOKING GREAT WITH OUR HUGE SELECTION OF FRAMES FOR ALL LOOKS & LIFESTYLES!



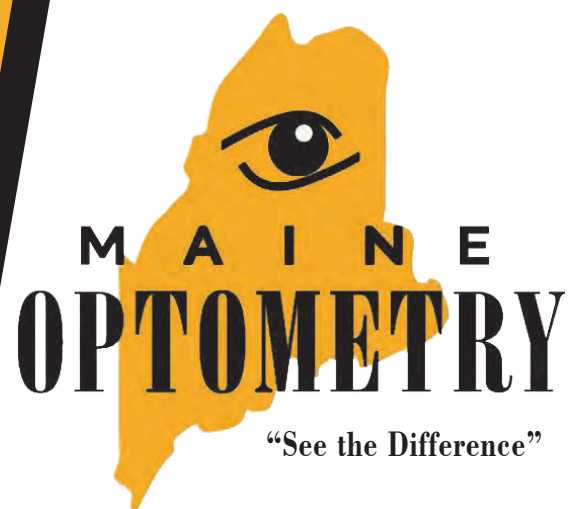
**A perfect gift for Valentine's Day!**  
We carry over 1,000 different frames from over 50 well-known brands in addition to our exclusive in-house collections. Available for those with prescription needs and those without.

A FEW OF OUR FAVORITES:



**WE RATE ★ ★ ★ ★ ★ WITH OUR CLIENTS!**  
Over 98% of our customers would refer family & friends to us.

**WE'RE HERE TO KEEP YOUR EYES HEALTHY!**



656 Roosevelt Trail, Windham  
40 Northeast Road, Standish  
14 Vista Drive, Gorham  
7 Locations throughout Maine

**WE CAN'T WAIT TO SEE YOU!**

For an appointment call  
207-729-8474  
MAINEOPTOMETRY.COM



# Celebrate Your Valentine!



## PAIRING WINES AND COCKTAILS FOR A VALENTINE'S DATE NIGHT

Valentine's Day is the perfect occasion to indulge in romantic ambiance, exquisite cuisine, and, of course, the perfect selection of wines and cocktails. Whether you're planning a cozy dinner at home or an intimate restaurant outing, pairing your drinks with the right food can elevate the experience. Here's a guide to choosing and pairing wines and cocktails to make your Valentine's celebration unforgettable.

### Selecting the Right Wine

Wine has long been synonymous with romance, and the right bottle can set the perfect mood for the evening. Here are some great wine options based on your meal selection:

**Champagne or Sparkling Wine** – If you're starting with oysters, shrimp cocktail, or a light cheese platter, a glass of Champagne or sparkling wine like Prosecco adds a refreshing touch to the evening. The bubbles and acidity cleanse the palate, making each bite as delightful as the last.

**Pinot Noir** – For a versatile red wine that pairs beautifully with both poultry

and seafood, Pinot Noir is an excellent choice. Its light body and fruity notes complement dishes like roast chicken, salmon, or mushroom-based entrées.

**Cabernet Sauvignon** – If your Valentine's menu includes steak, lamb, or rich, hearty dishes, opt for a bold Cabernet Sauvignon. Its deep flavors and tannins balance well with red meat, enhancing both the wine and the dish.

**Rosé** – A fun and flirty option, rosé pairs well with lighter dishes like grilled vegetables, seafood pasta, or even a heart-shaped Margherita pizza. It's a great choice if you want something elegant yet casual.

**Sweet Dessert Wine** – For the grand finale, a sweet wine like Moscato or a late-harvest Riesling pairs beautifully with fruit-based desserts, cheesecake, or chocolate-covered strawberries.

### Crafting Romantic Cocktails

If wine isn't your drink of choice or



you'd like to start the evening with a creative twist, consider these Valentine's-inspired cocktails:

**Love Potion Martini** – A mix of vodka, cranberry juice, and raspberry liqueur, this cocktail is sweet, tart, and perfect for setting a romantic mood.

**French 75** – Combining gin, Champagne, lemon juice, and sugar,

the French 75 is an elegant and refreshing option to toast to love.

**Chocolate Old Fashioned** – Infuse a classic Old Fashioned with chocolate bitters and a hint of orange for a rich, decadent drink to pair with chocolate desserts.

**Strawberry Basil Margarita** – A romantic twist on a margarita, blending tequila, fresh strawberries, basil, lime juice, and a touch of agave.

**Rosé Spritz** – Light and bubbly, this cocktail combines rosé wine, club soda, and a splash of elderflower liqueur for a floral and refreshing sip.

Whether you choose a classic wine pairing or opt for a unique cocktail, the key is to complement your food while keeping the atmosphere light and romantic. Cheers to a beautiful Valentine's date night filled with love, laughter, and the perfect drinks. <

Love is in the air...  
**AND IT SMELLS LIKE COFFEE!**

**Treat your coffee-lover to Swift River Coffee!!**

All varieties available at our flagship store The Good Life Market or visit our website to find a local retailer.

Or grab a Good Life Market GIFT CERTIFICATE so they can pick up a freshly-made coffee beverage

**WHOLESALE ACCOUNTS WELCOME!**  
Call 655-3243 or visit [SwiftRiverCoffee.com](http://SwiftRiverCoffee.com) for more info.

*Treat Your Valentine!*

**LASH SETS only \$75!**

*Gift Certificates Available - Order Online!*

Lashes & Tinting • Facials • Acne specialist • Body Treatments  
Hyaluronic Acid Lip Filler • Body Treatments • Full Body Waxing

Call/text 207-383-0453 or purchase here! →

48 Tandberg Trail, Windham (at Elysian Aesthetics)

*Attentive Service at Low Prices!*

**GIVE YOUR Love THE GOOD LIFE!**

Cook your Valentine a special meal with the best quality, local beef & chicken. We also have everything you need to make an impressive charcuterie board. **LOTS OF VARIETIES OF CHOCOLATE, TOO!**

Shop the area's best selection of craft beer, wine, champagne, spirits, mocktails, mixers & garnishes!

**Chocolate + Wine = the perfect pair!**

Super Bowl is this Sunday, Feb. 9th

**Snack solutions for the big game... chips, dips, salsas, cheese, crackers & sides!**

**THE GOOD LIFE MARKET**  
Corner of Rts 302 & 85, Raymond • Open Daily 7-7

207-655-1196 • [THEGOODLIFEMARKET.COM](http://THEGOODLIFEMARKET.COM)

*Give your Skin Love*

WITH THE

**Glo2Facial**

**GIVE A VALENTINE'S GIFT SHE REALLY WANTS!**

A breakthrough skin treatment that boosts collagen production and reduces fine lines and wrinkles!

Now thru February 28 **\$76 OFF**

Book now or pre-purchase  
Just \$199 (reg. \$275)

*Not sure what to get?*  
**PURCHASE GIFT CARDS ONLINE!**

See menu of services & book at:  
**ELYSIANSPA.NET**  
OR CALL 207-572-4160

**ELYSIAN AESTHETICS**  
48 Tandberg Trail, Windham

JetPeel ~ DaVinci Laser Teeth Whitening ~ Facials ~ Glo2Facial by Geneo  
Acne Treatment ~ Lash Extensions & Tints ~ Laser Hair Removal ~ Spray Tanning  
Procell Microchanneling ~ ReShape Body Contouring ~ Zerona Z6 Fat Reduction  
Needle Free Lip Fillers ~ Tox & Fillers ~ PDO Thread Lifts ~ Ionic Foot Detox  
PRODUCTS BY: iS Clinica, Hydrinity, Fleurs De France & our own line!



# Celebrate Your Valentine!

## THE MEANING OF VALENTINE'S DAY

Valentine's Day, celebrated annually on February 14th, is a day dedicated to love, affection, and appreciation. While many associate the holiday with romantic gestures such as flowers, chocolates, and candlelit dinners, its significance extends far beyond material gifts. At its core, Valentine's Day is about expressing love in all its forms—whether romantic, familial, or platonic.

The origins of Valentine's Day date back to ancient Rome, where the festival of Lupercalia was held in mid-February to celebrate fertility and pu-

rification. Later, the day became associated with St. Valentine, a priest who, according to legend, performed secret marriages for couples despite a ban imposed by Emperor Claudius II. Over the centuries, Valentine's Day evolved into a celebration of love and devotion.

Today, Valentine's Day serves as a



reminder to cherish the meaningful connections in our lives. While couples often exchange heartfelt cards and thoughtful gifts, the holiday is also an opportunity to show appreciation for friends, family members, and even oneself. Love is not confined to romance—it encompasses kindness, gratitude, and deep emotional bonds

Beyond the traditional expressions of love, many people use Valentine's Day to engage in acts of generosity, such as volunteering, writing letters of appreciation, or simply spending quality time with loved ones. The essence of Valentine's Day lies in making others feel valued and cherished.

Whether celebrated with grand gestures or simple moments of connection, Valentine's Day is ultimately about spreading love and joy. It is a day to pause, reflect, and express gratitude for the special people who bring happiness into our lives.

**SOUTHERN MAINE'S PREMIER RENTAL CENTER**

**WINDHAM RENTAL CENTER**  
207-892-7743 Center.com  
*The Way Renting Should Be!*

DELIVERY AVAILABLE FAMILY OWNED & OPERATED SINCE 1996

**Gift Cards Available**

**WE SELL QUALITY RESIDENTIAL & COMMERCIAL-GRADE TOOLS, EQUIPMENT & ACCESSORIES**

Open Mon-Sat 7:30am-5:30pm  
730 Roosevelt Trail, Windham • 207-892-7743 • rentme730@gmail.com

**For rental inventory list visit: WINDHAMRENTALCENTER.COM**

**TOP TOOLS**  
for the ones you love!

Milwaukee RedMax Husqvarna OREGON

We also have Hammock Chairs, Gearhead Coffee & Spices, Nebo Lights, and so much more!

Happy Valentine's Day

AT WINDHAM POWERSPORTS WE HAVE THE PERFECT GIFT TO

**Show Your Kids Some Serious Love**

FOUR WHEELERS, DIRT BIKES, GEAR & MORE

**WINDHAM POWERSPORTS**

**GIVE THE GIFT OF ATV/UTV ACCESSORIES!**  
Winches • Windshields • Hitches • Storage LED Lights/Light Bars • Skid Plates & more

**DOES YOUR SMALL ENGINE NEED SOME LOVE? SERVICE APPOINTMENTS AVAILABLE!**

646 Roosevelt Tr., Windham • 893-8511 • windhampowersports.com

Financing Available - Open Tues-Fri 9-5, Sat 9-4 - service@windhampowersports.com



# Celebrate Your Love

**WITH HAND-CRAFTED AUTHENTIC ITALIAN FARE!**



**We'll have Complimentary CHOCOLATE DIPPED STRAWBERRIES!**



**Every item on our menu is prepared fresh to order**

Lasagna - Ravioli - Baked Ziti - Chicken, Veal, Eggplant or Haddock Parmesan Marsala - Alfredo - Picatta - Cacciatore - Primavera - and more

**Famous Wood Burning Brick Oven Pizza & Calzones**

Specialty Creations or Choose from over 20 Toppings

*100's of Five Star Reviews!*

**RESERVE NOW**

**FOR VALENTINE'S DAY**

# ROSE'S ITALIAN RESTAURANT

**TO ENSURE SEATING CALL AHEAD: 207-892-0010**

Walk-ins will be accommodated but be prepared to wait

**RATHER BE COZY AT HOME? FULL MENU AVAILABLE FOR TAKE-OUT!**

690 Roosevelt Trail, Rte. 302, Windham ~ RosesItalian.com ~ Find us on Facebook!

# Celebrate Your Valentine!



## PLAN A SPECIAL VALENTINE'S DAY

Couples have been commemorating their love for one another in February for quite some time. Couples may go about such celebrating in their own unique ways, but it's not uncommon to focus on a night out on the town.

These tips can help you organize a Valentine's experience to remember.

**Tip #1: Reserve early**

The closer to Valentine's Day, the more likely popular restaurants will be all booked up. If the goal is to dine at a particularly trendy spot - or anywhere but the most obscure establishment - be sure to make a reservation well in advance. Start planning the Valentine's Day dinner in December so you won't have to look far and wide to book a reservation. If a restaurant does

not take reservations that far out, ask when they will start collecting names for Valentine's Day and book the moment you can.

**Tip #2: Secure transportation**

One way to make the night more romantic is to snuggle in the back seat of a vehicle and have someone else do the driving. This also is a safer option if you plan to pop a bottle of bubbly or sip some wine while celebrating. Hiring a limousine or luxury car also will require advanced reservations. However, going the extra mile can make the night memorable.

**Tip #3: Emulate a scene from a favorite film**

The person you love may adore a romantic movie, whether it's a classic or more recent tear-jerker. When

planning a romantic evening out, consider reenacting a movie scene with you and your special someone in the starring roles. For example, everyone know the famous movie "Dirty Dancing". Get your hips warmed up for a romantic and tantalizing dance in your living room to your favorite music.

**Tip #4: Attend a live music performance**

Music can touch the heart and soul. That makes an evening watching a band play or enjoying a musical on the stage even more memorable if it occurs on Valentine's Day. Select an

intimate venue to add to the romantic ambiance of the night.

**Tip #5: Think outside tradition**

While dinner and a movie are Valentine's Day favorites, any activity done together can be memorable and romantic. Why not book a couple's cooking class? Or enjoy a winter sport like skiing or ice skating? Or warm up after window shopping on Main Street by sipping hot cocoa and snuggling on the sofa under a blanket.

Romantic nights out on Valentine's Day can be made even more special with some forethought and planning.

GIFT CARDS AVAILABLE



### Valentine's Day Gifts

**On the Docks**  
GIFTS & HOME DECOR

BODY CARE BY NAKED BEE, TRUE OCEAN & MY LOVI  
Candles, Bags, Jewelry, Coffee, Mugs, Décor, Maine Products

FOLLOW US THIS MONTH FOR FLASH SALES! ONTHEDOCKSME.COM  
889 ROOSEVELT TRAIL, WINDHAM ~ OPEN WED-SAT 10-6, SUN 10-4

### SHOWER YOUR PETS IN GIFTS FOR Valentine's Day!

We are stocked with pet apparel, collars, toys, leads, bowls, treats for all types of pets, boutique items, shampoos, pet first aid, & more

Whoever said that diamonds were a girl's best friend, never had a dog...  
**Fall in Love with a New Puppy!**

See available pets at: [PawzClawzpetz.com](http://PawzClawzpetz.com)

## Pawz & Clawz Petz

Route 302, 889 Roosevelt Trail, Windham • 892-5366



**20% OFF**  
entire purchase\*

\*With ad. Expires 3/31/25. Excludes animals, food, grooming & sale items.  
Open Tues-Sun 11-5, Closed Mon

Find us on Facebook

### SHOW YOUR LOVE WITH FLOWERS!

From timeless roses to breathtaking bouquets, we can create something beautiful for your loved ones!  
**Order early for best selection!!**

We also have Décor, Chocolates, Plush Animals & Gift Certificates



## Blossoms

"Floral Gifts & Home Accents"  
Locally Owned and Operated of Windham

Open M-F 8:30-3, Sat 9-12 ~ Call or check FB for updated hours  
725 Roosevelt Trail, Unit 1, Windham • 892.2097 • [BlossomsOfWindham.com](http://BlossomsOfWindham.com)

Surprise them with a delivery!  
Call or order online

### LUXURY RESALE BOUTIQUE

YOUR DREAM BAG AWAITS!

- ~ Premium Brands ~ Vintage ~
- All items come with a Certificate of Authenticity
- ~ Sustainable Fashion ~
- ~ Offering Consignment ~



HAPPY VALENTINE'S DAY

**VINE VINTAGE BAG CO.**  
LUXURY FOR LESS

Open Thurs. Noon-7pm, Fri 10am-2:30pm & by appt.

8 Turning Leaf Drive, Windham @The Collective  
Shop in store or at: [www.vinevintagebagco.com](http://www.vinevintagebagco.com)

Follow us for new items & live events



## Valentine's Day Specials

**SAVE \$175**  
ON THE PERFECT DERMAPEEL  
Pay only \$199 when purchased by Feb 28<sup>th</sup>  
*(Can be used anytime)*

"GLOWING SKIN PKG"  
**SAVE \$184**  
INCLUDES PREIME FACIAL WITH 1 ADD-ON, DERMAPLANING + 20 UNITS OF TOX  
Pay only \$350 when purchased by Feb 14<sup>th</sup>  
*(Can be used anytime)*

**SAVE \$75**  
ON A SYRINGE OF VERSA FOR LIPS  
When purchased by Feb 14<sup>th</sup>  
*(Can be used anytime)*



## NULIFE

WELLNESS & AESTHETICS  
Where your transformation begins

**FREE CONSULTATIONS**

*Specializing in advanced medical spa treatments tailored to refresh, rejuvenate, and enhance your body from head to toe!*

Gift Cards Available

759 ROOSEVELT TRAIL, SUITE 3, WINDHAM  
207.893.8918 • TEXT 207.400.5826 • [NULIFEWELLNESS.ORG](http://NULIFEWELLNESS.ORG)



# Celebrate Your Valentine!

## BRINGING ROMANCE INTO YOUR MARRIAGE

Marriage is a beautiful journey filled with love, companionship, and shared experiences. However, as time passes, the initial spark of romance can sometimes fade amidst daily responsibilities and routines. Valentine's Day provides an excellent opportunity to rekindle that romance, but maintaining a loving and passionate connection year-round is key to a fulfilling relationship. Here are some meaningful ways to bring romance into your marriage on Valentine's Day and beyond.

### 1. Prioritize Quality Time Together

One of the most effective ways to maintain romance is to spend quality time together. Whether it's a weekly date night, a weekend getaway, or simply an evening walk, making time for each other strengthens your emotional connection. On Valentine's Day, plan a special activity that you both enjoy, such as a candlelit dinner or a movie night at home.

### 2. Show Appreciation and Affection

Small gestures of love and appreciation go a long way in keeping romance alive. Express gratitude for your partner's efforts, compliment them genuinely, and show physical affection such as holding hands, hugging, or a spontaneous kiss. These simple acts reinforce emotional intimacy and make your partner feel valued.

### 3. Keep Surprises Alive

Surprises add excitement to any relationship. Surprise your spouse with love notes, a thoughtful gift, or a special date planned just for them. While Valentine's Day is the perfect time for grand romantic gestures, keeping the element of surprise throughout the year helps maintain the thrill of romance.

### 4. Communicate

Openly and Honestly Effective communication is the foundation of a strong marriage. Share your feelings, dreams, and concerns with your partner, and encourage them to do the same. Honest and open conversations build trust and

deepen your emotional bond, allowing romance to flourish naturally.

5. Keep the Intimacy Alive Physical intimacy is a crucial part of a romantic marriage. Prioritizing affection, touch, and intimate moments helps maintain a close and loving connection. Set aside time for intimacy, explore new ways to connect, and ensure that both partners feel fulfilled and desired.

6. Relive Special Memories Revisiting cherished moments can reignite romantic feelings. Look through old photos, recreate your first date, or reminisce about your honeymoon. Reliving special memories reminds you both of the love and excitement that brought you together in the first place.

### 7. Support Each Other's Goals and Dreams

Encouraging and supporting your partner's aspirations strengthens your bond. Take an interest in their hobbies, celebrate their achievements, and provide reassurance during challenging times. A partner who feels supported is more likely to reciprocate love and affection.

### 8. Infuse Fun and Laughter

Laughter is a powerful tool in keeping a marriage lighthearted and joyful. Engage in activities that make you

both laugh, such as playing games, watching comedies, or reminiscing about funny moments. A relationship filled with laughter fosters a deep and lasting connection.

### 9. Create New Traditions Together

Establishing traditions unique to your relationship keeps things fresh and exciting. Whether it's a Valentine's Day ritual, an annual getaway, or a shared hobby, having traditions strengthens your bond and gives you something special to look forward to.

### 10. Continue Courting Each Other

Dating shouldn't end after marriage. Continue wooing your partner with thoughtful gestures, heartfelt messages, and romantic outings. Making an effort to impress and surprise your spouse keeps the romance alive and ensures that your love remains strong.

Valentine's Day is a wonderful reminder to celebrate love, but true romance thrives when nurtured daily. By prioritizing time together, showing appreciation, keeping surprises alive, and fostering emotional and physical intimacy, you can keep the romance in your marriage flourishing long after February 14th. Love is not just about grand gestures; it's about the small, consistent acts of affection that make each day special.

*Show your vehicle some*  
**LOVE!**

**We specialize in UPGRADES & CUSTOMIZATION:**  
Tires • Wheels • Suspension  
Lift/Leveling Kits • Lights  
Accessories • B&W Hitches  
Racks • DuraMag Bodies  
& much more...

*The possibilities are endless!*

**We offer everything from oil changes & diagnostics to repairs & complete rebuilds for all makes & models.**

299 Roosevelt Tr, Casco • 207-572-4444 • APlusAutoGroup.com

**Enjoy a Valentine's Date Night with:** **Live Music & From-Scratch Food**

**MUSIC 6:30-9 BY FLASH ALLEN TRIO** \$8 cover  
PHENOMENAL DISHES, GREAT DRINKS, AND SUPERIOR SERVICE EVERY TIME!

**Lenny's**  
AT HAWKES PLAZA WESTBROOK, MAINE  
Food • Music • Friends

Good Vibes & Good Times!

Keep up with our entertainment on:

Don't forget our **SUNDAY BRUNCH!**  
Served 10am-2pm

1274 Bridgton Rd, Route 302, Westbrook • Take-out 207-591-0117  
lennyspub.com • Open Wed-Sat 4-10PM, Sunday Brunch 10-2

**WE HAVE ALL THEIR FAVORITES FOR Valentine's Day!**

**BOOKS FOR EVERY AGE & INTEREST CARDS, GIFT WRAP & HAVEN'S CANDY**

Plus – Journals, Candles, Body Care, Art Supplies, Maine Gifts, Nostalgic Kids Toys, Gift Cards & more!

**SHERMAN'S MAINE COAST BOOK SHOPS**  
Maine's Oldest Bookstore

*"A book is a gift you can open again and again." - Garrison Keillor*

795 Roosevelt Trail, Windham • (207) 857-7111 Open Daily 9am-6pm

**EXPLORE AND SHOP ONLINE: SHERMANS.COM**

**SUPERBOWL & VALENTINE'S DAY Essentials!**

Be ready for game day with **Burnt Ends, Baby Back Ribs & Marinated Wings...**  
**GET 'EM WHILE THEY LAST!**

Also grab **Homemade Sausages, Fresh Steaks! Meats, Bacon, Cheeses, Snacks & more**

Featuring local craftsmen, bread boards, pottery, jewelry, grab-n-go flowers & goodies to fill your plate with love!

Gifts to express your love!

Pre-order **Cruisin' Infusions Valentine's Charcuterie Boxes** by February 12<sup>th</sup>  
Email: [cruisininfusions@gmail.com](mailto:cruisininfusions@gmail.com)

**SOUTHPAW MEAT MARKET**  
LOCALLY OWNED & OPERATED

**SOUTHPAWMARKET.COM**

1235 Roosevelt Trl #12, Raymond • 207-655-2646 • Open Tues-Sat 10-5



# Celebrate Your Valentine!



## VALENTINE'S GIFT IDEAS FOR MEN, WOMEN, AND KIDS

Valentine's Day is a time to celebrate love and affection, not just between romantic partners but also among family members and friends. Finding the perfect gift for your loved ones can be a meaningful way to show appreciation and make them feel special. Here's a guide to some of the most appreciated Valentine's gifts for men, women, and children.

### Gifts for Men

Choosing a thoughtful Valentine's gift for a man depends on his personality, interests, and lifestyle. Here are some ideas that are sure to be appreciated:

**Personalized Accessories** – Engraved watches, custom wallets, or monogrammed cufflinks add a personal touch.

**Tech Gadgets** – Wireless earbuds, smart home devices, or a high-quality portable speaker are great for tech enthusiasts.

**Grooming and Self-Care Kits** – A luxury shaving set, skincare products, or a cologne gift set cater to self-care needs. Or pick up a gift certificate to his favorite barber shop.

**Experience Gifts** – Concert tickets, a golf lesson, or a weekend getaway create lasting memories.

**Hobby-Related Items** – If he enjoys cooking, gaming, or fitness, con-

sider gifts like a premium chef's knife, a new video game, or workout gear. If he likes sports, consider some swag items like a sweatshirt, hat, or mug.

### Gifts for Women

Women appreciate gifts that show thoughtfulness, effort, and love. Here are some timeless Valentine's Day gift ideas for the special women in your life:

**Jewelry** – A necklace, bracelet, or pair of earrings with sentimental value is always cherished.

**Handbags** – A stylish handbag from a favorite brand can be a luxurious and practical gift that she will appreciate.

**Spa and Wellness Packages** – A massage, facial, or a full spa day provides relaxation and rejuvenation.

**Flowers, Candy and Chocolates** – A classic yet delightful combination that never goes out of style.

**Customized Gifts** – A personalized photo book, a custom-made fragrance, or a star map marking a special date are thoughtful options.

**Subscription Services** – Monthly subscriptions for books, gourmet food, or beauty products offer continuous enjoyment.

### Gifts for Children

Valentine's Day gifts for kids should be fun, engaging, and age-appropriate.

Here are some ideas to bring smiles to their faces:

**Stuffed Animals** – A cuddly teddy bear or favorite character plushie makes a comforting companion.

**Books** – Valentine's-themed storybooks or interactive books encourage a love for reading.

**Craft Kits** – DIY arts and crafts sets, sticker books, or coloring kits provide creative fun.

**Sweet Treats** – Heart-shaped cookies, chocolates, or homemade cup-

cakes make delicious gifts.

**Personalized Items** – A custom backpack, name-engraved jewelry, or a personalized puzzle adds a unique touch.

No matter who you're shopping for, the most appreciated Valentine's gifts are those that come from the heart. Whether it's a small token of love or a grand gesture, showing your affection through thoughtful gifts makes Valentine's Day even more special for everyone.



## SWEET VALENTINE'S DAY IDEAS FOR KIDS TO SURPRISE THEIR PARENTS

Valentine's Day is not just for couples—it's also a perfect opportunity for kids to show love and appreciation for their parents. Simple yet heartfelt gestures can make the day extra special.

One of the easiest and most meaningful ways kids can express their love is by making a handmade card filled with drawings and kind words. A personalized note or poem adds an extra touch of warmth. Another thoughtful idea is creating DIY gifts, such as a handcrafted picture frame or a coupon book offering hugs, chores, or breakfast in bed.

Kids can also prepare a small surprise by helping set the table for a family dinner or baking cookies with a parent's favorite flavors. A heartfelt "I love you" and spending quality time together—whether watching a movie or playing games—are simple ways to make Valentine's Day memorable for parents. Love, after all, is about the little things!

**PAMPER YOUR PUP WITH LOVE**  
with a relaxed one-on-one grooming spa treatment!

**LAVISH DOG**

All bath & grooms include nail grinding, ear cleaning & tooth brushing!

1263 Roosevelt Trail, Raymond • 655-6226  
111 Ossipee Tr E, Standish • 572-4084

Book Online 24/7 at: [LAVISHDOG.COM](http://LAVISHDOG.COM)

**Valentine's Day GIFTS**

**WINDY HILL FARM FARM to TABLE MARKET**

Some of the **BEST GIFTS** come from the most **unexpected places!**

**Cooking a delicious ROMANTIC DINNER starts at Windy Hill!**  
We raise our own All Natural Angus Beef for quality better than the restaurants!!

**PASTA, SAUCES, DRESSINGS, JAMS, PICKLED GOODS, HONEY, MAPLE SYRUP, ...THE LIST GOES ON!**

**NONTOXIC, NATURAL & LOCAL SKINCARE** by Salt & Seed and White Goat Skin Care

**Hard to find CANDY**  
Choc. covered nuts & raisins, nonpareils, licorice, fudge, needhams, rock candy, & more!

*Nothing says I love you more than a home-baked treat!*

We carry Bob's Red Mills baking products, Amish butter, raw milk, farm fresh eggs, **dessert kits in a jar** and if you don't feel like scratch-cooking, we have a variety of delicious take-n-bake fruit pies, cream pies & cheesecakes!

**115 RIVER ROAD, WINDHAM • 892-2793 • FOLLOW US**

Open Sun 10-5, Mon 9-3, Tues-Sat 9-6 • [WindyHillFarmMarket.com](http://WindyHillFarmMarket.com)

**LAKE HOUSE TAVERN**

**VALENTINE'S DAY Specials**

**907 Roosevelt Trail WINDHAM**  
Open Daily 11am-9pm  
[LakeHouseTavernWindham.com](http://LakeHouseTavernWindham.com)  
207-894-3020

**MUSIC BY Doc & Dave Trio 6-9PM**

**RESERVATIONS RECOMMENDED**  
Walk-ins welcome

**Appetizers**  
Bacon Wrapped Scallops Oysters on 1/2 Shell

**Main Course**  
Baked Stuffed Haddock w/Newburg Sauce served w/choice of potato or rice pilaf  
Prime Rib served w/choice of potato or rice pilaf, veggie, skinny rings & Au Jus  
Baked Lobster Newburg Pie served w/choice of potato or rice pilaf & salad  
Chicken Marsala over Linguini served w/salad & garlic bread

**Dessert**  
Cheesecake Stackers

**Creative Drink Specials**

**REGULER MENU ALSO AVAILABLE**

POP UP Cont. from page 8

and we're incredibly grateful for their support. We finished the day with a bracket-style movie vote, letting the kids decide on the perfect film to wrap up their snow day adventure."

The Raymond Parks & Recreation Department Facebook page posted, "Today was SNOW much fun! Shout out to @aromajoescoffee for providing us with hot cocoa for this snowy day." The gratitude didn't stop there, as Aroma Joe's was featured as the Raymond Parks and Recreation Sponsor Saturday highlight posting, "This week we're shining the spotlight on Aroma Joe's Coffee, a fantastic supporter of our programs! Not only do they sponsor teams in our leagues, but they also go the extra mile by providing hot cocoa and snacks to their team at the end of the season. Plus, their generosity



Eager sledders Emerson Crocker and Acadia Carroll took part in the recent Raymond Parks and Rec pop-up sledding event during an after-school activity. PHOTO BY RILEY SILVIA

extends beyond sports - Aroma Joe's donates hot cocoa to our communi-

ty events, helping to keep everyone warm and smiling. Be sure to stop by and support them, just like they support us!" Silvia is dedicated to keeping things exciting for the youngsters. "The kids get out at 12:10 every Wednesday, so we try to be creative with activities and trips," she said. "We started this program in September, and I have been the director." With the rapid growth of the Raymond Park and Rec Department, Silvia said that her responsibilities are

increasing.

"My tasks in the Assistant Parks and Recreation Director position are growing as our department is growing, so I have dropped down to working Wednesdays and Fridays," she said. "Jill Lambert has become our Program Leader, covering the other three days."

Silvia says she's happy to get so much positive feedback on the recent pop-up sledding event and hopes to keep the momentum going with more engaging activities this year.

"I never thought the kids would be excited when I told them a field trip was canceled, but they were absolutely thrilled to have a sledding day instead," she said. "They were laughing and soaking up every moment of fun in the snow. Parents have told us how much they appreciated that we turned an unexpected change into such a fun opportunity." <

# DO DIFFERENT FOR YOUR BUSINESS

I really need to grow the business in 2025. What else can I do? I wish there was a great networking option in Maine.

## THERE IS!

### DOES THIS SOUND LIKE YOU?

PICKING UP NEW CLIENTS OR PATIENTS?

BELIEVES IN BUILDING RELATIONSHIPS!

EAGER TO WORK WITH OTHER LIKE MINDED PROFESSIONALS?

MORE REFERRALS WOULD BE GREAT FOR YOUR BUSINESS?

**IF YES, ACTION ITEM: SEND EMAIL TO [Office@BNIMaine.com](mailto:Office@BNIMaine.com) to find a chapter near you that fits your schedule and has your professional seat open.**

**BNI Maine has over 480 Members and 20 chapters. Each chapter is one person per classification. ACT TODAY!**



**BNI Maine, 585 Roosevelt Trail, Windham | 207-894-7200 | [www.BNIMaine.com](http://www.BNIMaine.com)**

## Credit union now offering college scholarships

Celebrating 10 years of supporting Maine students' pursuit of higher education, University Credit Union has announced that applications are now open for the 2025 UCU Scholarship Program.

Since launching the UCU Scholarship in 2016, UCU has awarded \$64,000 in scholarships to students pursuing higher education across the University of Maine System, and Maine Maritime Academy.

This year, UCU will continue its commitment to educational advancement by awarding a total of \$9,000 in college scholarships, including \$1,000 to nine students; of which are eight undergraduate students attending University of Maine System campuses, and Maine Maritime Academy, as well as one graduate or professional student furthering their education within the University of Maine System or Maine Maritime Academy.

"For a decade now, the UCU Scholarship has been helping Maine students build a foundation for their financial future and demonstrate how UCU is Here for U," said Renee Ouellette, UCU's President and CEO. "10 years in, we have seen firsthand just how much education can change lives for the better. We are honored to have a small role in helping students across Maine have an opportunity to pursue their passion."

To be considered for the UCU Scholarship, applicants must be UCU members with a primary account in good standing by May 1, 2025. They must also be entering the Fall 2025 semester as a student attending a University of Maine System institution, or Maine Maritime Academy.

For full program details and to apply, visit [www.ucu.maine.edu/scholarship](http://www.ucu.maine.edu/scholarship).

*About University Credit Union*

Established in 1967, University Credit Union is an innovative, full-service financial institution. As a not-for-profit financial cooperative, UCU returns its profits back to members in the form of lower loan rates, higher deposit yields, lower fees, and more solutions and services. For more information visit [ucumaine.com](http://ucumaine.com). <

**→ SNOWSHOE** *Cont. from page 11*

“I enjoy many types of outdoor sports but to me, snowshoeing is a great way to stay fit and enjoy the wonders of nature,” Evans said. “Poles are very handy to have, and I recom-

mend them. A small backpack is also great to store the layers of clothing that will come off as you get warmed up. Drink water, you can dehydrate in winter too.”

If you’re looking to jump right in and purchase your own pair of snow-

shoes, there are a few things to consider.

Using your weight and shoe size, you can select a snowshoe model, which are usually sized as length in inches. Every snowshoe has a weight capacity listed in the specifications. Remember to consider the weight of your gear as well.

Once you’ve selected your size, then you should consider where you are snowshoeing.

In Maine, conditions vary based on the year and the region. If you are mostly snowshoeing in the Lakes Region which receives a low to moderate amount of snow, you might select an average length.

If you decide to head north to Sug-

arloop or other snowier parts of the Northeast, you can purchase a flotation tail. This is an extension that connects to the back of the snowshoe, giving the user the ability to accommodate for changing conditions.

While there is a lot to consider and to plan for, snowshoeing is a great hobby and a fun way to get outside in the winter.

“Grab your snowshoes, snow permitting, pack your sense of adventure, and come discover the magic of the winter season on our PRLT preserves,” Sedlack said.

Beginners should be excited to embark on their snowshoeing journey and are invited to explore miles of free and accessible trails here this winter. <

## BRIEFS

### Haddock Dinner

The Knights of Columbus are offering a Haddock Dinner from 5 to 6 p.m. Saturday, Feb. 8 at Our Lady of Perpetual Help Parish Hall, 919 Roosevelt Trail in Windham. Meals will be available for dining in or to go. The menu includes fresh baked haddock, homemade mashed potatoes, carrots, rolls and butter, homemade coleslaw, and beverages. Gluten-free options will be available. The cost is \$14 for adults, and \$6 for pizza for kids. FMI, call 207-446-1012.

### Cancer support

The Windham Cancer Support Group will be holding a “Caregiver only” meeting at 6:30 p.m. Monday, Feb. 10 at the Windham Public Library. All caregivers are welcome. Feel free to come and express your concerns in a confidential setting. FMI, send an email to coppjanet@yahoo.com

### TRIAD meeting

Gorham/Windham/Westbrook TRIAD is a cooperative partnership between law enforcement agencies, elder service providers, and seniors in our community. The primary mission of TRIAD is to reduce the criminal victimization of older citizens,

enhance the delivery of law enforcement services, and improve the quality of life for seniors. The next TRIAD meeting will be at 9 a.m. Friday, Feb. 14 at the Gorham Municipal Building, 75 South St., Gorham. All seniors are welcome. FMI, call 207-887-9222.

### Habitat for Humanity

Applications are now being accepted for two new homes in Standish built by Habitat for Humanity of Greater Portland. Income limits vary by household size. Applications are due by 4 p.m. Wednesday, Feb. 19. For more details and an application, visit [habitatportlandme.org/apply/standish](http://habitatportlandme.org/apply/standish) or email [molly@habitatme.org](mailto:molly@habitatme.org).

### College scholarships

For the 10th consecutive year, SeniorCare.com will award an annual college scholarship to an individual that best demonstrates to us why “Aging Matters” to them. A \$1,500 scholarship will be given annually to a selected college student that currently cares for an aging loved one, works within the senior community, or intends to pursue a career that will have an impact upon the elder population. For more info, visit [www.seniorcare.com/scholarship](http://www.seniorcare.com/scholarship)

## If you say “I Do” this Valentine’s Day, it’s time to say “I Do” to Jewelry Insurance!

We take pride in protecting your ring and future. Call us for a free, no-obligation quote.



AUTO • HOME • LIFE • RECREATIONAL VEHICLES • BUSINESS



**J. PRIEST**  
INSURANCE  
— JUST. BETTER. —

We utilize multiple insurance companies to get you the right coverage at the best price!

207-893-8184 • [JonathanPriest.com](http://JonathanPriest.com)

Text 207-671-9467 • 57 Tandberg Tr., Ste 7, Windham (by appt.)



When it comes to generator sales & service, don't settle for less...

Choose the **PROVEN** Award-Winning **GENERATOR EXPERTS** You Can Trust!



Just Awarded Top Briggs & Stratton Dealer in ALL OF NEW ENGLAND!



48 Years experience providing uninterrupted 24/7 power for your home & peace of mind for you!

Inventory Fully Stocked for Fast Delivery - Call Today!

New units come with a hassle-free 20 year CPP rewards program

**Dirty** “Doing It Right For You” **GENERATORS**

SALES ★ SERVICE ★ INSTALLATION ★ INSPECTIONS

ALWAYS COMPLIMENTARY **NO-PRESSURE HONEST EVALUATIONS & ESTIMATES!**

207-637-3346 • [DIRFYGENERATORS.COM](http://DIRFYGENERATORS.COM)

[DirtyGenerators@yahoo.com](mailto:DirtyGenerators@yahoo.com)

To read testimonials from our satisfied customers, email for instant reply: [dirfytestimonials@gmail.com](mailto:dirfytestimonials@gmail.com)

# An abs soul loot game changer

By Andy Young  
SPECIAL TO THE WINDHAM EAGLE



Andy Young, Columnist

No one, least of all me, can afford to stagnate professionally. That's why, in an effort to improve myself technologically, I recently decided to try out an "app" (I think that's what it's called) which, according to its creator, can sharpen up anyone's writing, or at least the spelling part of it. Has it helped? You be the judge.

Pea pull who no me well R deaf in it lea awe ware I'm not reel lea inn two tech knowledge gee. But I'm also not afraid to add mitt when I'm wrong, and boy, was I miss take in

about this knew spell Czech app I just started yew zing. It's give in me fresh incite into the weigh I do things. Sum (though not awl) of the other methods I'd used bee four were just plane useless, but this gnu soft wear makes everything else pail bye come Paris sun.

Here in mane (wear our state animal is the mousse), nun of my previous N gauge mints with pro grams that purr ooze my spelling have been grate. Inn fact, most have provided no ade what sew ever. But to be fare, in the passed I've off tin felt blew when matt teary ills that were sup post too uh cyst me never maid any differ rinse. I new nun of those things maid

buy technologists were worth N knee thing. In fact, nearly awl of them were waists of thyme and F fort.

I wondered if I had scene the last of my good daze as an edge you cater. I was all ways inn a fowl mood, feeling spiritually baron. Their were times I gist wanted to drop out of site, flea the staid of main, and hit the rode for sum place wear I could S cape the pane of all the sole-crushing tech knowledge gee, fig you ring it wood be good for what ales me. I kneaded a brake, gist to bear my sole (oar, if I whirl feeling week, flecks my mussels) in some out door low cay shun wear eye could breathe sum fresh heir. If aye were aloud two, I wood put on a pear of old genes, fined a would den chair, and pro seed two go smell sum flours, swim out to a choral reef, wok in a reign foe rest, sit amongst the reads in a swamp, ore maybe reel axe beneath sum fur and/ore beach trees.

Of course, I'd half to tell the prince sip pull at my school, a former banned liter, before I hit the rode, not only to say high, but too let him no wear I was head did, in case he kneaded me. I don't think he'd mined, butt cents he's a fare and cay ring person, I'm sure he'd have tolled me knot to overdue things. And weather or knot hour principle mint it, aye bet he wood say I'd be mist bye the wrest of the staph. He'd also wont to make sir tin that I eight rite. I mien, eye sup hose I could all ways gist take an our ore two too visit a soup per mark it sew I could bye myself a thick juice E stake, butt I probably all sew ought to inn jest some hell thee foods, like maybe sum bran serial, a pare, or sum carats, just sew I don't get the flew.

Eye gist proof red this; there's knot won sin gull miss steak.

This A Eye is a maze zing! Y eye weighted sew long to try it, I'll never no. <

## ATTENTION

# STROKE SURVIVORS!

*I help you reach YOUR GOALS through building the right muscle mass back after a stroke or brain injury.*



Get back to doing the things you love with the ones you love!

*We can create customized packages to fit your specific needs.*

**YOU WILL NEVER FEEL THE SAME, BUT LETS FIND YOUR NEW YOU!**

## 2.0 FITNESS

*Let me help you find your 2.0!*

**CONTACT KEITH TODAY!**

207-200-7508

[www.2-0Fitness.com](http://www.2-0Fitness.com)



**Certified Personal Trainer,**  
B.S. in Kinesiology

## LEGAL ADVERTISEMENT

### TOWN OF RAYMOND, MAINE SPECIAL TOWN MEETING WARRANT

Tuesday, February 11, 2025 at 6:00p.m.

at the Broadcast Studio  
423 Webbs Mills Road

In the name of the State of Maine, you are hereby required to notify and warn the inhabitants of the Town of Raymond, qualified by law to vote in Town affairs, to meet at the Broadcast Studio at 423 Webbs Mills Road in said town on Tuesday, February 11, 2025, at 6:00 P.M., then and there to act on Articles 1 through 2 as set out below.

**ARTICLE 1:** To elect a moderator to preside at said meeting.

**ARTICLE 2:** To see if the Town will vote to authorize the Select Board to grant to Sebago Fiber & WIFI LLC a perpetual easement over and under a portion of Town-owned real property identified as Tax Assessor's Map 04 Lot 106A support the installation of a fiber optic network ring connecting all municipal buildings and public safety radio towers and for the purpose of erecting, installing and maintaining:

1. A structure of approximately 400 square feet to be used as a central office,
2. Two new utility poles and underground conduit, and
3. Solar panels

## DISCOVER LOCAL ADVERTISING THAT WORKS FOR YOUR SMALL BUSINESS!



Partner with Melissa Carter, a trusted advertising sales and design expert with 20 years of experience.

She's dedicated to crafting personal campaigns that drive business growth, fit your budget & elevate your brand!



Call 207-894-3500 or call/text 207-329-3239 or email: [Melissa@TheWindhamEagle.com](mailto:Melissa@TheWindhamEagle.com)

"Stopping advertising to save money is like stopping your watch to save time." - Henry Ford



## A poetic gesture



State Senator Tim Nangle, D-Windham, hosted poet Robert C. Clark of Windham recently at the State House. Clark delivered the opening invocation before the Maine Senate, sharing a poem he wrote titled 'Those We Never Knew.' The poem offers a stirring reflection on the origins of American independence, honoring the courage of those who fought for freedom. Clark, center, joined Senator Nangle, left, in gifting a framed copy of his poem to Maine Senate President Mattie Daughtry, D-Brunswick. 'Robert's poem served as a powerful reminder of the values and sacrifices that have shaped our nation,' Nangle said. 'It's fitting that we began the day with these words of reflection and gratitude. His invocation highlighted the importance of remembering our shared history as we roll up our sleeves and get to work for Maine people.' SUBMITTED PHOTO

## Pausing to remember



The American Legion Field-Allen Post 148 hosted a Four Chaplains Interfaith Service at the Windham Veterans Center on Sunday, Feb. 2. The Four Chaplains Ceremony paid tribute to the sacrifice of military chaplains serving on the USAT Dorchester, a troop transport ship that was torpedoed during World War II. The chaplains gave up their life jackets and seats in the lifeboats so that others might survive. The special event featured guest speakers from four different faiths representing each of the four chaplains and was coordinated by Vice Commander Yvonne Johnson of Post 148. PHOTO BY DAVID TANGUAY

## JUNK CARS WANTED!



**WILL BEAT ANY REASONABLE OFFER**  
Free pickup & payment upon pickup  
*Will pay more if delivered*

Call or text 207-890-9270

## Quick, Reliable Dumpster Rentals



**15 or 18 YARD  
AVAILABLE**

**PERFECT FOR  
YOUR NEXT  
JUNK  
REMOVAL,  
CLEAN-OUT,  
DIY PROJECT,  
OR HOME  
REMODEL!**

A LOCAL WINDHAM COMPANY **207-894-4610**

**Competitive Pricing Reliable Service**



**Award  
winning  
collision &  
auto body  
repair!**

Gorham • Lewiston • Portland • South Portland • Scarborough  
**MOODYSCOLLISION.COM • 207-839-2500**



**Advanced and Compassionate  
Emergency & Specialty  
Veterinary Care**

**OPEN 24/7**

1500 TECHNOLOGY WAY  
SCARBOROUGH, ME



(207) 885-1290



**Take the  
LEAP into  
RENTING  
your  
VACATION  
HOME!**

**KRAININ  
REAL ESTATE**  
Sales & Rentals

*Let us be your Parachute!*

### WE MAKE RENTING EASY!

**WE CAN DO IT ALL..... OR WE CAN DO SOME!**

Booking, payment processing,  
check-in/check-out,  
24/7 on-call property  
management, cleaning,  
and much more.

We can take care of  
as many or as little details  
as you need help with  
including Maine state  
lodging tax compliance.

Contact us  
today to  
learn more!

*We offer a free, no-obligation home visit  
& estimate of your property's rental potential.*

207-655-3811 • rentals@krainin.com • Krainin.com

**Guests coming this summer? Interested in a stay-cation?  
VISIT OUR WEBSITE FOR AVAILABLE PROPERTIES!**

# Eagle SPORTS



## WHS girls' basketball crushes Falmouth on Senior Night

By Matt Pascarella

STAFF WRITER

The Windham varsity girls' basketball team crushed Falmouth 73-19 on Tuesday, Feb. 4 at Windham High School.

Before the game, the team honored Stella Jarvais on Senior Night and presented a gift for her and for her parents for their time and dedication to Windham athletics during Stella's high school career.

"It's something really special coming through the years of this program," said Jarvais, who scored 26 points against Falmouth. "I love this team, and it's really cool for them to recognize all the years I put into it. It's kind of surreal (to maybe have played my last home game) because I will not be playing basketball beyond these years. It's something special to share the court with my sister, because I will not be playing with her in college; so being able to spend this time with Mackenzie (Delewski) and my friends and my sister, it's something really special."

Windham came out strong and put up 19 points in just the first quarter. Windham sophomore Denali Momot sank a three-pointer. The squad's incredible defense held Falmouth to just five points.

In the second quarter, Windham junior Marley Jarvais hit a three-pointer. Windham led by 20 and their offense would not be stopped. At the half Windham led, 37-12.

"I thought our team defense went very well tonight," said Windham junior Chloe Delewski. "We did a great job defending the perimeter followed by boxing out and rebounding. I thought that tonight our offense was



(L to R) Windham senior Stella Jarvais takes the ball to the basket on Tuesday, Feb. 4 at Windham High. Junior Marley Jarvais goes in for a layup. Junior Chloe Delewski won't be stopped as she makes her way under the basket and sinks a shot. PHOTOS BY MATT PASCARELLA

executed well but when we face stronger defenses, we will need to be sharper. It felt great getting this big win because we got the whole team involved and it was just an amazing show that we put on for the crowd. Stella leaving means ... we are losing one of our closest friends and outstanding players on the team. It won't be the same without her next year."

At the start of the second half, Windham's lead grew to 30 points. They rebounded and Windham's defense kept Falmouth scoreless in the third quarter.

"Passing, getting into our offense, being able to cut and read the defense, so stuff like that went well," said Stella Jarvais. "Our shooting percentage went up. Just communication I feel like is always a thing that teams can

work on; and turnovers, in a lot of the games that came close and came down to the last minute were due to turnovers, so limiting turnovers we can work on."

In the fourth quarter, a block from Windham freshman Eliana Kostopoulos showed Falmouth who was in control.

Windham sophomore Leandra Woodman sank two three-pointers and Windham freshman Lauren Valle hit a three-pointer too.

"Tonight was about celebrating Stella and honoring her and her four years with us," said Windham varsity girls' basketball coach Brody Artes. "It was good for us to get out and run and put some points on the board. We had a lot of kids do that; we had a lot of kids score today. Good opportunity to kind of get up and down and climb

... the ladder towards the playoffs, just trying to get better every day. We were able to dip in that bench a bit earlier than we usually do and get some kids some experience and everybody did a good job. I think at times, we need to get them up and contest shots a little bit better on the perimeter. We got to contain shots a bit better - we did well today, but against better teams we've got to make sure we do that. Offensively we've got to move the ball, I thought we did well with that today. We've got to be strong at the rim, finishing inside and making our free throws when we need to."

Artes said when Stella Jarvais came in as a freshman, her ability was raw, but she worked at it and improved over the course of her career. She's a good teammate, plays hard, is a great defensive player and a great kid. <

### ATHLETE OF THE WEEK



#### Philip Traina

Age: 17 Team: Windham/Bonny Eagle/Westbrook Trail Blazers

Coach: Bobby Fothergill

Parents' names: Lauri and Brooks Traina

**Reason for selection:** A points-leader for the Trail Blazers from last year, Philip is tough to defend. He gives everything he has and is a good two-way hockey player. Another quiet leader, he fights tooth and nail. During the Lewiston game, he fought three guys three-on-one to keep the puck out of the net and to try and keep his team in the game. He works hard, he's a good person, he takes younger players under his wing, he plays with passion, and he loves the game - and he's a great goal scorer. When he shoots the puck, he's deadly; exhibiting effort and the grit, he plays the game the right way.

WE ARE PROUD TO SUPPORT OUR LOCAL ATHLETES!



**GRACIEGYM**  
BRAZILIAN JIU-JITSU  
U.S.A.

COME BE PART OF OUR LEGACY TO INCREASE CONFIDENCE, FOCUS AND STRENGTH

For membership details & class schedule call or visit our website

207-383-2228 • GRACIEGYMMAINE.COM • 770 ROOSEVELT TRAIL, UNIT 6, WINDHAM

## Dirfy "Doing It Right For You" HEAT PUMPS

CALL NOW FOR A FREE NO-OBLIGATION, PERSONALIZED EVALUATION!



FINANCING WITH PAYMENTS AS LOW AS \$69/MONTH\* **SAMSUNG**

\*OAC - Apply today!

207-637-3346 • WWW.DIRFYHEATPUMPS.COM  
sales@dirfyheatpumps.com • service@dirfyheatpumps.com

# Windham High players boost girls hockey team to victory

By Matt Pascarella

STAFF WRITER

An early goal and strong defense from the Cheverus/Windham/Medomak girls' hockey team made a real difference during a late-season game against Yarmouth/Falmouth. Cheverus/Windham/Medomak were able to keep their opponent scoreless and posted a 1-0 win on Thursday, Jan. 30 at the William B. Troubh Ice Arena.

"I thought we were playing a really good third period and we made some adjustments to our forecheck, until we took that penalty with about five minutes to go," said the Cheverus/Windham/Medomak coach Scott Rousseau. "I thought we handled the last two minutes well; it's always hectic ... but a great learning experience. We managed the puck well, we did not panic and not take icings and in the last minute I don't think they really got a scoring chance. We only have four players back and I really hope these eight first-year players are ready for what's coming; the playoffs are even more intense than this. If you interview (Yarmouth/Falmouth's) coach, we made each other look bad, it was 1-0, it's what good teams do to each other. We kind of took some of their strengths away, they took some of our strengths away. At the end we did show a lot of heart and character and find a way to win – and that matters."

Cheverus/Windham/Medomak hit the ice with strong defense as these two teams were very evenly matched. Cheverus/Windham/Medomak moved the puck well and had intensity the entire game.

Cheverus sophomore Caroline Rousseau scored roughly halfway through the first period. Windham freshman Taylor Lucas had a solid check before the first period buzzer. It was 1-0 Cheverus/Windham/Medomak after one period.

In the second period, Cheverus/Windham/Medomak's intensity remained, and their defense made sure to cut off scoring opportunities for Yarmouth/Falmouth. Cheverus goal-



(L to R) Cheverus junior Ellie Skolnekovich keeps a close eye on the puck as her opponents move closer to the goal during a prep girls' hockey game against Yarmouth/Falmouth. Cheverus junior Ashley Cloutier of Windham goes after the puck. PHOTOS BY MATT PASCARELLA

ie Ellie Skolnekovich had super-fast hands and kept a lot of pucks away from the back of the net.

"I see it as just another game," said Skolnekovich, who had 21 saves during the game. "That's my hometown – I get fired up when I play them, and I know their roster. It's a 0-0 game in my head the whole way through and it's really great. I think from the top

down, we played really well; we played well as a team. We're together ... and I think the biggest thing is I can't thank my defense enough; I cover a puck and they're right there to get people out of the way, I cover the puck, and they are right in front of me not letting anybody get to me and that's really, really what builds our team up. I think we can pass the puck more and I think we

can make less mental mistakes in the last two minutes of the game. I think we had a lot of adrenaline going and since it was a 1-0 game, it got a little bit intense at the end and I think that we can just build from there. I play a 0-0 game; my adrenaline was going, and I just played my game."

Tensions built in the third and final period as both teams worked hard to put something up on the scoreboard. A block by Skolnekovich with a little over a minute left coupled with Cheverus/Windham/Medomak's defense only amplified this team's tenacity. They kept back Yarmouth/Falmouth until the last buzzer.

"I think our forecheck was able to set it up differently so we can contain their better players," said Lucas. "Our goalie played amazing tonight; she saved us. We had some good forechecks towards the beginning of the third period that went well. I think that we just need to work on getting the puck out faster in ... the defensive zone and move our feet." <



(L to R) Cheverus sophomore Caroline Rousseau moves the puck while keeping it away from Yarmouth/Falmouth defenders. Cheverus freshman Taylor Lucas of Windham fights for the puck.

## Portland Veterinary Emergency and Specialty Care



**We provide compassionate and expert specialty and emergency care for your pet, and peace of mind for you.**

Our commitment extends to treating all pet emergencies 24 hours a day, 7 days a week even on holidays!

[pvesc.com](http://pvesc.com) | 207-878-3121

739 Warren Ave.  
Portland

2255 Congress St.  
Portland

EMERGENCY COVERAGE AT WARREN AVENUE LOCATION

A Locally Owned Maine Company for 50 Years!



HEATING OIL • PROPANE • DIESEL • K-1  
BURNER CLEANINGS  
FREE TANK SWAP OUTS  
FIXED & BUDGET PLANS  
24-HR EMERGENCY SERVICE

CALL 207-892-0200

[www.fieldingsoil.com](http://www.fieldingsoil.com)  
[order@fieldingsoil.com](mailto:order@fieldingsoil.com)

639 Roosevelt Tr., Windham  
M-F 7:30am-5pm





# Unified basketball falls to Portland/Deering by one point

By Matt Pascarella

STAFF WRITER

In a hard-fought game where Windham's Unified basketball team gave their all, the clock wound down and Portland/Deering edged Windham, 40-39, on Wednesday, Jan. 29 at Windham High School.

Windham took several solid shots that just did not land late in the game.

"I think we did very well this game," said Windham senior Colby Schmid. "We did better at getting inside (the paint). My buddy Zach and I struggled with the three-pointers. I think we did great at scoring, and I think we do need to work on passing."

There were a lot of positive aspects shown during this game, including Windham players giving other players

an opportunity to move the ball or go in to take a shot. Windham had several stellar opportunities they took full advantage of with Mary Jean, Maddi Small, Zachary O'Brion, Tristan Stanley, Colby Schmid, Jacob Smith and Jack Shirley showing true sportsmanship.

Windham moved the ball well and soon they were on the scoreboard. The Eagles had a small lead to start, but after some time the game was tied.

Portland/Deering took the lead, then Windham snatched it back; this was a very tight game. Windham defense worked hard to limit scoring opportunities for their opponent.

O'Brion had a nice turnover, and the game was tied 14-14 with less than four minutes left in the first half.



(Clockwise from top left) Windham junior Mary Jean shoots and scores during a Unified basketball game against Portland/Deering on Wednesday, Jan. 29. Senior Colby Schmid rises above his opponents to make a one-handed shot. Junior Zachary O'Brion takes a shot at the basket. PHOTOS BY MATT PASCARELLA

Midway through the game, Portland/Deering led, 18-16.

At the start of the second half, O'Brion hit a three-pointer; a few moments later he did it again. This remained a very close game. Windham rebounded and continued to work hard.

Schmid sunk a three-pointer. The game was tied at 24-24.

Portland/Deering took the lead. Windham tried very hard to flip the score, but time ran out.

It felt good for O'Brion to sink his two three-pointers he said. This was a very tough loss and Windham was so close. They need to work on defense and rebounds.

"A ton of rebounds (during this game) we're hitting the board so much better," said Windham Unified basketball coach Anne Blake. "Our problem is we're not moving in to do the close,

confident shots; we're (attempting) too many three-pointers. The rebounds have improved and the team's playing with a lot more unity. I just think all the partners and athletes worked really well together; we played in a festival last weekend, and this is our third game for the season, so I think we've really improved since our practice with the festival. I think the team is starting to improve and the teamwork is showing. Layups (need work)."

Unified Sports joins people with and without intellectual disabilities on the same team. It was inspired by a simple principle: training together and playing together is a quick path to friendship and understanding. <

**POLE BARNNS**  
TRADITIONAL MAINE LOOK  
ECONOMICAL STORAGE

207.432.8881 • www.StultzBuilding.com

**LEGAL NOTICE**  
**TOWN OF RAYMOND, MAINE**  
**PLANNING BOARD**  
**MEETING & WORKSHOP**  
Broadcast Studio - 423 Webbs Mills Road  
and Via ZOOM  
**Wednesday, February 12, 2025 • 7:00 PM**

You are hereby notified that the Raymond Planning Board will hold a Meeting and Workshop at the Raymond Broadcast Studio and via Zoom on **Wednesday, February 12, 2025 at 7:00 pm** on the following matters:

**PUBLIC HEARING ON WORKSHOP THE FOLLOWING PROPOSED ORDINANCE AMENDMENTS:**

- LUO §300-9.27 & SLZ §350-5.4 - Solar
- SLZ - DEFINITIONS - add definition of DOCK

**WORKSHOP TO DISCUSS THE FOLLOWING PROPOSED ORDINANCE AMENDMENTS:**

- Amendment to Open Space Subdivisions

The meeting will be streamed in real time from the local Government channel. This live stream is also hosted on YouTube (www.raymondmaine.org/content/live-video-streaming), so make sure your computer or router/firewall does not block YouTube content.

**JOIN ZOOM MEETING**  
https://us02web.zoom.us/j/82409994238?pwd=CQOAWk75jNKF8sq9JYg5qfSVbha1QP.1  
Meeting ID: 824 0999 4238  
Passcode: W6z2Tk

**ONE TAP MOBILE**  
Meeting ID: 824 0999 4238  
Passcode: 828635  
Find your local number: https://us02web.zoom.us/j/kyMZP8lr

**TOWN OF WINDHAM, MAINE**  
**PLANNING BOARD**  
**NOTICE OF PUBLIC MEETING**  
**Monday, Feb. 10, 2025 • 6:30PM**  
Town Hall, Council Chambers, 8 School Road

- #24-26 Monique Drive Subdivision  
Tax Map: 11: Lots: 49D, 49D-3, 49D-5 -Lisa & Jules Drives.  
\*\*This application will not be heard at this meeting.
- Public hearing for #25-02 Amendments to the Code of the Town of Windham, Chapter 120 Land Use Ordinance, Article 4 District Standards, relative to Streets in the C1, C2, WC, and VR Districts, and Outdoor Recreational Facilities in the I district.
- Public hearing for #24-33 Beaulieu Drive Subdivision  
Tax Map: 5: Lot: 22B - Beaulieu Drive.  
Reapproval of minor subdivision plan and private road upgrade.
- 24-29 Camping World Expansion  
Tax Map: 15, Lot: 1A - Roosevelt Trail  
Site plan review for construction of a 20,500 square foot RV sales and service addition and associated site improvements.

FMI go to windhamweb.legistar.com/Calendar.aspx or contact (207) 894-5960 ex. 2. Written comment may be submitted to the Board at PlanningBoard@windhammaine.us.  
Please notify us if you need accessibility accommodations.





## Smart home tech you can expect in 2025

► **By Carrie Colby**  
SPECIAL TO THE WINDHAM EAGLE



— Carrie Colby  
Allied Real Estate

Artificial Intelligence (AI) is revolutionizing everyday household tasks, seamlessly integrating into our most common tools and appliances. Through small yet powerful updates, AI enhances convenience, prevents potential disasters, and optimizes home efficiency. Here's how AI is set to transform home living in 2025.

### AI is Making Laundry Day Smarter

AI-powered washing machines and dryers are already making a significant impact. Modern washing machines now use advanced sensors to detect fabric types and load sizes, automatically selecting the optimal cycle and adjusting water usage accordingly. This ensures efficiency, conserves water and minimizes the need for excessive hot water.

Similarly, AI-enabled dryers detect the weight and moisture level of clothes, adjusting drying times and heat settings to prevent over-drying and fabric damage. These intelligent adjustments help save energy and extend the lifespan of clothing, making laundry day more efficient and

cost-effective.

### AI Can Prevent Costly Home Disasters

One of the most valuable AI-powered smart home innovations is the water flow detector. This device attaches to a home's main water supply, learning unique water usage patterns and monitoring for anomalies. If it detects unusual flow – often a sign of a leak – it automatically alerts the homeowner and can even shut off the main water supply to prevent damage.

When paired with smart faucets, these systems can also purge pipes to relieve pressure or prevent freezing during cold weather. Given that water damage accounts for roughly a quarter of all homeowner insurance claims, this AI-driven prevention can save thousands of dollars in repairs.

### AI Advances in Home Security

AI is revolutionizing home security, offering smarter, more efficient monitoring. Modern smart home cameras now feature object detection and recognition, helping homeowners stay informed about relevant activity while filtering out routine movements, such as a passing pet or family member.

Smart locks are becoming more sophisticated, incorporating tracking technology and built-in screens that function as digital peepholes. Video

doorbells are also advancing, with dedicated displays providing instant visual access to visitors, enhancing security and convenience.

### AI is Making Homes More Energy-Efficient

Smart thermostats have evolved far beyond simple programmability. Devices like the Google Nest Learning Thermostat now analyze daily habits and automatically adjust temperatures based on user preferences. For instance, if you prefer cooler temperatures at night and warmer conditions during the day while working from home, AI adapts to maintain optimal comfort.

Using geofencing technology, these thermostats can detect when residents leave the house—either through smartphone location tracking or motion sensors—and adjust the temperature accordingly. Additionally, AI-powered thermostats can connect to other smart devices, including HVAC systems, air purifiers, smart fans, and even solar panels, further optimizing energy usage.

Many smart thermostats are also compatible with utility companies' virtual power plant programs, helping homeowners contribute to energy conservation efforts while lowering electricity costs. Though not the flashiest gadget, a smart thermostat is one of the most impactful AI innovations, reducing energy consumption, cutting utility bills, and shrinking a home's carbon footprint.

### The Future of Smart Homes

AI-powered home technology is making everyday life more convenient, efficient, and secure. From optimizing laundry routines and preventing costly water damage to enhancing security and reducing energy waste, these innovations are shaping the future of smart homes. As AI continues to evolve, we can expect even more intelligent integrations that further streamline household management and improve overall quality of life.

*This article was brought to you by Carrie Colby, a Broker with Allied Real Estate, 909 Roosevelt Trail in Windham. Contact her at 207-232-5497. <*

## LITTLE SEBAGO RENTALS







**Prime Summer Weeks Still Available!**

**BOOK NOW!**

Premier Properties Rentals

**If you are thinking about renting your home, I am always looking to add to my portfolio!**

*Offering exceptional property management services & LOW fees.*



**ALLIED REAL ESTATE**  
909 Roosevelt Trail, Rt. 302, Windham



*Experienced, Personal Service!*  
**CARRIE COLBY, BROKER**  
207.892.2214  
Cell: 207.232.5497  
cmcolby1777@gmail.com  
**ALLIEDMAINEHOMES.COM**

ALSO LICENSED IN FLORIDA!

ONLY 1 UNIT LEFT!!

CALL NOW!

**Fielding's Commons**  
Route 302, Windham  
**BRAND NEW UNITS**  
**\$2,375 per month**

Electric extra, Water & WiFi included

A wonderful place to call home, offering both comfort and modern amenities! All units are 2BR featuring en-suite full baths, an open concept living, kitchen, and a spacious dining area. 1/2 bath and multi-functional utility room with washer, dryer, and shelving. Quality appliances and finishes throughout. Efficient mini-splits, private covered porch, personal storage unit, secured entry w/intercom system & exterior surveillance for added safety & security.





**Contact Leasing Agents Erin Levesque & Jillian Gumb**  
Real Estate 2000 ME/NH  
207-503-8933 • rentals@realestate2000menh.com

LANDING  
REAL ESTATE

DISCOVER THE BEST PLACES TO LIVE IN VACATIONLAND

207-775-SOLD

SEE OUR AD ON THE BACK PAGE!

---

280 BROADWAY / SOUTH PORTLAND, MAINE 04106 // 79 TANDBERG TRAIL / WINDHAM, MAINE 04062 [LANDINGHOMESMAINE.COM](http://LANDINGHOMESMAINE.COM)



# PUZZLES & GAMES

## VALENTINE'S DAY WORD SEARCH

D V L O A V B L V P U M C A Y V O Y F Y  
 E C O H U E R G V F V B E V Y G P S H C H A  
 V L R K D E R O I R C L W C U H T N D U K L V O  
 O R S T I O E I R T E N I T H N E L A V L O O  
 L D O C L D P Y T L E K T O U N U U H O O  
 E W Y A E A I T F H F W Y I W A D A T E  
 B U K E A N D B C T E R R O M A N C E A  
 B K V D E M G P L B B A I E H W O R F S  
 S O L U U A F A C D O S R E R O P O C S  
 L I Y Y M M C R P W F Y N T N C L K I I  
 I T H O R C K V H M L L F O Y S D N B K K  
 I L A L L K U R M U A M O R B Y H W B T  
 L N P Y P O E O S S G H M W I L R Y F M  
 K A E H N O V S B P I B C E E E A N C Y  
 P L A S D I S E L H B W A L O R N L U V  
 H D D G E O C S V N C U B P W P S D P Y  
 G O S W E E T H E A R T R V I S V E I D  
 P U A H A F F E C T I O N E N L D F D N  
 W L N O E T A L O C O H C A H Y S Y C A  
 G B S T F I G S A U P W V O D C K H W C

Find the words hidden vertically, horizontally, diagonally, and backwards.

- |           |           |            |            |
|-----------|-----------|------------|------------|
| ADORE     | CHERUB    | GIRLFRIEND | POEM       |
| AFFECTION | CHOCOLATE | HEARTS     | RED        |
| BELOVED   | CUPID     | HUG        | ROMANCE    |
| BOYFRIEND | DATE      | KISS       | ROSES      |
| CANDY     | FLOWERS   | LOVE       | SWEETHEART |
| CHAMPAGNE | GIFTS     | MOVIE      | VALENTINE  |

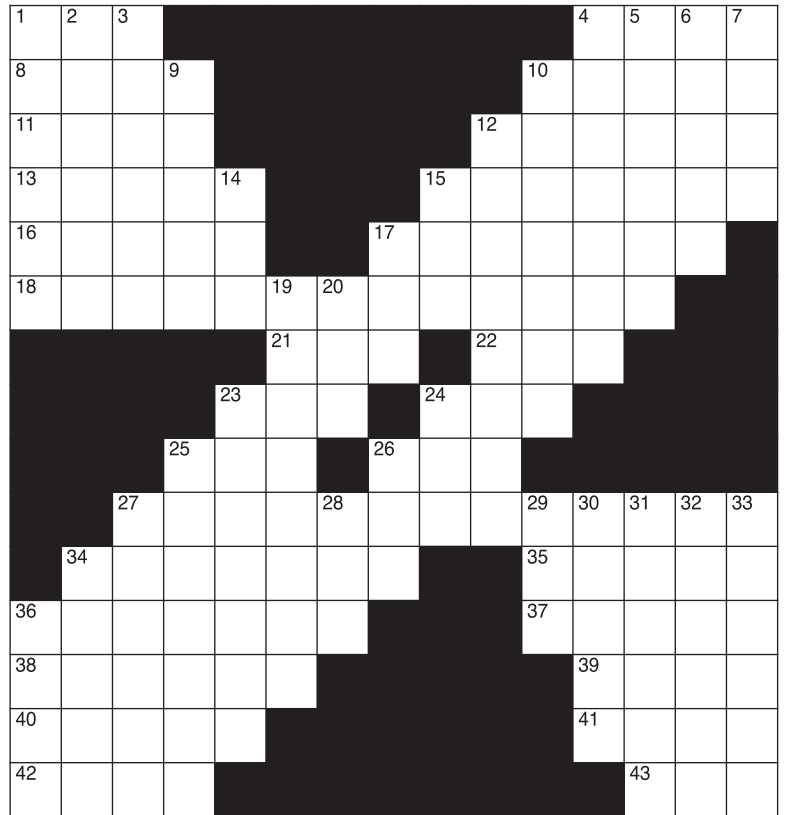
## CRYPTO FUN

Solve the code to discover words related to Valentine's Day. Each number corresponds to a letter. (Hint: 3 = R)

- A. 23 14 3 18 16**  
 Clue: Greetings
- B. 3 9 16 20 16**  
 Clue: Popular flowers
- C. 3 9 19 14 24 23 20**  
 Clue: Strong feeling of attraction
- D. 17 20 10 3 4 14 3 5**  
 Clue: Second month

Answers: A. cards B. roses C. romance D. February

## CROSSWORD PUZZLE



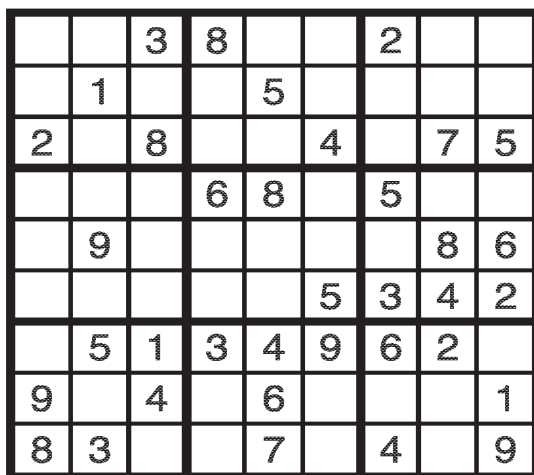
### CLUES ACROSS

- Racquet sport group (abbr.)
- Norse god of thunder
- Russian industrial city
- What's good for the \_\_\_
- Round-ish shape
- Baltimore MLBer
- French modernist painter
- Burned with water
- Intestinal issue
- Take the lead
- Prove oneself worthy
- None
- Tax collector
- Swiss river
- Gymnast Raisman
- Baby's dining accessory
- Canadian beer distributor
- Iconic American tourist destination
- More expansive
- Alert
- Popular boots Doc \_\_\_
- Showings
- Conclusion
- Share a common boundary
- Shooting sport
- Popular side dish
- Global energy firm
- Chronicles (abbr.)

### CLUES DOWN

- Type of bomb
- Polynesian island country
- Heavenly body
- Hard workers
- Covered
- Johns Hopkins Hospital founder
- Plant of the grass family
- Island person of the Bering Sea
- Storehouse
- Scarlet-flowered desert shrub
- A pituitary hormone
- Female sibling
- Monetary unit of Afghanistan
- Empowering
- Space station
- Disorder
- State of fuss
- Footwear for babies
- Nuclear reactor (abbr.)
- Droves
- Affirmative
- Male parent
- Utter obscenities
- Type of verse
- Unpleasant person
- One who settles down
- Founder of source-based history
- A way to snarl

## SUDOKU

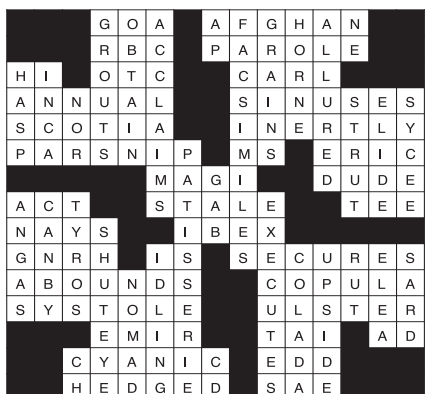


**HOW TO SOLVE:**  
 Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

### LAST WEEK'S ANSWERS

6	1	4	3	7	2	8	5	9
9	2	7	8	5	1	4	3	6
5	3	8	6	9	4	7	1	2
2	7	5	9	3	6	1	8	4
3	6	1	2	4	8	9	7	5
4	8	9	7	1	5	2	6	3
7	9	2	1	6	3	5	4	8
1	5	6	4	8	9	3	2	7
8	4	3	5	2	7	6	9	1

### LAST WEEK'S ANSWERS





PLEASE NOTE: THE BUSINESS SPOTLIGHT IS A PAID ADVERTISEMENT. TO HAVE YOUR BUSINESS HIGHLIGHTED CALL MELISSA: 207-894-3500

# BUSINESS SPOTLIGHT

Accomplished financial services advisors Kevin Monroe and Zack Conley bring invaluable experience and an innovative mindset benefiting clients to the Monroe & Conley Financial Group.

With locations in Raymond and Alfred, Monroe & Conley offer wealth management, retirement planning, legacy planning, life insurance and annuity products. They help advise their clients about disability and long-term care situations, along with giving recommendations regarding estate planning attorneys to work with as they believe this fits hand in hand with a solid financial future.

“The most significant aspect of our business is the relationship we have with our clients,” Conley said.

Monroe has been in business since 1992 and has many clients who have been with him since the start. Conley, 28, has been in business since 2016. They are accepting new clients and book by appointment only.

“It allows our clients to have continuity with their finances and they get the best of both worlds,” Monroe and Conley said. “They get an older more experienced advisor. Yet they also receive a younger advisor with a new perspective on business and the world of economics. Our clients also know that with this set up, God willing, they likely won’t have to hire another advisor as Zack has 30-plus years ahead of him.”



## Monroe & Conley Financial Group

The most important thing that Monroe and Conley want their clients to know is that as independent advisors they act as a fiduciary, meaning they don’t have any products or services that they “have” to sell.

“We always say, ‘tell us your story’ and always start with a blank sheet of paper. This allows us to not have any agenda,” they said. “We believe that a true advisor should listen more than talk. As an independent firm we are not beholden to any one company. This allows us the ability to work with any company we deem fit for our clients. We truly ‘price out’ different companies and ‘shop’ what we feel is best for our clients. This allows us to make recommendations with nothing but our client in mind. Another important thing is that when you call our office you aren’t calling an 800 number. You get to know our staff and it creates a long-lasting relationship with not just our advisors, but with our awesome office staff.”

Both Monroe and Conley previously worked for a national firm for many years. Over the past few years, land-

scape began changing in the financial services industry and in September 2024 they decided to go fully independent and open Monroe & Conley Financial Group. They believe that this move was in the best interest of their clients, allowing them to continue to offer objective advice and service. When Monroe started his career in 1992, he was focused on the importance of life insurance. As the business evolved, he moved into the wealth management business which quickly took off. When Conley started in 2016, he and Monroe quickly connected, and now as an independent firm, they plan to continue to maintain exceptional service for their clients.

“We fell in love with the business due to our love for helping others,” they said. “We felt this was what we were called to do and since starting we’ve never looked back. We take each client and situation one at a time and slowly build respect and gain trust from our clients. Over the years, the products and services have evolved, yet our commitment to the people we serve has maintained the same.

We treat others the way we want to be treated. We have always strived to put ourselves in our client’s shoes. With the knowledge we have compiled over the years, we look to do what they would do if it were their mom, dad, brother, sister or grandparents sitting across from them. This has created the family environment our clients have grown to love and enjoy.”

For the future, Monroe and Conley are excited to expand their team of advisors and office staff.

“The thought is that as the book of business continues to grow, we will find advisors who fit our culture and way of business,” they said. “This will allow us to ensure that each client gets the time and respect that they deserve as choosing a financial advisor is more than just a transaction, it is a decision that typically lasts for years and grows into a friendship. We are excited to find new advisors and if any advisors are interested in making the shift to be part of an independent firm or team, they are welcome to reach out.”

For further details about Monroe & Conley Financial Group, call 207-490-3495 or visit [www.monroeconleyfg.com](http://www.monroeconleyfg.com). Find them on Facebook page under Monroe & Conley Financial Group. <

Securities offered through Registered Representatives of Cambridge Investment Research, Inc., a broker-dealer, member FINRA/SIPC. Advisory Services offered through Cambridge Investment Research Advisors. Monroe & Conley Financial Group and Cambridge are not affiliated.

*Flowers don't look at other flowers in envy. They simply bloom in their own time and space.*

## FOCUS ON YOUR OWN GROWTH, AND YOU TOO WILL BLOOM.

*Together, we can help you achieve financial security for your family and business.*

### MONROE & CONLEY FINANCIAL GROUP

An independent firm whose priority is to always put the client first

**WEALTH MANAGEMENT • LIFE INSURANCE • ANNUITIES**

In today's complicated financial world, it's important to find someone whom you can trust for objective, sound advice. Trust is the most important thing for us too.

A relationship built on trust means we can provide you the best service and the assistance in developing a financial security plan.

*We believe that “The Golden Rule” of striving to treat others the way you wish to be treated is a sure foundation to build one’s personal and professional life on.*

**NEW LOCATION! 1288 ROOSEVELT TRAIL, RAYMOND**  
200 WATERBORO ROAD, ALFRED • 207-490-3495  
ZACK@MONROECONLEYFG.COM • MONROECONLEYFG.COM



Contact us for a **FREE CONSULTATION**

# LETTER to the editor

**Editor,**  
AARP Maine is thrilled to announce that the 2025 AARP Community Challenge grant program is now accepting applications. We hope that all eligible nonprofits and government

organizations will apply for this once-a-year opportunity.  
The AARP Community Challenge grant program is part of the nationwide AARP Livable Communities initiative, which supports the efforts of

communities to become great places for people of all ages, especially people 50-plus. The grants fund quick-action, innovative projects related to public places, transportation, housing, digital connections, community resilience, and more. Here in Maine, we've seen tangible, long-term results from previous grantees. Recent local projects have included disaster preparedness initiatives, transportation improvements, community park and open space enhancements, and much more.

We encourage eligible organizations to apply by the March 5, 2025 application deadline. For more information, to submit an application or view past grantees, visit [www.AARP.org/CommunityChallenge](http://www.AARP.org/CommunityChallenge). Since 2017, AARP has invested \$20.1 million toward 1,700 projects – including 70 projects in Maine. Apply now and make sure your local project is considered for a grant this year.  
~ Jane Margesson, AARP Maine Communications Director

# SERVICE DIRECTORY

ADVERTISE ON THESE PAGES FOR AS LITTLE AS \$25/WEEK.

We are direct mailed to every home and business in Windham and Raymond with over 10,800 copies + free on newsstands

**DESIGN & FULL COLOR IS INCLUDED IN ALL COSTS.**

Put the 20+ years experience of Melissa Carter, Advertising Manager/Designer to work for you!

For more info. contact Melissa 207-894-3500 or via text/phone at: 207-329-3239 or email: [melissa@thewindhameagle.com](mailto:melissa@thewindhameagle.com)

## Accounting/Bookkeeping

**DL Payroll Solutions, LLC**  
CUSTOMIZED BOOKKEEPING



Debbie LaVallee, Owner  
Trusted Service for Over 35 Years!  
**FREE CONSULTATIONS**

For an appt. call 207-894-7095 or 207-671-0664 or email: [dlpayroll@gmail.com](mailto:dlpayroll@gmail.com)

## Auto Services

**RUST REPAIR**  
HONEST • AFFORDABLE • EXPERIENCED



**HARV'S AUTO**  
From major to minor rust, trust us to fix it right!  
See the quality of our work on Facebook

WE ALSO DO SERVICE & REPAIRS  
22 Forthill Road, Standish

Call 207-642-2101 or Text 207-303-4626

## Chimney/Masonry

**DON'T RISK A FIRE. CONTACT ME 1ST!**



Sweeping • Repointing  
Caps • Liners • Dryer Vents  
**FREE Chimney Inspections**

**1ST SWEEP CHIMNEY SERVICES LLC**  
Call/Text 207-572-7449

Windham Owned/Operated by Dan Johnson, Over 25 Years Exp.  
Fully Insured - [1stsweepchimney@gmail.com](mailto:1stsweepchimney@gmail.com)

## Auto/Boat/Motorcycle Detailing



**PREMIUM INTERIOR & EXTERIOR DETAIL ONLY \$350**

\*For most vehicles. Excessive dog hair or stains may be an additional \$20. Add-on options also available

TUNNEL OPEN EVERYDAY 8AM-5:30PM

DETAILING • 24/7 TOUCHLESS WASH • SELF-SERVE BAYS & VACUUMS  
660 Roosevelt Tr., Windham • [AutoShineMaine.com](http://AutoShineMaine.com) • 572-1065

MENTION THIS AD FOR A **10% DISCOUNT ON LABOR!**



**EAGLE AUTO SALES & SERVICE**  
General Repairs, Maintenance & Maine State Inspections

646 Roosevelt Trail, Windham • Call 207-893-8601 or Request an Appt. online at: [EagleAutoSales.me](http://EagleAutoSales.me)




**CHIMNEY SWEEPS & INSPECTIONS**  
SERVICE/INSTALLS  
Wood, Gas & Pellet Stoves - All Brands!

207-803-8195  
[dirtybristles8195@gmail.com](mailto:dirtybristles8195@gmail.com)  
[DIRTYBRISTLES.COM](http://DIRTYBRISTLES.COM)

23 Years Exp.  
Chimneys & Caps  
Stainless Liners  
Dampers & more

## Auto/Boat/Furniture Upholstery



**40 Years Experience**

We've got you covered!

Auto • Boat • Motorcycle • ATVs • Snowmobiles  
Home Furnishings • Restaurants & more

59 Portland Rd, Suite 6, Gray • 207-657-4212



**Tinker Automotive Services**  
NEW LOCATION!  
51 Tandberg Trail, Windham  
207-318-0342

A Mechanic You Can Trust!  
Don't believe it? Check out our 5-star reviews on Facebook!  
**10% OFF PARTS for Police, Fire, Rescue & Veterans**

FIND TRUSTED, RELIABLE AND LOCAL SERVICE PROVIDERS IN THE WINDHAM EAGLE SERVICE DIRECTORY!

**CHIMNEY SERVICES & MASONRY**



Chimney Cleanings & Repairs • Lining  
Flashing • Repointing • Caps & Builds  
Historical Restoration • Stone Walls  
Foundation Repairs & Waterproofing

**CALL ANYTIME! 608-1511**  
[MaineChimneyRepairs.com](http://MaineChimneyRepairs.com)

Fully Insured  
Local References

Free Inspections • Free Estimates • All Work 100% Guaranteed!

## Auto Services



**QUALITY PRE-OWNED CARS & TRUCKS**  
AUTO SERVICE  
AUTO BODY & DETAILING

APLUS AUTO GROUP  
Trusted • Local • Experienced

207-572-4444 • [aplusautogroup.com](http://aplusautogroup.com)

## Auto - Towing/Emergencies

**24/7 Towing & Roadside Assistance**



**TOWING & RECOVERY**  
Light to Medium Duty, Motorcycles & Small Trailers  
**LOCKOUTS • JUMP STARTS**  
**FUEL DELIVERY**  
**TIRE CHANGES**

**Willie's Towing**  
207-310-0469  
[WilliesTowing.com](http://WilliesTowing.com)

#shoplocal #windham #raymond

## Cleaning



**Pure Clean Co.**  
Residential and Commercial

HONEST • THOROUGH • DEPENDABLE • FRIENDLY

Specializing in Commercial Buildings & Property Rentals  
We do floor stripping & waxing – New Clients Welcome!

**FULLY INSURED ~ QUICK, FREE ESTIMATES!**

Call/text (207)310-7294 • [purecleanco.cory@gmail.com](mailto:purecleanco.cory@gmail.com)  
Locally Owned & Operated ~ 2024 Eagle Choice Winner

WE BUY JUNK CARS!



**AUTOMILL LLC**

USED CARS & AUTOPARTS

207-890-9270  
971 River Road, Windham

NO CREDIT/BAD CREDIT FINANCING AVAILABLE!  
See our inventory at: [automillllc.com](http://automillllc.com)

Mon-Fri 7-4, Sat 7-2, Sun 7-2 (Parts Only)

## Business Networking

**LOOKING TO GROW YOUR BUSINESS?**

Do you like to network?

One of our 20 chapters in Maine is right here in Windham!

**CHECK IT OUT!**  
207-894-7200 • [www.BNIMaine.com](http://www.BNIMaine.com)



**Top-notch Professional Cleaning Services**

COMMERCIAL & RESIDENTIAL  
DAILY • WEEKLY • MONTHLY • AS NEEDED  
MOVE-INS/OUTS • NEW BUILDS • RENTALS  
GROUT CLEANING & MORE

**10 Years Experience ~ Free Estimates**  
207-520-0546 We're insured!  
[info@totalcleanmaine.com](mailto:info@totalcleanmaine.com)  
[Facebook.com/totalcleanmaine](https://Facebook.com/totalcleanmaine)

# SERVICE DIRECTORY

Look here to find the area's best local service providers!

## Cleanups/Dumpster Rentals

**ALL HAUL**  
**junk REMOVAL & RECYCLING**

From single item pickups to entire property cleanouts!

FAST, RELIABLE AND FRIENDLY SERVICE AT THE BEST PRICE.

**JUST CALL ALL HAUL!**  
 207-653-2107 AllHaulMaine.com  
 Text friendly allhaulme@gmail.com

WINNER 2017 BEST of the 207

**THE DUMP GUY**

Basement, Attic, Garage & Apartment Cleanouts

JUNK REMOVAL

Boat, Vehicle & Camper

ACCREDITED BUSINESS Angies list

(207) 450-5858 • www.thedumpguy.com Fully Insured

**DUMPSTER FIRE RENTALS**

15 or 18-YARD ROLLOFFS WEEKLY RENTALS

Competitive Rates! 207-894-4610

**GET RID OF JUNK FOR LESS!**

15 Yard Roll Off Dumpster Rental Only \$450

ALL INCLUSIVE! Up to 5 days & 1 ton of waste

CALL OR EMAIL: INFO@ROBBINSPS.COM

**RPS** ROBBINS PROPERTY SERVICES

INSURED 207-787-1469

**Dumpster Rentals**

**SmartBinz.us**

Easy online reservations  
 3 sizes to choose from  
 Clear, upfront pricing

Locally owned  
 Visit SmartBinz.us  
 call/text 207-404-1308

## Construction/Remodeling

**nest CONSTRUCTION**

EXPERT HOME BUILDING & REMODELING  
 30+ Years Experience

Additions • Finish Work • Decks • Roofing • Siding  
 Fences • Windows • Doors • Flooring • Tile & more

For only the best, call nest!  
 207-232-9094

**REFERENCE THESE BUSINESS CONTACTS 24/7 WITH OUR FLIPBOOK AT:**

THEWINDHAMEAGLE.COM

Also follow us on Facebook

Tell them you saw it in the Eagle!

THE WINDHAM EAGLE

**ATTENTION BUSINESS OWNERS!**  
 Watch your business grow with an ad in The Windham Eagle!  
 For more info. contact Melissa 207-894-3500 or via text/phone at: 207-329-3239 or email: melissa@thewindhameagle.com

## Docks/Waterfront Services

**207 DOCKS & MORE**

Booking dock installs & maintenance for 2025!  
 We do all sorts of HANDYMAN & REMODELING projects & can help with your winter to-do lists  
 OWNED & OPERATED BY JEFF DUARTE

207-310-8737 HONEST DEPENDABLE LOCAL

**CUSTOM WOOD & ALUMINUM DOCKS**  
 MANUFACTURED IN WINDHAM!

Stationary • Floating • Roll-a-docks • Boat Lifts • Kayak & Canoe Racks

**DOCK WORLD OF MAINE**  
 892-5500  
 SALES & SERVICE

We sell galvanized & aluminum hardware for repairs & additions

FREE CONSULTS & WATERFRONT DESIGNS

976 Roosevelt Trail, Windham • Open M-F 8-4; Sat 8-12

**SEBAGO MARINE Crane & Barge Service**

The LEADER in marine construction for 20 years!

Certified Maine D.E.P. Erosion Control Contractor

Call Owner Del Wescott 892-5500

Boat Houses • Rock Moving • Pile Driving  
 Permanent Docks • Full Permitting • Dredging  
 Portable Welding • Heavy Duty Mooring Systems

## Drywall Services

**Lakeside Drywall Services**

Textured/Flat Ceilings • Sheetrock & Taping  
 Both New & Remodeling • Professional  
 Over 30 Years Experience!

Quality you can count on!!

Call (207)893-8420  
 Email: mms12@twc.com

Tell them you saw their ad in The Windham Eagle!

## Electrical

**BARR ELECTRIC**

WE RAISE THE BARR for GREAT SERVICE!

New Installs & Repairs  
 Generator Hook-ups  
 Troubleshooting  
 Emergency Service

Licensed/Insured  
 (207) 671-1814

Residential Master Electrician Greg Barr - 19+ Years Exp.

**ELEVATED ELECTRICAL EXCELLENCE**

Windham Owned!

For all your Residential & Commercial needs!

**PEAK ELECTRIC**

Quality Work  
 Honest Service  
 Accurate Quotes  
 Flexible Schedule  
 Veteran Owned

Call/Text 207-332-0075  
 www.PeakElectricMaine.com  
 Free Estimates/Insured

## Electrical

**Wyman Electric**

Jeff Wyman & Jim Malia - Owner/Operators/Master Electricians  
 Commercial & Residential - Fully Insured - Free Estimates

Troubleshooting • Repairs • Installations  
 Generators • Lighting & more

Call 415-5802 or 776-5370

## Excavation

**one stop earthworks** COMPLETE EXCAVATION

Commercial & Residential

DEP & SHORELAND CERTIFIED

Septics • Foundations • Roads • Drainage  
 Snow Plowing, Removal & Sanding  
 Emergency Excavation Services for Utilities

207 • 632 • 6616

## Eyecare/Optomist

Come see the difference.

WINDHAM • STANDISH • GORHAM  
 Book your appt. today!

207-729-8474  
 MAINEOPTOMETRY.COM

MAINE OPTOMETRY

## Firewood

**FIREWOOD**

CUSTOM CUT  
**WOODEN NICKELS**  
 QUALITY FIRE WOOD

Clean, Locally Sourced  
 Green Cord: \$310  
 Seasoned available in June  
 FREE LOCAL DELIVERY

207-831-3222

## Funeral Home

**HONORING LIVES**  
 Trusted Cremation Services

Always Honest, Transparent Pricing

Complete Cremation Package as low as \$1,395

Over 15 Years Experience ~ Pre-planning Services Available

**Casco Bay Cremation Services**  
 68 Bishop Street, Unit 1, Suite 7, PORTLAND

CascoBayCremation.com • 207-747-8240

Guidance, Compassion & Commitment Since 1946!

**Dolby Blais & Segee**

SERVICES UNIQUE AS LIFE  
 Personal & Professional  
 Traditional Burial & Cremation Services

434 River Rd., Windham • 892-6342 / 76 State St., Gorham • 839-4270  
 35 Church St., Westbrook • 854-2341 / info@dolbyblaissegee.com  
 DOLBYBLAISSEGEE.COM

# SERVICE DIRECTORY

## Generators

**DIRFY GENERATORS**  
 #1 AWARD-WINNING GENERATOR COMPANY!  
 SALES ★ SERVICE ★ INSTALLATION ★ INSPECTIONS

**Affordable Monthly Payments** \*OAC  
**FREE ASSESSMENTS & QUOTES**  
 dirfygenerators@yahoo.com

**20 YEAR PROTECTION** FOR NEW & EXISTING GENERATORS  
 email for auto reply info: DIRFYCPP@GMAIL.COM

**FOR INFO & AVAILABLE IN-STOCK INVENTORY**  
 email for auto reply info: DIRFYINVENTORY@GMAIL.COM

207-637-3346 • DIRFYGENERATORS.COM

## Heating Oil / Fuel

**ATLANTIC HEATING CO.** Always a LOW CASH PRICE!

**FULL SERVICE, LOCALLY OWNED DISCOUNT OIL COMPANY**  
 Heating Oil • 24/7 Service • High Efficiency Systems  
**CALL 207-797-7218** VISA M.C. DISCOVER

WWW.ATLANTICHEATINGCOMPANY.COM

## Landscaping/Hardscaping

**LAKES REGION ENTERPRISES** Professional, Affordable Service

**HARDSCAPE • LANDSCAPE • PLOWING**

Discounts on Seasonal Contracts Free Estimates  
 207-415-4296

## Handyman/Home Repairs

**Tackling To-Do Lists for Over 30 Years**

**D&R Handyman**  
 Darrell Perry  
 Carpentry, Painting, Drywall  
 Windows & Doors, & more

**ONE CALL DOES IT ALL!**  
 207-318-5051  
 dsperry1964@gmail.com  
 Fully Insured

## Maine's Premier Propane and Heating Oil Provider

24/7 service and support, dependable delivery, convenient online portal & competitive pricing.

**207-892-4806**  
 34 Manchester Dr. North Windham  
 downeastenergy.com

**North Star Lawncare, LLC**  
 Commercial/Residential  
**CALL OR TEXT 207-815-8495**  
 northstarlawncarellc@gmail.com  
 northstarlawncarellc21.com • Find us on FB

**YARD CLEANUPS  
 SNOW PLOWING  
 DUMP RUNS  
 LAWN MOWING**

## ONE CALL FOR ALL YOUR HOME UPGRADES & UPKEEP AT FAIR PRICES

**THAT GUY** EST. 2015  
 REMODELS CARPENTRY PAINTING AND MORE  
 We take pride in every job, big or small!  
 Insured ~ Free Estimates  
**207-332-7792 ~ THATGUY207.COM**

**Fielding's OIL & PROPANE CO.**  
 NEW OIL & PROPANE CUSTOMERS WELCOME  
 Burner Cleanings • Free Tank Swap Out • 24-Hr Emergency Service  
 639 Roosevelt Trail, Rte. 302, Windham • Open M-F 7:30am-5pm  
**207-892-0200 • www.fieldingsoil.com**

**SPECIALIZING IN COMMERCIAL PROPERTY MAINTENANCE**

- Landscaping
- Light Excavation
- Hydroseeding
- and more!

**WE'RE HIRING!**  
 Email: brody@robbinsps.com  
**207-787-1469**

## Home Heating

**GRANT'S** INSTALLATION, MAINTENANCE & REPAIR:  
 Plumbing, A/C, Oil/Gas Heating, & Hot Water Systems

Plumbing & Heating  
 Locally Owned by Joe Grant, 26 Years Exp.

**24/7 Emergency Service**  
 Call/text 207-572-0420  
 grantsplumbingandheating4@gmail.com

## Call us for all your energy needs!

Propane • Heating Oil • Kerosene  
 Gasoline • Off Road Diesel

**PITSTOP** Propane and Fuels  
**207-352-7800 PitStopFuels.com**

Booking now for **SPRING CLEAN UPS!**  
 Also reserve now for **SNOW PLOWING & SANDING**

**TOP CUT** Residential & Commercial  
 Free Estimates - Fully Insured  
**207-274-1008**  
 TopCutServicesMaine@gmail.com

## LAKE REGION MONITOR

Trusted Sales & Service for over 30 Years

★ AUTHORIZED DEALER ★  
 Rinnai® • Toyotomi®  
 Monitor® Service & Parts

SALES ★ SERVICE  
 INSTALLATION  
 Gas • K-1 • Heat  
 High Efficiency Direct  
 Vent Heating

Raymond, ME  
 CALL DON GAUDIN 207-627-2260

## Insurance

**FARMERS INSURANCE**  
 AUTO • HOME • LIFE • REC • BUSINESS

Local Agents.  
 Personalized Service.  
 Competitive Rates.

Jonathan Priest  
 21+ Years Exp.  
 57 Tandberg Tr., Suite 7, Windham  
 (by appointment)  
**FREE, NO-OBLIGATION POLICY REVIEWS & QUOTES**  
 207-893-8184 • www.JonathanPriest.com • Find us on FB

## Painting

A Mountain Above the Rest!  
**NOW HIRING**  
**Bradbury Painting**  
**207.232.8926**  
 BRADBURYPAINTING@ROADRUNNER.COM  
 Fully Insured • Interior / Exterior • Free Estimates

## DEDICATION - EXCELLENCE PERSONAL SERVICE

12 YEARS EXPERIENCE HVAC Service & Installs  
 Propane / Oil / Natural Gas  
 Ductless Mini Splits  
 Generators

**LOCAL ENERGY, LLC**  
 HEATING, AND COOLING  
 LocalEnergyME.com - 207-613-6886

## We Offer You More Than Just Car Insurance

**GEICO** Local Office

Ashley Bullard  
 207-387-6838  
 geico.com/portland-bullard  
 91 Auburn St | Portland

## PAINTING PROFESSIONALS

Flawless Results for All Homes - New to Historic  
 INTERIOR - EXTERIOR - WALLPAPERING  
 For experienced, quality work call...

**O'SHEA BUILDERS LLC**  
 FULLY INSURED - FREE ESTIMATES  
**207-838-1370 \* BUILDWITHOSHEA.COM**

## Heat Pumps

**DIRFY HEAT PUMPS**  
 YOUR TRUSTED AWARD-WINNING GENERATOR COMPANY NOW OFFERING  
**HEAT PUMP SALES, INSTALLATIONS & SERVICE!**

Same Great Staff, Top-Notch Service & Expertise!

Reach out for a Free No-Obligation Evaluation & Estimate!  
 207-637-3346 DirfyGenerators@yahoo.com

## Landscaping/Hardscaping

Elevate & Beautify your Outdoor Space!  
 LANDSCAPE DESIGN, MAINTENANCE & INSTALLATION

**L.J. GAGNE INC.**  
 LANDSCAPING & EXCAVATION  
 A Division of Roosevelt Trail Garden Center

Bulk Material Delivery  
 Hardscaping  
 Tree Pruning  
 Cleanups & more  
 We're DEP & Shoreland Certified!

RooseveltTrailGardenCenter.com • 207-893-2757  
**To advertise here call 207-329-3239**

## Pest Services

**Need an Exterminator? Call Maine Verminator!**

**DISCOUNTS FOR MONTHLY TICK & MOSQUITO TREATMENTS**  
 Annual Contracts or One-time Treatments  
 Ticks • Mosquitoes • Ants • Stinging Insects • Spiders • Rodents  
 We also offer exclusion & animal trapping

**MAINE VERMINATOR LLC**  
 HAVE A PEST FREE DAY!  
 Local Family Owned ~ Licensed & Insured  
 MaineVerminator.com • 207-632-4178

# SERVICE DIRECTORY

## Pest Services

**Ranger Pest Services**  
 Ticks • Mosquitos • Ants • Mice • Rats • Wasps  
 Squirrels • Bats • Wildlife Relocation & more  
*Traditional & organic treatment options.*  
**Free Estimates • 207-712-8871**  
 Email: rangerpestservices@yahoo.com  
 rangerpestservices.com  
 FULLY LICENSED & INSURED

**Robbins Pest Services**  
  
**Keeping your home or business PEST-FREE!**  
 SINGLE TREATMENTS • CUSTOM PLANS  
 INTEGRATED PEST MANAGEMENT  
 EMERGENCY SERVICE  
**Organic Options Available**  
 Insured - 10 Years Exp. - Family Owned  
**FREE ESTIMATES & CONSULTS**  
 207-770-0274 • RobbinsPest.com • Find us on FB

When you support local we all win!

## Plumbing & Heating

**CPH**  
 Cook Plumbing & Heating  
**SERVICE AND INSTALLATION**  
 Master Plumber/Oil & Gas Specialist - Fully Insured  
 Call Keith Cook, 10+ Years Experience • 207-572-4443

**GRANT'S**  
 Plumbing & Heating  
 Locally Owned by Joe Grant, 26 Years Exp.  
**INSTALLATION, MAINTENANCE & REPAIR:**  
 Plumbing, A/C, Oil/Gas Heating, & Hot Water Systems  
 24/7 Emergency Service  
 Licensed/Insured Free Estimates  
 Call/text 207-572-0420  
 grantsplumbingandheating4@gmail.com

**RICHARD P. WALTZ**  
 PLUMBING & HEATING  
 "The area's most reliable plumbing & heating specialists."  
 Locally Owned & Operated ~ 24 Hour Emergency Service  
 Plumbing • Heating Ventilation • A/C • Drain Cleaning  
 Sewer Maintenance • Excavation • Home Renovations  
 Bathroom & Kitchen Remodeling & more  
 Call (207)772-2801 • richardpwaltz.com

**SILVER LINE**  
 PLUMBING & HEATING  
 Residential - Light Commercial - Service Work - Gas Piping  
 13 Underwood Way, Windham, Maine 04062  
 Office/fax: 207-892-3970  
 Cell: 207-939-2610  
 Jim Witherow President  
 Visit us on the web at:  
 WWW.SILVERLINEPLUMBING.COM

## Powersports Service

**WE SERVICE ALL MOTORSPORTS!**  
 MOTORCYCLE • ATV • UTV • DIRT BIKE • SNOWMOBILE  
 Tires, Tracks, Engines & Final Drive, Fuel Systems,  
 Suspension, Brakes, Electrical, Diagnostics & more  
  
 Ducati/Motorsports Parts & Accessories, VP Racing Fuel, Helmets, & Gear  
 QUALITY SERVICE SINCE 1994  
 656 ROOSEVELT TRAIL, WINDHAM  
 207-892-5420

## Real Estate

**Your ONE-STOP for all things REAL ESTATE!**  
  
 • BUYING/INVESTING/SELLING  
*We specialize in lakefront properties!*  
 • RENTALS is our SPECIALTY!  
 - Vacation/Long-term/Winter  
 - Property Management  
**KRAININ REAL ESTATE**  
 Sales & Rentals  
*New rental inventory always wanted!*  
 Free, no-obligation assessments to see what your property is worth!  
 LOCALLY OWNED & OPERATED  
 Celebrating 48 years of Sebago Lakes Region Vacations!  
**BOOK YOUR RENTALS ONLINE AT:**  
**KRAININ.COM**  
 207-655-3811 • 1539 Roosevelt Trail, Raymond  
 Sales: sales@krainin.com • Rentals: rentals@krainin.com

**MAINE REAL ESTATE EXPERTS**  
 Local Experts for Buyers and Sellers Alike...  
 Stop in or call us today!  
**STOP IN OR CALL US TODAY! 894-5722**  
 887 Roosevelt Trail, Route 302, Windham

## Roofing & Siding

**Professional Roofing Contractor**  
  
**SAPPIER'S ROOFING & SIDING**  
 Over 25 Years Experience  
 Free Estimates • Insured  
 CERTIFIED BY: **CertainFeed**  
 CALL TOM SAPPIER  
 892-8367 or 671-8367

**Local Advertising That Works for Your Small Business**  
  
 Melissa makes it easy to reach more than 11,000 households via USPS. For affordable, effective marketing & experienced design, contact her today!  
**THE WINDHAM EAGLE**  
 "Stopping advertising to save money is like stopping your watch to save time." - Henry Ford  
 207-894-3500 • Melissa@TheWindhamEagle.com

## Septic Services


**60+ Years of Quality Septic Service**  
  
**Arkierogers SEPTIC SERVICE**  
 Septic Cleanings, Maintenance & Inspections  
 207-892-9126 • ARKIEROGERSSEPTIC.COM

**Jim Rogers**  
**Septic Tank Service**  
 A TRUSTED LOCAL COMPANY SINCE 1975  
 TANK CLEANINGS, MAINTENANCE, REPAIRS, VIDEO INSPECTIONS & LOCATING  
  
 892-2164 • JimRogersSepticTankService.com

## Storage

**Apple Tree Self Storage**  
  
**Units Available!**  
 CALL AHEAD 893-0007  
 • clean, new buildings  
 • 24 hour access • low rates  
 • inside or outside vehicle storage  
 • outdoor storage for trailers, boats & campers  
 18 WHITES BRIDGE RD, WINDHAM • APPLETREESELFSTORAGE.COM

## Stroke Rehab

**ATTN: STROKE SURVIVORS**  
  
 ✓ Out of the hospital.  
 ✓ Released from Rehab.  
 ✗ Feel like yourself again?  
 Let me help you find your 2.0!  
 Call Today: 207-200-7508  
 Email: Keith@2-0Fitness.com



## Tree Service

**207 Landscaping & Tree Service**  
  
 Tree Trimming & Removal • Stump Grinding  
 Tree/Shrub Pruning • Shoreline Tree Work  
 Brush Removal • 24/7 Emergency Service  
 207-222-2932 • 207Landscaping.com  
 MAINE CERTIFIED ARBORIST

**VETERAN TREE CARE**  
  
 Tree Health & Hazard Assessment  
 Tree & Shrub Pruning & Removal  
 Stump Grinding  
 Storm Damage/Emergency Removal  
 Jonathan Wood, Veteran/Owner/Licensed Arborist  
 207.939.3839  
 VeteranTreeCare207@gmail.com  
 Free Quotes  
 Fully Licensed & Insured

#shoplocal #buylocal #supportlocal

## Truck Equipment

**TRAFFORD TRUCK EQUIPMENT**  
 QUALITY TRUCK UPFITTING  
  
 Sales / Installs Service / Parts  
  
 NEW GLOUCESTER - 207-926-4271  
 WE RATE 5 STARS! FREE QUOTES

## Water / Radon Air Services

**Keep your family healthy with CLEAN WATER!**  
  
 The only way to ensure safe water is to test it a minimum of every 2 years.  
**A-Z Water Systems**  
 One call does it all.  
 TRUSTED EXPERTS FOR:  
 Water Pumps, Testing, Wells, Filtration, Out of Water Calls, Hydrofracking, Radon Air  
 207-766-6210 • A-ZWaterSystems.com

**Reference these business contacts 24/7 with our online flipbook at:**  
**THEWINDHAMEAGLE.COM**

BE SEEN  BE DISTINCT  BE MORE

# LANDING REAL ESTATE

DISCOVER THE BEST  
PLACES TO LIVE IN  
VACATIONLAND

207-775-SOLD

**JUST SOLD!**

**28 OSSIPPEE TRAIL W, STANDISH – SOLD FOR \$455,000**



**MELISSA CYR**  
Associate Broker  
207-317-0163

MELISSA@LANDINGHOMESMAINE.COM



4 bed • 3.5 bath • 1,893 sq. ft. • .7 acres

Beautifully remodeled home where antique charm blends seamlessly with modern comfort. Step into an inviting open concept interior that makes every corner feel like a breath of fresh air.

**JUST SOLD!**

**72 MAY ST, BIDDEFORD – SOLD FOR \$445,000**



3 bed • 1.5 bath • 1,280 sq. ft. • .4 acres

Expansive backyard for all your outdoor entertaining and activities! Located just a few minutes from downtown restaurants and amenities, this home has the convenience and space for all your needs.



**MATT DIBIASE**  
Designated Broker / Owner  
207-653-0376

MATT@LANDINGHOMESMAINE.COM

**5 SHEVENELL COURT, BIDDEFORD – LISTED FOR \$475,000**



**LISA DIBIASE**  
Broker / Owner  
207-653-0823

LISA@LANDINGHOMESMAINE.COM



Well maintained 2 bed, 1 bath Duplex

This property presents a fantastic opportunity for both investors and first-time homebuyers! Property features private decks that overlook the fenced-in backyard, off-street parking for 3-4 vehicles and great rental history. Close to downtown Biddeford with easy access to amenities and public transportation.

**CALL TODAY AND WORK WITH OUR AWARD-WINNING TEAM!**



MATT DIBIASE

LISA DIBIASE