

Raymond Roadrunner INSIDE!

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## Windham's last surviving World War II veteran Carroll McDonald dies at 99

By Ed Pierce  
STAFF WRITER

And then there were none. Carroll McDonald, the last surviving World War II veteran living in Windham, died at the age of 99 on Nov. 14.

Born on his parents' dairy farm in South Windham on March 1, 1925, he was the first son of Edwin and Nellie McDonald and would soon be joined by a younger brother, Kenneth. From an early age he was fascinated by airplanes, and it was a passion he never lost sight of.

"When I was about 4 years old, I heard a biplane flying near a school," McDonald said. "The sound of it going up and down and buzzing all around stirred my interest and it never left me when I was growing up. It was doing spins and barrel rolls overhead. At first, I was scared, but the longer I watched that old biplane, the more impressed I became, and I knew from that moment that I wanted to become a pilot someday. The sound of it going up and down and buzzing all around stirred my interest and it never left me when I was growing up."

Both McDonald brothers were so infatuated by airplanes and aviation that in 1937 when Carroll was 12 and Kenneth was 9, they rode their bicy-



Carroll McDonald, the last surviving World War II veteran in Windham, died at the age of 99 on Nov. 14. He trained as a P-51 pilot during World War II and later served as a postal carrier, sea-plane pilot, Meals on Wheels driver and was a former commander of American Legion Field-Allen Post 148 in Windham. PHOTO BY ED PIERCE

cles from Grant's Corner in South Windham for more than 12 miles to the airport in Portland one morning. Without their parents' knowledge, the brothers paid for and boarded a flight to Boston where it landed, and then took off again for a return flight back to Portland. Both brothers then rode their bicycles back to their farm, and neither of their parents learned about their flight until years later.

Throughout his high school years, McDonald played trumpet in a dance band and then formed his own group called the Don Carroll Orchestra and also played for the Windham Town Band. He graduated from Windham High School in 1942 and started classes at Northeastern Business College in Portland that fall, but by the next summer he decided to accept a commission in the U.S. Army Air Corps to become a pilot before being drafted and assigned any job that was needed.

Commissioned as a 2nd Lieutenant, he was sent to an Army flight school in Alabama and then for training as a P-51 Mustang fighter pilot at Page Field in Fort Myers, Florida. He received his flight wings in 1944 and spent the remainder of the war in Fort Myers flying P-51s, a long range, sin-

→ see MCDONALD Page 7

## Pumpkin contest tests teamwork skills of WMS students

By Ed Pierce  
STAFF WRITER

Believing that unity is strength and when there is teamwork that anything can be achieved, student groups at Windham Middle School recently collaborated as part of an exercise intended to build trust while creating, designing and decorating a winning pumpkin.

The winning pumpkin was one of about 30 different designs submitted by student teams and was unveiled during morning announcements on Tuesday, Nov. 5. The sixth-grade group advised by WMS teacher Matthew Zidle won this year's contest for its "Oscar the Grouch" design.

The advisory groups at the school met, chose a pumpkin, suggested possible designs, voted on one design and then worked together on turning their pumpkin into the design they wanted. Following several weeks of work on the activity, the groups displayed their creations for their peers in the hallway outside the school gymnasium for a panel of judges including WMS Principal Greg Applestein and Assistant Principal AJ Ruth.

This popular annual student advisory group activity aims to forge strong connections among the students, foster creativity and to refine communications by drawing together students with diverse backgrounds and different personalities tasked to

work on a common problem.

Zidle said the first task for the winning design group was to gather supplies needed for the pumpkin.

"Many of us were able to provide 'trash' items for the can," he said. "Students painted the pumpkin and attached green 'fur.' We'd like to thank Ruth's Reusables for helping us by donating supplies as well. They are an incredible resource for our communities by allowing us to work as a team and have a lot of fun in the process."

He said it was a great opportunity for members of his advisory group to demonstrate leadership, think outside the box and develop a sense of solidarity, making them more invested in themselves and others.

Sixth grader Natalie Norcia was involved in painting the pumpkin to resemble "Oscar the Grouch" from Sesame Street.

"Besides painting, I helped with the googly eyes, the trash stuff and the fur," Norcia said. "It took a few weeks to produce, but I thought it looked really good and that we all did a good job with it."

Max Caron, a WMS sixth grader, said student creativity was on display in this activity.



The 'Oscar the Grouch' pumpkin design created by a sixth-grade team advised by teacher Matthew Zidle was the winner of this year's Pumpkin Contest at Windham Middle School. COURTESY PHOTIO

"I liked how we could do whatever we wanted with the design," Caron said.

He said some of the suggestions among their group for a design included the Earth, actor Mike Myers, and one based upon Friday the 13th films before the students settled on creating Oscar the Grouch.

He said this pumpkin decorating

activity was challenging but was not so tough as to frustrate or overwhelm members of the student advisory group.

"Lots of friends got together in class, put our heads together and got to work on it," Caron said.

As the project came together slowly, sixth grader Bradford Jorgensen thought that the group's design might not get much attention from the judges.

"I thought we were going to get last place," Jorgensen said. "In the end that wasn't the case."

When completed, Oscar the Grouch was seen emerging from a red trash can filled with crushed soda pop cans, candy wrappers and other trash. There is trash on top of his green hair, and he has thick black eyebrows over his large googly eyes. An empty plastic yogurt container is perched on top of his head and a sign on the trash can reads "Grouch says SCRAM."

Members of Zile's winning team included sixth graders Chase Austin Lewis; Natalie Norcia; Brittany Sharkey; Elena Vujanic; Elliot Condon; Liana Aguilar; Finnegan Niman; Bradford Jorgensen; Max Caron; Atticus Cunningham; James Riley; and Ian Dorie. <

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# INSIGHT

## A bridge to the past

It's that time of year when I go searching for a DVD of collected home movies that my parents made of our family when I was young.

The flickering images of treasured holidays long ago spent with relatives since departed always return me to my roots and takes me back to a simpler time and place, if only in my mind.

My mother and father had purchased a Kodak Brownie 8mm movie camera when I was just an infant and the first movie they shot was in 1956 when my mother took me on a bus trip to meet her cousin who taught at West Point Military Academy. The last few minutes of that film are of me at age 2 playing in the backyard in a plastic pool before my younger brother was born the following year.

The early part of that film was badly faded and can barely be seen as the movies were stored for more than 50 years in a box in a hallway closet in my parent's home before I rescued them and had them put first on a VHS tape and later copied to a DVD by my friend Derek Suomi. There are more than 25 films that survived, and they perfectly capture what it was like growing up in our household and the unique personalities of people who came to visit us.

There are images of my late Uncle Bernie and Aunt Jeanette, Thanksgivings, Christmas celebrations, a snowball fight, birthday parties and a summer trip to Washington, D.C. in 1963.

In looking back at these images, I do recall my father dragging out the camera at certain times and the light bar he held to illuminate the scenes. Mostly what I remember about that light bar was how hot the lights were and looking up at it was rather blinding if it was pointed in my direction.

One of the films was taken at my sister's wedding reception in 1966. It was the first time I had worn a tuxedo because I was an usher at the wedding, I had to sit with other members of the wedding party instead of with my parents and brother. I was situated next to my cousin Robin Wolf who was the flower girl at the wedding and my hair was slicked back by some Dippity Do gel to keep it manageable.

Another film showed my mother's elderly cousin, Willie Newman, walking across his farm in Perinton, New York in the early 1960s. I remember how much my brother and I loved visiting that farm in the summer. He had a large strawberry patch where we could go and pick and eat as many strawberries as we wanted. I especially enjoyed the strawberry pies that my mother would make after a trip to Willie's farm.

For one Thanksgiving dinner in 1962, my mother took the camera and filmed my father carving the turkey. It was amazing to see how everyone gathered around the dining room table that day was dressed up. The women all wore dresses for the occasion and the men were wearing white shirts and ties. My father was wearing a wristwatch that is noticeable as he is carving the turkey. It was one given to him by my mother on his 30th birthday in 1955. It no longer runs but I keep that wristwatch today in a jewelry box on my dresser in remembrance of my father, who died in 1991.

In that same movie, I spotted a large Oriental lamp my parents had in their living room going back to the 1950s. I still have it today, although it is in the basement right now as my wife and I have been looking for a new lampshade for it.

There's a film included on the DVD of my 6th birthday party in 1959. I was dressed in a red fringe cowboy shirt, and I'm holding up one of my presents I received that year, a book called "Black Beauty" about a horse. What's interesting in looking at the DVD is the difference in gifts that my brother and I received. Many of my Christmas and birthday gifts were books or for creative pursuits such as music or painting, while my brother received toy blocks for building or toy trucks.

There is movie footage of my late Aunt Bernice and Uncle Ray, my foster grandparents Bill and Ida Topham, the wedding of our family friend Jimmy Bartlett, and from when our new home was under construction when I was entering junior high school. I can watch as my father filmed me learning to ride a bicycle, and a memorable New Year's Eve party in 1968 in which the party's host filmed my parents kissing to ring in the New Year.

Watching these old home movies again always makes me nostalgic for the past and those I have lost to time. They are mementos of who I am, what I have experienced and who was there in that portion of my life.

These old home movies are a bridge for me and allow me to carry my past experiences into the present and not forget where I came from. <

~ Ed Pierce

### Today in HISTORY



**NOVEMBER 22**

**1906** – The International Radio Telegraphic Convention in Berlin adopts the SOS distress signal for emergencies.

**1910** – Arthur F. Knight patents a steel shaft to replace wood shafts in golf clubs.

**1943** – U.S. President Franklin Roosevelt, British Prime Minister Winston Churchill and Chinese leader Chiang Kai-shek meet in Cairo to discuss measures for defeating Japan during World War II.

**1963** – U.S. President John F. Kennedy is assassinated while riding in a motorcade in Dallas. Governor John B. Connally of Texas is also seriously wounded. Vice-President Lyndon B. Johnson is sworn in as the 36th U.S. President.

**1972** – U.S. President Richard Nixon lifts a ban on American travel to Cuba.

**1986** – Mike Tyson becomes the youngest person ever to wear the world heavyweight-boxing crown at 20 years and 4 months old.

**1993** – American Airlines flight attendants end a strike that lasts for four days.

*Inspirational Quote of the Week*

**"Memories are made in moments that cannot be bought, only experienced."**

– Phoebe Hoss

## ON THE SPOT

### In your opinion, which TV show had the best Thanksgiving episode?

**"WKRP in Cincinnati; Turkey Drop."** – Julie Mallett

**"New Girl has five great Thanksgiving episodes."** – Jason Lanoie

**"Friends - the one where the recipe pages get stuck together and Rachel makes a dish that is half trifle and half shepherd's pie."** – Sheila Boyden Corey

**"SNL Adele skit."** – Kathy Kennedy Brown

**"WKRP in Cincinnati."** – Rob Juergens

**"Everybody Loves Raymond, the fish episode."** – Angela Logue

**M.A.S.H.** – Stephen Signor

**"Friends."** – Rose Tirrell Haigis

**"Charlie Brown or WKRP in Cincinnati."** – Debbie Rand Hall

**"Little House on the Prairie and The Waltons."** – Scottee Alexander

**"WKRP 100%."** – Susan McFarland Smyth

**"That 70's Show."** – Deirdre Schulte

**"Any Bob's Burgers shows about Thanksgiving. They are all hilarious."** – Dean A. Smalley

**"Modern Family. The Three Turkeys episode."** – Mitchell B. Robinson

**"Parks and Recreation, the one about the Harvest Festival."** – Chris Macklin

**"I'm dating myself here, but I've always enjoyed 'A Charlie Brown Thanksgiving' and 'The Waltons A Thanksgiving Story' to rekindle my holiday spirit."** – Anne Glotchshuk

**"Grey's Anatomy: Thanks for the Memories."** – Louise Snider

**"Seinfeld. 'The Mom and Pop Store' show."** – Isabella Mongon

**"Dallas versus Washington NFL Thanksgiving game in 1974. Cowboys won on a last-second touchdown pass, 24-23."** – Oscar Kellner

**"The Muppet Show."** – Lollie Gomez Nunez

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# Clean Air Campaign' aims to improve local air quality

By Ed Pierce

STAFF WRITER

A yearlong project undertaken by Windham and Raymond students in conjunction with the Be The Influence coalition aims to keep air indoors and outdoors clean throughout Lakes Region communities and improve everyone's health and the environment.

The student project is called the "Clean Air Campaign" and since its launch earlier this year in February, it is already making progress and achieving results.

"Following the path of the National No Smoking indoors and the State of Maine outdoors no smoking spaces, Windham High School students felt it important that town ordinances stay current with the trends and available products within the com-

munity," said Patrice Leary-Forrey, Be The Influence Project Director. "With the use of vapes and the medical and recreational use of marijuana in Windham, students wanted to make sign changes to open spaces in the community and keep current the no-smoking message and prevention education for the town.

The Clean Air project is open to any students in Grades K to 12 who wish to participate and includes three phases.

The first phase of the project was to present to members of the Windham Town Council a sign change for public spaces indicating that vaping is not allowed. Participating students attended the Windham Town Council meetings in November to propose the sign ordinance change and the mea-

sure was discussed by councilors and passed unanimously during a council meeting on Nov. 12.

Existing signage in parks and town properties only listed a prohibition on smoking materials until the council approved amending the signs to include vaping.

The second phase of the project will be to create a community wide education on the change through what Leary-Forrey said is called the Clean Air Cling.

"This is an art design contest for youth in the community using art and doodle designs that represents clean air spaces both indoor and outdoor for all," she said. "The designs will be voted on by a jury of adults and peers on Dec. 11 with the winning design printed on a window cling for distri-

bution throughout the Windham and Raymond communities."

Students can submit a two-dimensional art design for the Clear Air Campaign focusing on promoting healthy air free from tobacco, vape and marijuana smoke in town parks, trails, boats, cars and other spaces.

All submissions must be sized 4 inches by 4 inches circular and printed on a clear background. Those submitting entries are asked to use no more than four colors in their design. Digital design or 2-Dimensional artwork with a file resolution 300 dpi, bleed 0.125 are required and they must be submitted in PDF/PNG format with one submission allowed per student.

The deadline to make submissions for the art design contest is midnight

→ see CLEAN AIR Page 11

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# National Honor Society students conduct Blood Drive

**By Jolene Bailey**

STAFF WRITER

Windham High School's National Honor Society is a club that provides an opportunity for high-performing academic achievers to follow the pillars of character, leadership and service. To that end NHS members hosted a blood drive earlier this month at the school to make an impact for the community.

NHS students scheduled the drive for Wednesday, Nov. 13 and there were about 30 students and teachers participating and 40 spots overall available for walk-in donations.

"As a society, one of our 'Three

Tiers' is service, so we strive to give back to the community and demonstrate acts of service," said NHS senior Jordan Davis-Belanger, an officer with the school club whose members have a Grade Point Average of at least 93 out of 100. "This is one of the few drives we do that goes so much further beyond just our town, so that makes it even more special."

Honor Society members at Windham High School hosted blood drives long before current school NHS advisor Brandon Champion began working with the club. He said that since the American Red Cross blood drive helps provide blood to those in need, donations may go to a burn victim, someone suffering from cancer, trauma, sickle cell patient, or a patient who may have a chronic disease.

"It is inspiring we can affect more than just our small community," said NHS Officer Addie Profenno, a senior at WHS. "Donating blood is an opportunity for public service and making a major impact for the greater good."

Profenno and Davis-Belanger

helped promote the collection effort and sign-up students throughout the entire blood drive. Students making blood donations came into the drive hydrated and fed. While waiting for an open table, the student participants filled out a RapidPass and completed a vital health check.

"It was a lot of hard work, learning to navigate the Red Cross website, making it accessible for our volunteers," said Profenno. "We also had to communicate with Geoff from the Red Cross in order to get information. But in the end, it was worth the time and effort since it was run smoothly, and we impacted our community."

Some of their communication to students before the day of the blood drive includes sharing with them that when donating blood, it is important to eat iron-rich foods during the week of the blood drive. For instance, eating foods like spinach, beef, eggs, nuts, and chicken improves blood quality.

"Donating blood is a way for students to impact not just our community but reaches out further to whomever receives the blood. It can give

students a sense of accomplishment," said Profenno.

Every 2 seconds in the USA someone needs blood and statistically speaking only 6 percent of the population donates blood. After students had donated blood, they were observed for 15 minutes before returning to class. This provided safety for the students in the event of possible side effects.

Millions of people rely upon blood transfusions each year. While some require blood during surgery, others may need it following a serious accident or if they have contracted a blood disease. Blood donations like the one offered at Windham High by NHS students make this possible. There is no substitute for human blood and all blood transfusions use blood collected from a donor during a blood drive.

"Something that's super great is that members of the NHS not only gave time out of their day to volunteer at the blood drive, but they also volunteered to give their blood," said Davis-Belanger.

There are always local ongoing drives scheduled. Check locations and get info at: [www.redcrossblood.org](http://www.redcrossblood.org).

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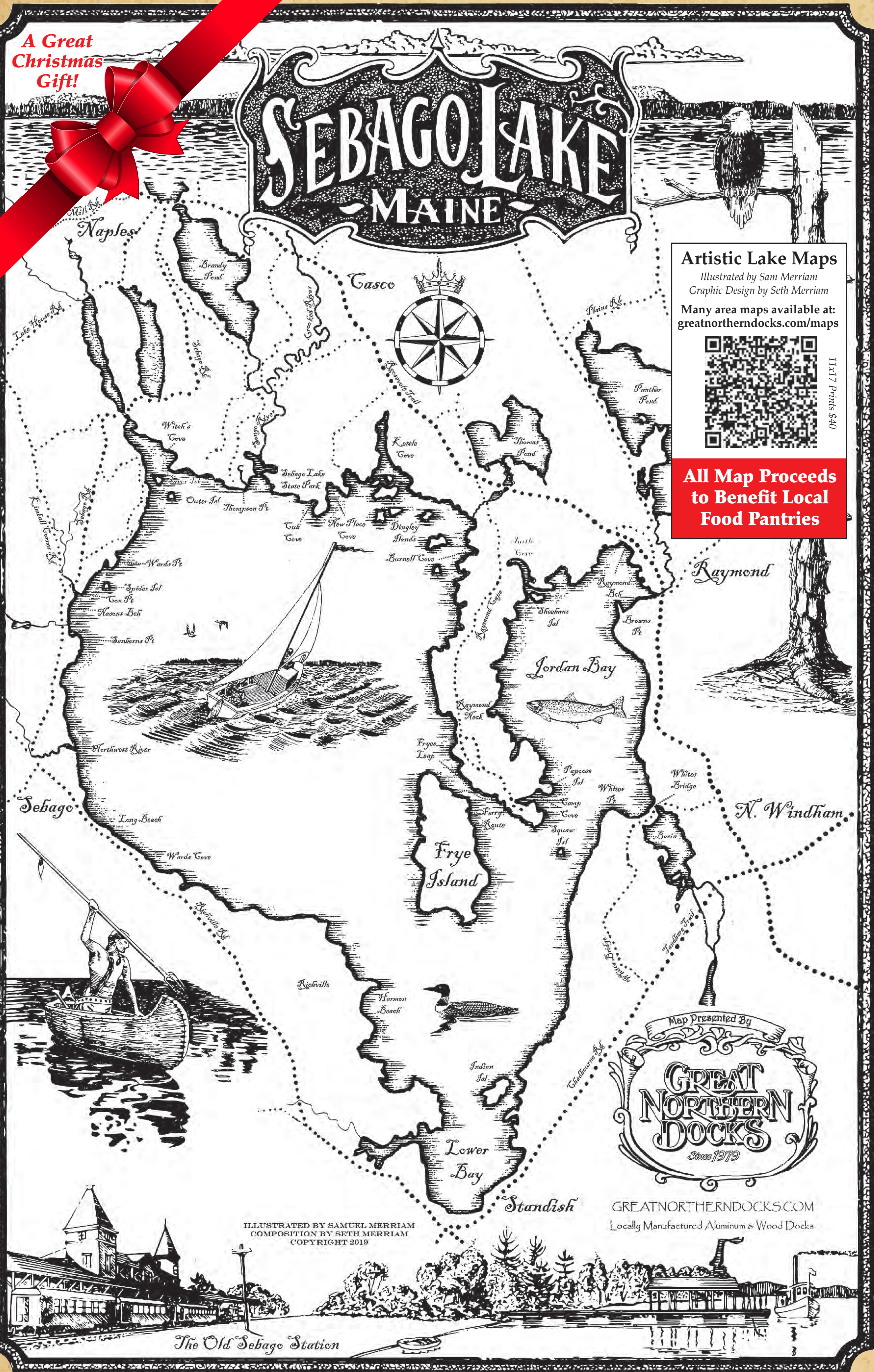
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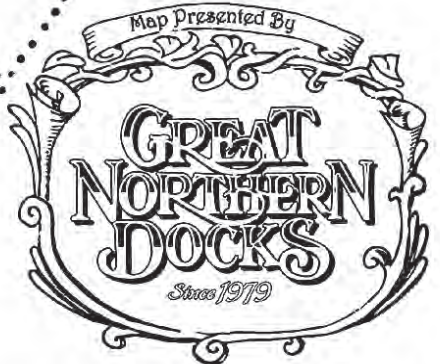
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# State conducts salmon egg retrieval at Mill Street Dam

By Kendra Raymond

STAFF WRITER

*Editor's note: This is the first of a two-part series about the Mill Street Dam in Raymond. Part two will explore the recent renovations to the dam.*

Anglers in the Sebago Lakes region benefit from the skilled fishery management that takes place behind the scenes. Fisheries biologists work year-round collecting data and managing fish populations to maintain the resource in a way that anglers want.

Hatchery staff coordinate spawning operations and raise the fish in a controlled and safe environment. This includes whatever population is needed to maintain the species and provide good size quality.

Maine Department of Inland Fisheries and Wildlife biologists with Region A based in Gray and the Casco Fish Hatchery recently participated in an annual "egg take" where eggs are retrieved from ripe female salmon. Salmon from Sebago Lake travel up

the Jordan River (Panther Run) for fall spawning. Biologists work at Mill Street dam in Raymond to complete the task.

"Some of those fish will ascend the fish ladder and enter the collection facility where fish are then sorted by hatchery staff by sex and age class," said Regional Biologist James Pellerin. "When the females are ripe hatchery staff strip eggs and milt from the salmon, fertilize the eggs, disinfect them, and then bring them back to the Casco Fish Hatchery for hatching and rearing."

This is all part of a fisheries management program that aids reproduction and ensures enough fish.

"These fish support salmon stocking programs for southern and central Maine, which lack sufficient natural reproduction to sustain salmon fisheries," said Pellerin. "In addition, MDIFW fisheries staff use the opportunity to collect data on the Sebago salmon to assess age and growth providing us long-term monitoring that goes back to the late 1960s."

He says that there may be another egg retrieval in upcoming weeks to catch some of the unripe females.

Raymond resident Bruce Small is fascinated with the event and recently posted about the salmon egg collection on social media.

"I went on an annual visit to see the landlocked salmon run in Raymond on the Jordan River," Small said. "They come up from Sebago to spawn. I have witnessed this almost every year since I first saw them in 1973. It has always fascinated me. The number of fish var-

ies from year to year, but this was a banner year. I saw the most I have ever seen."

Steve Tremblay, Casco Fish Hatchery Supervisor Supervisor, said that "egg takes" have taken place on the past two Wednesdays and anyone is welcome to observe.

The fish culturists who took part in the operation this year were from the Casco Fish Hatchery including supervisor Steve Tremblay, assistant supervisor Kenyon Twitchell and fish culturist Hayden Pelletier. Assisting from Dry Mills Fish Hatchery were supervisor John Dumais and from Palermo Fish hatchery was fish culturist James Beaudry.

Tremblay explained the process.

"The egg retrieval is the spawning operation. We spawn each individual fish, male to female from a different age class determined from a fin clip on the fish that was done before the fish was stocked in Sebago Lake," he said. "We then take an aliquot of each fish we spawn and use the aliquots from all fish spawned and use that for our production fish that we hatch, rear and stock out of our facility in Casco," he said. "This procedure gives us the best genetic variation we can have for our fish. This procedure we do every year supplies the state of Maine with all the Sebago strain of Landlocked salmon used to stock our waters that require the Sebago strain of Landlocked salmon."

He described the timeline.

"After the eggs are fertilized at the fish trap in Raymond, we leave the eggs

→ see SALMON Page 9

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**MCDONALD** *Cont. from page 1*

gle-seat fighter-bomber used during World War II and the Korean War.

"I joined because it was an opportunity to be well-trained and a chance to fly every single day," McDonald said.

Upon his discharge from active duty in 1945, he attended business school using the GI Bill but in 1951 while fulfilling his military commitment in the U.S. Air Force Reserves, was promoted to the rank of 1st Lieutenant during the Korean War.

"Flying P-51s was the best experience I could have ever hoped for. It was a top-of-the-line aircraft and was really very fast," he said. "Here I was just a teenager, and I was flying one of the fastest aircraft in the world and serving my country during wartime. It was simply an amazing time."

Following his active-duty discharge in 1945, McDonald returned to Windham and attended business school using the GI Bill. He joined the U.S. Post Office as a rural postal delivery driver, a job he worked at for 32 years, delivering mail in South Windham and on River Road until retiring. He also continued to pilot aircraft while serving as a mailman and would finish his mail route by 2 p.m. in the summers and then drive to Naples where he would fly sightseeing trips for tourists around Sebago Lake.

About that time, McDonald joined American Legion's Field-Allen Post 148 in 1951 and eventually served as Post Commander and performed many other duties for the veterans' group through the years. He married Marjorie Steeves, and they raised a son, David, who graduated from Windham High in 1963, and a daughter, Karen.

"Carroll is surely near and dear to all of our hearts," said Al LaRhette of South Weymouth, Massachusetts, during a 2023 reunion gathering for the Windham High School Class of 1963.

"I remember getting to play in the band with him when we performed at Fenway Park in Boston for the State of Maine Day in 1959."

LaRhette said Carroll was known as a friend to all the class members and is beloved by everyone who knows him.

"He was just always there for us," LaRhette said. "He had a way about him. It was like when you were with him, you were the most important person he got to speak to that day. He's been a cherished friend to all of us throughout all these years since our graduation."

Upon his retirement from the U.S. Post Office in 1980, McDonald volunteered for more than 20 years delivering Meals on Wheels to area seniors. He also became a member of the Presumpscot Lodge of Masons, Windham Hill Church, and Windham Historical Society.

While attending a vintage airshow in the Auburn area in 2014, he jumped at the chance to take a test flight in a restored P-51 Mustang aircraft.

"I couldn't believe it after all these years," he said. "I was thrilled to have that opportunity once more."

Earlier this year he entered St. Andre's Health Care Facility in Biddeford but insisted he would make it home in time for his 100th birthday on March 1, 2025 and a parade in his honor. His wife Marjorie died in 2007, followed his son, David in 2013, and his brother and sister-in-law Kenneth and Elizabeth McDonald in 2014. McDonald is survived by his partner Joan Esty of Windham, a daughter Karen Hopkins and her husband Blaine of Greenville, Maine, granddaughters Maureen Hopkins of Auburn, Maine and Brenda Lebo of Milford, New York, and a daughter-in-law Molly McDonald of Arcanum, Ohio.

Of everything he accomplished during his lifetime, McDonald said he would like to be remembered most as a pilot and for his military service in defense of America.

"I still think it was the right thing to

do," he said. "I am very positive about my time in the military. I enjoyed the structure, the discipline and was very pleased with the training I received. I'm lucky to have served and proud of what we accomplished." <

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# Altitude Program collects books for children's hospital

**By Masha Yurkevich**  
STAFF WRITER

Students who are part of the Altitude Program at Windham Middle School are looking to make a positive impact on the community through a donation of collected books to the Barbara Bush Children's Hospital.

The Altitude Program at the Windham Middle School has a vision to help students become outstanding community members with a goal to create hands-on learning opportunities and help students reach their highest potential. Last year, the program donated books to the Barbara Bush Children's Hospital at Maine Medical Center in Portland and the

group has decided to make it into a tradition. Throughout the month of November, students have been collecting books to donate to the Barbara Bush Children's Hospital this month.

The goal of the Altitude Program is to try to bring out the best in every child in the program by performing community building activities and to teach life skills to help students accomplish as much as possible. This is the third time the Altitude Program has collected books for the Barbara Bush Children's Hospital.

"Three years ago, we had a student that knew somebody who had been at the Barbara Bush Children's Hospital, and when we asked how you want to

help the community, they came up with this idea," said Lisa Anderson, an eighth grade Altitude teacher. "We are trying to keep it a tradition and grow it each year."

A student who has had a family member at Barbara Bush Children's Hospital before told classmates that it is easy to get bored playing vid-eo games or watching the television, and said that having books and being able to read them makes children in the hospital happy.

Another Altitude student has been in a similar position.

"Books would have been very helpful for me," she said. "Especially when it is nighttime and you are laying in

→ see **BOOKS** Page 10



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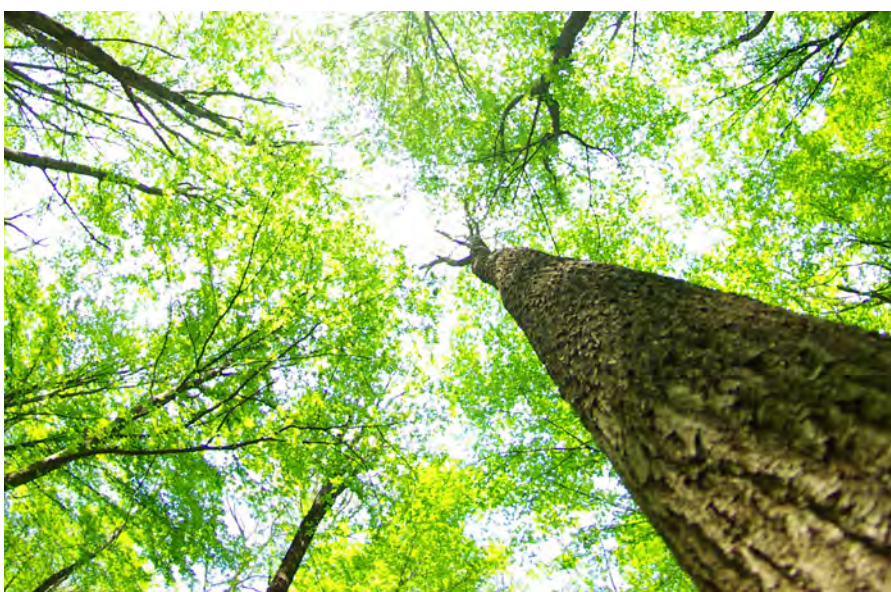
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→ **SALMON** *Cont. from page 6*

in buckets for a minimum of 1 hour to harden the water which allows us to safely transport the eggs to the hatchery in Casco. Once they arrive at the hatchery, they are bathed in an iodophor solution for 15 minutes to disinfect the eggs before they are allowed in the hatchery. This process prevents any type of potential diseases or viruses etc. from outside sources infecting our facility. Once disinfected they are rinsed and counted. This process involves taking a sample and measuring the size of the eggs in a 6-inch trough which we then can convert using a chart to figure out how many eggs are in an ounce.

“We then can measure how many ounces we have and calculate how many eggs we have on hand. This procedure is called the Von Bayer method of counting fish eggs. The eggs are then put on trays with 24 ounces of eggs on each tray,” Tremblay said. “The next morning, we must go through all the eggs and pick out all the dead eggs that are present. We can determine a dead egg by turning white. After this process is done, we must leave the eggs to incubate through the winter. The eggs after the 24-hour period are fragile and

cannot be touched. We then can only treat them every other day with a formalin solution to keep the fungus that attaches to the eggs that die after we do our initial pickoff. The length of time it takes for the egg to incubate is determined by the water temperature. The warmer the water the faster the eggs develop. Our facility is lake fed, and our water temperature is cold throughout the winter, so our eggs incubate slowly. The eggs usually have a visible eye by January. At that point, the eggs are no longer fragile, and we do what we call shocking the egg. This is done by pouring the eggs in a bucket from about 2 feet into another bucket. This process will make the dead eggs that have not turned white turn white so we can determine the dead ones. We then must go through all the trays again and pick off all the dead eggs.”

They hatch out early to mid-March and the sac fry that emerge from the eggs start to swim up and feed in late April early May depending on water temperature, said Tremblay.

Bill Brennan is a member of the Panther Pond Association. He is proud of the group’s contributions to the Mill Street dam/Panther Run renovation.

“The dam was recently renovated

this past year with significant involvement by Panther Pond Association and completed in time for the big day. I went over to the dam yesterday and the fish were jumping and ready,” he said.

Tremblay said that he also is pleased with the upgrades to the dam.

“The improvements to the dam have made managing water flow much safer and easier to maintain,” he said. “The dam improvements will also make managing water levels on Panther Pond and Crescent Lake much easier throughout the year and during heavy rain events.”

Brennan said that the PPA is an active group which has both a Facebook page and website.

“Over the last several years (PPA) was very involved with the state in renovating the dam,” he said. “Really rewarding to see so many things well planned and organized by the groups.”

Tremblay mirrored that sentiment. “We are very pleased with the dam

project and my mind is much more at ease not having to worry about the condition of the dam and potential catastrophic dam failure possibility,” he said. “The importance to this spawning operation and culturing fish in the state of Maine is critical to allowing fishing opportunities for the state. The states fish hatcheries supply a fishery to many places that would have very little or no opportunities for a wonderful fishing experience for sportsman. The fish hatcheries are also responsible for helping to maintain a fishery where it could not keep up with fishing pressure and other factors that exist,” he said.

Check out this underwater drone footage of the Sebago Lake landlocked salmon spawning run, provided by Maine DIFW: <https://youtu.be/sa07-OUhj6Q?si=YP-sTOOF3Fr0nIA4a>

Learn more about the Panther Pond Association at: [www.pantherpondassociation.org](http://www.pantherpondassociation.org) or on Facebook. <

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## Brenda Jean (McLellan) Olsen, 68



Brenda Jean (McLellan) Olsen 68 born in Winchester, Massachusetts, to BJ and Carole McLellan, passed away peacefully on November 3, 2024, after a brief but courageous battle with cancer. She earned her BS in business administration from University of New Hampshire in 1978 and her MBA from New Hampshire College in 1988. She worked for the Weyerhaeuser Corp starting as a plant accountant and finished as the plant controller in 1995. She then worked as the financial controller for the Montalvo corporation and retired after 25 years

in 2018.

In 1984 she married the love of her life, Rolf Olsen and together they raised two sons Arthur (AJ) and Tucker in Raymond.

A true lover of the outdoors, Brenda was an accomplished athlete and adventurer who brought passion and determination to everything she did. She was a skilled alpine skier who “shredded” the slopes with grace, and she enjoyed cross-country skiing, snowmobiling, figure skating, golf, tennis, racquetball, pickleball, waterskiing, hiking, fishing, and swimming. Her love for water sports began early—she learned to waterski at the age of four on Perry Pond, where her grandparents had summer cottages. Brenda became a master of the slalom course and an expert trick skier, dazzling those who watched her.

In high school, Brenda excelled in basketball, serving as the captain of her varsity team, where her leadership and talent shone.

After her family acquired a beloved camp on Trickey Pond, Brenda’s enthusiasm for water sports only deepened. She spent countless joyful hours boating, skiing, and creating cherished memories with loved ones.

Brenda devoted hours to helping others. Working with beginners in pickle ball, heading up the Raymond Rec Friday night ski program for elementary and middle school kids, leading youth groups at the church, assisting with the Raymond Arts Alliance. She loved her church where she acted as the treasurer. There she also assisted at dinners, ran the annual yard sale, sang in the choir, headed up the knitting and crocheting group and most recently was recently honored as a church elder.

She loved to garden, can veggies and jam, and tend to her chickens. She was an accomplished seamstress, crocheter, and crafter.

She is survived by her father Bertrand (Bud) McLellan her son Arthur, her son Tucker and his wife Caitlyn, her sisters Bonnie Pierpont and husband Richard and Christy Fogg and husband Robert, many nieces, and nephews. She was predeceased by her mother Carole, her brother Barry and sister Angela.

She leaves behind a legacy of love, resilience, and countless beautiful memories. Her family and friends will forever cherish the time they spent with her, whether on the slopes, on the water, or simply sharing laughter and stories.

May her adventurous soul forever soar.

**A service to celebrate Brenda’s life will be held,  
 11AM on Saturday, November 30th at the  
 North Windham Union Church 723 Roosevelt Trail, Windham**

*In lieu of flowers donations can be made to the Raymond Village  
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→ **BOOKS** *Cont. from page 8*

a bed with nothing to do, books help pass the time.”

One student said that books give these children hope.

“Books can encourage children who may think that they might not be able to make it past the next week,” said Ryder, a student in Mrs. Anderson’s Altitude classroom. “They can read and live in that imaginary book world.”

There is a very broad variety of books that are donated, all with different genres, including books of hope, motivation, inspiration, and encouragement.

“I feel that what we do really does make a difference,” said one student. “It is not only chapter books that we donate, but also picture books, which is something that little kids can enjoy.”

The students do a lot to make this happen.

“We put up boxes to collect books,

decorate the boxes, and put them in many different locations such as the school office, around the halls, cafeteria, and the superintendent’s office,” said the students. “We make posters and put them up to catch the attention of people. We also make an announcement at school and to our community to get the message across.”

There was also a book fair happening at the Middle School and students had the option to buy and donate books. The Windham Middle School librarian allowed a student from Mrs. Anderson’s classroom to pick \$40 worth of books from the book fair to donate to the Barbara Bush Children’s Hospital.

“About half our kids we found were totally impacted by the Barbara Bush Children’s Hospital, either hav-

ing been there themselves or having a family member or friend who has been there,” said Anderson. “This gives us an opportunity to be directly compassionate to the kids sitting right here today.”

Last year when Altitude went to donate the books, the Barbara Bush Children’s Hospital did not have enough beds for all of the children needing them.

“Everything that we contribute is greatly appreciated,” Anderson said.

By going out and donating books, the students also hope that they can inspire others to also go out and do good deeds. So far, there have been around 40 books that have been collected. “If we can do it, others can do it,” said a student.

The book donation is scheduled at the hospital on Nov. 26. <

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**CLEAN AIR** *Cont. from page 3*  
Nov. 30.

Ultimately a five-person jury of two students and three adults will vote on the winning submission. The winner's artwork will become the property of BTI to be used for the 2025 Clean Air Window Cling Campaign.

Leary-Forrey said that the third phase of the "Clean Air Campaign" is prevention education of the health impact of Tobacco/Vape/Marijuana on an individual and for public and personal spaces.

"The Window Clings will be distributed by students in the spring and summer for individuals and families

to put on their boats, cars, business, homes and they support clean air and community health and wellness," she said. "The idea is to raise awareness of the science behind smoke of all types and the individual health impact it can have over time. Students will help distribute the window clings, prevention materials and provide the Quit Link/QR codes to anyone who wants to improve their personal health and wellness."

According to Leary-Forrey, BTI is supporting this youth-driven "Clean Air Campaign" project and is committed to supporting youth and keeping the community healthy and thriving.

"Keeping the community current with education and awareness so that everyone can have a positive healthy experience when visiting and accessing indoor and outdoor spaces in Windham and Raymond is the primary goal for this project," she said.

Be The Influence (BTI) Coalition has been nationally recognized by the Federal Drug-Free Communities (DFC) Support Program and the Office of National Drug Control Policy (ONDCP) for its highly successful youth engagement with students and

schools as well its "Arts in Prevention" Series. It is funded by the DFC, a Windham/Raymond collaboration of local individuals, businesses and organizations that work together to reduce youth substance use and misuse with its mission to raise awareness and address these concerns by creating a safe space for everyone, particularly those in their formative years.

For further details about the "Clean Air Campaign," call BTI at 207-804-6742 or send an email to [btidirector@windhammaine.us](mailto:btidirector@windhammaine.us)



## Maddox Enman



**Grade:** 3 **School:** Windham Primary School  
**Teacher:** Mrs. Daukopulos  
**Favorite subject(s):** Physical Education because they can play sharks and minnows.  
**Parents' names:** Matthew and Sherri  
**Reason for selection:** Maddox has come to Third Grade eager, happy, and engaged with his learning. He has been working tremendously hard and continues to grow each day. Maddox has been making peer connections, advocating for himself, and self-regulating to make good decisions during his school day. His kind, silly, and friendly demeanor has followed him so well as he continues his academic journey. The actions and interactions that Maddox has demonstrated are goals that he has worked fiercely to achieve. It can be said with absolute sincerity that his teachers, peers, and family are immensely proud of him. Congratulations, Maddox!

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## SALUTE TO SERVICE

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# Director of Choral Music inspires generations of musicians

By Ed Pierce  
STAFF WRITER

For Windham High School's Dr. Richard Nickerson, music is an essential aspect of our shared humanity, and it can change the world by connecting people of all cultures and beliefs.

Now in his 38th year as choral director at WHS, Nickerson has become a fixture at the school and in the community for his dedication to his students and helping them to realize their full potential in life. He directs the school choirs and teaches courses in music theory, guitar and music industry. He's also the District Coordinator K to 12 for music in RSU 14 and is responsible for scheduling performances and coordinating the logistics for music festivals and other events.

If that wasn't enough, in addition to his curricular responsibilities, Nickerson conducts the Windham Chamber Singers and serves as Music Director for the school musical.

According to Nickerson, the best thing about his job is that he gets to work every day with the best students in the world.

"I get to see the world through their eyes," he said. "Probably my favorite event is the American Family Holiday concert in December with the Chamber Singers. We are very proud of the local tradition that we have created in our community."

He says the biggest challenge of his job is that there is no single biggest challenge.

"The challenges change daily," Nickerson said. "Just when you have one

thing figured out, another challenge will appear. That likely means that the biggest challenge is not letting myself get overwhelmed. I'm still working on that."

Born in Miramichi, New Brunswick, Canada, Nickerson graduated from Houlton High School in Aroostook County. He earned a Bachelor of Arts degree in Music Education and a master's degree in Choral Conducting from the University of Maine and obtained a Doctor of Music Arts degree from the Conservatory of Music-University of Missouri-Kansas City. He also did additional graduate work at Pacific Lutheran University in Tacoma, Washington and at Westminster Choir College in Princeton, New Jersey.

Prior to arriving in Windham, Nickerson taught for a year in Bangor. He also served for eight years as the Artistic Director for the Boy Singers of Maine and spent eight years as the Chorus Master for the Magic of Christmas Chorus with the Portland Symphony Orchestra. Currently, he's also the Artistic Director for the Maine Music Society, an adult choir based in Lewiston.

"I was aware of the choral program at Windham High School because my college choir had stopped in Windham as part of our spring tour in 1986," he said. "When the job opened up, I was



Dr. Richard Nickerson is in his 38th year as the choral director at WHS and is RSU 14's District Coordinator for music. He also is the conductor of the Windham Chamber Singers and serves as Music Director for the school musical. SUBMITTED PHOTO

skeptical about applying because, although I knew there was a rich musical history, it meant that I would be following a very popular teacher, which can be difficult. The original position was half high school and half middle school. This meant I would be responsible for creating my own feeder program which was very appealing. I also liked the proximity to Portland because of the many cultural offerings."

Nickerson says the greatest misconception people may have about his work is that many believe that his work with the Windham Chamber Singers is the only thing I do.

"The reason for this misconception is because the chamber singers are so visible in the community and that's what most people associate with my work," he said. "This is my dream job. There was a period in my life when I was thinking about moving on, but I realized that the grass is not always greener, and I am very happy. I remember once hearing that if you find a job you love, you'll never have to work a day in your life. Every morning when I walk into the choir room at Windham High School, I remind myself how lucky I am to be able to live my dream each and every day. I came to Windham as a stepping stone to build my career, and I ended up building a life."

Along the way there have been many memorable moments, but Nickerson said it's hard to top the events of 1996.

"The Chamber Singers were invited to compete in the International Youth Music Festival in Vienna, Austria. To cover expenses, we recorded and produced a Christmas album," Nickerson said. "If we could sell 10,000 copies in five weeks, all of the singers would be able to attend the festival at no personal cost. Keep in mind, this was before the internet. The level of support that we received from our community was unprecedented. It started in Windham, then expanded throughout the entire state and beyond. Not only did we sell the 10,000 copies, we ended up winning the festival. This experience opened a world of opportunities for us that included performances in prestigious venues such as Carnegie Hall and the White House."

He says his wife is the "choir mom" and is very supportive of his work.

"She understands that much of the work I do happens outside the school day and, not only supports me, but she assists me," Nickerson said. "I couldn't do what I do without her."

The most important thing Nickerson says he's learned while working for Windham High is that every waking moment is an adventure in learning.

"I have learned so many things that I could write a book," he said. "In fact, I am in the final process of finishing a book focusing on lessons I have learned from my students. It's a collection of lessons, stories and memories. I plan to release it when I retire." <

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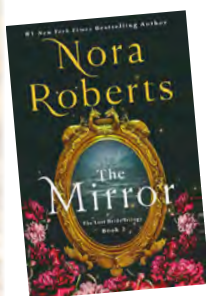


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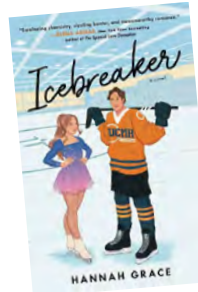
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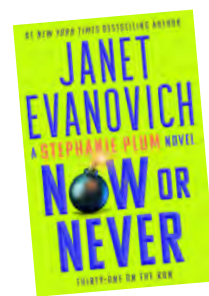
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# Evergreen CU hosts Member Appreciation Night with guest Travis Mills

Evergreen Credit Union proudly welcomed over 150 attendees to its annual Member Appreciation Night on Oct. 26, held to celebrate and thank its dedicated members for their loyalty and commitment to the credit union. The highlight of the evening was an inspiring keynote address by retired U.S. Army Staff Sergeant Travis Mills of Maine, who shared his remarkable story of resilience and determination.

At Hannaford Hall on the University of Southern Maine's Portland campus, the event was filled with an atmosphere

of appreciation and unity, underscoring Evergreen Credit Union's commitment to creating a positive impact on the lives of its members and Maine's communities. Attendees enjoyed a night of camaraderie with Community Partners, which culminated in Mills' heartfelt message that captivated and motivated everyone present.

"We are honored to serve such a loyal and engaged membership," said Evergreen Credit Union President/CEO, Jason Lindstrom. "Our members are at the heart of everything we do, and

Member Appreciation Night is our way of showing our gratitude for their trust and support. Having Travis Mills as our guest speaker made this year's event even more special."

Travis Mills, a quadruple amputee who became one of only five soldiers from the wars in Iraq and Afghanistan

to survive such severe injuries and later went on to establish the Travis Mills Foundation, delivered an inspiring talk about overcoming adversity, finding strength in community, and living life

to the fullest.

Evergreen CU is Maine's fifth largest credit union, serving over 31,000 members. To become a member, visit one of their branches or visit [www.egcu.org](http://www.egcu.org).



Evergreen Credit Union's top Lending Partners were recognized for their work during a special awards ceremony at USM Portland's Hannaford Hall on Oct. 26. SUBMITTED PHOTO



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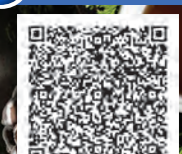
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### Thanksgiving Hours

RVL will be closed for Thanksgiving starting Wednesday Nov 27th at noon and will reopen Tuesday December 3rd for regular business hours.

### Annual Christmas Tree Lighting

Tentatively scheduled for Tuesday Dec. 3rd at 4pm

we are waiting for confirmation from the Raymond PTO. The Raymond Elementary Chorus will be there again to sing carols again this year. Please stay tuned to the RVL website and Facebook to confirm details.

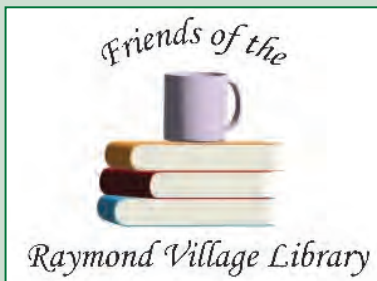
### 1st Annual Pumpkin Decorating Contest was a success!



The winner was Maria Rossetti with a "Nightmare Before Christmas" painted pumpkin.

Check out the RVL Facebook page to see all the entered pumpkins.

### Be Your Library's Best Friend!



Now that our library is part of the Town of Raymond, the Friends created a fundraising organization to help support activities and special events that are beyond the scope of our library's regular operating budget.

Our Friends group was officially incorporated as a non-profit 501(c)(3) in January of 2023.

Since that time, we have funded a preschool STEM workshop through Mad Science that was held at the library, new shelves that can be rolled into different configurations when the library hosts events, and talks by visiting authors.

**WE HOPE TO DO EVEN MORE IN 2025!  
CAN WE COUNT ON YOUR SUPPORT?**

Membership in the Friends of the Raymond Village Library begins with a \$5.00 donation and is open to anyone with a current library card. As a non-profit, your membership fees and add'l generous contributions are tax deductible.

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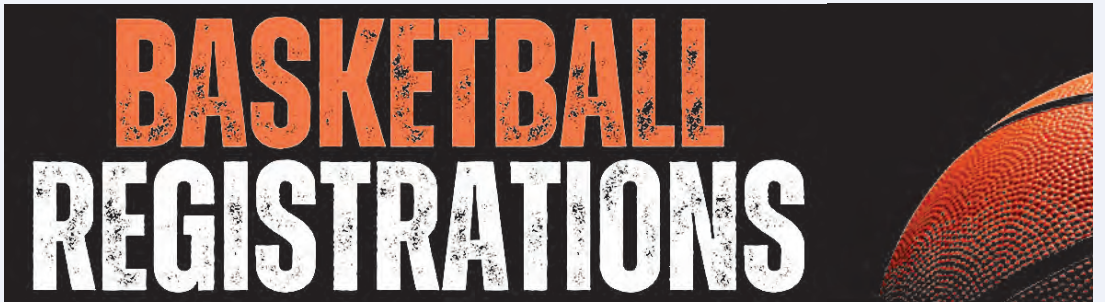
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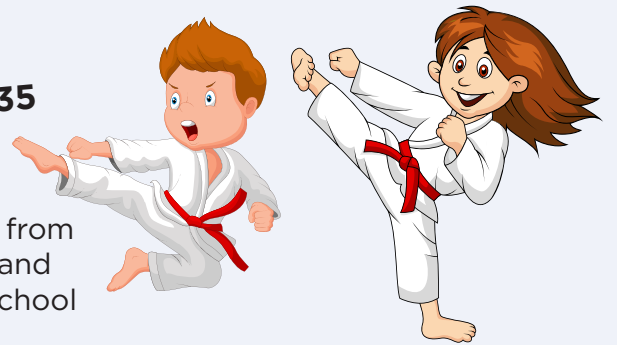
Winter Session

Wednesdays, December 4th to March 12th  
when school is in session

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Cost: \$125

Optional add-on uniform \$35



Children will be dismissed directly from school to the instructor. Parents and guardians will need to pick up at school

## SKI PROGRAM

FRIDAYS, JANUARY 10TH - FEBRUARY 7TH



Pleasant Mountain







# RAYMOND ROADRUNNER

## TOWN OF RAYMOND - NOVEMBER 2024 NEWSLETTER



*The Main Street Halloween Event was another great success this year! A huge thank you and big shout out to all who donated their time & efforts to make this such a fun tradition for families. Thank you to the following:*

- Main Street residents
- Raymond Parks and Recreation Staff
- Raymond Public Safety Staff
- Raymond Public Works Staff
- Raymond Village Library Staff
- Cumberland County Sheriff's and Volunteers

*Halloween on Main Street is a community effort and we thank you for making it a fun and safe event for all!*

### 2025 DOG LICENSES

2025 Dog Licenses are now available!

You can license your furry friends in person at the Town Office or online at:

[www.raymondmaine.org](http://www.raymondmaine.org). There is a link for Dog Licensing under Online Transactions>

Animal Welfare on the right-hand column of the home page.

**DEADLINE FOR IS RENEWAL JANUARY 31, 2025**

*Renewals after this date will incur a \$25 late fee*



### THANKSGIVING HOLIDAY NOTICES

**TRASH REMINDER:** NO trash or recycling pickup on Thursday, Nov. 28<sup>th</sup> in observance of the Thanksgiving holiday. Residents on the Thursday pickup route will need to hold their waste until the following week. There will not be an alternate pickup date.

**TOWN OFFICE HOURS:** The Town Office will be closed for the Thanksgiving Holiday on Thursday, November 28<sup>th</sup> & Friday, November 29<sup>th</sup>.

*May your holiday be full of blessings, gratitude, love, and an abundance of happiness! The Town of Raymond wishes you and your families a*

# Happy THANKSGIVING



### In honor of National Recycling Week

(November 11-17), the Raymond

**Recycling Committee wants to give you some EASY TIPS TO RECYCLE!**

**THE TOWN OF RAYMOND OFFERS ZERO-SORT RECYCLING WITH YOUR TRASH PICK-UP.**

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- Use a tote and place your recycling out with your trash to be picked up.

**Here are some simple tips to recycle more effectively:**

- Flatten down cardboard boxes
- Rinse out plastic, glass bottles and cans
- Recycle newspapers, wrapping paper, envelopes, birthday cards and phone books. All sorts of cardboard can be recycled, too, even toilet and paper towel tubes.
- Keep the recycling container next to the trash can and remind everyone to recycle as much as possible.
- **What to recycle:** plastic and glass bottles, cans, white and colored paper, magazines, junk mail and catalogs!
- Please NO food waste, Styrofoam, food wrappers, plant material or hazardous waste.



**THANK YOU FOR RECYCLING!**



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# LIGHT

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2024

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Sign up as a contestant by November 30th

### Winter Sand & Salt Shed Open

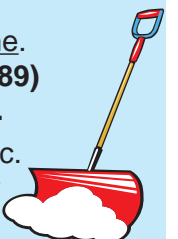
Raymond residents are welcome to get small amounts of sand/salt for use on walkways and driveways.

Please respect the limit of two 5-gallons buckets at a time.

**The Sand and Salt Shed is located on Plains Rd (FL 89) & the gates are open from 7am-3pm, Monday-Friday.**

All other areas & equipment remain off limits to the public.

*NOTE: The shed is closed during snowstorms for safety and to allow the plow truck traffic to move freely.*









# Thankful for what I don't have

► **By Andy Young**  
SPECIAL TO THE WINDHAM EAGLE

This coming Thursday is Thanksgiving, the national holiday when Americans gather together to formally express gratitude for all the blessings in their lives. In reality though, every day ought to be Thanksgiving for just about everyone living in the United States. Anyone wishing to dispute that should try residing for a spell in just about any other nation not located in northern North America.

Most Americans can, with a mere turn of the wrist, obtain water that's safe to drink. The vast majority (though sadly, not all) of us have a roof over our heads and access to food, electricity, and reasonably clean air.

People with the correct attitude realize they have far more blessings than they can count. Anyone possessing good health for themselves and their family, a decent job, and good friends should realize they've hit the gratitude trifecta. It's probably impossible for anyone with those three advantages to list every single thing that they're thankful for, let alone do so in a 600-

word essay, as I'm vainly attempting to do here.

I'm a big believer in appreciating everything I have. But sometimes I find it helpful to acknowledge some things I'm thankful I don't possess. For example, I don't have a single immediate or extended family member in my life who is greedy, vengeful, selfish, mean-spirited, narcissistic, sneaky, and/or dishonest.

I'm grateful I don't have collection agencies pursuing me over bills I can't or won't pay. I'm also pleased with not having a tyrannical boss, petty co-workers, or unfriendly neighbors to deal with. I'm thankful I'm not nursing any grudges, and that no one I know of is holding one against me.

I'm thankful I've never borrowed money from a loan shark, agreed to become a spy for a foreign power, or consorted with international drug smugglers. Had I engaged in any or all of those activities it's likely there'd be a price on my head, not to mention a bevy of professional assassins vying to collect it.

I'm pleased I don't live downwind from a paper mill, a slaughterhouse, or

a sewage treatment plant.

I'm darned lucky to not need help getting out of bed every morning. I also don't require any assistance in getting myself from Point A to Point B, whether that means traversing a room, a sidewalk, or a highway without aid. I'm acutely aware there are plenty of folks my age (and younger) who no longer have (or in some cases never had) those capabilities.

And like most Americans, I'm thank-

ful to not have to endure another presidential campaign, since the next one won't get underway in earnest for at least another couple of months.

I don't know that there's any verifiable scientific findings suggesting that maintaining a perpetual attitude of gratitude can extend the number of years in an individual's life. However, based on the anecdotal evidence I've gathered so far, I'm convinced that doing so unquestionably adds life to one's years. <



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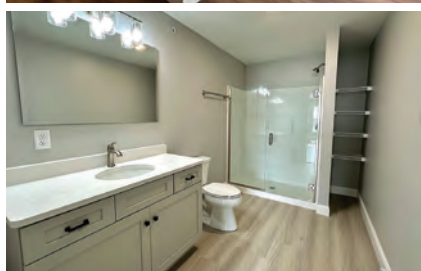
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<p><b>all</b> Laundry Detergent Liquid or Mighty Pacs 36oz 19ct 21ct</p> <p><b>\$3.99</b> Our Reg. to \$4.99</p>	<p><b>Pine Tree Farms</b> Large Suet or Seed Bird Food 56oz 1.8-2.5lbs</p> <p><b>\$6.99</b> Our Reg. \$8.99</p>	<p>Visit us in-store for even more great deals! <b>BECOME AN ADVENTURER!</b> Visit us @renys.com</p> <p><b>Down East Best of Maine Winner</b> <b>Renys</b> A MAINE ADVENTURE <b>Voted Best Bargain Store 13 years in a row!</b></p>	



# Eagle SPORTS

## Boys' varsity basketball gears up for another strong season

By Matt Pascarella  
STAFF WRITER

Windham High School boys' varsity basketball team made history with their first state championship win over Gorham last season. The 2024-2025 preseason tryouts opened on Monday, Nov. 18 and the team is working to find their identity and skillset while preparing for another successful season.

"We always ask our players to improve here and get better there - our staff is no different - we want to be better coach-es then we were last year," said Windham varsity boys' basketball coach Chad Pulkkinen. "We don't rinse and re-peat, we evaluate and improve. We have a good sense of what we need to improve on and what our strengths are as a group. We want to attack each day as best as we can, be present, be where our feet are and make sure our team is prepared and focused."

Since Windham performed so well last year, only time will tell if Windham's opponents might view them as "the team to beat." The slate has been wiped clean; this is a new group of kids and a new season.

"A lot of people talk about 'defending a championship,' which is really unfair - that was last year's teams' success and belongs to them," said Pulkkinen. "The great thing for some of our eight returners is they were a part of that success and have a blueprint of why we were successful. As coaches we will make sure to align and focus our group to ... build great habits and be process driven instead of outcome driven. We have a very motivated, mature group of guys that understand that we are not defending anything, that we too are in pursuit of reaching our potential."

Windham varsity assistant coach



(Clockwise from top left) Senior Creighty Dickson heads up court while guarded by Windham junior Tyrie James during a preseason try-out at Windham High on Monday, Nov. 18. Freshman Werani Anthony drives for a layup. Junior AJ Moody sinks a three-pointer from beyond the arc. PHOTOS BY MATT PASCARELLA



George McCrillis said the reason WHS was successful last year was because Windham is a family. These are players who want what's best for each other and what's best for the team.

Players to look for this season are some of last year's big-gest contributors like senior Creighty Dickson, junior AJ Moody and junior Tyrie James. These returning players are ready to step into bigger roles.

There are also four seniors who are looking to make an impact returning to varsity in Conor Janvrin, Braycen Freese, Grant Coppi and Joseph Blige. Returning sophomore Colin Janvrin is

looking to make big contributions too.

"My one big goal is to go back-to-back and win the state championship again," said Colin Janvrin. "We (need to) be ready for every team to bring their best game to us and we've got to perform well every game as a team."

Dickson said he feels no pressure at all from last year. He considers Windham the team to beat and they need to have their "A" game every night. They are a brand-new team with new players, he said and they have to keep working hard, regardless of the score; with the goal being another gold ball.

Windham freshman Werani Anthony said he has always wanted to play for the team and is trying his hardest; he loves Eagle Pride and the team atmosphere.

"I feel like it's just another year

where we're going to have a lot of success with our team," said Windham junior AJ Moody. "We have a lot of new sophomores that are going to be a key role in our offense and defense and family. We're not going to be the hunted; we're going to be the hunters hunting for all the other teams. Our mentality has to be a clean slate; we need to go into every game attacking and never pulling our foot off the gas. (Last year taught Moody) nothing's easy ... we can't give up ... we need to be an all-game team. Our goal is to make it to the Civic Center again and prove that we ... might not be the biggest, but we'll give you a hard fight."

Fans of the team who wish donate to the new Pat Moody Foundation, you can do so through Venmo at moodyfoundation. <

### ATHLETE OF THE WEEK



#### Connor Gallant

Age: 17 Team: WHS varsity boys' soccer

Coach: Jeff Neal

Parents' names: Phaedra and Eugene Gallant

Reason for selection: A fierce defender, who has been struggling with an ankle injury but is a team guy through and through. Throughout the off-season, Connor transformed himself and put on 20-plus pounds of muscle since last year. No one has worked harder to build his body up, and coaches say that it's been rough seeing him have to sit so much of the early season due to his ankle issue; instead of being down, he's been an awesome, team guy.

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# WHS girls' soccer seniors have big post-high school plans

By Matt Pascarella

STAFF WRITER

Windham varsity girls' soccer closed its season with an outstanding 14-2-1 record after advancing to the regional finals for the first time since 2021. The team had a strong senior squad of Juliana Gagne, Kyla Harvie, Stella Jarvais, Devan Kennie, Hannah Lee, Tayla Pelletier, Olivia Shaw, Emily Talbot and Ava Wardwell. They all have big plans for after high school with some choosing to continue playing soccer and all pursuing some form of higher education.

While not yet officially committed, Gagne plans to attend Franklin Pierce University in New Hampshire where she will major in physical therapy and plans to open her own physical therapy office.

Harvie recently committed to Southern New Hampshire University with a commitment signing at Windham High School on Wednesday, Nov. 13. She's undecided on what she'd like to major in but has been thinking about teaching or education, possibly teaching kindergarten. She will play soccer for them as well.

Jarvais committed to the University of Maine Orono. Both her parents went to college there, and the campus is close to her family. She will enroll in the Explorations program, which is for students who are undecided on a major; this will allow her to make a thoughtful, educated choice about the field of study right for her. She will play soccer for the university's nationally ranked team. While Jarvais is unsure of her major, she likes working with children and enjoys psychology.

Kennie continues researching, visiting and deciding on where she will attend college in the fall. She is undecided on a major but is thinking of



Windham girls' varsity soccer team members Tayla Pelletier, left, Devan Kennie, Ava Wardwell, Hannah Lee, Marley Jarvais, Mackenzie Delewski, Nola Bryant, Brianna Duarte, Libby Hartwell with Kyla Harvie, center, gather on Wednesday, Nov. 13 at Windham High School after Harvie made a commitment to Southern New Hampshire University where she will play college soccer. PHOTO BY MATT PASCARELLA

pursuing marine biology or criminology. After college she would like to use her degree helping people, animals and the environment. She isn't looking at colleges specifically for soccer, but intends to continue playing soccer, at a club or college level.

Lee has applied to many colleges based upon academics. She's applied to Bryant University in Rhode Island, the University of Vermont, Coastal Carolina University in South Carolina, Endicott College in Massachusetts, the University of Massachusetts Amherst, the University of Maine Orono and University of Southern Maine. She plans to attend law school after college. She's undecided on an undergraduate major, but is considering psychology, international business and history.

Pelletier will either attend the University of New Hampshire or the University of Connecticut. She plans to go into exercise science to become a physical therapist. She will not be playing soccer next year, but instead will con-

tinue her success with track and field after high school. She says she'll be sad to let soccer go but is excited for the next chapter of her life.

Shaw has not committed to a school yet but does have an offer from Saint Joseph's College for a position on the

school's 2025 women's soccer roster. She has not decided if she will play soccer in college. Soccer has been such a big part of her life to this point, and she hasn't decided if she's ready to stop playing. She would like to major in nursing and plans to become a travel or pediatric nurse.

Talbot has verbally committed to the University of New England where she will continue playing soccer. She said that UNE felt like the best fit for her, and she liked the campus and proximity to home. She also enjoys the environment of the team and UNE coaching staff. At this point, she's unsure of what she'd like to major in.

Wardwell has not committed to college yet but has applied to the University of New Hampshire and the University of Connecticut to study nursing. She plans to play some type of club soccer at whichever school she chooses but wants to focus more on education when selecting her college. She would like to become a nurse anesthetist, which is a nurse who specializes in anesthesia. <



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**Town of Windham Public Notice**

**LEAF & BRUSH DISPOSAL**  
**OPEN 24/7 TO RESIDENTS**  
**FINAL DAY THIS WEEKEND!**  
**ENDS: SUNDAY, NOV. 24<sup>th</sup> @ 6:00P.M.**

**WHERE: At the end of Enterprise Dr. off 302, behind the self storage building**

**This is for leaf and brush disposal only.**

- Separate piles will be maintained for leaves and brush – PLEASE SEPARATE.
- Dispose of leaves and brush in designated areas ONLY (Please follow signs).
- Leaves must be removed from bags, please REMOVE them from the bags and TAKE THE BAGS WITH YOU.
- Leaf and brush disposal area is for Windham residents ONLY
- Brush must be less than 12" in diameter

**For more information please call Public Works at 892-1909 or visit their website at [www.windhammaine.us](http://www.windhammaine.us)**

TOWN OF WINDHAM, MAINE  
**PLANNING BOARD**  
 NOTICE OF PUBLIC MEETINGS

**- SITE WALKS -**  
 Saturday, November 23, 2024

- **9:00 AM** 24-28 Franklin Drive Subdivision  
 Tax Map: 18, Lot: 26-2 – Franklin Drive.  
 Subdivision plan review of four lots for commercial and residential use. Meet at the end of Franklin Drive.
- **10:30 AM** 24-31 Turning Leaf Heights  
 Tax Map: 14, Lot: 9B – Turning Leaf Drive.  
 Subdivision and site plan review of 146 residential units in 14 buildings. Meet at the end of Turning Leaf Drive.

**- REGULAR MEETING -**  
**Monday, Nov. 25, 2024 • 6:30PM**  
 Town Hall, Council Chambers, 8 School Road

- Public hearing for 24-32 Amendments to the Code of the Town of Windham, Chapter 120, Land Use, Articles 3 Definitions and 5 Performance Standards regarding Retail Sales, Automotive Sales and Retail Sales, Outdoor.
- 11-06 Canada Hill Subdivision  
 Tax Map: 4, Lots: 9, 9-1, 9-2, 9-3, 9-5, 9-6, 9-8, 9-10, 9-11, 9-12, 9-13, 9-14 – Highland Cliff Road. Amendments focused on completing unbuilt, and modifying certain stormwater management features from the 2012 approval.

FMI go to [windhamweb.legistar.com/Calendar.aspx](http://windhamweb.legistar.com/Calendar.aspx) or contact (207) 894-5960 ex. 2. Written comment may be submitted to the Board at [PlanningBoard@windhammaine.us](mailto:PlanningBoard@windhammaine.us).  
 Please notify us if you need accessibility accommodations.





# Election is over, strong real estate market is not

► **By Matthew Trudel**  
SPECIAL TO THE WINDHAM EAGLE



— Matt Trudel, Five Star Realty

The election is complete, and another interesting thing happened in November. The Fed's lowered the federal funds target range by 25 basis points to 4.5

to 4.75 percent. Many analysts believe that at the next Fed meeting on Dec. 17 and Dec. 18, we will see another rate drop of .25 percent. This would continue to remain on track with the Fed's plan to get interest rates down next year. Lower rates give buyers more purchasing power because it allows them to borrow more money while keeping the payment the same. Buyers need to start planning now so they are ready to go the first of the year.

Get your finances in order ahead of time so you are prepared when it comes time to make an offer when your dream home hits the market. You should have a savings account of some type set up for your housing purchase. You will need funds for inspections, tests, and closing costs. This can be more than most people

realize. These are all things your buyer's agent should be going over with you.

If you do not have or have not selected a real estate agent to work with as your buyer's agent, that is the first thing you should be doing. There is a lot to consider when choosing a realtor to work with on what is one of the bigger financial decisions people have to make.

Find a REALTOR with plenty of experience. This will pay off in many ways and make the whole process smoother and less stressful. Negotiating price is just a small part of the transaction and not the most important part often when successfully putting a deal together.

Talk with a few realtors and ask them about previous deals and people they have worked with. I would also ask them about their policy if you decide that it isn't working out great, and you want to change realtors. Not all agents charge the same percentage and that varies from office to office.

There are also the new real estate



regulations that I wrote about in my last article which almost makes it mandatory for buyers to have a buyer's agent prior to viewing a home that is listed.

Realtors are basically not allowed to show other agencies listings unless they have a signed buyer's agreement.

Remember that savings account we mentioned for closing costs. Part of your closing costs will be the commission that your buyer's agent is going to be paid. It may be able to be negotiated that the funds will come from the seller's proceeds, but sometimes the seller is only willing to pay a portion of what is owed. This is all information that you should be told upfront before looking at any property so you can make better informed decisions. This is also something you should discuss when interviewing prospective Realtors who want to represent you as your buyer's agent.

Like I said before, not all agencies charge the same percentage when representing buyers. Also, if the seller is offering to pay out a higher percentage of commission than what you negotiated with your buyer's agent, shouldn't you receive those extra funds toward your closing costs?

I do feel we are going to have another strong real estate market next year and probably for at least two years. It will be very competitive for buyers and likely faced with many multiple offer situations. This is another area that having a buyer's agent with years of experience in dealing with these situations can make all difference between a successful transaction, or another missed opportunity for you. This is an important decision, and you should not worry about hurting a friend or family member's feelings because you made the choice to work with another realtor. You need to make the best decision for yourself.

*This article was written by Matthew Trudel, Broker/Owner of Five Star Realty, Windham 207-939-6971 Windham. 207-939-6971. <*



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Eagle PLEASE NOTE: FOOD AND GAMES FEATURE ALTERNATES WITH MOVIE REVIEW

# FOOD AND GAMES

THE WINDHAM EAGLE'S

## Cooking Corner

By Angela Paris

SPECIAL TO THE WINDHAM EAGLE • JUGGLINGACTMAMA.COM

### Honey Butter Chicken

I love using simple ingredients already in my pantry to make a quick recipe with tons of flavor! Tender bite-sized chicken pieces in a mouthwatering honey butter sauce is the weeknight dinner you didn't know you were missing! Seriously, this tasty honey garlic sauce will knock your socks off. Use boneless, skinless chicken breast or chicken thigh meat. For an extra kick, add a pinch of red pepper flakes to the honey sauce while it simmers. For a New England twist, substitute maple syrup for the honey, which mimics the sweetness, but with a maple flavor, of course. Serve this versatile dish with mashed potatoes, rice, noodles, or your favorite veggie side dish.

#### INGREDIENTS

- |                                  |                                      |
|----------------------------------|--------------------------------------|
| CHICKEN:                         | 1 tablespoon of olive oil            |
| 1.5 lbs of chicken cut bite-size | HONEY BUTTER SAUCE                   |
| 1/3 cup of all-purpose flour     | 1/3 cup of honey                     |
| 1 teaspoon of kosher salt        | 5 tablespoons of butter              |
| 1/2 teaspoon of black pepper     | 2 teaspoons of fresh garlic minced   |
| 1/2 teaspoon of garlic powder    | 2 tablespoons of apple cider vinegar |
| 1/2 teaspoon of onion powder     | 1 tablespoon of soy sauce            |
| 1 tablespoon of butter           | salt and black pepper, to taste      |

#### INSTRUCTIONS

In a mixing bowl, combine the dry ingredients for the chicken. Toss the chicken pieces in the seasoned flour mixture. Add olive oil and butter to a large skillet over medium-high heat. Place the chicken in a large skillet in a single layer to cook. Turn the chicken pieces to brown on all sides, then remove from the skillet. Reduce the heat to medium. Add the rest of the butter and the sauce ingredients. Stir to combine. Allow the sauce to simmer until it thickens, about 3 to 5 minutes.  
Serves 4

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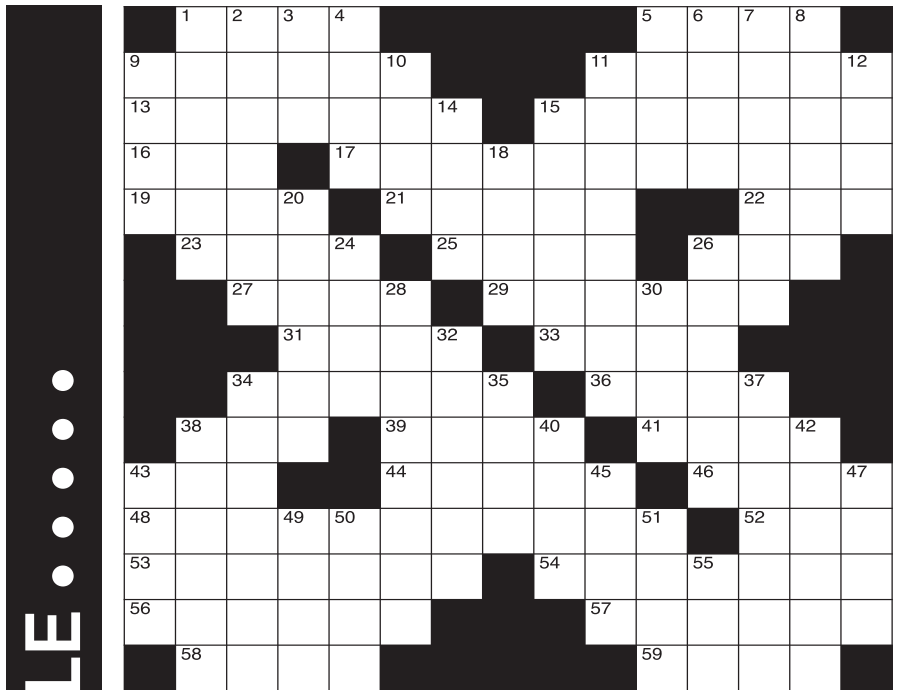
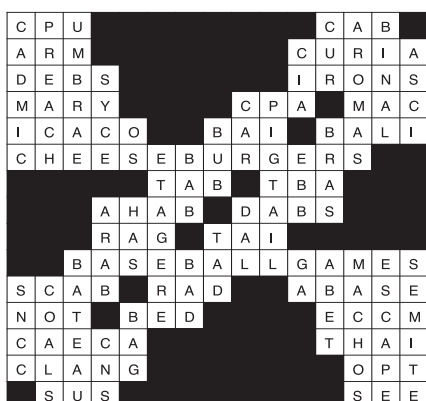
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### LAST WEEK'S ANSWERS



## CROSSWORD PUZZLE

#### CLUES ACROSS

- |                              |                                |
|------------------------------|--------------------------------|
| 1. "Loser" rocker            | 33. Palmer and Hepburn are two |
| 5. Partner to relaxation     | 34. More than one              |
| 9. Mixing                    | 36. Places down purposefully   |
| 11. Winged nut               | 38. Pitching statistic         |
| 13. Expression of blame      | 39. Type of sword              |
| 15. Vast ocean               | 41. Witnesses                  |
| 16. Comedienne Gaster        | 43. Body part                  |
| 17. Multiply                 | 44. Mixes slowly               |
| 19. Meat from a pig (French) | 46. Satisfy                    |
| 21. Related                  | 48. Strong belief              |
| 22. Rocker Stewart           | 52. One's physique (slang)     |
| 23. Surprise completely      | 53. More frightening           |
| 25. Loon                     | 54. Soup cracker               |
| 26. Canister                 | 56. Teaches                    |
| 27. Large, deep-bodied fish  | 57. One who carries something  |
| 29. Takes forcefully         | 58. Actor Sean                 |
| 31. Oil cartel               | 59. Changes                    |

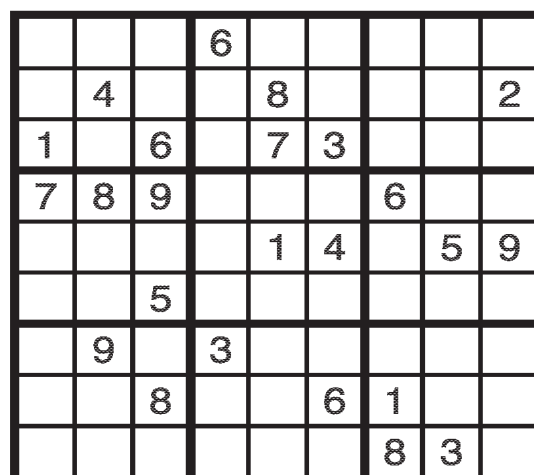
#### CLUES DOWN

- |  |                                       |
|--|---------------------------------------|
| 1. ___ Aires, city                     | 26. Male reproductive gland           |
| 2. Coarse grass                        | 28. Controversial beliefs             |
| 3. Type of gene                        | 30. Z Z Z                             |
| 4. Door handle                         | 32. One who confines another          |
| 5. Competition                         | 34. Bishop                            |
| 6. Muslim ruler title                  | 35. Garlands                          |
| 7. Hunting expeditions                 | 37. Bird that flies by the coast      |
| 8. Large mollusk                       | 38. Optical device                    |
| 9. Bind securely                       | 40. Greek goddess of discord          |
| 10. Former U.S. presidential candidate | 42. Some are "Rolling"                |
| 11. 2-point plays in football          | 43. Formerly (archaic)                |
| 12. Breezed through                    | 45. Thrust a knife into               |
| 14. Type setting                       | 47. German river                      |
| 15. Felt for                           | 49. Atomic #26                        |
| 18. Codified rules                     | 50. Make a grotesque face             |
| 20. Small dome                         | 51. Primordial matter of the universe |
| 24. Chevrotain                         | 55. Chinese philosophical principle   |

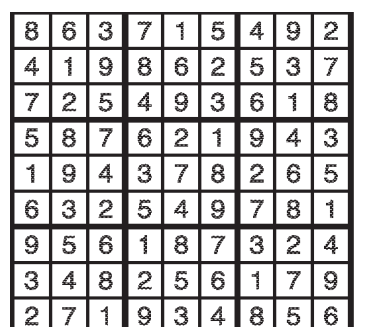
#### HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

## SUDOKU



### LAST WEEK'S ANSWERS







PLEASE NOTE: THE BUSINESS SPOTLIGHT IS A PAID ADVERTISEMENT. TO HAVE YOUR BUSINESS HIGHLIGHTED CALL MELISSA: 207-894-3500

# BUSINESS SPOTLIGHT

After creating a sensation with many successful restaurants and taverns over the years, Bob and Paula Coppersmith have opened Lake House Tavern in Windham and it's rapidly becoming a go-to place for great food, fun and a cozy atmosphere in town.

Located at 907 Roosevelt Trail, Lake House Tavern is a full-service restaurant, with meals to eat in or take out, and it also features a 14-seat full bar with ice cold beer, draft, cans, bottles, along with wine and cocktails.

"We offer a nice cozy friendly restaurant/tavern," Coppersmith said. "It's a place to come to and be able to chat with friends and neighbors and all others, kind of like Cheers. Prices are very competitive, and we have lowered prices on a lot of menu items especially the seafood. We strive to have the best quality food and the best service around."

The menu focuses on the true essence of American cuisine. Whether you're in the mood for hearty sandwiches, fresh salads, or their signature Maine dishes, the Lake House Tavern menu is crafted to delight every palate. There are fried seafood favorites such as Haddock, Scallops, Clams, Shrimp and Crab Cakes, an array of popular sandwiches like Meatball Subs, Burgers, Chicken Club, Pastrami and their delicious Lobster Rolls. For dinner they offer Seafood Linguini, Chicken



Parmesan, Steak, Pasta and Meatballs, and Blackened or Baked Haddock, among others.

"We offer the freshest of the fresh. We keep our overhead low so we can pass the savings on to our customers," Coppersmith said. "We have a nice friendly staff, and the owners are always involved to make sure everything is going good, and customers are happy."

The tavern has a nice variety of wine and mixed drinks and offers a range of weekday \$5.00 specials including Margarita Monday, Ice Pik Tuesday, Wine Down Wednesday and Thirsty Thursday. Happy Hour is daily from 2 to 5 p.m.

Bob Coppersmith started lobstering with his brother, Bill Coppersmith, in the late 1970s. He went on to work at his brother Bill's Fishermen's Net Seafood Market on Forest Avenue in Portland and they later added a Fishermen's Catch location in Raymond which Bill's son Billy operates now.

Bob left to launch Bob's Seafood around 2001 in Windham and that's

when his wife Paula got involved in the business. They had that business for about 10 years before selling when an opportunity arose to open Docks Seafood in South Portland. They operated that business for about eight years with a Docks Boathouse in Biddeford selling and cooking the freshest of the fresh seafood available.

They sold Docks Seafood in South Portland to one of their employees and it is still open today. When they sold Docks, Bob and Paula opened Copper-smith Tavern and Table on Route One in South Portland. That's where they created a nice family friendly Cheers-like tavern and restaurant, selling it in November 2023. The opportunity arose to buy Franco's Bistro and open Lake House Tavern in Windham, and the rest is history.

"Windham is what we call home. We have lived in Windham for 20-plus years with lots of family and friends that live here and have businesses here. We have family and friends that work here at the tavern and help out," Coppersmith said. "We

plan on staying here for a long time and making and creating a nice place for all to come and enjoy the best that Maine can give."

Lunch specials are available at 11 a.m. daily and when summer comes around, owners are planning on adding an outside deck.

Online reviews are incredible.

"Finally got a chance to go in and see what everyone has been raving about. The tavern did not disappoint! Appetizers, the meal, drinks and service were all great. Definitely a welcome addition to the local area. Definitely going to be one of our new go-to spots."

~ Brian Lawrence

"Great atmosphere and great food. It was quick to come out and was delicious. We had fried clams and crab-meat rolls and fries. Will definitely be back soon!!"~ Donna Clark Kenison

"Great food and atmosphere." ~ Ralph Gallagher

"I've been in a few times now, and the food has been excellent. I keep going back to the haddock sandwich, a generous portion of fish cooked perfectly with a light breading on a nice fresh bun with fries, it's hard to be. The Brussels sprouts and meatball apps that they have on the menu are so good!"~ Joe Mains

To learn more about Lake House Tavern, call 207-894-3020 or visit them online at [www.lakehousetavern-windham.com](http://www.lakehousetavern-windham.com). Follow them on Facebook under Lake House Tavern. <

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NOTICE OF  
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**Wednesday, December 4, 2024 – 6:30pm**

At the Broadcast Studio  
423 Webbs Mills Rd, Raymond ME 04071 & Via ZOOM

The Town of Raymond will hold a public hearing on Wednesday, December 4, 2024, at 6:30pm for the purpose of receiving public input on the Comprehensive Plan.

The complete text of related documents is available online at [compplan.raymondmaine.org](http://compplan.raymondmaine.org) and at the Town Office.

*Zoom link can be found on the Town's website calendar notification for this meeting.*

**LETTERS** *Cont. from page 20*

able lessons in this loss, and I do not believe that I am done.

Thank you again for your support, and I hope to see you at Erik's Church for any of our great shows, support for worthwhile causes, or just casually in the coming days, weeks, and months.

~ *Kenny Cianchette, Windham Editor,*

As a lifelong resident of Windham, it was my pleasure to campaign for the At-Large Town Council Seat. I would like to thank all the people that turned out to vote, and especially those who voted for me in the election.

I would also like to express my gratitude and appreciation for all the people that helped on the campaign, and to the Windham Town Re-publican Committee for their support and help. While I wish David Nadeau well

in this next term for the Town Council, I do hope he and this council will remember the thousands of residents that voted for me and what I stood for: responsible spending and minimizing taxes, while preserving Windham's rural and historic character.

For the people that didn't vote for me, I wish you very well and hope for the best for Windham, though I am concerned that the reason many of you moved here might be negated by town business-as-usual, including urban sprawl and surging property taxes.

~ *Clayton Haskell, Windham resident, former Town Councilor*

**Submit letters by Tuesday at Noon to:**  
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