

Volume 12, Issue 46

# **Residents show gratitude to those who** served at annual Veterans Day observance

### By Lorraine Glowczak

STAFF WRITER

Singer Bob Dylan once said that a hero is someone who understands the responsibility that comes with his or her freedom. That truth was evident during the 2024 Veterans Day observance held on Monday at the Windham Veterans Center.

Hosted by Windham VFW Post 10643, the annual gathering drew more than 200 people and celebrated the men and women of Windham who put their lives on the line when they wore the uniform of the United States of America protecting and ensuring the continued freedom of our nation.

VFW Post 10643 Commander Willie Goodman led the event and welcomed guests including Windham's state delegation members State Senator Tim Nangle and outgoing State Representative Jane Pringle, and Windham Town Council members Mark Morrison and David Nadeau. It was part of the national celebration of Veterans Day, which was originally known as "Armistice Day."

The commemoration of a special day to pay tribute to military veterans was originally created Nov. 11, 1919, one year after the end of World War I. At the time, U.S. President



Ed Pierce, Managing Editor of The Windham Eagle newspaper, gives the Keynote Speech during Windham VFW Post 10643's annual Veterans Day observance on Monday, Nov. 11 at the Windham Veterans Center. Pierce is a U.S. Air Force veteran and told stories about his military experiences and a veteran seeking a Purple Heart medal for his wounds in combat in World War II. PHOTO BY LORRAINE GLOWCZAK

Woodrow Wilson declared "Armistice Day" to take place annually in America on the "11th day of the 11th month at the 11th hour" to remember

the end of what was known as "The Great War," now called World War I. In 1975, U.S. President Gerald Ford designated Nov. 11 as the permanent

Veterans Day holiday because of the historical significance of veterans to America.

November 15, 2024

During the Windham observance, Goodman recognized three local students as winners of this year's Patriot's Pen essay contest and Voice of Democracy audio essay competition.

Zoie Gabriel-McCormick of Windham Middle School was first overall, and Brenna Wheeler of Windham Christian School finished second in the VFW's Patriot's Pen contest for students in Grades 6 to 8 writing on this year's theme of "My Voice in American Democracy." Amber Sands of Windham Christian School won first place for her audio essay in the VFW's Voice of Democracy contest for high school students on the theme of "Is America Today Our Forefather's Vision?"

Ed Pierce, a U.S. Air Force veteran and the Managing Editor of The Windham Eagle newspaper served as the keynote speaker for the observance.

Pierce related three different stories, two about his own time in the military and one about a veteran he had met in New Hampshire during his time working for a newspaper there.

→ see VETERANS Page 6

### **'indha** m mourns loss of community icon Moody

#### By Matt Pascarella **STAFF WRITER**

Exactly one week after more than a thousand supporters gathered to dedicate basketball courts in Windham to him, longtime community champion Patrick "Pat" Moody passed away from pancreatic cancer on Sunday evening, Nov. 10.

Immediately upon hearing the news about Moody's death, a flood of support, condolences and stories poured in. Many residents have shared the positive affect that Moody had on their lives and the lives of the many children he coached.

"Pat and I first met in 1993," said Windham High School varsity assistant basketball coach Geoff Grigsby. "I had just moved back to Maine and was playing in the first basketball game of the season against Windham. Pat was the big shot point guard on his team, and I was for my team. We started out as rivals, and it was such a big rivalry that he was actually my "pet peeve" in my senior picture in the yearbook. I ended up going to Windham's prom with a friend of Pat's and she introduced me to him for the first time off the court, and he was just the friendliest guy, so I couldn't hate him anymore. We've been friends ever since. When I moved to Raymond and became part of the Windham community 17 years ago, he started recruiting me for Windham Youth





Pat Moody stands and cheers for his son AJ and the Windham boys' varsity basketball team on Saturday, March 2 at the Cross Insurance Arena in Portland moments before Windham won their he wasn't in the mood, he'd take first basketball state championship. PHOTOS BY MATT PASCARELLA

Basketball and other coaching roles. He pushed for me to join the Windham High coaching staff, and more than anything we've just been friends forever."

Windham resident Kristin Osgood Drottar said this is a tremendous loss

knew him. During the basketball courts' dedication, many people got shirts that asked, "What Would Pat Do?" and Drottar

said she has been thinking a lot about this. She thinks Pat would hold the door for a stranger, he would smile at someone, even if silly pictures with his kids and never miss an opportunity to tell the love of his life that she was his ev-

erything. "He would want everyone to know they mattered; he'd be kind. In a divided and busy world, we should ask ourselves what Pat would do and ... do that," she said.

lives.

"I am forever grateful to know you and be one of the countless people Pat Moody had an incredibly positive, profound and uplifting relationship with," said New Gloucester resident Jordan Scanlon. "From a young-age hooper ... to a young adult faced with a mountain of fears and challenges,

Moody

nev-PRSRT STD er wavered in U.S. POSTAGE support or will-PAID ingness to help, TIME4PUBLISHING even if it was just a text to www.TheWindhamEagle.co come hoop – it Local -> see MOODY **Postal Customer** Page 8



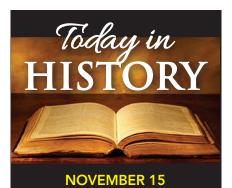
When you meet as many people as I do in my profession, it's hard to gauge what they are all about during a brief interview. Through the years I've relied on first impressions to help guide me in any future interactions after meeting someone initially.

Sometimes my first impressions of someone are correct and sometimes they are not. I suppose it depends upon the person I may meet, what they have going on at the time I meet them and how personable they may be.

On my first evening at the unit that I was assigned to while serving in the U.S. Air Force in Germany in 1977, I was taken around to rooms in the barracks and introduced to my new co-workers and colleagues. Some became my friends and some I avoided like the plague.

My unit sponsor knocked on one barracks door, and an Airman First Class named Greg Nelson answered. He had a Budweiser beer in one hand and the stereo system in his room was blaring Johnny Horton's "The Battle of New Orleans" at a high volume. I shook Greg's hand and noticed that just about every inch of Greg's room was covered in empty Budweiser bottles.

When I asked him if he ever drank German beer, he shook his head and answered, "Never, a million times no. I prefer Bud."



1806 – Explorer Zebulon Pike spots the mountaintop that became known as Pikes Peak.

1864 – Union General William Tecumseh Sherman and his troops begin their "March to the Sea" during the Civil War.

- 1867 The first stock market ticker is unveiled in NYC.
- 1920 The League of Nations meets for the first time in Geneva, Switzerla<u>nd.</u>

1926 – National Broadcasting Co. (NBC) debuts with a radio network of 24 stations.

1939 – U.S. President Franklin D. Roosevelt lays the cornerstone of the Jefferson Memorial in Washington, D.C.

1966 – The U.S. spaceflight mission of Gemini 12 ends successfully as astronauts James A. Lovell and Edwin "Buzz" Aldrin Jr. splash down safely in the Atlantic Ocean.

1999 – Representatives from China and the U.S. signed a major trade agreement that involved China's membership in the World Trade Organization (WTO). He said he would drive about 45 minutes one way just to buy Budweiser at the Base Exchange Store at Rhein-Mein Air Base and he loved 1950s hillbilly music.

My first impression of Greg Nelson, who was a fuel specialist, was here we were in Germany, renowned for brewing many different types of beer and he insisted on drinking Budweiser. I didn't come away with a great first impression of Greg when I realized that he had consumed too many Budweisers that evening and was obviously drunk. About a year later, I learned that Greg had been drinking one night and tried to take a corner in a military Jeep too sharply and had crashed injuring himself and two other airmen riding with him near our unit. Not long thereafter he was reassigned to a base in the United States and I never heard from him again.

That same first evening I was in Germany, I was introduced to another unit colleague who lived right across the hallway from me in the barracks. His name was Sergeant Daryl Green, and he told me that he was from Brooklyn, New York and was a journalist like me. He invited me into his room and showed me his stereo system and a new turntable that he had recently purchased.

He asked me if I liked jazz, and I told him I didn't listen to it much. Daryl showed me some of his record albums and said he loved jazz music and pointed out that many of the same jazz artists such as the Brecker Brothers, Idris Muhammad and Herbie Hancock would appear on each other's albums.

Daryl and I became great friends and when he was transferred to be the editor of the base newspaper at Bolling Air Force Base in Washington, D.C., I didn't know if I would ever see him again. That notion was proven wrong the next year when I was transferred to The Pentagon and many of the stories that I was writing there for my job were published in the base newspaper that Daryl was the editor of called the Bolling Beam.

We stayed friends through the years but unfortunately this past summer I heard from Daryl's brother, who is a firefighter in New York City, that he had passed away. I had to inform several old friends from our unit in Germany about his death and that wasn't easy.

My first impression of meeting a television actor in person was also favorable. I was assigned to interview Fred "Rerun" Berry from the old TV show "What's Happening?" in the late 1980s. On television, Berry came across as a jovial comic actor who was overweight and would often poke fun at his physical appearance. Yet I found out that Berry was highly intelligent, very serious and deeply cared about keeping children away from using drugs.

He was touring the country visiting elementary schools and giving a presentation to young students that involved rap music, break dancing and Super Soaker giant squirt guns. His message to children was that there are many ways to feel good about yourself without taking drugs and it was powerful and effective.

When I shook Berry's hand when I first met him, it was like I was suddenly drawn into his larger-than-life persona. I instantly felt welcomed by him and believed that I could ask him any question for my newspaper interview and that he would give me an honest answer. I was shocked and saddened to hear the news that Berry had died of complications from a stroke at the age of 52 in 2003.

I don't know about you, but over my lifetime I've come to trust my first impressions and although they may sometimes be wrong, I've learned that my first impressions are instinctive and can be spot on target. <

~ Ed Pierce

## Which part of the Thanksgiving dinner do you look forward to the most?

"Stuffing and gravy with dark meat and homemade cranberry sauce with ginger and oranges." – Julie Mallett

"Family and leftover turkey sandwiches." – Rob Juergens

"Being with family and friends." – Nicole Keary

"Welcoming friends and family. And pie ... pie is good." – Sharon Taylor

"Eating so much I just about burst." – Shonn Moulton

"Time with family and my stuffing. In that order." – Lynne Latham

"Chocolate cream pie." – Steve Hatt

"Dessert!!" – Pamela Brown

"Spending the day with family." – Stacy Reed

"When it's over so I can decorate for Christmas, Iol." – Kat Doughty

"The family and the first Christmas movie of the year." – Tommy Matthews

"Desserts and family stories." – William D. Reiner

**"Family."** – Mark Cobb

"The garlic bread that goes with the lasagna. LOL." – Jennifer Harmon

"Stuffing and gravy." - Ruthie Jackson

"Watching Macy's Thanksgiving Day Parade while enjoying the smell of the roasting turkey." – Sharon Bickford

"Mashed potatoes with gravy.

### 

#### MAILED TO 10,800 HOMES AND BUSINESSES IN WINDHAM & RAYMOND. TOTAL CIRCULATION 13,000

585 Roosevelt Tr, Windham, ME 04062 • Call 207-894-3500 (text friendly)

#### FLIP THROUGH OUR DIGITAL EDITION: WWW.THEWINDHAMEAGLE.COM



**Kelly Mank** Publisher Kelly@TheWindhamEagle.com



Becky Knox Administrative Office@TheWindhamEagle.com Office hours: Wednesdays 8-2 Thursday 9am-Noon



Melissa Carter Sales Manager/Designer Melissa@TheWindhamEagle.com







Staff Writers: Jolene Bailey, Lorraine Glowczak, Matt Pascarella, Kendra Raymond, Masha Yurkevich, and Abby Wilson



EDITORIAL POLICY The Windham Eagle newspaper has a mission to be a Positive and Solutions Based newspaper. As a positive and solutions-based newspaper, we are committed to providing our readers with accurate, informative, and constructive news and information that uplifts and inspires. We recognize that certain content may not align with our mission and values, and therefore reserve the right to not publish certain types of content. For complete details about submissions and our letters policy, visit thewindhameagle.com/Information.pdf

family." – Miki Mayberry

"Health because I'll be at the table with my loved ones." – Jamie Lippman

"Sweet potatoes, pumpkin pie and freshly baked rolls." – Anne Glotchshuk

"Homemade cinnamon applesauce." – Benjamin Lee "Deep-fried turkey and yams." – Deirdre Schulte

> **"Mincemeat pie."** – Mia Potenzio-Ransey



# Popular Festival of Trees event set for annual return to Windham Hill United Church of Christ

### By Ed Pierce

STAFF WRITER

Windham residents know that the holiday season has officially arrived each year when the popular Annual Christmas Festival of Trees makes its return to the Windham Hill United Church of Christ.

This year is no exception when the Eighth Annual Christmas Festival of Trees will be held Dec. 6 through Dec. 8 at Fellowship Hall, Windham Hill United Church of Christ, 140 Windham Center Road in Windham.

This much-anticipated event for the community of Windham is a showcase for local merchants and organizations as well as a fundraiser for Windham Hill United Church of Christ, the founding church of Windham and a historic landmark for the town.

Festival hours are noon to 8 p.m. Friday, Dec. 6 and 9 a.m. to 7 p.m. Saturday, Dec. 7. On Sunday, Dec. 8, the festival will be open from noon to 4 p.m. with the Grand Drawing of Winners to be conducted at 4 p.m. Sunday, Dec. 8.

The church's Fellowship Hall will be decorated for the Holiday season and refreshments will be available.

There will be 20 decorated Christmas trees with lights, and each one will be donated by a local business or by individuals in Windham.

In keeping up a tradition, Windham Hill UCC will once again sponsor a special tree to honor the memory of the late Bob Turner, a Windham Hill UCC church member who came up with the idea to create this popular annual event. Turner, who died in January 2023, based his idea on an event that he participated in when he lived in Brewer.

The tree sponsor will decorate the tree and then put gifts on and around the tree, many from their store or organization. Winners will receive the tree itself, with its lights and ornaments, all the gifts hanging on the tree, and all the wrapped gifts placed under the tree.

At each of the previous Christmas Festival of Trees events, the drawing winners took home everything from toys and gift items to kitchen supplies and jewelry and there's always great excitement and anticipation when each Grand Drawing is conducted. Admission to the Christmas Festival of Trees is free and everyone is welcome to visit the church and take in the sights of these decorated Christmas trees with the colorfully wrapped gifts underneath from the event's tree sponsors. There will be drawing tickets on sale for 50 cents each. A bucket will be in front of each tree display and one ticket will be drawn for each tree at 4 p.m. on Sunday afternoon.

to claim their tree and gifts by 4 p.m. Tuesday, Dec. 10.

Along with the Christmas tree displays, visitors to the event will find refreshments available in the church's café. Available treats will include Macaroni and Cheese, Hot Dogs, Fish Chowder, Tacos, Whoopie Pies, and a variety of other sweet goodies.

Event officials say that by participating, not only do you have a chance to win big, but you'll also be helping to support the church budget and community mission projects, spreading joy where it's needed most. Some Windham UCC mission projects include donations to the Windham



Food Pantry, helping the homeless, participating in the Sebago Lakes Region Fuller Center for Housing programs, and providing meals for local families in need at Thanksgiving and Christmas. The church's charitable work also involves collecting donations for fire victims, hurricane victims and those affected by other natural disasters.

Windham Hill United Church of Christ is an Open and Affirming church, welcoming all who would come.

The church was founded in 1743 and has been central to the life of Windham throughout Windham's history as a town. <

# MEDICARE Plans Are Changing For 2025 and Annual Enrollment Period (AEP) Is Here!

# **AEP Ends December 7th**

Prescription Drug Costs & Copays are Changing for 2025. <u>NOW</u> is the Time to Compare Your Current MEDICARE Health Plan to the Other Plans Available to You!

# Call today and let's compare your MEDICARE plan options.



# (207) 951-7431

**Charles Tull** Licensed Maine Insurance Agent/ MEDICARE SPECIALIST

"Let's make sure that you are receiving <u>every</u> MEDICARE insurance benefit that you are entitled to for 2025 for the <u>least</u> amount of money!"

The winners do not have to be present for the drawing but will need

Medicare Health Insurance Advisors

Maine 65+

### 405 Western Ave., Ste. 208, South Portland • Maine65Plus.com

Maine65+ is a licensed Maine insurance agency and is not affiliated with the federal Medicare program or U.S. Center for Medicare Services (CMS)

## Windham Town Council elects Maxfield as council chair

### By Ed Pierce

**STAFF WRITER** 

With two incumbent councilors, Bill Reiner and David Nadeau, sworn in to serve at the start of Tuesday night's Windham Town Council meeting, councilors elected a new chairperson, leadership team and made committee assignments for the coming year.

Councilor Jarrod Maxfield was elected as the new Windham Town Council chair, succeeding Mark Morrison in that position. The council also nominated and elected Bill Reiner to serve as the council's vice-chair and David Nadeau as the council's parliamentarian.

Maxfield has lived in Windham since 2011 and owns a computer technology business. He has represented Windham's North District since 2016.

The council also chose Nadeau to serve on the Finance Committee along with Councilors Reiner and Nicholas Kalogerakis. Elected to serve on the Appointments Committee for the coming year are Councilors John Henry, Reiner and Morrison.

Kalogerakis, who represents Windham's South District, will join Maxfield in continuing to serve as the council's delegates to the Windham Economic Development Corporation Board of Directors.

Councilor Brett Jones, who represents Windham's East District, was elected as the council's representative to the Natural Resources Advisory Committee and as the council's representative to the Parks and Recreation Advisory Committee.

Council members Maxfield, Nadeau, and Henry were elected to serve

on orders

over \$99



Order coffee & merchandise for your holiday gift giving at SwiftRiverCoffee.com

on the Ordinance Committee.

Councilors Nadeau, Maxfield and Henry were chosen to serve on the Ordinance Committee, while Morrison was elected as the council's lone representative to the Substance Prevention Grant Committee.

Reiner will serve as the council's representative on the Energy Advisory Committee, while Maxfield will represent the town as

Manager Bob Burns COURTESY PHOTO

was appointed by the council as Alternate Delegate to the GPCGGA.

Burns was appointed by councilors to be Windham's delegate to the eco-Maine Board of Directors. Council Nadeau will be the town's Alternate Delegate to that board.

During the council meeting, councilors discussed adopting amended rules about how to handle a tie vote. Windham Town Manager Barry Tibbetts suggested that the council follow Planning Board rules where if a vote is



Windham's dele- Jarrod Maxfield has been gate to the Greater elected to serve as chair of Portland Council of the Windham Town Council for Governments Gen- the upcoming year. Maxfield eral Assembly (GP has served as a Windham CGGA). Assistant Town Councilor representing Windham Town the North District since 2016.

then the motion or issue would fail. The councilors voted to table a vote

about the amended rules until the next meeting.

In another action, the Windham Town Council appointed Brian Morin as Windham's Public Works Director. Morin has spent the past three months as the town's interim Public Works Director and formerly served as Windham's Facilities and Grounds Director.

Morin said he was grateful for the appointment and for the support shown to him by the council, the Town Manager and residents in the community. <

Enjoy a stress-free, hassle-free Thanksgiving meal... YOU ROAST THE TURKEY, **ET US COOK THE REST!** Order online through our website, call 655-1196 or fill out this ad and bring it to the store. ORDER DEADLINE: SATURD **CALL or COME IN TO ORDER YOUR FRESH** \*Orders may be picked up Wed., Nov. 27th between 9AM & 7PM. FREE-RANGE TURKEY WHILE SUPPLIES LAST! **CLOSED THANKSGIVING DAY** CIDEC.

| SOUPS:                |                        | QUANTITY |
|-----------------------|------------------------|----------|
| Wild Mushroom & M     | adeira\$15.00/quart    | qts.     |
| Winter Squash & App   | le Bisque\$12.00/quart | qts.     |
| <b>BIG SKY DINNER</b> | R ROLLS:               |          |
| White                 | \$3.99/half dozen      | 1/2 da   |

| <u>SIDES</u> :                  |                           |                | QUANTITY  |
|---------------------------------|---------------------------|----------------|---|
| • Maple Glazed Brussels wit     | h Sweet Potatoes          | .\$12.95/quart | qts.  |
| • Roasted Root Vegetables       | with Thyme Vinaigrette    | .\$12.95/quart | qts.  |
| • Maple Nut Squash Smash        | with Toasted Walnuts      | \$14.95/quart  | qts.  |
| • Cheddar Sage Mashed Pot       | tatoes                    | .\$12.95/quart | qts.  |
| Classic Cornbread Stuffin       | lg                        | . \$9.95/quart | qts.  |
| • Cranberry Orange Relish       | ( <i>Tart</i> )           | \$9.95/pint    | pints   |
| • Madeira Cream Gravy           |                           |                | pints   |
| • Tourtiére (French Canadian    | Pork Pie) 9"              | .\$25.00each   | pie   |
| DESSERT: Indian Puddin          | ng                        | .\$11.95/pint  | pints   |
| <u>PIES 9</u> " - \$19.99** eac | h (except as noted):      |                | A . A   |
| • Applepie                      | • Strawberry Rhubarb      | pie            | 1   |
| • Blueberrypie                  | • Pumpkin (Housemade)     | pie            |   |
| • Cherrypie                     | • Pecan (Housemade)       | pie            | L.V   |
| • Peachpie                      | • Chocolate Cream \$24.99 | pie            |   |
| • Mixed Berrypie                | For add'l prepared food o | options see    | C   |
| TERM MARKY CLAREN               | our Catering Menu on o    |                | Contract  |
|                                 | g riene en e              |                | and the second se |

tied as a result of an

absence, the issue

carries over to the

next meeting when

hopefully all seven

council members

about what would

happen if a coun-

cilor were to ab-

stain from voting

resulting in a tie

vote. Tibbetts said the amended rules

would be that the

issue would be car-

ried over to the next

meeting if it was

tied and if a council-

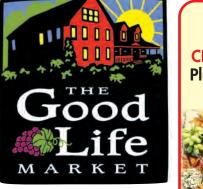
or abstained again

A question arose

will be there.

| Willee                 |  |
|------------------------|--|
| Wheat\$3.99/half dozen |  |





Name:

Phone #:

Corner of Routes 302 & 85, Raymond • Open Daily 7 'til 7

100s OF ITEMS TO **CREATE YOUR OWN** CHARCUTERIE BOARDS. Plus - wine, beer, spirits, mixers & mocktails!



Scan here to order or visit the take-out catering tab at: THEGOODLIFEMARKET.COM



#### www.TheWindhamEagle.com

#### **VETERANS** Cont. from page 1

In his first story, Pierce described an incident he experienced as an E-1 Airman Basic on a seven-hour flight to Frankfurt, Germany from Gander, Newfoundland in 1977. During the flight, he inadvertently got brown gravy on the collar of the dress shirt of a U.S. Army Colonel sleeping next to him. While agonizing about what to do, the gravy dried and it turned out the colonel happened to be the chief aide to U.S. Army Four-Star General Alexander Haig, the Supreme Commander of NATO Forces in Europe at the time.

His second story involved meeting and interviewing future U.S. President Ronald Reagan in 1975, and then seven years later having Reagan recognize him as an Air Force sergeant during an event at Luke Air Force Base in Arizona. Reagan mentioned that Pierce was his favorite writer and should be promoted and when the promotion list was posted two days

later, he was indeed promoted. The following Monday, a large jar of jellybeans and a note bearing the presidential seal and offering congratulations appeared on Pierce's desk when he arrived for work.

Pierce's final story involved George Nichols, an 89-year-old resident of the New Hampshire Veteran's Home in Tilton in 2014. He was covering the veteran's home as part of his beat for the Laconia Citizen newspaper and was at the facility to report about a visit from then-New Hampshire Governor Maggie Hassan with the veterans for St. Patrick's Day. Nichols, who was on oxygen and confined to a wheelchair, stopped Pierce and said he had a story for him to write about.

When Pierce went back the next day to speak to Nichols, he learned that the veteran had cancer and was a lifelong baseball fan. Nichols told him he had gone with his father to Fenway Park in Boston to watch his first Red Sox game in 1929. Nichols had

wanted to pitch someday for the Red Sox but World War II intervened. He instead was drafted and trained as a medical corpsman and sent to Anzio Beach, Italy during the American landing there in 1944.

At the same time, Pierce's father was drafted in 1943 and was shipped overseas as an infantryman serving first in Libya and Morocco and then was part of the U.S. invasion force trying to take Anzio from the Nazis. He was shot in the back by a German sniper and was rescued by a medical corpsman and taken for treatment.

During the Battle of Anzio, Nichols was asked to run onto the beach, pick up American soldiers who were injured but had a chance to survive, sling them over his shoulder and carry them to the medical station for treatment. On his 19th trip onto Anzio Beach to rescue wounded soldiers, a German mortar shell exploded nearby and sent shrapnel into Nichols' left knee. Despite bleeding profusely, Nichols completed his mission, had his knee cleaned and bandaged and he went back and successfully completed six more trips. At the end of the day, he was informed that he would be put in for a Purple Heart medal for being wounded in combat.

But it never happened and years later when he turned 65, Nichols applied for his Purple Heart medal. He was denied the medal by the VA and over the next 19 years, Nichols applied every year and was denied each time. The reason for the denial was Nichols did not have his Army medical records to prove he had been wounded. Those paper records were stored in a facility in St. Louis, Missouri which burned to the ground in 1973 and lost forever, along with the records of 18 million other American military personnel.

The story about Nichols' plight ran on the front page of the Laconia newspaper and was subsequently picked up and run by the Associated Press throughout the U.S. It so happened that the owner of the Boston Red Sox saw the article and invited Nichols and his family to be his guest and for him to throw out the first pitch at Fenway Park on Armed Forces Day in 2014, fulfilling Nichols' lifelong dream of throwing a pitch for his favorite team. The following spring he died without ever receiving his Purple Heart.

According to Pierce, veterans like George Nichols and those from the Windham VFW Post 10643 and Windham American Legion Field-Allen Post 148 gave unselfishly of themselves to protect our freedom and deserve our respect and gratitude not only on Veterans Day but throughout the year

In addition to the keynote speaker at the observance, the Windham Chamber Singers, under the director of Dr. Richard Nickerson, performed the National Anthem and a medley of military branch songs for the veterans. Afterward, those in attendance were treated to a lunch provided and served by Chick-Fil-A of Westbrook. A donation of coleslaw was made to the gathering by Windham Kentucky Fried Chicken.

Windham Boy Scout Troop 805 presented the colors, passed out programs and helped seat visitors at the observance. <



### **REV. GERALD CARL EDDY, 97**



Rev. Gerald Carl Eddy was Born April 4, 1927 died November 8, 2024. He was born in Elizabeth, Pennsylvania, son of Gerald D Eddy and Wilhelmina Eddy . He was the first born of five children. Naomi Smith, Ruth McQueen, June Eddy, and Barabara Edwards are his loving sisters. He grew up in Pennsylvania and graduated from Clairton High School in 1945. Following high school Gerald served in the US Navy from 1945-1946. At war's end, he pursued life, along with

marriage, to Ninetta J Eddy and his education at Nyack College where he studied for the ministry.

Gerald and Ninetta had three children, Paul Eddy, Timothy Eddy and Faith Eddy Lick. Gerald and Ninetta ministered in several Nazarene churches throughout New England over the course of his ministry. During his pastorate in Danbury CT. he pursued his Masters degree in Pastoral Counseling through Ionia College while Ninetta went back to school to pursue her nursing career. Dad was a wonderful servant of our Lord Jesus Christ. When I think about the legacy that my dad has given to us and so many who have had the opportunity to get to know him. We are reminded of his gentleness, generosity and kindness beyond measure, compassion, and his love for God transformed who he was and what he did each day he lived, but most importantly, the life he lived through Jesus Christ. He was a man of faith in God, constant and unwavering in what he believed and knew to be true. Once dad came to faith in Christ his heart was drawn to ministry to others, always wanting to make sure you knew about the hope and life you too could have in Christ. We are privileged to have been given such an earthly father. We are forever grateful for this.

After retiring he and Ninetta first moved to Island Pond VT where they enjoyed snowmobiling, the lake, boating along with hosting many wonderful fun filled family gatherings over the 15 years there. In retirement, the church continued to be a vital part of their life. They often enjoyed fellowship and times of encouragement with friends.

Gerald loved traveling with Ninetta, visiting throughout the 50 states. They're favorite places were the coastal regions and Vermont.

They enjoyed being grandparents to 9 grandchildren, Jarred Eddy, Marissa Eddy Shivic, Justin Eddy, Jasmin Eddy, Kaleb Eddy, Gretchen Lick Hight, Kirstin Lick Carter, and Michaela Lick. He was proud of each one of them and their many accomplishments.

He is survived by his children, Diane Eddy, wife of Paul Eddy, Tim Eddy and his wife, Chunson-Choe, and Faith Lick and her husband, Ken; grandchildren, Marissa Shivick and her husband Joe, Jarred Eddy, Justin Eddy and Hillary, Jasmin Eddy, Kaleb Eddy, Gretchen Lick Hight and her husband Alex, Kirstin Lick Carter and her husband Jeff and Michaela Lick and her fiancee' Andrew.

He was predeceased by his wife Ninetta J. Eddy of 68 years, Paul Eddy (son), Ruth McQueen, (sister)

Come celebrate Gerald's life with us at a Memorial Service Saturday, November 16, 2024 at 1 PM at Jericho Congregational Church in Jericho, VT. In lieu of flowers, please contribute to your local church and the family would like to honor their father by having others consider planting a tree in the spring. Evergreens often symbolize immortality and eternal life because they retain their leaves throughout the winter. We celebrate the fact that dad has received the gift of eternal life through Jesus Christ, his precious Savior. Arrangements are in the care of the Ready Funeral And Cremation Services. To send online condolences please visit www.cremationsocietycc.com 6



# Longtime Windham resident transforms loss of son into positive mission of helping others deal with grief

### By Ed Pierce

STAFF WRITER

For Richard Collins of Windham, grief is not something he's been able to get over easily. It's not something that he woke up one morning and said that it's over, it's something he carries with him every day. Yet he believes that if others experiencing grief can learn to manage it and honor the person they miss, it is something incredibly sad that can be turned into something positive.

Collins has been in Windham for 20 years and he raised two sons here as a single parent. Both of his sons attended Windham High School and life was routine and normal for all of them until a tragedy struck and it left Collins searching for answers and trying to understand how he could ever cope with losing his youngest son.

Both of Collins sons were born in Washington state and were still in school when Collins relocated the family back to his home state of Maine. His oldest son, Kyle, was in high school while his youngest son Cody, was in middle school.

"Cody liked Washington state and didn't like it here," Collins said. "He missed his friends in Washington."

But because his family was here, Cody adapted and graduated from Windham High School as a junior in the Class of 2009 with honors. He decided to attend college in Washington state and attended Bellevue Commu-



Richard Collins of Windham holds a photo of his two sons, Cody, left, and Kyle. Cody Collins died at the age of 23 in November 2015 and his father helped create a local chapter of The Compassionate Friends, a group to support families who have had children die. PHOTO BY ED PIERCE

nity College in Bellevue, Washington and then was accepted to transfer to the University of Washington.

Things were looking up for Cody when he called his father in Windham on Sept. 22, 2012, and said he wasn't feeling well, he had been throwing up, had diarrhea and was dehydrated. He ended up going to a hospital and called his father back to



tell him that he had been diagnosed with leukemia.

His father brought him back to Maine to be near family as he was going through treatment. Cody ended up having stem cell transplantation surgery and not long thereafter, he felt better and got the OK to return to college. But a month after returning to school in Washington state, his father received a phone call that Cody had been admitted to a hospital in Seattle and was suffering from Graft versus Host Disease, resulting from his previous stem cell transplant surgery.

"He had beaten cancer but now he needed a lung transplant," Collins said. "Before that could happen, he died at the age of 23 on Nov. 18, 2015."

Cody's death sent his family into a tailspin. His older brother, Kyle, was so grief-stricken he couldn't talk about his brother dying and to this day, finds it difficult to speak about it. He was supportive of his father but finds it painful to discuss.

As for his father, the loss of his youngest son was a devastating blow see **GRIEF** Page 11



BRIDGTON'S LADIES' WEEKEND OUT Sat. & Sun. Nov. 23<sup>RD</sup> & 24<sup>th</sup> 2024

Get your friends together for a fabulous and fun shopping weekend out on the town. Prepare to be pampered



#### www.TheWindhamEagle.com

November 15, 2024

### MOODY Cont. from page 1

meant a lot to me. Moody's God-given ability to make everyone he'd encounter feel appreciated, seen and valued is unmatched. I will never stop looking up to him as a hooper, a positive community leader, or most importantly a father. You're truly one of the greatest examples of humanity I have ever known."

There are people with so many good things to say about Moody, and it could fill numerous articles.

"He has such a strong connection and bond with my children and so many children in this town, his infectious smile will be deeply missed," said Windham resident Maureen Flaherty Janvrin. "I am so happy he was able to





Grade: Fifth Grade School: Manchester School Teacher: Jennifer Breton and Margaret Sparrow Favorite subject(s) in school: Math Parents' names: Tiara and Shawn Reason for selection: Clay was chosen for Student of the Week because of his character, kindness, and leadership abilities. Clay is often the first one to help anyone in need. He leads by example and truly only wants the best for his peers and teachers. He is like a big brother

to many, and students are drawn to him for his welcoming and kind nature. He quietly helps without expecting anything in return. He is a natural leader who strives to unite others and is the first to welcome his quieter peers in an activity to help them feel included. His kind heart and gentle nature are just some of the reasons Clay is a deserving student for this recognition!

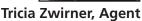
### FAMILY. FRIENDS. COMMUNITY.

State Farm<sup>®</sup> has a long tradition of being there. That's one reason why I am proud to support The Windham Eagle's Student of the Week!



207-892-2864 • TRICIAZWIRNER.com

Walk-ins welcome M 9am-4:30pm & F 9am-4pm at 13 Storm Drive, Windham Our team works remotely T/W/Th 9am-4:30pm State Farm support all other hours





# **Grow Your Money** High-yield checking account

see Windham bring home the first basketball state championship, the Celtics win the NBA finals and have an outpouring of dedication courts, and he could be a part of all of that joy; he was the epitome of community."

Around a year ago Windham resident Shane Bryant was diagnosed with Chronic Lymphocytic Leukemia (CLL), a non-curable but manageable blood cancer. Bryant only shared this with

sis. Pat had rung the bell on cancer, which was amazing. Pat immediately reached out to offer his support and to let Bryant know he was there anytime he wanted to talk. Moody told Bryant he needed a pair of "lucky sneakers." Moody said the sneakers he purchased brought him tons of luck and Pat sent Bryant's daughter, Nola, a gift card to Footlocker so she could buy him the lucky sneakers.

While this might seem like a small act of kindness, it meant so much more to Bryant and his family.

Windham resident and town councilor Jarrod Maxfield and Moody worked together on the community center committee. Maxfield says he remembers Moody being passionate and not one to shy away when obstacles arose. It meant a lot for Maxfield to get to know him, because Moody was always positive and set a great example to follow.

Ashley Fearon of Windham met Pat through her son.



family and a few very close Pat Moody, left, with son, AJ Moody holding friends. One of those close the state Class A championship winning gold friends let Pat know because ball at the Cross Insurance Arena in Portland of his own cancer diagno- on Saturday, March 2. SUBMITTED PHOTO

"I have known Pat Moody since my son was in preschool, which he is now a senior in high school," said Windham resident Fearon. "Braycen and AJ went to kindergarten together and have played sports their whole lives. I met Pat because I was waitressing at Pat's Pizza, and he used to come in with Hayleigh and AJ. Pat has always been such a friendly, optimistic person. He never judged and never excluded anyone. He taught my son how to play basketball and how to drive. He was definitely always the dad with a carload of kids for every adventure. The best are the pictures; Pat was always doing group selfies or sending funny shots. There wasn't anything that Pat wouldn't have done for somebody else. From day one I think Pat became family and that's just how he made you feel being around him."

The Windham community's thoughts and prayers are with the entire Moody family and are deeply saddened by the loss of Pat. <



- No monthly fees
- No minimum balance requirements

Visit us at 25 Portland Road Gray, Maine or scan to apply online







The winning design will be distributed in the towns of Windham & Raymond!

### Help us create a **CLEAN AIR COMMUNITY!**



btidirector@windhammaine.us

**OPEN TO GRADES K-12** 

For more info &

guidelines click here or go to:



https://forms.gle/RLtXaHaNJegQbX9P6

### SUBMISSIONS DUE BY **NOVEMBER 30, 2024**

# **Annual 'Be A Santa To A Senior' program underway**

#### By Ed Pierce STAFF WRITER

Christmas wishes do indeed come true, and no matter how old you are, an annual program sponsored by Home Instead of Gorham intends to bring cheer and a smile to older residents in need this holiday season in Windham and Raymond.

Relying on volunteers and the generous support of the community, the Senior Santa Program has set up "Be A Santa To A Senior" trees at participating locations which runs from now through Dec. 4. Trees are decorated with ornaments featuring seniors' first names and gift suggestions. Holiday shoppers choose an ornament, purchase the requested presents and return them unwrapped in a holiday gift bag to the tree location with the ornament tag attached.

The local tree location is at Blue Seal Feeds, 43 Main St. in Windham. All gifts need to be returned to the tree location or to Home Instead at 502 Main St. in Gorham no later than Wednesday, Dec. 4.

According to Kathy Damon, a home care consultant for Home Instead, the program annually serves more than 600 seniors across Cumberland County and has worked with more than 20 different nonprofits and senior agencies in developing a list of deserving seniors to be given gifts.

When volunteers pair up with police officers to deliver the gifts at Christmas that experience is incredibly moving and emotional, Damon said.

"For me, the best part of doing this comes in delivering the gifts," Damon said. "To hear the appreciation is just wonderful."

The Be A Santa To A Senior Program is evidence for many seniors that these simple gifts reminds them that they have been thought of during the holiday season.

Many of the recipients have no family or are financially strapped. What the recipients typically ask

for ranges from food to a warm pair of socks to a winter coat or boots and the staff at Home Instead makes sure that all requests are fulfilled.

Each year after the gifts have been delivered, Home Instead receives thank you notes from recipients and senior caregivers who are grateful for the gifts.

In previous years, gift items have included everything from magnifying glasses to hand-held grabbers, warm socks, winter coats and boots, large Christmas bags and tissue paper, Christmas treats, lap blankets, puzzles





Participation in the 'Be A Santa To A Senior' program offered by Home Instead will help elderly residents in Maine have a brighter Christmas. Tree ornaments tics of matching the right gift suggestions are available at Blue Seal Feeds, 43 Main St., Windham and gifts purchased for seniors must be returned by ta To A Senior Program Dec. 4. SUBMITTED PHOTO

of different strengths, large-print puzzle books, reading glasses, stamps, to gift cards from Hannaford, Bull Moose, Sherman's Maine Coast Book Shop, Walmart and other stores, Damon said.

For those who cannot find an ornament, donated items can also be dropped off at the tree locations and program organizers say that some gifts are always needed by local seniors. Those items include knitted or crochet hats and scarves; plush throws; body cream for dry or sensitive skin; men's

and women's hats and gloves; snacks both sugar and sugar-free; calendars; puzzle books; stationary; stamps; grocery gift certificates; and tissue paper and large sturdy Christmas bags.

The program is open to all seniors in Cumberland County, although they need to be referred through an agency such as Windham's Ledgewood Manor.

Damon said the logisgifts to the right seniors can be challenging every year, but the Be A Sanconnects many isolated

community members with those who want to help.

"I think everyone should take away from this and realize that there are seniors who can be overlooked at this time of year," she said. "It can be very lonely for people. This program sends the message that there are people in the community who care about them and want to make their holidays brighter."

For more information about the program, visit BeaSantatoaSenior. com or call 207-839-0441. <





**Auto Loans** For wherever the roads take you.



**New Lower** Rates Same Quick Decisions Loan Rate Discounts

egcu.org/auto



Scan to apply or call 207-221-5000



# Yellow Tulip Project raises awareness for mental health and builds hope, resilience in community

Be the Influence and the Wellness Committee of RSU 14 worked in collaboration with teachers and students of all district schools, the PTA and PTO and grounds staff to plant 1,000 tulips on Oct. 10, which is the National Day for Mental Health Awareness.

The Yellow Tulip project would not have been possible without the community coming together to smash the stigma and build hope in the community. Healthy Outcomes through Positive Experience are what bring the Windham and Raymond

Communities together.

The Yellow Tulip Project is a youth-led prevention education project that raises awareness on the importance of youth mental health. Building protective factors for youth through social connection and relationship building, creating environments where all are welcome to play and learn, fostering emotional growth through mindfulness, asking for help, and skills building are the cornerstones of the project.

The yellow tulip bulbs are plant-









ed in the fall and then flower in the spring as a symbol of hope and resilience. Smashing the stigma in springtime with beautiful yellow tulip blooms is a reminder for individuals



Student and school colunteers plant ed 1,000 yellow tulip bulbs throughout the grounds of RSU 14 schools to raise awareness for the importance of mental health in the community. This is an annual event in conjunction with the National Day for Mental Health Awareness each **October.** SUBMITTED PHOTOS

that even in times of darkness there is always hope and brighter days ahead.

The staff of Be the Influence and the Wellness Committee of RSU 14 encourage everyone to have conversations with students about the importance of self-care, mindfulness, using coping skills during difficult emotions and to ask for help when needed.

Together as a community we can all smash the stigma of mental health. <





24/7 Emergency and Specialty Services

- and brush PLEASE SEPARATE.
- Dispose of leaves and brush in designated areas ONLY (Please follow signs).
- Leaves must be removed from bags, please REMOVE them from the bags and TAKE THE **BAGS WITH YOU.**
- Leaf and brush disposal area is for Windham residents ONLY
- Brush must be less than 12" in diameter

For more information please call Public Works at 892-1909 or visit their website at www.windhammaine.us

- Neurology
- Internal Medicine
- Oncology
- Surgery
- Emergency
- Rehabilitation
- Sports Medicine
- Ophthalmology

(207) 885-1290

- Critical Care
- Radiology
- Cardiology

1500 TECHNOLOGY WAY SCARBOROUGH, ME



# Bravery not forgotten



A wreath ceremony was conducted in the Memorial Garden at the Windham Veterans Center in Windham the VFW's annual Veterans Day observance. The Floral Wreath was placed at the memorial for all Windham veterans by VFW Post 10643 Commander Willie Goodman and American Legion Field-Allen Post 148 Commander Tom Theriault. Following the wreath placement, a rifle volley salute was performed by the Post 148 Honor Guard followed by the playing of Taps. SUBMITTED PHOTO

# **\$ UPPORT** Local Business





"Everybody grieves differently," he said. "As a parent I felt like my heart was ripped out. I was shocked and overwhelmed."

After Cody's death, Collins had funeral services in Washington and here in Maine for Cody and heard about a grief support group at a local hospital. They offered a six-week course in dealing with grief and through that, Collins learned about a group called The Compassionate Friends who supported families after a child dies.

There was only one chapter of The Compassionate Friends in Maine and that was in the Lewiston-Auburn area. There Collins met other bereaved fathers like him and found it helped him process his son's death.

"I was in a group where people understand," he said.

The Compassionate Friends organization was originally started in 1969 by two couples who lost children in an automobile accident in England. Its first U.S. chapter was created in 1972.

Collins says he decided to help form a local chapter to support other

families in Southern Maine who experience what he has been through.

"It hit me that this was a great way to honor my boy," he said.

Launched on the fifth anniversary of Cody's death, 19 individuals attended the Portland chapter's first meeting, and it has grown over the years since. The support group meets on the third Thursday of every month at 7 p.m. at The Rise Church at 1047 Congress St. in Portland. There is no cost to participate, and all the group's facilitators are bereaved themselves.

"The point is we want to let people know, especially during this time of year, that there is support for them and they are not alone," Collins said. "We want people to know we're there for them."

If he had lived, Cody would be 32 today.

Collins said being part of The Compassionate Friends has helped him tremendously and thinks if Cody was still alive today he would say, "Way to go Dad."

To learn more about The Compassionate Friend of Portland, call 207-200-3651 or visit them online at https://portlandcompassionatefriends.org/ or send an email to TC-FofPortandME@gmail.com <



### something unexpected happen.

You can trust Timothy Graham's expertise to help you protect your family that relies on you with LIFE INSURANCE.

He's local and offers members the opportunity to help others and the community by helping themselves.

Planning for life begins with a conversation – Let's Talk.



**Timothy K. Graham, FIC** 909 Roosevelt Trail, Windham B. 207-892-0302 | C. 207-888-4738 timothy.k.graham@mwarep.org reps.modernwoodmen.org/tgraham



Whole Life Insurance | Term Life Insurance | Universal Life Insurance Financial Planning | Investments



You can buy life insurance with the intent to leave your grown children with tax free inheritance.

# BRIEFS

### **Holiday** Fair

The Casco Village Church, United Church of Christ, is hosting its annual "Christmas in the Village" Holiday Fair from 9 a.m. to 1 p.m. Saturday, Nov. 16 at 941 Meadow Road in Casco. This year's fair will have a variety of vendors in addition to decorative greenery, baked goods, a raffle, and a luncheon. FMI, call 207-627-4282.

### St. Anne's Annual Church Fair

Everyone is welcome at the St. Anne's Annual Church Fair from 9 a.m. to 2 p.m. Saturday, Nov. 16 at 299 Main St. in Gorham. There will be handmade items, a silent auction, as well as bucket and cash raffles. If you like white elephant items, you don't want to miss Gramma's Attic at the fair. There will be candy, baked goods, breakfast and fish chowder and chili) for sale. Mr. and Mrs. Santa will also be there. FMI, call 207-892-9492.

### **Baked Bean Supper**

American Legion Post 148 will host a Baked Bean Supper from 4:30 to 6 p.m. Saturday, Nov. 16 at the Windham Veterans Center, 35 Veterans Memorial Drive in Windham. Proceeds will benefit the post's Youth Fund. There will be baked beans, chili, salads, casseroles, coleslaw, potato salad and more for \$10. Kids under 12 eat for free. There will also be a 50/50 raffle. FMI, call 207-892-1306.

### **Cancer Support**

The Windham Cancer Support group will be hold a caregiver-only meeting at 6:30 p.m. Monday, Nov. 18 at the Windham Public Library. This is a confidential meeting where you are free to express your feelings and concerns. FMI, email: coppjanet@yahoo.com

### **Girl Scouts**

Girls in grades K to 3 and a parent are invited to explore Girl Scouts during a Girls Scouts New Member Sign-Up Event at Raymond Elementary School at 5:30 p.m. on Wednesday, Nov. 20 sponsored by the Girl Scouts of Maine. FMI, call 888-922-4763.

### **Veterans support**

Do you have questions about your VA benefits? Need assistance with a VA Claim? Need to enroll in the VA? The American Legion Post 148 in Windham hosts a Veterans Service Officer Support session from 9 a.m. to 1 p.m. on the second Wednesday of each month at the Windham Veterans Center. James Fisher of the Lewiston VA Office conducts office hours during this time to provide support and answer questions relating to VA Benefits. For an appt, call 207-753-9106 or email: Lewiston.mainebvs@maine.org

### **Chess Club**

Chess enthusiasts meet from 10 a.m. to noon every Saturday at the Windham Public Library, 217 Windham Center Road, Windham. All ages and abilities are welcome. FMI, call 207-892-1908.

### **Food Pantry**

The Windham Food Pantry and General Assistance at 377 Gray Road is open by appt. only Monday through Friday from 8 a.m. to 4 p.m. To make an appt. for the Food Pantry call 207-892-1931 or for an appt. for General Assistance call 207-892-1906.

### **Suicide Support**

The Alternatives to Suicide Support Group meets at 2 p.m. on the second and fourth Tuesdays of every month at the Lake Region Recovery Center, 2 Elm St., Bridgton. FMI, call 207-803-8707.



### Get paid now to train for your commercial bus license with our dedicated staff trainer!!

DRIVERS NEEDED FOR FULL TIME REGULAR RUNS, AFTER SCHOOL RUNS, SPORTS/ACTIVITIES TRIPS, AND SPARE/SUB BUS DRIVERS.

Hourly rate is dependent on years of commercial driving experience & ranges from \$19.24 to \$27/hour

Full time employees will receive complete benefit package including health and dental insurance and paid time off

For more info on schedules and to apply please contact the Transportation Dept. at 207-892-1809

http://

sjcme.edu

**HELP WANTED** 

ADVERTISE YOUR EMPLOYMENT OPPORTUNITIES HERE TO REACH EVERY HOME IN WINDHAM AND RAYMOND - 13,00 CIRCULATION!

Call Melissa at 207-894-3500 or email: melissa@thewindhameagle.com FULL COLOR & AD DESIGN IS INCLUDED

TOTAL CLEAN MAINE HIRING CLEANERS! Full or Part Time – Day Shift Hours PAY starts at \$23-\$25/HOUR based on experience

FOR INFO CALL KAYLA • 207-520-0546 • INFO@TOTALCLEANMAINE.COM

### **FREELANCE WRITERS WANTED**

HELP THE WINDHAM EAGLE INCREASE COVERAGE OF LOCAL SPORTS, PEOPLE, PLACES, HISTORY AND EVENTS BY BECOMING A FREELANCE WRITER! For info call Ed 207-894-3500

or email: Ed@TheWindhamEagle.com



WE'RE HIRING!

CREW LEADERS, CLIMBERS, CHAINSAW OPERATORS & LABORERS

Tree Service Naples, ME 207-693-3831 100% Employee Owned Company, Competitive Pay, plus Benefits Visit www.Q-Team.com/Benefits for details



### FULL TIME DISHWASHER FULL TIME PREP COOK FULL TIME LINE COOK

## **)** Perks for eligible positions include:

- Competitive Pay
- Free Tuition
- Flexible Scheduling
- Health Insurance + Life
- Insurance + AD&D Insurance
- Retirement
- FSA & HSA Spending Accounts
- Gym & Pool on site
- Paid Sick Time
- Vacation Time
- 13 Paid Holidays
- Snow Pay
- Paid Jury Duty
- Long Term Illness
- Access to Sebago lakefront beach & walking trails

Apply today at sjcme.edu/jobs or call 893-7757 or email: sjceemployment@sjcme.edu

### Tips to reduce Browntail Moth Hair exposure during fall yard cleanup

The Maine Center for Disease Control and Prevention (Maine CDC), the Maine Department of Agriculture, Conservation and Forestry's Maine Forest Service (MFS), and 211 Maine remind residents and visitors to protect themselves from browntail moth hairs this fall.

Browntail moth caterpillars shed tiny, toxic hairs that can get stirred up during outdoor activities such as raking, mowing, and typical fall yard work. Those hairs can cause a skin rash similar to poison ivy. When hairs become airborne, they can be inhaled and cause breathing trouble. The hairs can stay toxic in the environment for up to three years, especially in dry or sheltered areas.

The Maine Forest Service has found evidence of browntail moths in all Maine counties, with the majority of activity in southern and central Maine.

Most people affected by the hairs develop a localized rash that lasts for a few hours up to several days. In more sensitive people, the rash can be severe and last for weeks. Hairs may also cause respiratory distress. Treatment for the rash or breathing problems caused by browntail moth hairs focuses on relieving symptoms and eliminating further exposure.

To reduce exposure to browntail moth hairs:

• Stay informed about browntail moth hotspots by visiting the Interactive Browntail Moth Dashboard to see

where MFS notes high activity. Then, be proactive, know the risks, take steps to protect yourself, and monitor your surroundings.

• When performing outdoor activities that may stir up caterpillar hairs:

- Aim for damp days or spray vegetation with water. Moisture helps keep the hairs from becoming airborne.

- Cover your face and any exposed skin by wearing a long sleeve shirt, long pants, goggles, a respirator/dust mask, a hat, and a disposable coverall. - Tightly secure clothing around

the neck, wrists, and ankles.

- Avoid using leaf blowers in areas

known to have infestations.

• Take cool showers and change clothes after outdoor activities.

• Dry laundry inside to avoid getting hairs on clothing.

For more information Contact 211 Maine for answers to frequently asked questions on browntail moths:

- Dial 211 or 1-866-811-5695

– Text your zip code to 898-211

You can also visit the Maine CDC Browntail Moth website: www.maine. gov/dhhs//browntailmoth and the Maine Forest Service Browntail Moth website: www.maine.gov/dacf/knockoutbtm <

Time to Celebrate



Sebago Lakes Region Fuller Center for Housing board members Pat Bessey, Diane Dunton Bruni and Betti Lu Lewis celebrate at 100 Women Who Care 10th Anniversary event at the Elks Lodge 188 in Portland on Nov. 4. At that event **Fuller Center volunteers** were able to share their

story with over 200 people in attendance, raising awareness for the non-profit based in Windham which performs home repairs for aging adults and veterans in need so that people can stay in their homes safely in the Sebago Lakes region. SUBMITTED PHOTO

# *We Specialize in Quality* **CUSTOM COLOR MATCHING** & CHROME REMOVAL!



call us for a free estimate!

8 Storm Dr, Windham • 207-572-4444 • aplusautogroup.com

DON'T PANIC,

# **FURNACE ACTING FUNKY?**

### **WE SPECIALIZE IN COST-EFFECTIVE & HIGH EFFICIENCY HEATING SOLUTIONS** FOR YOUR NEW OR EXISTING HOME.

You can always count on us for reputable products, expert advice and top-notch installs, guaranteed!

**Trusted Reputation** for Quality, **Dependability & Competitive Rates** 

**Skilled Technicians** to Service & Repair All Brands

"Atlantic Heating Company replaced my old furnace with a new system. They explained my options and the benefits and drawbacks to each. Their bid was below all competitors and they were able to complete the job months before anyone else. They showed up exactly when they said they would and did a fantastic job. The system has been 100% trouble free and uses a fraction of the fuel that the old furnace burned. Highly recommend!" - Charles M.

 $\star \star \star \star \star$ 





78 TANDBERG TRAIL, WINDHAM • WWW.ATLANTICHEATINGCOMPANY.COM PROMPT, 24/7 EMERGENCY SERVICE FOR ALL OUR CUSTOMERS! When you do business with Atlantic Heating Co., you can rest assured that a real person f is always on hand to assist you should an emergency arise - day or night.

Call 207-797- 7218 for a free, no-hassle, no-obligation consultation and quote to get on our schedule.

Heating Oil/Gas Service & Tune-ups • Reliable Heating Oil Delivery • High Efficiency Heating & Cooling Systems • Boiler Installations • Hot Water Heaters

efficiency

MAINE

(H) BOSCH

Buderus





DINE IN OR FOR TAKE-OUT CALL 207-892-0010 Open Wed-Sun 11am-9pm ~ To ensure seating & prompt service, call ahead for parties of 6 or more.

690 Roosevelt Tr, Windham • RosesItalian.com ~ Find us on Facebook!

SHOP & EXPLORE TITLES AT SHERMANS.COM Open Daily 9am-6pm • (207) 857-7111 Also visit us at: Falmouth Shopping Center, 251 US Route 1 & 49 Exchange St, Portland









GIFTS, LOCAL GEAR, & MORE

HANDCRAFTED



See details & RSVP on our Facebook page for our ONLINE LIVE SALE! TUESDAY 11/19 @ 7:30PM

SEE DIY CLASSES AT: ONTHEDOCKSME.COM • 207-332-5231 889 ROOSEVELT TRAIL, WINDHAM ~ OPEN DAILY 10AM-6PM

FOR AN APPT. CALL OR TEXT 207-317-0359 **CLASSY CHASSIE** AND DETAILING

BEFORE



Add-on our Clear Coat Paint Restoration to get rid of swirl marks and light scratches!

Also home to an affordable, HIGH PERFORMANCE **DRIVE-THRU WASH!** 

682 ROOSEVELT TRAIL, WINDHAM (next to Mobil 1 Express) Open Mon-Sat 8am-5pm, Sun 9am-4pm

# Fire Safety Winner



Raymond Elementary School second grader Rosie Williamson was the winner of this year's Coloring Contest sponsored by the Raymond Fire Department. During a fire safety presentation at the school, William was thanked by fire department representatives. From left are Raymond

Fire Lt. Carole Dennison, Rosie's father Jason Williamson, Rosie Williamson, Raymond Fire Chief Bruce Tupper, and Raymond Firefighter/EMT Brian Blanchard. SUBMITTED PHOTO



TRUCK UPGRADES & ACCESSORIES ARE OUR SPECIALTY!

299 Roosevelt Tr, Casco • 207-572-4444 • aplusautogroup.com



# **Teach kids about gratitude** with Thank You notes

Nearly 60 percent of Americans say they send thank you notes at least occasionally to show their appreciation for a gift or favor, according to a national recent poll. While writing a

thank you might seem time consuming, it's really a wonderful opportunity to teach children important life lessons such as gratitude kindness, and empathy.

Whether they are thanking their new teacher, their favorite fall sports coach, or a friend or family member, here are a few tips and tricks for creating a

meaningful - yet simple - thank you with kids this back-to-school season and beyond.

#### Focus on the Positive

It's important to give children a "why." Parents should explain that when people receive a thank you note, it not only makes them feel good, but it lets them know that the gift arrived safely and was appreciated. By placing the emphasis on the person who gave them the gift - rather than on themselves - it changes a thank you from a pain-point to a positive.

#### **Power of Personalization**

According to the poll, personalized messages are the most important and most enjoyed part of writing thank you notes. Parents should encourage kids to think about what made the gift so special and be sure to communicate that message. Was it something they really needed or wanted? Will they

use the check or money for a specific purpose? Spending a few extra minutes personalizing each note will go a long way to show their sincere appreciation.

Timing is Everything

It's proper etiquette to be timely in sending thank you notes. In fact, 54 percent of Americans say they should be sent with-

in one week of receiving a gift. Build good habits with kids by sending a thank you as soon as possible. It may be helpful to plan ahead and establish a set time within a week of the celebration for children to create and send their cards. And luckily, if you're sending digital greetings, they'll arrive instantly, save money on postage, and save time by eliminating the need to find current street addresses.

Teaching kids the importance of properly showing gratitude is a life skill they can take with them as they grow older. Starting small with thank you notes can be an invaluable step in becoming a kinder and more gracious person. (StatePoint) <



### **SIGN-UP FOR AUTO DELIVERY &** New GET A \$75 CREDIT! Customers **TEXT "FILL" TO 78000** Welcome! New customers only. Limit one per customer. Cannot be combined. Expires 12/31/24 BURNER CLEANINGS • FREE TANK SWAP OUT FIXED & BUDGET PLANS • 24-HOUR EMERGENCY SERVICE CALL 207-892-0200 Stop by our WINDHAM OFFICE! VISA

Order online at: <u>www.fieldingsoil.com</u> or email: order@fieldingsoil.com

639 Roosevelt Tr. M-F 7:30am-5pm

# The true spirit of the holiday season: The importance and impact of giving back in our small communities

The holiday season is a time when lights and decorations illuminate our neighborhoods, and the air fills with familiar songs and a sense of togetherness. It is a season synonymous with joy, warmth, and hope. Beyond the celebration, however, lies an even greater essence of the holidays-the spirit of giving. In many ways, giving back is at the heart of this season, and it's a chance for us to reflect on the ways we can make a difference in our communities, whether through grand gestures or small acts of kindness.

Giving back during the holidays is not just about gifts and material items. It's about offering our time, our compassion, and our resources to those around us who may be struggling. This can take many forms: donating to a local food bank, volunteering at a shelter, helping a neighbor, or even supporting local businesses and artisans. These actions, whether large or small, make a significant impact on small communities. They foster a sense of unity and remind everyone involved that they are not alone-that there is a network of support that surrounds them.

In small communities, where everyone's contributions are more immediately felt, giving back can create a powerful ripple effect. When one person gives, it often inspires others to do the same. A single act of kindness can multiply as people feel encouraged to contribute in their own way. For example, one family's food donation might inspire others to contribute, leading to a



food bank being well-stocked through the winter. This cumulative impact can provide a sense of relief and comfort to families and individuals who may be facing hard times.

One of the most profound aspects of giving back in small communities is the personal connection it fosters. In close-knit towns, people know each other by name; they share their lives and celebrate together. When someone donates their time or resources, it's not to an anonymous recipient but often to a neighbor, a friend, or someone they know well. This personal connection gives the act of giving a special warmth, transforming it from a duty into a genuine expression of care and solidarity. When a community member supports a local business, they're not only getting a unique, handcrafted item-they're also supporting a friend's dream and helping that business survive and thrive.

The act of giving back can also have lasting benefits beyond the holiday season. Many small communities rely heavily on volunteers and donations to keep essential services and programs running throughout the year. By contributing during the holidays, we help ensure that these vital services-food pantries,

after-school programs, senior support services-continue to operate. A holiday season marked by community support can set a precedent, encouraging people to engage more consistently throughout the year.

giving gifts to those in need can have a profound impact, both on recipients and givers. Donating to holiday charities provides support and joy to those who may otherwise face hardships during this season, from food and warmth to toys and essential supplies. The act of giving extends beyond just one holiday; it helps build a foundation of hope and creates a sense of community that lasts all year long.

One particularly meaningful area of holiday giving is donating toys and gifts to children in need. For many children, receiving a toy during the holidays is a treasured experience that brings joy, excitement, and a sense of belonging. But the impact goes far beyond that moment of happiness. When children receive gifts, especially in challenging circumstances, it can foster self-worth, resilience, and hope for the future. A simple toy or book can represent a beacon of kindness in difficult times, reminding children that they are valued and cared for.

The experience of receiving gifts can also impact a child's development positively. Studies show that when children feel supported and cared for, they are more likely to grow into adults who are empathetic, generous, and engaged with their communities. Through holiday giving, we have the opportunity to shape future generations and spread goodwill that ripples through families, neighborhoods, and society as a whole.

Ultimately, the impact of giving back goes beyond measurable outcomes. It creates an atmosphere of goodwill, hope, and generosity that transcends material needs. In a world that often seems increasingly disconnected, small communities have the unique advantage of fostering real, personal connections. When we give to our communities, we strengthen these bonds, reminding ourselves and others of the power of human kindness.

The holiday season is a time for reflection, for gratitude, and for giving. And in giving-whether a small gift, a donation, or a helping hand-we remind ourselves of the true spirit of the holidays. We create a brighter, warmer world for all of us, one act of kindness at a time. <



# LOOKING TO GROW YOUR BUSINESS IN 2025?

# STEP 1: CHECK ALL THAT APPLY!



PICKING UP NEW CLIENTS OR PATIENTS?



EAGER TO WORK WITH OTHER LIKE MINDED PROFESSIONALS?



BELIEVES IN BUILDING RELATIONSHIPS!



MORE REFERRALS WOULD BE GREAT FOR YOUR BUSINESS?

WOrks

# AWESOME!!!

## **STEP 2: SEND EMAIL** Office@BNIMaine.com

R

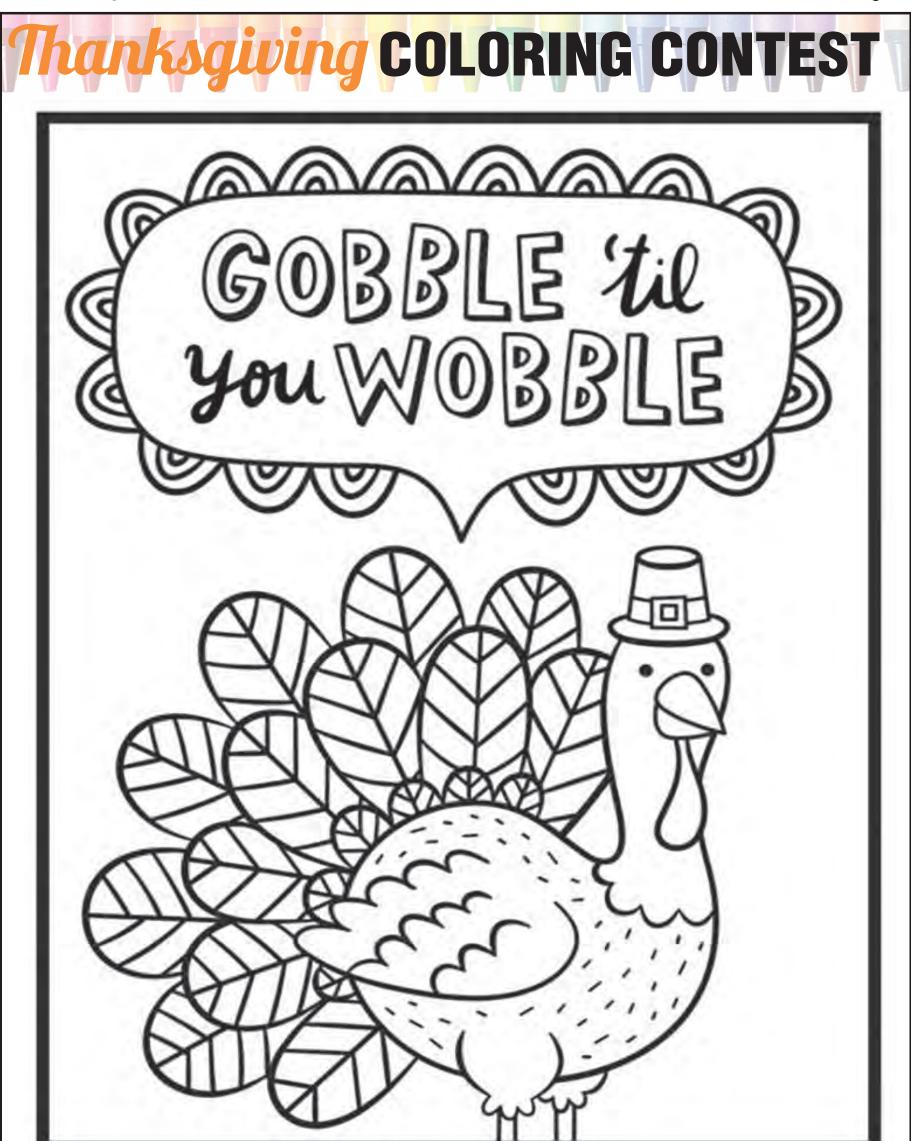
to find a chapter near you that fits your schedule.



BNI Maine has over 465 Members and 20 chapters. Each chapter is one person per classification. ACT TODAY!



### BNI Maine, 585 Roosevelt Trail, Windham | 207-894-7200 | www.BNIMaine.com



### CONTEST OPEN TO CHILDREN AGES 2-14. ENTRIES MUST BE RECEIVED BY FRIDAY, NOV. 22

| Child's Name:              | <br>Child's Age: |
|----------------------------|------------------|
| Parent's Name:             | <br>             |
| Home Address:              |                  |
| City:                      | Zip:             |
| Parent's Contact Phone:    | <br>             |
| Parent's Email:            |                  |
| Winner will receive a Free |                  |

Contest entries will not be returned. Contest entries may be displayed or published in print and online by this newspaper. Children of newspaper employees are not eligible to win. Decision of judges is final. Winners' parents will be notified by phone and email by November 25, 2024.

### MAIL OR DROP IN BLACK BOX ON BUILDING COLORING PAGE WITH COMPLETED ENTRY FORM TO:

The Windham Eagle Newspaper 585 Roosevelt Trail, Windham, ME 04062



# WHS football falls to Portland in playoff semifinal

## By Matt Pascarella

Fourth-place Windham High School's varsity football hit the field against first-place Portland on Friday, Nov. 8 at Fitzpatrick Stadium in Portland. Although Portland jumped out ahead early with a big lead, Windham did not take their foot off the gas pedal until the final whistle when, unfortunately, the Eagles lost, 42-14 ending its 2024 season.

"You battled all year ... this is probably the greatest team we've ever had," said Windham varsity football coach Matt Perkins to the team in the post-game huddle. "You battled every day; we didn't have one bad practice; everybody came every day and worked (really hard). That's what makes coaching fun is guys who want to work hard and get better - this group is the epitome of that. I can't thank you enough – it's crazy to think that when this year started, we only had a couple guys on each side who had ever played varsity before. The thing with us is we've had so many injuries and so many setbacks and our guys just continue to battle and fight, and they don't back down from anybody. It's such a great fun group to be around because they're just relentless, they give you everything all the time. To see them ... improve and be there for each other, it's a blast."

To open the game, Portland kicked off to Windham. On second down, Windham sophomore Parker Sperry picked up nine yards to move the ball to the Windham 38-yard line. Portland moved Windham back to the 35yard line on fourth down.

Despite Windham's strong defense, Portland's offense was a tough



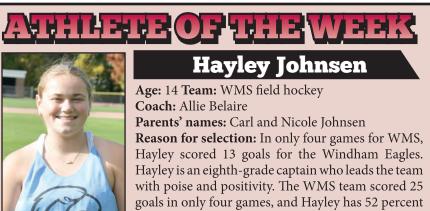
(L to R) Windham juniors Reese Hutchinson and Ty Stahle bring down a Portland opponent during a football semifinal playoff game on Nov. 8. Senior Ayden Cofone maneuvers through the field and around opponents. PHOTOS BY MATT PASCARELLA

contender. After a flag on the play for holding against Portland moved the ball to the 29-yard line, it remained first and 20. Portland moved closer and closer to the end zone. Eventually they crossed it, and their kick was good making it, 7-0, Portland.

Then it was first and 10 for Windham at their 36-yard line. Windham senior Ayden Cofone picked up 12 yards for a first down. Windham fought hard against Portland defense. When Portland took over on downs from the 27-yard line, Windham junior Wyatt Washburn stopped Portland and limited their yardage.

Windham took over on downs shortly before the end of the first quarter.

In the second quarter, a fumble by Windham gave Portland possession and they would later score several times before the end of the half, but the Eagles never hung their heads. At the half Portland led, 28-0.

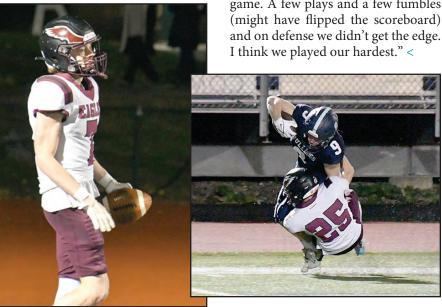


In the third quarter, it was first and 10 for Windham from their 20-yard line. WHS picked up a first down on Sperry's 13-yard run. A completed pass to Washburn put the ball on the 34-yard line. After a 20-yard pick up, Windham got a first down. Windham went for it on a fourth and two, but was stopped by Portland.

In the fourth quarter, Sperry got the handoff and took it into the end zone. The kick was good and it was 35-7, Portland.

"We showed maximum effort," said Sperry, who had 24 carries and 187 yards. "Our team is one of the hardest working teams I've ever played with – we never give up. We knew no matter what we had to work hard, and we did, but they're a really good team. We got outplayed ... but we did our best."

Later it was third and five for Windham at their 46-yard line. Windham junior quarterback Karl Longstreth moved the ball to the 48-yard line





Sophomore Parker Sperry refuses to go down as he mows through the competition.

for a first down. Windham got closer and closer to the goal line. A pass was thrown to Washburn who caught it in the end zone to complete the drive for a touchdown and the kick was good.

"It was a blast playing (for Windham)," said Windham senior Creighty Dickson. "They're amazing people on and off the field. We had some ups and downs, but overall, it was just amazing to be around these guys. Even though we had a couple of rough plays we kept fighting throughout the game. A few plays and a few fumbles (might have flipped the scoreboard) and on defense we didn't get the edge. I think we played our hardest" <



of the goals. Hayley is also highly accountable for

being a student-athlete, always ensuring her grades meet standards and she is on the field. She is an extreme force on the field, and her stick skills are superior to those her age. Coaches predict that her high school career will be one for the history books.



Join the Flagg Family! WILLIAM FLAGG AGENCY, LLC Your Trusted, Locally-Owned Allstate Office

WE ARE YOUR FRIEND AND NEIGHBOR. We know the market and understand the needs of the people in this community.

FREE, NO-OBLIGATION REVIEWS & QUOTES! 207-856-6000 • williamflagg1@allstate.com 630 Main St., Suite 100, Westbrook



(L to R) Junior Wyatt Washburn scores Windham's second touchdown. Senior Ayden Cofone tackles an opponent.

# Staci Warren: Her Mainely Girl Adventures

### By Staci Warren SPECIAL TO THE WINDHAM EAGLE



Fall brings a lot of feelings for me. The Perseid meteor showers are at the end of their show for 2024. The colder temps and

taci Warren, Columnist the turning of the leaves and watching them drop brings a certain sadness in knowing that my weekends in the wilderness will soon be coming to an end. The sweet smells of summer are passing, the bees are prepping for winter, and I've started thinking about calling moose and deer hunting before snow flies.

To extend our camping season in to November, we enjoy foraging for mushrooms when we aren't hunting, although many times we're hunting and come across a great find that we can't leave the woods without.

What you use to forage is important. We have mushroom knives with brushes to help clean them as we forage. We also use canvas bags with a large, padded shoulder strap for most of our mushrooms but have found that a good cardboard box works best for larger delicate chanterelles so that they don't break. Store your mushrooms in the refrigerator in a brown paper bag or container lined with paper towels and the vented lid. This will help preserve your harvest until you use them. Mushrooms can spoil easily so be ready to roll up your sleeves and get to work preserving, drying or freezing them.

The tasty Hedgehog mushroom (Hydnum repandum and Hydnum rufescens) is a great late season mushroom and barring a frost, can get pretty big. Hedgehog mushrooms are peach colored to orange, range in size from dime to the size of your hand depending on which variety you find and have "teeth" on the underside of the cap.

The have a wonderful hearty flavor sautéed, and I use them to make the Modern Proper's Hungarian Mushroom Soup, one of the best tasting soups I've ever had or made. As with any wild mushroom, always know what you're eating for sure, always cook it thoroughly, and eat just a small amount the first time you try a new one as some mushrooms have been known to cause intestinal distress.

If you're interested in foraging for mushrooms, I highly recommend: Edible and Medicinal Mushrooms of New England and Eastern Canada, authored by Mainer, David Spahr. The book is a great learning guide for beginners, and most of the mushrooms are easily identifiable in the Maine woods no matter where you reside. The longer I forage the more I'm discovering that I can use mushrooms in more ways than I ever realized. My latest, which has taken four years to get it right the first time is Trumpet Jelly. Made with the Trumpet Soup base published in August (https://lifestyles. thewindhameagle.com/2024/08/staci-warren-her-mainely-girl-adventures.html), Trumpet Jelly is a muchloved addition to our family holiday gathering food table. It has a distinct savory trumpet flavor with a hint of sweetness. I serve it as you would serve pepper jelly, for example, over cream cheese and crackers on the side, but I've also added it to a meat

dish as a condiment. If you haven't made the soup yet, there's still time; trumpet mushrooms are still popping up all over! Please feel to reach out to me if you have any questions.

**Trumpet Jelly** 

1-1/2 to 2 pints of Trumpet Soup Base (no cream added)

- 1 package of low-sugar Sure-Jell
- 1-1/2 tbs. of citric acid
- 1 c. chicken stock
- 1 tbs. butter
- 6 c. sugar

Pour soup base into large kettle. Add Sure-Jell, citric acid and chicken stock. Using a wooden spoon, stir and heat mixture until it comes to a boil. Add the sugar all at once and stir until sugar is melted. Your mixture will be

black. Bring mixture to a full rolling boil and continue to boil for two minutes at a time checking to see if jelly will set, or until thermometer reaches 220 degrees but making sure not to burn the jelly. Remove from heat. Ladle into half pint jars. Wipe rims with warm cloth. You can now add shredded wax on top of the hot jelly before applying the lids, or just apply lids making sure rings are tight. Set aside and check for sealed covers by pressing centers. If they pop up after the jar has cooled, you'll have to recheck the rims of the glass and then pressure cook them on high for 25 minutes. Afterward, label and date your jelly.

As winter creeps in, don't forget to look up to the night skies for the International Space Station and more meteor showers in the coming months.

Columnist Staci Warren provides a unique woman's perspective and column on the outdoors every month. She is a freelance writer whose blog, My Mainely Girl Adventures, is about a woman hunting, fishing, trapping, foraging and living in the Maine outdoors. She also loves camping, wildlife watching, and hunting for fossils. She's an active member and board member of the New England Outdoor Writers Association and is a monthly columnist and feature writer for The Maine Sportsman Magazine. In her free time, she enjoys mentoring women hunters and trappers. *mymainelygirladventures.com* <

ATTENTION STROKE SURVIVORS! Get back to doing the things you love! I can help you reach YOUR GOALS

through building the right muscle mass back after a stroke or traumatic brain injury. **CUSTOMIZED PACKAGES TO FIT YOUR NEEDS** 

# 2. ITNESS Let me help you find your 2.0!

**CONTACT KEITH TODAY!** 

207-200-7508 Keith@2-0Fitness.com

Follow Us On





# **Knowing when to fold 'em**

By Andy Young SPECIAL TO THE WINDHAM EAGLE



Decades of life experience have shaped me into a generally cautious respecter of rules and social norms. I've been called Andy Young, Columnist many things, but lately

"risk-taker" hasn't been one of them. It wasn't always this way, though.

When I was in college, I rode a borrowed moped down a flight of stairs simply because someone dared me to. Later on when I was in charge of a residence hall, I used my master key to open a room so that some immature pals and I could stuff it full of crumpled up newspapers from floor to ceiling, a practical joke on the room's residents which amused the rest of us greatly. It was only later that someone pointed out that if any of my co-conspirators had struck a match, the room, the dorm, my job and my future would likely have gone up in smoke. A decade later I took a slightly more thoughtful risk when I elected

to sign up for the Peace Corps.

But even my younger self occasionally exercised some discretion. Four decades ago, I was introduced to diabolical poker game called "fifty-two." It began with each player placing a modest ante (usually a quarter) in the center of the table.

The dealer subsequently distributed five cards to each participant. There was no further betting; everyone appraised what he'd been dealt, and then, starting with the player to the dealer's left and proceeding in order, each person announced his intentions. Uttering the word "in" meant the declarer wished to continue playing; "out" meant his involvement in that particular hand was over.

Once that was done the "ins" received another two cards, evaluated what they had, and laid down their best quintet. Whoever's five cards constituted the best poker hand collected all the money in the pot; the loser(s) had to match it. That meant that if four of the six players stayed in, one would rake in the half-doz-



en quarters, while the other three paid the pot a dollar fifty each. The deal then moved to the left, and the process was repeated. However, with \$4.50 now in the middle of the table, anyone electing to play the next hand who subsequently lost would owe that much to the pot. If three players opted to vie for it, the two losers would have to pay \$4.50 each.

That meant participating in the following hand (and not winning) would cost nine dollars. The pot continued growing exponentially until such time as a hand ended with only one player staying in and the other five folding. At that point the game ended, which gave everyone the opportunity to let his blood pressure begin descending.

Four decades ago, inside the barracks of a National Guard Armory in Kenai, Alaska, I participated in a late-night game of fifty-two and watched a colleague with three aces lose \$864 to another of our co-workers who drew the fifth heart

he needed to complete his flush. Since each of us was earning a total of \$1,500 for two months of work that summer, I'd have seen losing \$864 of them at the poker table as somewhere between catastrophic and apocalyptic.

By the time the game broke up that evening I knew for sure I'd never develop a gambling addiction. I also strongly suspected that I wouldn't risk losing \$864 on a single hand of fifty-two unless I was dealt four aces and even then, I'd probably have to think twice about it.

I don't know that for certain, though. That's because I haven't participated in a game of fifty-two since that memorable night in Kenai. <





Route 302. Windham **BRAND NEW UNITS** \$2,375 per month

Electric extra, Water & WiFi included A wonderful place to call home, offering both comfort 📕 and modern amenities! All units are 2BR featuring en-suite full baths, an open concept living, kitchen, and a spacious dining area. 1/2 bath and multi-functional utility room with washer, dryer, and shelving. Quality appliances and finishes throughout. Efficient minisplits, private covered porch, personal storage unit, secured entry w/intercom system & exterior surveliance for added safety & security.





Gorham • Lewiston • Portland • South Portland • Scarborough MOODYSCOLLISION.COM • 207-839-2500





## Window Blinds

Custom designed in wood & composites. Available in cordless lift – Venetian, horizontal, vertical, fabric & hi-tech motorized options avaiable.

### Custom Shutters, Shades, **Top Treatments & more**

Call today for your FREE In-Home Consultation. We bring the showroom to you!







### **Contact Leasing Agents Erin Levesque & Jillian Gumb** Real Estate 2000 ME/NH 207-503-8933 • rentals@realestate2000menh.com

# TRADITIONAL MAINE LOOK **ECONOMICAL STORAGE**



## 207.432.8881 · www.StultzBuilding.com



# How elections impact Maine's real estate market

By The Libby Starnes Team SPECIAL TO THE WINDHAM EAGLE



As Mainers head to polls the eleceach tion cycle, many of us think about

Pamela Starnes/Tiffany Libby, The Libby Starnes Team the impact of

elections on our communities, but few pause to consider how political shifts may influence the housing market. In real estate, elections can have ripple effects, shaping everything from mortgage rates to property values.

Here's a look at how elections impact real estate in Maine and what that might mean for you as a homeowner, buyer, or seller.

#### 1. Economic Policies and Their **Influence on Housing Prices**

One of the most immediate ways that elections impact real estate is through economic policies. The in-

Call

Me!

Broker

207-317-1297

administration's coming stance on taxation, interest rates, and overall economic growth can impact the housing market. For instance, tax cuts or increases can affect people's disposable income, which in turn influences housing affordability.

Similarly, a pro-housing policy from the federal level might incentivize home-

ownership, driving demand, and potentially increasing home values. In contrast, policies that make borrowing more expensive can reduce affordability and slow the market. While these effects may vary, any shift in administration often brings changes that impact housing values in Maine.

#### 2. Mortgage Rates and Buyer Affordability

Mortgage rates fluctuate based on the overall economic climate, which can be influenced by election outcomes. When confidence in the



economy is high, the Federal Reserve may raise rates to balance growth and inflation. On the other hand, uncertainty or concerns about economic instability could lead to lower rates as a stimulus.

Mainers looking to buy a home should consider how political changes could influence interest rates in the months ahead. For instance, a change in policy that encourages fiscal stimulus could drive up inflation and,

consequently, mortgage rates, affecting buyer affordability. Lower rates often result in more buyers entering the market, creating competition for homes and potentially pushing prices up.

#### 3. Housing Policies: Affordable Housing, Development, and Zoning

Local and state elections, just as much as national ones, can significantly impact the Maine housing market, especially regarding affordable housing and zoning policies. Maine communities, including the Greater Portland and Lakes Region areas, have seen an increased push for affordable housing solutions in recent years.

Candidates who prioritize affordable housing initiatives may create opportunities for first-time homebuyers or those seeking to downsize. On the other hand, policies that limit new

→ see **REAL ESTATE** Page 28



www.RichieSellsMaine.com Value Report! 76 Tandberg Trail, Windham





**PERFECT FOR YOUR NEXT** JUNK **REMOVAL. OR HOME REMODEL!** 





the versatile third-floor bedroom is perfect for a home office. With heat pumps on the first and second floors, you'll enjoy energy efficiency and comfort year-round. Garage for extra storage and parking. Close to Rock Row and the scenic Westbrook Riverwalk. Low-maintenance living!



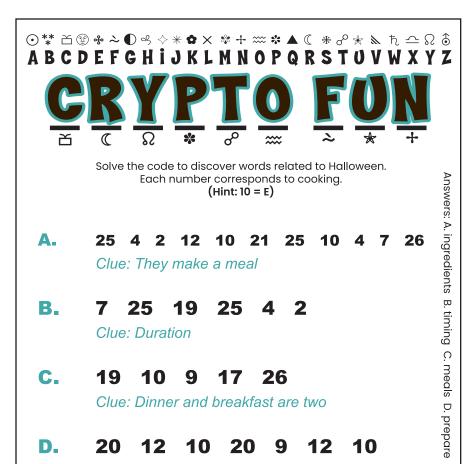
OSSWORD

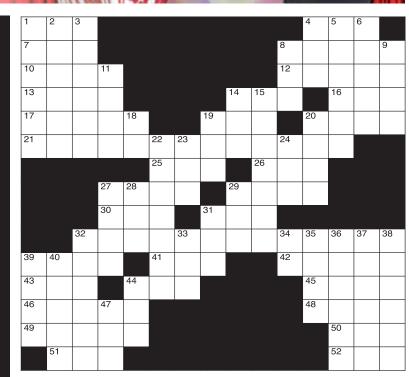
Ň

 $\bullet$ 



#### FALL SEASON WORD SEARCH Κ U Ν 0 Υ Т L G W Ε 0 U Ι Ν 0 Х С R Κ S Ζ S D F Ε Κ Ζ Т R Α Ζ Х W A G G R E М W С 0 Κ 0 Ε F G Κ R Ν G Ρ 0 G Т Ν 0 S Α Е Κ Е Ι Ν Ρ U С Y G V С Т Ι F Н 0 0 R Α D В L F R Т W В Α R М Α F L S R Α Ρ X Α Т Υ Ρ Ζ Κ L Ρ R Е D S Ν Y U Ν Α F S L L D Е W Α L L U С S S Е F G Т В М Т Ρ Α V Е R Н Ζ R A Ζ F Q Α V Х G Κ D 0 Ρ Н D С V Т U Н Ν L R R Е 0 0 С Κ Ρ R Т Α L Н G Y Ρ D М D М Α Υ F Ε ۷ М R Ι R R Ι Ι U F Ε F R L 0 н Q М Α F С Е 0 В Ν V A Ι S F D Т Т S R С В R 0 Ε Ε Ν W Α 0 Е W U U Ν U 0 Х Т Ε Κ D S 0 Κ 0 Ε S W Ν L Ζ E L А Ι В D Т Ρ Κ М Т G γ A W W Т V U Ι Ρ Ρ Ι В Ι L С 0 G Q Q С Н G Ρ Т Т F Ι 0 0 W С В Α W Α L Ρ G 0 W Ε Т С L Х G N D 0 Y D G Ζ С 0 Κ Υ С М W Q Μ L Х С Е Α С Е Υ F Ζ V 0 Ν F V Κ F Ι W R 0 W D Н Ρ G Α Е Ρ Х Υ С V Ζ S Q U Н Н Ι Ρ 0 Ι С 0 R Ν U С 0 Ρ I Α Т С Т С G Υ L V В Find the words hidden vertically, horizontally, diagonally, and backwards. **APPLES CORNUCOPIA** FOGGY LEAF **AUTUMNAL** COZY FOLIAGE **OCTOBER** CHESTNUT **CRISP** GOURD **PUMPKIN** CHILLY HARVEST RAKE EQUINOX COOLER HARVESTING SCARECROW FALL **FIREPLACE** CORN HAY **SWEATER**





### **CLUES ACROSS**

- 1. Central processing unit
- 4. Taxi
- 7. Body part
- 8. Papal court
- 10. Young women making their 39. Protective crust
- public debuts
- 12. Metal shackles 13. Joseph's wife
- 14. Licensed professional
- 16. Partner to cheese
- 17. Mild fruits
- 19. File format
- 20. Province of Indonesia
- 21. Beloved grilled foods
- 25. Bar bill
- 26. Don't know when yet
- 27. Whale ship captain

### **CLUES DOWN**

### 1. Of cadmium

- 2. Deliver a sermon
- 3. Inner regions of a shadow

- 14. Automobile
- 15. Hairstyle
- 18. Atomic #76
- 19. Guy (slang)
- 22. Furniture with open shelves 23. Back-arc basin
- 24. Partner to flow

- 29. Touches softly
- 30. Mock
- 31. Red-brown Pacific sea bream 32. Summer entertainment options
- 41. Cool!
- 42. Behave in a way that belittles
- 43. Denial
- 44. A place to sleep
- 45. Electronic counter-
- countermeasures
- 46. Intestinal pouches
- 48. SE Asia family of languages
- 49. Sound
- 50. Select
- 51. Give the impression of dishonesty
- 52. Witness
- 27. A type of horse
- 28. Possesses
- 29. Split pulses
- 31. Small amount 32. Flat-bottomed riverboat
- 33. Not good
- 34. Atomic #31
- 35. Assist in committing a crime
- 36. Chauvinists
- 37. Get away
- 38. One of a people who speaks a Semitic language
- 39. Civil rights college organization
- 40. Combustible dark rocks
- 44. Grocery container
- 47. Central nervous system

- 4. Aggressive dog
- 5. Smells
- 6. Twofold
- 8. Former OSS
- 9. Computer language
- 11. Indian groom

- 20. Ladies' undergarments

#### Clue: Get ready

| SUDOKU |   |
|--------|---|
|        | ۲ |

|        |   |   |     | Abroa | 5 |   |   |   |  |
|--------|---|---|-----|-------|---|---|---|---|--|
| 4      |   |   | 8   |       |   |   | 3 |   |  |
|        |   |   |     | 9     |   | 6 |   | 8 |  |
|        |   | 7 | 6   | 2     |   |   | 4 |   |  |
| neordh |   | 4 |     |       |   |   |   |   |  |
|        |   | 2 | 5   |       | 9 |   |   |   |  |
|        | 5 |   | www |       | 7 |   |   |   |  |
| 3      |   |   |     |       |   |   |   | 9 |  |
| 2      |   |   |     |       |   | 8 | 5 |   |  |

#### HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

### **LAST WEEK'S ANSWERS**

| 8     | ω    | 5    | 7    | 9 | 6   | 400 | γm | 2   |
|-------|------|------|------|---|-----|-----|----|-----|
| 6     | 7    | 2    | 8    | 4 | muh | 5   | 9  | 3   |
| woody | 9    | 4    | 3    | 5 | 2   | 8   | 6  | 7   |
| 5     | und. | 9    | 2    | 6 | 4   | 3   | 7  | 8   |
| ω     | δ    | 8    | 5    |   | 7   | 6   | 4  | 9   |
| 7     | 4    | 6    | 9    | 8 | 3   | 2   | 5  | dum |
| 9     | 6    | Anna | 4    | 2 | 8   | 7   | 3  | 5   |
| 4     | 8    | З    | ande | 7 | 5   | 9   | 2  | 6   |
| 2     | 5    | 7    | 6    | 3 | 9   |     | 8  | 4   |

### **LAST WEEK'S ANSWERS**

| м   | G | D |   | • | L | Е | υ | т |   | т | υ | м   | м   | Y |
|-----|---|---|---|---|---|---|---|---|---|---|---|-----|-----|---|
| IVI | G | D |   | A | L | E | 0 | 1 |   | 1 | 0 | IVI | IVI | Ŷ |
| Т   | R | А |   | L | А | S | S | 0 |   | Е | R | 0   | S   | Е |
| s   | 1 | т |   | Е | м | м | А | R | 0 | в | Е | R   | т   | s |
| т   | Е | Е | т | н | Е |   |   | s | т | Е | м | s   |     |   |
| Т   | G | L | 0 | 0 |   | s | Ν | 0 | 0 | т | I | Е   | s   | т |
|     |   | T | 0 | U |   | 0 | Е |   |   |   | А | L   | А   | Е |
| в   | A | Ν | к | s |   | R | 0 | s | A | s |   |     | в   | Α |
| R   | в | Е |   | Е | м | А | Ν | А | т | Е |   | м   | Е   | м |
| Т   | А |   |   | s | U | s | А | Ν |   | R | Е | А   | R   | s |
| А   | т | А | R |   |   |   | т | D |   | Е | в | Ν   |     |   |
| R   | Е | Ν | 0 | V | А | т | Е | s |   | Ν | A | Т   | Е   | s |
|     |   | А | v | Т | L | А |   |   | М | Α | Ν | Т   | L   | А |
| D   | Е | L | I | в | Е | R | А | т | Е | D |   | s   | А   | D |
| А   | G | 0 | Ν | Е |   | D | н | 0 | L | Е |   | Е   | т   | н |
| н   | 0 | G | G | s |   | Υ | А | R | D | s |   | s   | Е   | Е |





Caring for grieving families and a commitment to providing everyone with a lasting tribute to loved ones when a death occurs is the mission of Casco Bay Cremation Services.

From its location at 68 Bishop St. in Portland, Casco Bay Cremation serves all Southern Maine from Lewiston to Kittery. The company is owned and operated by veteran funeral professional Jeffrey Dobson.

It provides funeral services and specializes in cremation services while also offering urns and other lasting memorial products. Its staff are highly experienced in arranging funeral services and can help families celebrate loved ones no matter what their religion, culture, or budget.

Because the company is locally owned and operated with no outside shareholders, Dobson has been able to keep costs low and affordable for the families who work with Casco Bay Cremation Services.

"For the level of service, we provide and for a provider that meets families in person or remotely, and also for a provider who provides the family with an urn for no additional cost, we are currently the most affordable in the Greater Portland Area," Dobson said.

Casco Bay Cremation Services is the only provider that offers in-person meetings, and it also provides a basic wood urn or scatter urn for no



additional cost and arrangements can be accomplished remotely or in-person for no additional charges.

Dobson has been a funeral professional for more than 15 years and he started working in Portland at a funeral home assisting the funeral directors there. That led him to go back to school to obtain his mortuary science degree.

"I personally spent six years working in the Portland area at a local funeral home before deciding to open my own funeral home in Arundel," he said. "I recently noticed the cost in the Portland area increasing and wanted to use my ability to offer families an option that provides dignified and professional cremation services without those high costs, so in September, I opened Casco Bay Cremation Services."

According to Dobson, a funeral professional is essential because they help families navigate the complex

process of planning a funeral or memorial service for their loved one. They provide guidance, support, and expertise in areas such as arranging for cremations, obtaining necessary permits and certificates, and coordinating with other professionals involved in the funeral process. Additionally, he said they can help families make important decisions and provide emotional support during a most challenging time.

"We are truly family owned and locally operated. We have spent our entire life growing up and attending local schools," Dobson said. "We don't answer to outside investors, we answer only to the families that entrust their loved ones to our care. These families are truly our investors. We offer services of a full-service funeral home at a much more affordable cost. We do not sacrifice a high level of service for a lower cost. We believe a family should obtain the same professional services without the higher cost."

For area families, it's comforting to know that Casco Bay Cremation Services is available to help at any time of the day or night. When a loved one dies, all you need to do is make one phone call and from that moment on, they will take on the responsibilities of the physical care of your loved one, and the emotional care of those left behind.

Dobson said that he understands that everyone he serves has experienced a loss and comes to him looking for compassion, honesty and peace of mind.

"We want people to know that we provide the highest quality and dignified services while also offering the most affordable cost," he said. "The quality of the services we offer is of the highest importance to area families and they will never sacrifice quality and compassion. The cost of the services should never be a factor in the quality of the services that a family receives. We are proud and honored to serve our community in a way that allows us to offer compassionate pricing and caring services."

For more information about Casco Bay Cremation Services, call 207-747-8240 or visit them online at www.cascobaycremation.com. Find them on Facebook under Casco Bay Cremation Services. <

**Casco Bay Cremation Services** A Division of Dobson Family Funeral & Cremation Services **HONORING LIVES.** Dignified Cremation Services You Can Trust At Casco Bay Cremation, WHY CHOOSE US? we believe that when a ~ More than 15 years experience ~ Honest & transparent pricing family suffers a loss, they Navigating Funeral Services no hidden fees should not have to worry with Compassion about the costs of even

- ~ Customized packages & add-on services
- ~ Online obituary on our website included
- Assistance with VA paperwork whether



### **DIRECT CREMATION SERVICE \$1,395**

basic cremation services.

you use our services or not

~ Pre-planning assistance & mortuary trust agreements



Whether you're looking for direct cremation or a service that includes a church or graveside ceremony, we're here to guide you with care & understanding every step of the way.

We're dedicated to providing personalized & affordable services that reflect the unique lives of your loved ones.

Services can be arranged remotely or at our new office.



Family Owned & Locally Operated by Jeffrey Dobson – 15+ Years Experience –

f

68 Bishop St, Unit 1, Suite 7, Portland • For an appt. call 207-747-8240 •CascoBayCremation.com

#### Page 28

### **REAL ESTATE** Cont. from page 25

development or impose strict zoning restrictions can reduce available housing, putting pressure on prices due to low inventory. It's important for buyers and sellers alike to understand their local candidates' positions on housing policies as they directly impact availability and affordability in the market.

4. Consumer Confidence and **Market Stability** 

Inspirational Quote of the Week "The smallest act of kindness is worth more than the grandest intention."

- Oscar Wilde

Election cycles often bring periods of uncertainty, which can make both buyers and sellers cautious. When consumers feel uncertain about future policies, they may choose to wait until after the election to make significant financial decisions, including buying or selling a home. This "wait-and-see" approach can slow down the market temporarily.

However, as soon as election results are in and the direction of policies becomes clearer, market activity often picks up. Understanding this cycle can help sellers know when they might encounter more motivated buyers or face less competition in the market. The key takeaway for Mainers? The real estate market is often cyclical, influenced by shifts in consumer confidence around elections.

5. Property Taxes and Home Values

One of the most direct effects of

elections on real estate is property taxes. State and local leaders can pass or increase property tax measures, which can impact the cost of homeownership. While property taxes provide essential funding for schools, public services, and infrastructure, higher taxes can discourage potential buyers, especially those on a tight budget.

In Maine, property tax policies have a pronounced effect on the local market since property taxes vary significantly across towns. Policies that address tax relief for homeowners or promote responsible budgeting can be a relief for property owners. This is particularly relevant in the Lakes Region and other rural areas where property tax rates can influence decisions to buy, sell, or stay put.

Preparing for the Future

For Maine residents, understanding the connection between elections and real estate is essential. Regardless of the outcomes, staying informed about proposed policies and economic shifts can help homeowners, buyers, and sellers make strategic decisions. As always, having a trusted real estate team can provide you with insights on timing your decisions based on market conditions, interest rates, and local housing policies.

At the Libby Starnes Team, we're committed to helping you navigate the complex world of real estate, no matter the political climate. Whether you're considering buying, selling, or simply exploring options, we're here to support you every step of the way.

This article was brought to you by Pamela Starnes and Tiffany Libby, coowners of The Libby Starnes Team with Signature Homes Real Estate Group. Call them at 207-838-8051 or 207-712-2424 or visit them online at www.libbystarnesteamhomes.com. <



www.TheWindhamEagle.com

Auto • Boat • Motorcycle • ATVs • Snowmobiles Home Furnishings • Restaurants & more

59 Portland Rd, Suite 6, Gray • 207-657-4212

### **Auto Services**



For an appt. call 207-572-4444 Shop our inventory at: APlusTrucks.com or Request an Appt. online at: EagleAutoSales.me



FIND TRUSTED, RELIABLE AND LOCAL SERVICE PROVIDERS IN THE WINDHAM EAGLE SERVICE DIRECTORY!



SERVICE/INSTALLS Wood, Gas & Pellet Stoves - All Brands! Chimneys & Caps **Stainless Liners** Dampers & more

### **CHIMNEY SERVICES** & MASONRY

Chimney Cleanings & Repairs • Lining Flashing • Repointing • Caps & Builds Historical Restoration • Stone Walls Foundation Repairs & Waterproofing

### CALL ANYTIME! 608-1511

MaineChimneyRepairs.com

Fully Insured Local References

Free Inspections • Free Estimates • All Work 100% Guaranteed!





Your ad could be on these pages for as low as \$25/week. Call or text 207-329-3239 or email: melissa@thewindhameagle.com to get started!





"The area's most reliable plumbing & heating specialists." Locally Owned & Operated ~ 24 Hour Emergency Service

Plumbing • Heating Ventilation • A/C • Drain Cleaning Sewer Maintenance • Excavation • Home Renovations Bathroom & Kitchen Remodeling & more

Call (207)772-2801 • richardpwaltz.com 📑



Residential - Light Commercial - Service Work - Gas Piping

13 Underwood Way, Windham, Maine 04062

Jim Witherow President

Office/fax: 207-892-3970 Cell: 207-939-2610

> Visit us on the web at: WWW.SILVERLINEPLUMBING.COM

Septic Tank Service TANK CLEANINGS, MAINTENANCE, REPAIRS, VIDEO INSPECTIONS & LOCAL COMPANY SINCE 1975

892-2164 • JimRogersSepticTankService.com

A-Z Water Systems One call does it all. Water toxins are often tasteless, odorless & colorless... Keep your family and animals safe with our reliable WATER TREATMENT SOLUTIONS

Water Pumps, Wells, Testing, Out of Water Calls, Radon Air & more

207-766-6210 • A-ZWaterSystems.com

Reference these business contacts 24/7 with our online flipbook at: THEWINDHAMEAGLE.COM

# BE SEEN SE DISTINCT SE MORE LOSCOVER THE BEST PLACES TO LIVE IN VACATIONLAND 207-775-SOLD LET OUR EXPERTISE GUIDE YOU HOME



MADDIE STEVENSON Associate Broker 207-838-4590 MADISON@LANDINGHOMESMAINE.COM

**LAND SALE!** PERKINS ROAD, EMBDEN – SOLD FOR \$35,000







LISA DIBIASE Broker / Owner 207-653-0823 LISA@LANDINGHOMESMAINE.COM

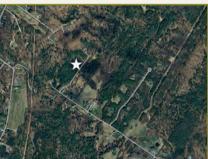


"Matt did a great job. Everything he said he would do he did in a timely manner. Communicated thoroughly with all issues. Highly recommend!" - Windham Seller

## **LAND SALE!** THOMAS WAY, CUMBERLAND – SOLD FOR \$165,000

5 private acres with nearby access to Embden

Pond perfect for getaways.







MATT DIBIASE Designated Broker / Owner 207-653-0376 MATT@LANDINGHOMESMAINE.COM

INTERESTED IN LEARNING MORE ABOUT BUYING LAND, SELLING LAND, OR BUILDING?

Nearly 4-acres in a private setting

but convenient location to local amenities.

CONTACT US FOR ALL YOUR REAL ESTATE NEEDS!

### CALL TODAY AND WORK WITH OUR AWARD-WINNING TEAM!

