

Windham waterskier part of team setting Guinness World Record

By Masha Yurkevich

STAFF WRITER

It is not often that the little state of Maine gets recognized for something on an international level, but Brian Eastman of Windham and his team of barefoot waterskiers have changed that by setting the world record for the most barefoot waterskiers towed behind a single boat.

Brian Eastman was part of a barefoot waterskiing group that set a new world record of 42 barefoot waterskiers earlier this month. Eastman currently lives on Highland Lake and grew up in Windham. He has been waterskiing on Highland Lake for 50 years and has been a barefoot water-skier for 42 years.

Eastman is the youngest of five children and his older siblings were always involved in water sports and that helped foster Eastman's interest in waterskiing. He learned to water-ski when he was 8, has been a barefoot water-skier since he was 16, and has been in and out of the water ever since. As a teenager, Eastman belonged to a local waterski club that staged water skiing shows locally.

His passion for the sport made him want to pursue a career in that field.



Brian Eastman, right, of Windham was part of a group of 42 barefoot waterskiers towed behind a powerboat who established a new Guinness World Record at Lake Dubay in Wisconsin on Sept. 14.

TOP PHOTO BY AMY BELCHER, RIGHT SUBMITTED PHOTO

In 1985, he landed a job at SeaWorld in Orlando. Eastman currently works as a licensed master electrician.

"I think it was the excitement, the adrenaline, that made me want to start," says Eastman. "The difference between regular waterskiing and barefoot waterskiing is essentially the fact that you are going without skis, but you are instead going on your two bare feet. And in order to go on two feet without skis, you need to go

much faster. So, for example, if you are typically going 20 mph with waterskis, then you would be going 40 mph without skis. It is much faster, and you also need to have the correct body posture for it to work. Once you are going, you are on your bare feet skimming across the surface at a much higher speed that regular waterskiing."

According to Eastman, there is an

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Cyclist overcomes disability to complete gravel race

By Kaysa Jalbert

STAFF WRITER

Gabby Sinotte was born without her left hand, so when she wanted to learn how to ride a bike like her older brother, her father taped a Styrofoam cup to her bike handlebars where she could place her wrist to steer. She's come a long way and this past August, Gabby Sinotte traveled from Windham to compete in her first gravel bike race in Steamboat Springs, Colorado, with her fiancée, Brian Duggan, and beat her own record time by 45 minutes.

Sinotte competed in the 57-mile SBT GRVL race, a world-class gravel cycling event held annually in Steamboat Springs, Colorado, and was determined to complete the race in four and a half hours, but to her own amazement, she finished in three hours and 45 minutes.

"So much faster than I was anticipating," said Sinotte. "I was crying before I think I even crossed the finish line because I was just like wow, I can't believe I did that."

She completed the race, not with a cup taped to her handlebars, but with her own prosthesis that she has been developing over the past few years. Sinotte is a prosthetist which allows her to make personalized prosthesis for bike riding.

"It's been a progression over the course of three years," Sinotte said. "I started with what kind of looked

like a Lego hand that connects right onto the handlebar and it slowly built up my confidence riding. Now I have a kind of ball-and-socket joint that connects on my handlebar which allows me to stand and pedal which I've never done before. It gave me all the confidence to ride bikes at a higher level and I think once I got to that point, I was like ohh the next step is doing a bike race."

Sinotte started biking with her fiancée about five years ago following a situation that led to a silver lining. In 2019, when the couple was living in Northern California, they came home to find Duggan's bike and skis had been stolen from their garage. The money they were able to use from renter's insurance helped Sinotte purchase her own bike, and she has been riding with Duggan since.

"It was a horrible situation that turned really good," said Duggan.

Sinotte found a group online that was advertising to build a team of athletes for the SBT GRVL Race. Sinotte says she thought to herself, "this looks fun," so she signed up and didn't think much more about it until one day in November, to her surprise, she got an



Born without a left hand, Gabby Sinotte of Windham has overcome her disability and completed the 57-mile SBT GRVL cycling race in Colorado in August.

COURTESY PHOTO

email saying she had been selected on one of the teams.

Duggan also participated in the race.

"It's an event that sells out and it's a lottery system. I was going either way, either being #1 fan or racing myself but yeah, I got to race," said Duggan cheerfully.

For the next 10 months, the couple prepared and trained harder than ever before. When they arrived, they were provided with lodging at an adaptive ranch that was made for people with disabilities and has adaptive facilities.

The race took place from Aug. 15 to Aug. 18. The couple traveled the course to familiarize themselves with what was ahead, but also to be able to stop and take in some of the scenery

along the route.

"The thing I love about bikes is it's a way to get outside and you can cover so much more ground than if you were walking but also go to way cooler places than if you were just in the car," says Sinotte.

Gabby said she can get frustrated when biking with Brian because he is "always way faster than me," but she reminds herself that he is built biologically differ-

ently than him, "and he has been cycling for 15 years. In the end, Duggan only beat Sinotte by two minutes.

"I'm blown away by how much she's been able to do on a bike in not very long," said Duggan. "She's blowing people out of the water."

Sinotte and Duggan train on their bikes year-round and say their favorite ride in Windham is Swett Road, a dirt road that the two always try to go very fast on. Sinotte plans to continue training and has thoughts of possibly competing in the 2028 Paralympics. <

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INSIGHT

A Rock n' Roll friendship

I've made plenty of friends throughout my lifetime, some from school, some from my time in the U.S. Air Force, and some from work. But I find it hard to fathom that I met one of my best friends through a complaint.

A few years ago, I was the Executive Editor of a daily newspaper, and I was arriving back at work one morning when I heard a loud discussion taking place at the receptionist's front desk. A gentleman was asking to speak to someone in charge to file a complaint.

With many newspaper staffers not yet having arrived for their shift in the newsroom, it fell upon me to deal with the situation. I walked over to the receptionist and asked if I could be of some sort of help. She told me this man's name was Bruce and he wanted to know why Elvis Presley's name was not included in a photo caption published in the newspaper.

To calm the situation, I asked Bruce to follow me back to my desk and to talk with me to resolve the issue. He did and I was able to find out more about what he was complaining about.

Bruce had founded a nonprofit organization that staged dances featuring rock n' roll music and raised money for the Ronald McDonald House. Through ticket sales to the dances, donations from the community and other types of raffles and silent auctions, the organization had been able to raise thousands and was Ronald McDonald House's primary community fundraiser for the entire state.

He told me that having an article in the newspaper was beneficial to promoting these dances but that in a recent article, a photo accompanying the article omitted an important name. He reached into his pocket and retrieved the article to show me what he was talking about.

I examined the article and looked closely at the photo caption. It described an event where members of the nonprofit organization presented a representative from Ronald McDonald House with a check for more than \$9,000 from a recent dance.

The photograph's caption listed the names of those who participated. But Bruce pointed out to me that the name of a person in the back row was not listed in the photo caption.

Several years prior to that, a committee member of the nonprofit had donated a cardboard cutout of Elvis Presley to display at the dances. It was used frequently for taking selfie photos with the display and according to Bruce had become synonymous with the nonprofit.

The cutout's continued popularity meant that organization volunteers would take it with them to events and fundraising activities. Bruce told me that several years before this most recently published article, our own newspaper had included the name of Elvis in the photo caption.

By this point in our discussion, I remained somewhat skeptical about including a cutout in the listing of names in the caption, so to put Bruce more at ease, I began to ask about how he came to found the organization.

While on a visit to Walmart, Bruce had noticed a young boy with his mother. The child was seriously ill, and Bruce asked the mother if there was anything he could do to help. She told him that the boy had cancer, and they were there to go shopping for items he could take with him to the hospital as he was going to be admitted for treatment.

I learned that Bruce was a former police officer and state game warden. He had served in the U.S. Army and was a huge fan of 1960s Motown music. He was semi-retired and had worked trapping and relocating nuisance animals in the area. He also would occasionally serve as a DJ for parties and school reunion gatherings nearby.

He had a heart of gold and after meeting the boy with cancer and his mother, Bruce took the bold step of staging a rock n' roll dance and donating all proceeds from the event to Ronald McDonald House which assists families of children undergoing treatment at local hospitals by offering them shelter and meals at no cost and at a most critical time.

Hearing his story, I couldn't help but be moved by it and I told Bruce that when a similar sort of photo including the Elvis cutout is used in future editions of the newspaper, we would include his name in the caption.

We shook hands and he left the newspaper office, and I thought my involvement with him was finished. That evening over dinner, I shared with my wife that I had met Bruce that day, and how I had resolved the issue.

She told me that going to the dances sounded like fun. We called Bruce and he was able to obtain tickets for us for the next dance. The organization has two dances every year and we haven't missed one since.

Bruce and I have become great friends. My wife Nancy and I serve on his committee of dance volunteers and believe it or not, we each have taken selfie photos with the cutout. And our journey to friendship started with a complaint about Elvis. < ~ Ed Pierce

Today in HISTORY



SEPTEMBER 20

1814 – The "Star Spangled Banner" is published as a song with lyrics by Francis Scott Key and tune by John Stafford Smith.

1881 – Chester A. Arthur is sworn in as the 21st president of the U.S. following the death of President James A. Garfield, who had died the day before.

1886 – The South African city of Johannesburg is founded.

1921 – Radio station KDKA in Pittsburgh launches a daily radio newscast, and it is one of the first in the U.S.

1951 – Major League Baseball owners elect National League President Ford Frick as the third MLB commissioner for a seven-year term.

1964 – The Beatles close out their first North American tour with a benefit concert at the Paramount Theatre in NYC.

1967 – The ocean liner Queen Elizabeth 2 is launched.

2001 – In an address to a joint session of Congress and the American people, U.S. President George W. Bush declares a "War on Terror."

ON THE SPOT

What's the worst advice you've ever been given?

"Don't marry him, it will never work. Didn't listen. We just had our 49th anniversary."
– Julie Mallett

"To use an OBGYN over a Nurse Midwife. OBGYN (once and it was awful). Nurse Midwife three times, it was truly amazing."
– Rebecca Coffin

"Do not worry. It will all be just fine."
– Linda LeClair

"To shave things that should never be shaved."
– Francesco Paredon

"Respect women and they'll respect you."
– Jay Binnion

"Don't buy a house with a boyfriend. Well BF turned to husband and life got built from that first little starter home."
– Melissa Carter

"Don't try and start a business. Small businesses never succeed. 8 years later I think we are doing ok."
– Levi Tinker

"Sell your house now. You can always find something else affordable quickly."
– Dean A. Smalley

"Invest in cryptocurrency."
– Chris Macklin

"He has a fool-proof system that works for betting on football."
– Louise V. Snider

"Having children together will help him grow up and to act responsibly."
– Isabelle Mongon

"Let's put the bill for our new boat on the credit card. We can pay it off fast."
– Lois Fuller

"No need to contest the divorce. You can work out all the financial details later."
– Jerry Greene

"Do what makes you happy. Take a gap year off and travel before going to college."
– Anne Glotshuck

"Not leaving a job I had been at for 16 years for a better offer because my friends would be lost without me."
– Mary-Rose Williams

"Stay in your marriage and work on it."
– Bridget Mendez

"Marry a rich man and you'll be happy."
– Lillian Ponters



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Age Friendly Raymond promotes generational connections

By Kendra Raymond
STAFF WRITER

This is part two of a series highlighting the return of Age Friendly Raymond. Last week's article introduced readers to the return of the program following its long hiatus. Today we will catch up on their innovative connections.

Even though Age Friendly Raymond has only been up and running for six months, that hasn't stopped volunteers from bridging the gap between seniors and youth in Raymond. What started as a small gesture of kindness has grown into something much bigger.

"In February and May, first graders at Raymond Elementary School colored 'Kindness' pictures for the residents at Jordan Bay Place," said Age Friendly Raymond coordinator Debby Tarr. The paintings were placed on individual doors and around the lobby and elevator areas."

The excitement was palpable, and before long, other RES students got involved.

"The fourth graders became pen pals for some residents and a couple other Raymond seniors for the last several months of school," said Tarr.

Susan Brackett is a fourth-grade teacher at Raymond Elementary

School and explained how the events unfolded.

"My student teacher Morgan Burkholder started the project," Brackett said. "She needed to do a project involving the school and the community. Deb Tarr contacted the school about looking for a classroom to partner up with and when Morgan and I saw the email, we knew that it would be a great fit. Morgan introduced the program to the classroom and worked on the activities until her placement was over around the end of April. I picked up where she left off."

Brackett says that the pen pal project was a great enriching experience.

"The kids learned what it meant to have a pen pal. They each were matched with a senior. Some of the seniors wrote two to four letters each time so that every student got a letter," said Brackett. "The kids learned about what it was like growing up during the seniors' lives, what school was like for them, and a little bit about their family and likes and dislikes. The students also learned how to properly write a



Fourth grade Raymond Elementary School students Ben LeBel, Natalie Hebert, and Jack O'Brion play games with their 'Grammy for a day' at Jordan Bay Place in Raymond as part of an initiative organized by Age Friendly Raymond. PHOTO BY SUSAN BRACKETT

Later in the school year, Age Friendly Raymond assisted a few residents with a visit to the school where the seniors had an opportunity to get to know some of their pen pals.

"This was enjoyed by both groups," Tarr said. "The fourth-grade teacher wants to continue this connection this coming school year."

Brackett said that the seniors and students played some games, and the kids were very excited to share some of their school projects, which was a really sweet moment.

"About one fourth of the class also attended Bingo at Jordan Bay Place," she said. "The students got to call out

letter back and forth to someone."

The pen pal experience ended up having some unexpected benefits as students got pretty attached to their "pal" as the school year progressed.

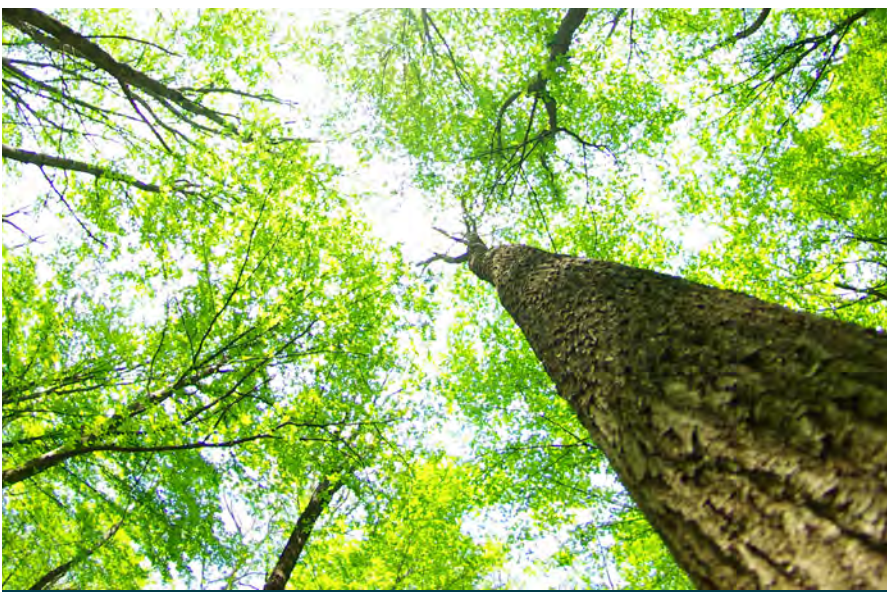
"As soon as the kids got their first letter, they were all really excited. Every single kid participated in the pen pal letters," said Brackett. "They were all sad at the end of last year, when I told them that this would be the last letter that they would receive."

numbers and serve the seniors drinks and snacks."

Current fifth grader Ben LeBel participated in the program last year and was excited to share his thoughts about the experience.

"I really enjoyed getting to know different people from our community," he said. "During Bingo they were actually kind of competitive. And of course I loved the treats we shared."

→ see AFR Page 4



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➔ **AFR** Cont. from page 1

Student Amelia Wildes also recalls the event fondly.

"I loved bingo night, it was fun calling the numbers and visiting the older people", she said.

Aside from the community outreach with local schoolchildren, AFR remains active keeping seniors involved.

"Before Memorial Day, we assisted the American Legion in placing flags

at veteran's graves. This is something we plan to continue in the future," said Tarr.

She explained that community service is just part of the support provided by AFR.

"I have transported some seniors to doctor appointments and have also picked up medical equipment at the medical loan closet," she said.

Tarr is excited about the popularity of the garden at Jordan Bay Place. She said that volunteers have logged over

100 hours getting things up and running there as well as lending a hand with residents in the garden.

"Avesta helped supply us with a few needed items to bring new life to this project. We have numerous residents involved in planting and harvesting flowers and vegetables," she said. "Extra vegetables go onto a table in the community room."

Residents can also sign up for a weekly technology help session hosted by University of Southern Maine senior and Raymond resident Elizabeth Petersen. She lends a hand with cell phones, computers, iPads, and TVs.

"Elizabeth has already donated 18 hours of her time to the residents, and they're so appreciative of her assistance," said Tarr.

Looking forward, Tarr said that more support is in the works.

"We are also organizing some presentations from SMAA on the increase of income allowed to receive help with more Medicare assistance, a talk with the Raymond Fire Department, and possibly a presentation by the Red Cross," said Tarr. "We are trying to widen these support services to other Raymond seniors, are able to find them."

Brackett says that she's thrilled to continue the senior-student pen pal project once again this year.

"The students and the seniors seemed to both really enjoy their time together and the letters back and forth. We have decided to partner up again with my new class and continue to grow on what we started last year," she said.

If you're interested in AFR programs or would like to volunteer, email: Agefriendlyraymond@yahoo.com <



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RECORD *Cont. from page 1*

organization that has been trying to set world waterskiing records since 2015 located in the Wisconsin area, which was initially called “Chain of Records,” and they set out to establish records of a large quantities of people doing different kinds of skiing behind a boat.

This year, it is being promoted as the “Big Pull 2024.”

“I came across their activities when they last did an event like this in 2021,” says Eastman. “I reached out to them saying that if they were ever to do an event like this again, I would be very interested in joining. They reached out to me in April of this year saying that they would try to beat their previous record of 38 barefoot waterskiers.”

At the event, there were 50 barefoot waterskiers chosen to participate from around the country in the lineup, and Eastman was one of those selected.

The event was held on Sept. 14 in Lake Dubai, Wisconsin and Eastman and his wife drove 20-plus hours one way just to get there.

“Last year, they were only able to have 38 people due to horsepower restrictions on the boat,” says Eastman. “They had the biggest boat possible and at the time, that was the most that they could do. The difference this year is that they had a bigger boat and more horsepower, and consequently, the idea was that we could beat that previous record.”

When the record was indeed broken, it was broken as a team, he said.

“It was not just the people on their bare feet who broke the record, it was

the boat drivers, the safety personnel, and all the support staff,” says Eastman.

There were waterskiers participating in the “Big Pull 2024” representing five different states, with Eastman being the one who lived the furthest from Wisconsin.

“I am very fortunate to have been chosen,” says Eastman. “I was skiing with the best show skiers in the country, the best of the best.”

There was quite an age gap between the barefoot skiers, with the youngest being 14 years old and the oldest being 65.

“It was quite a spectrum of all age groups, and it was very nice to see that,” Eastman said. “I thought that when I went out there, I would be the oldest guy, but there were at least six other people who were older than myself.”

The “Big Pull” event itself was originally created in 1999 by the Badgerland Water Ski Show Team and Aqua Skiers Water Ski Show Team. It was intended to bring together members of the two teams to attempt the largest waterski pyramid ever with at the time, the only triple rigged waterski boat in existence. Over the years, the event has evolved into a semi-annual event gathering talented members of various waterski teams from across the country to attempt larger and larger records in various waterski disciplines.

Since its inception, a total of 11 different Guinness World Records for waterskiing have been established, including the one Eastman was part of this month. <

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Water District starts project to locate service valves

The Portland Water District (PWD) has begun an extensive project to identify 40,000 “curb stop” service valve locations throughout its service area.

PWD has engaged Sebago Technics of South Portland to conduct the project. It will use high-accuracy GPS data points to locate and record the curb stop valves, many of which date back decades—or even longer.

The project is estimated to take 2.5 years to complete. Curb stops are water shutoff and turn-on valves between a public street or right of way and a residence, business, or other

structure. Currently, PWD has 20,000 curb stops accurately identified in its system; this project will update and confirm the locations of 40,000 more.

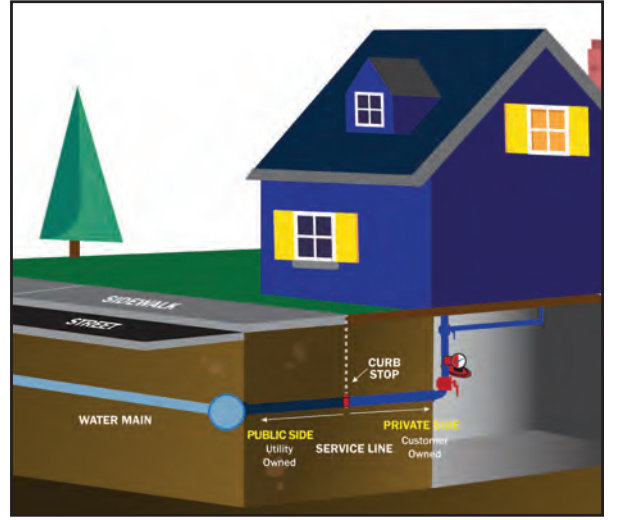
Although all the PWD curb stop locations were known and recorded at one point or another via “service cards,” over time, changes can occur to obscure locations. Building sizes and locations can change, trees can be planted or removed, and streets and pavements can be widened or altered. Updating exactly where each curb stop is and how to reach it can be critically important.

“Precise GPS location of our service assets allows PWD to efficiently respond to leaks or water quality concerns by quickly locating and shutting

off water valves,” said Chris Crovo, Director of Asset Management and Planning at PWD. “This improves our responsiveness, saves time, and reduces costs.”

In contrast to information provided via service cards, GPS data points remain stable no matter what happens to the surrounding site conditions. This technology allows the valves to be located precisely and quickly, even under snow or underground.

For the first phase, Sebago Tech-



nic will focus on residential areas with one valve per property. As the project progresses, the work will get into more challenging locations, such as downtown Portland and the various islands served by PWD.

Customers may notice some of the work being done. Finding all the curb stops will require visual inspection, the use of magnetic wands, a limited amount of digging, and possible surveying. <

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<p>10 a.m. – 3 p.m. Vendor Fair opens, White Elephant Sale begins, Village buildings open for tours, food booths open</p>	<p>10 a.m. – 2:30 p.m. Pumpkin-Decorating Contest begins—children are invited to decorate a pumpkin and possibly win a prize</p>	<p>10:30 a.m. – 11:15 p.m. Sebago Lakes Ukulele Association (SLUKES) perform on the Gazebo</p> <p style="text-align: center;">11:15 a.m. Relay Races begin</p>	<p>11:30 a.m. – 1:30 p.m. Antique Car Show featuring Model-A and Model-Ts</p> <p style="text-align: center;">Noon – 12:30 p.m. Windham Middle School Band performs</p>	<p>1 p.m. Pie-Eating Contest with Town Clerk Linda Morrell serving as judge</p> <p style="text-align: center;">1:15 p.m. Cornhole and Horseshoe Tournaments begin</p>	<p>1:30 p.m. – 2:30 p.m. Saco River Jazz Band performs at the Gazebo</p> <p style="text-align: center;">2:45 p.m. Pumpkin-Carving Contest winners will be announced</p> <p style="text-align: center;">Doors close at 3 p.m.</p>
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Jane Pringle: Protecting Maine lakes and wildlife

► **By State Rep. Jane Pringle**
SPECIAL TO THE WINDHAM EAGLE

As we enjoy these final moments of summer and anticipate the beginning of autumn, I am reminded of how beautiful it is to watch the landscape change with the seasons. Here in Windham, we are fortunate to have so much surrounding natural splendor, chief among them Sebago Lake.

This lake – and all Maine lakes – are vital to our way of life, not only because they serve as crucial natural resources but because they are also a key symbol of our state’s heritage. Recognizing their immense importance, the 131st Legislature prioritized enacting measures dedicated to upholding and protecting Maine’s inland water ecosystems.

The Legislature understands that the ever-growing risk posed by invasive

aquatic plants to our state’s inland waters requires continued effort. With this in mind, my colleagues and I passed a bill this year that will increase funding so the Department of Environmental Protection and the Department of Inland Fisheries and Wildlife can increase efforts to prevent and control the spread of invasive species.

Both departments play crucial roles in mitigating the devastating impact that invasive aquatic species can have on our water quality, ecosystems and even our property values. With this additional funding, these departments can better ensure that necessary resources are available to continuously and effectively combat these threats to our freshwater systems.

In an effort to continue protecting the wildlife that inhabits Maine’s lakes,

my colleagues and I united to pass two pivotal pieces of bipartisan legislation. The first, co-sponsored by my fellow Lake Region legislators, Sen. Tim Nangle and Rep. Jess Fay, strengthens local control by empowering municipalities across the state with the necessary tools to more effectively enforce shoreland zoning laws designed to protect water quality and wildlife.

Previously, towns struggled to implement environmental measures, which often resulted in misunderstandings and lengthy lawsuits between towns and residents who violated zoning ordinances, such as cutting down protected trees. This measure enables towns to restrict, suspend or revoke locally issued permits that violate zoning laws, holding violators accountable and easing the financial strain on local taxpayers from potential legal battles.

The second measure addresses the unintended consequences of wakesurfing on inland wildlife. While this popular pastime brings joy to boaters and spectators, it has been shown to have a significant impact on the ecosystem and geography of our lakes. Wakesurf-

ing uses the full-throttle power of a motorboat to generate large waves, which crash against the shores, causing erosion and threatening the nests of common loons.

The new law prohibits operating a motorboat in less than 15 feet of water or within 300 feet of the shoreline while wakesurfing. It’s crucial to balance responsibly enjoying this sport with preserving our lakes, and the Legislature carefully crafted this measure to protect our lakes’ geography and wildlife while still allowing for summertime fun.

The measures above are only a sampling of the work we’ve done over the last two years to protect our state’s inland waters, but they show our commitment and dedication to preserving the beauty and integrity of Maine’s lakes. Through these efforts, iconic all-season retreats like Sebago Lake – and bodies of water throughout our beautiful state – will remain vibrant and healthy for generations to come.

State Rep. Jane Pringle is serving her second, non-consecutive term in the Maine House. You can reach her at: jane.pringle@legislature.maine.gov



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TOWN OF WINDHAM, MAINE
PLANNING BOARD
NOTICE OF PUBLIC MEETINGS

– SITE WALK 9:00AM –
Saturday, September 21, 2024

- 24- 21 Sebago Solar Tax Map: 11,
Lots: 49 D, 49 D04, 49 D05 - Maisie Drive & Pipeline Road.
Site plan review for a solar array facility.

– REGULAR MEETING 6:30PM –
Monday, September 23, 2024
Town Hall, Council Chambers, 8 School Road

- 24-21 Sebago Solar Tax Map: 11,
Lots: 49 D, 49 D04, 49 D05 – Maisie Drive & Pipeline Road.
Site plan review for a solar array facility.
- 24-26 Monique Drive Subdivision Tax Map: 11,
Lots: 49D, 49 D04, 49 D05 – Monique & Jules Drives
After-the-fact plan review for a 3-lot residential subdivision.

FMI go to windhamweb.legistar.com/Calendar.aspx or contact (207) 894-5960 ex. 2. Written comment may be submitted to the Board at PlanningBoard@windhammaine.us.
Please notify us if you need accessibility accommodations.

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LETTERS to the editor

Submit letters by Tuesday at Noon to: editor@thewindhameagle.com or mail to: 588 Roosevelt Trail, Windham, 04062

Editor,
 I wholeheartedly support Barbara Bagshaw's candidacy for State Representative because of her proven commitment to her platform "protect our community's children."
 It sounds like a line but it's true! Last year when I was at my wits end with a certain state-run agency, I called Barbara to help me cut through the red tape. My child was getting lost in a bureaucratic gov-ernment list and not getting the services we were promised.
 Barbara is the real deal. Two days after my call, we got the help we had been waiting for! She called me personally, a few months after, to check in on my child's continued progress.
 Sometimes as a constituent, you feel like a small fish, but Barbara made me feel heard. Barbara's experience

in public service and education, combined with her deep understanding of local and State issues, positions her uniquely to address the challenges I was facing.
 Supporting Barbara Bagshaw means supporting a candidate who is genuinely invested in the well-being of our community's children and is equipped to take informed, impactful action. I will be voting for Barbara in November. I hope you will too!
 ~ Diana L. Corbett, Windham

Editor,
 I am writing to express my support for Kenny Cianchette's candidacy for the Maine Senate. I've had the pleasure of knowing Kenny for several years. I am confident that he will represent our community with integrity, dedica-
 → see LETTERS Page 11

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Autumn officially arrives this Sunday!!

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 Grand Parade Sunday @ 11am

Chase Jobe and the Runnin' Kind
 Tuesday evening @ 6pm
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WWW.CUMBERLANDFAIR.COM

Refilling operations starting for Dundee Pond

By Ed Pierce
STAFF WRITER

Repairs on a faulty gate have been completed and work is now under way to refill Dundee Pond in Windham.

On May 17, one of Dundee Dam's two deep sluice gates on the southern end of Dundee Pond used to pass large amounts of water during flooding events malfunctioned, and it remained stuck in the open position. It resulted in the pond having to be drained and repairs made to the gate.

Dundee Dam was originally built in 1913 and its operator, New York-based Relevance Power, said that while the dam was at no risk of failure, the malfunctioning gate caused the water level in Dundee Pond to fall until it was completely empty. Dundee Dam

is owned by Presumpscot Hydro, a licensee of the Dundee Hydroelectric Project, and operated by Relevance Power Management.

The pond and surrounding park are popular during for Windham residents to swim, enjoy a picnic or to attend free weekly concerts hosted by the Windham Parks and Recreation Department. Swimming was closed at the park throughout the summer.

Michael Shaughnessy, the President of the Friends of the Presumpscot River, said this summer that the low water level will have long ranging environmental implications for Windham and surrounding communities.

He said that the water there eventually reaches the Presumpscot River,

and water and sediment drain through the gate and into the old rocky riverbed which is used as a trout spawning area.

"Any kind of spawning activity has been decimated by this," Shaughnessy said. "Biologically it's set back for years," Shaughnessy said.

With the pond being drained, the area reverted to a sparse water flow called a "lost river" which was the site of an old canal project dating back to the late 1700s. During that time, many dams were constructed along the Presumpscot River for hydroelectricity. Dundee Pond itself was not flooded until 1910, meaning the pond drainage meant that the "Lost River" landscape featured a river was last seen more than 100 years ago until briefly again this past summer.

Matthew Wenger, Chief Executive Officer of Relevance Power, said that local contractors were hired to fix the malfunctioning gate and to conduct additional preventative maintenance on the dam, including completely overhauling the other mechanical gates to minimize the likelihood of other gate-related shutdowns in the coming years.

Now that all gate mechanical issues have been resolved, Relevance Power is slowly refilling Dundee Pond to its previous water level in coordination with the Maine Department of Environmental Protection and the Federal Energy Regulatory Commission, Wenger said.

All of the water refilling work is expected to be finalized no later than Oct. 1, Relevance officials say. <



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<p>\$2.99 Liquid Dish Soap Clementine or Sea Mineral 18oz</p> <p>\$3.99 Ziploc Storage or Freezer Bags Our Reg. \$4.99 36ct</p>	<p>Visit us in-store for even more great deals! BECOME AN ADVENTURER! Visit us @renys.com</p> <p>Down East Best Maine Winner Renys A MAINE ADVENTURE</p> <p>Voted Best Bargain Store 13 years in a row!</p>

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LETTERS *Cont. from page 9*

tion, and a strong commitment to our shared values.

Kenny's career has been marked by exemplary leadership, problem-solving skills, and community engagement. During the pandemic, he navigated complex challenges with strategic insight and practical solutions, ensuring his business remained operational and his team employed. His resilience in overcoming obstacles and adapting to change has been truly impressive.

His track record as a coach, successful business owner, and well-respected community member demonstrates his ability to achieve impactful outcomes. His leadership qualities and genuine care for our community set him

apart. He'll bring a fresh perspective and strong voice to the Senate, effectively advocating for the needs and aspirations of his constituents. One of Kenny's most commendable qualities is his unwavering commitment to transparency and accountability—crucial traits for effective governance and building trust. I am confident that Kenny Cianchette will bring the same level of dedication, expertise, and ethical leadership to the Maine Senate.

Kenny is deeply involved in community service, hosting fundraisers, sponsoring golf tournaments, and supporting organizations like Walk A Mile, Camp Sunshine, and local veterans' groups. He values law enforcement and wants to ensure they have the resources needed. He prioritizes

the needs of everyday citizens and supports local businesses, demonstrating a deep understanding of the challenges we face and offering innovative ideas for growth and improvement.

Good politicians are able to put aside partisan differences when necessary and work for the common good. Kenny's candidacy represents an opportunity for positive change and effective representation for our district. I wholeheartedly support him and encourage others to do the same.

~ Connie Mercer, Windham

Editor,

I've known Doris Poland for almost 40 years. She is family. I was, at one time in my life, married to her brother-in-law. I have remarried now but still stay in contact with Doris and I still know the hard-working peoples' advocate that she is.

As long as I've known her, she has immersed life into representing and voicing her support for working families in Maine and nationwide through the unions and ladies' auxiliary.

→ see LETTERS Page 15

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2024 tax bills will be mailed out on September 20th

TAX PAYMENTS
First half of 2024 taxes are due October 31st

Commitment Date.....September 11, 2024
Tax Rate (Mill Rate)**\$17.20/\$1,000
Certified Assessment Ratio63%

Approx. Mill Rate Breakdown
County: \$0.96
School: \$12.18
Municipal: \$4.06
(includes TIF & Overlay)

**The State of Maine Legislature repealed LD 290 "Property Tax Stabilization for Senior Citizens" in August of 2023. Last year, qualified applicants had their taxes "frozen" at the 2022 tax rate and the State of Maine paid the difference in the increase. This year, all residents will pay the 2024 tax mill rate.*

2024 Tax Bills are available for viewing online at: raymondmaine.org/Departments/Tax Collection

***See historical mill rate data at: raymondmaine.org/town-office/assessing*

Get Involved with the Town!

UPCOMING MEETINGS:

- Tuesday September 24th at 7pm - Zoning Board of Appeals
- Wednesday October 2nd at 6:30pm – Comprehensive Plan Committee
- Tuesday October 8th at 6pm – Select Board Meeting
- Wednesday October 9th at 7pm – Planning Board Meeting
- Wednesday October 16th – Budget-Finance Committee Meeting

All meetings take place at the Broadcast Studio, 423 Webbs Mills Rd, Raymond.

Zoom links are also available for those who cannot attend in-person.

Agendas and Zoom links can be found on our website: raymondmaine.org and clicking on the CALENDAR tab.



Public Works Department – Per Diem

The Town of Raymond is seeking a per-diem plow truck driver to join our Public Works Department this snow season. Successful applicants must have a valid CDL license (class A or B) with a clean driving record and experience in the operation of heavy equipment.

The Town of Raymond offers competitive pay.
Position hours based on need.

Videographer – Part-Time

THE TOWN OF RAYMOND IS LOOKING FOR A PART TIME/BACK UP VIDEOGRAPHER TO RECORD COMMITTEE AND SELECTMEN MEETINGS.

Most meetings are held in the evening although occasionally some may be during the day. The candidate must be willing to learn to run a large audio mixer and Sony Anycast video mixer. In addition, they must be able to run the Leightronix station controller to insure the real time broadcast to cable TV and YouTube. Should be willing to learn new technologies as the station is transitioned to new software and hardware.

HOW TO APPLY:

Interested candidates must submit an employment application. Applications can be found at www.raymondmaine.org Please submit the application and any supplemental materials to HR Director 401 Webbs Mill Road, Raymond, ME 04071 or for questions or application, contact the HR Director at 207-655-4742 x 123 or email cathy.gosselin@raymondmaine.org.

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AT THE
Fryeburg Fair

Tuesday, October 1st
9:30AM-2:00PM

Free for Senior Residents
\$5 for Non-Residents

Transportation Provided by The Raymond Parks and Recreation Van. Pick-up will be at Tassel Top
Register NOW at: Raymond.RecDesk.com



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Grades K-4 • \$90/week

START DATE: SEPT. 23RD
Mon, Tues, Th & Fri 3:10-5:30PM
Wed 12:30-5:30PM

Located at Raymond Elementary School
Occasional Wednesday Field Trips

FMI & to register go to: Raymond.RecDesk.com



RAYMOND-CASCO HISTORICAL SOCIETY

THE MUSEUM IS OPEN ON SATURDAY AND SUNDAY THROUGHOUT THE FALL AND THE BLACK SMITH SHOP HAS HAD ONGOING FORGING DEMONSTRATIONS.



Sunday, October 6th from 12pm-3pm
Forged by "Thor" Blacksmith Demonstration
Lucas Damen of Naples & Tony "Thor" Stanley of New Gloucester showcase their passion, knowledge, & talent for blacksmithing using tools from the 1900's to create beautiful functional art in the newly restored historic Watkins Blacksmith Shop.

Check out the website for Raymond Casco Historical Society or stop by their Facebook page to see their list of ongoing events.

Website: raymondcascohistoricalsociety.org
Facebook: www.facebook.com/localhistoryfan

ROADRUNNER

– SEPTEMBER 2024 NEWSLETTER

1st Annual Raymond

PUMPKIN DECORATING CONTEST!



Presented by: Raymond Village Library and Raymond Parks & Rec

SHOW OFF YOUR CREATIVE, FUN, AND SPOOKY PUMPKIN DECORATION TALENTS FOR A CHANCE TO WIN A \$50 GIFT CARD TO THE GOOD LIFE MARKET!

One pumpkin will be provided per household - Available on Oct. 1st. Participant is responsible for decorating/carving materials. No age limit.

Voting will take place on Halloween night.

PUMPKINS NEED TO BE RETURNED BY OCTOBER 29TH.

REGISTRATION OPENS SEPTEMBER 17TH

Contact the Library at 655-4283 or visit in person to register.

**Carving is ok, but no guarantee the pumpkin won't rot.*



PLEASE REGISTER FOR ALL PROGRAMS AT Raymond.recdesk.com

Adult Indoor Pickleball is Back! 6:00-8:00PM

held at Raymond Elementary School Gym

Pickleball schedule follows RES schedule; if there is no school or school is closed due to weather or other reasons, pickleball is also canceled

ADULT PLAYERS ONLY; 25+ YEARS OF AGE

All pickleball players must be registered through Raymond Parks and Rec & signed up for the TeamReach App. TeamReach code will be available through the registration process.

All nights limited to 19 players

- **Mondays: Intermediate/Advanced Play**
- **Tuesdays: Beginner/Intermediate Play**
- **Wednesdays: Beginner/Leisurely Play**
- **Wednesday session from 5-6pm for Beginners and new to pickleball.** We will have a special skills and drills to teach rules, strategies and skill drills, starting on Wednesday, October 4th. This is limited to the first 8 players to sign up and is limited to 4 sessions per player. Players need to register at Raymond Rec and then sign into the Team Reach App to sign up.
- **Thursday: Intermediate/Advanced Play**

Questions about Pickleball? Please call Brenda Olsen 207-838-0123



Adult Pick Up Basketball 7:00-9:00PM

held at Jordan Small Middle School Gym

THURSDAYS, STARTING SEPTEMBER 26TH FOR ADULTS 25+: \$2 daily fee or \$25 for the season

**Only when school is in session. Excludes vacations, holidays, and storm days.*



Raymond Village Library

NEWS & EVENTS

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raymondvillagelibrary.org

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Open Tues, Wed & Thurs 9am-6pm;

Fri. & Sat. 9am-2pm

Fall Peony Sale!!

SATURDAY OCTOBER 5TH FROM 8AM-11AM

Visit raymondvillagelibrary.org or check out the Raymond Village Library Facebook page for a complete list of available plants. Please contact Leigh Walker @ lwalker4@maine.rr.com for questions or if you would like to request a specific peony!

Coming in October - hoopla!

HOOPLA PUTS YOUR PUBLIC LIBRARY AT YOUR FINGERTIPS.

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Bridge Club

TUESDAYS FROM 9AM TO NOON

Meet us for some games of bridge! Want to learn how to play? One of our members would be happy to teach you. Open to all.

Evening Book Group

MEETS THE LAST TUESDAY OF THE MONTH

to discuss a chosen book. Contact us for more information!

Baby and Preschool Storytime

WITH MS. KAREN WILL BEGIN AGAIN IN OCTOBER!

Stay tuned to the website or Facebook for details.

Patron Passes

The Raymond Village Library has passes available to the Maine Wildlife Park, the Maine Children's Museum and Theatre, the Southworth Planetarium and Maine State Park Pass. These passes offer either discounted or free admission.

Please contact the circulation desk for more information about available passes.

For more information on any of the listed programs, please contact RVL: 207-655-4283 • rvldirector@gmail.com



RAYMOND CODE ENFORCEMENT REMINDER

IF YOU NEED A CODE ENFORCEMENT OFFICER, PLEASE SCHEDULE AN APPOINTMENT IN ADVANCE!

This time of year, the office is very busy making it difficult to accept walk-ins. To secure your time slot please call the Admin Assistant or schedule your appointment online.

- ▶ Electrical and plumbing permits can be issued immediately. No appointment is necessary.
- ▶ You do not need an appointment to come into the office/view a file.
- ▶ You can now schedule an inspection, meeting, or return a phone call with the Code Officer online by visiting: <https://townofraymond.setmore.com/>

Janet Staples, Administrative Assistant

Phone: (207) 655-4742 ext. 161

Email: janet.staples@raymondmaine.org



Building a Livable Community Together

AGE FRIENDLY RAYMOND IS PARTNERING WITH RAYMOND PARKS & RECREATION TO BRING YOU:

Senior Day at the Fryeburg Fair!

FREE for Raymond residents 65+ & transportation provided from Tassel Top Park. See left for details!

Citizen involvement is critical for this program's success.

If you need services or assistance in the community or if you would like to volunteer, we would LOVE to have you join us. Please email us at: Agefriendlyraymond@yahoo.com

Follow Age Friendly Raymond on Facebook! Helpful article and resources are shared on this page.

Eagle SPORTS



Windham varsity volleyball stays ahead of Noble

By Matt Pascarella
STAFF WRITER

The Windham High varsity volleyball increased their record to 2-1 after a game against Noble at Windham on Friday, Sept. 13. The Lady Eagles came out strong and quickly won the first two sets. Although Noble won the third set, Windham finished the match by taking the fourth set to win, 3-1.

“Once you get the two (wins) under your belt teams will sometimes take the foot off the gas a little bit,” said Windham varsity volleyball coach Chris Cloutier. “That caught us a little bit when we had people who don’t typically play together a whole lot. They ended up coming in the end of that third set and scoring a few points and led to them (realizing) they need to put their foot back on the gas to win that fourth set. I think there was more communication on the floor in the fourth set, they were aggressive but smart with the

ball in the way that they played. They realized it’s the little stuff that matters and they had to really pay attention to what they were doing instead of going through the motions. They worked on being smart with the ball, finding the zones where people weren’t, but still trying to keep the ball in.”

Windham scored early in the first set. Junior Kendra Eubanks had a block and junior Oakley McLeod sent the ball over the net and Windham led 6-0.

Noble picked up a little steam but had a long way to go. A spike from Eubanks allowed Windham to keep its edge. Windham took the first set 25-16.

“We had to bring up the energy,” said Eubanks. “We’re good at hanging our heads when it’s hard; we pushed ourselves to the max that we could. Everybody is supportive; got really frustrated (in the third set) but picked it up in the fourth set. Our hitting went really well, we definitely got good at

being simple, because it takes simple over power, especially when it comes to winning, and getting the points. We could definitely work on our talking.”

In the second set, Windham’s intensity did not dip. They were playing smart as a team. Junior Paige Atherton had a solid block. The game was tied at 13. The Lady Eagles stayed out in front; there were very strong volleys and serves. Junior captain and libero Lauren Neal had several good dives. Windham got by with a 25-22 win.

In set three, Noble took the lead early and stayed there until they won. Windham still gave 110 percent but was far behind and it lost 25-11.

The final set was a close one with each team going neck and neck. Junior Kiara Lee’s serving earned Windham a few points. Windham pulled ahead, but the game was tight. Windham then had a significant lead; they won the set 25-13.

“I think as a whole we’ve grown a lot as a team since last year,” said Neal. “We are able to trust each other and that really helps with the whole dynamic on the court. I think it’s really thanks to Coach Chris. I think what might need some work is communication and energy on the court. Something we really did well was trusting each other ... you need to work as a team. We were able to put aside everything that happened in the third set ... going into the fourth set we had a new mindset that we weren’t going to let any of those balls get past our defense and it was just amazing watching it play out.” <



Windham junior Oakley McLeod goes to hit the ball back over the net in a volleyball match against Noble. PHOTO BY MATT PASCARELLA



Junior Kendra Eubanks extends her arm while keeping focus on the ball.

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ATHLETE OF THE WEEK

Sydney Broadbent

Age: 16 Team: WHS Cross Country Summer Camp
Coach: Jeff Riddle and Jeff Conant
Parents' names: Craig and Bethany Broadbent
Reason for selection: Sydney, the top returning runner from the state-qualifying WHS girls' team of a year ago, has put in a spectacular summer of focused training with her campmates. Syd has committed to improving on the top 20 finish from last year's Southern Maine Class A Regional Cross Country Championships and her efforts to put herself and her teammates in the competitive conversation has been commendable. Asserting herself as a pace setter is a new role, but one that Syd has embraced. Her willingness at a moment's notice to give someone a high five, much-needed pep talk, or demonstrate a post-run exercise, are a few of the numerous reasons that Sydney is leading the way. Be on the lookout at the top of leaderboards this fall for Sydney's name.

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LETTERS *Cont. from page 11*

She also is a strong fighting voice for the disabled, for which she has first-hand knowledge, raising a son with disabilities. She also volunteers her time to help at food drives and at the food banks.

She is a voice that people know in Augusta and Washington D.C. as well as many other places. She has been involved in politics the whole time I have known her. She has always represented the voices of the Union workers and families, and she strives to find the answers to the questions of the people from the right individuals in Augusta and Washington D.C.

I can't think of a better candidate to represent the people of District 106 than Doris Poland.

~ Kimberly Brennick, Windham Editor,

I appreciate Senator Tim Nangle's attentiveness to the needs of his constituents and his willingness to solve problems. I have experienced this firsthand, which is why I support Sen. Nangle for re-election to the State Senate.

When my neighbors and I found out that a developer wanted to build on wetlands uphill from the Thomas Pond watershed, we reached out to someone we knew would help us preserve our natural spaces—Senator Tim Nangle. Tim suggested that we initiate a citizens' initiative to update the weak, existing ordinance so that rural residential and shoreland districts are protected from commercial solar projects. The petition/vote process ultimately led to a change in the law, and we are grateful for Tim's help pro-

tecting our ecosystem. We know that he would fight for your community in the same way.

We need Senator Nangle's experience, leadership and knowledge in support of his local constituency.

~ Laurie Wallace, Raymond Editor,

I am writing in support of Barbara Bagshaw, candidate for House District 106, Windham. She cares about issues dear to my heart: upgrading our schools, making Maine more affordable, supporting small business, protecting our basic rights under the Constitution.

Small business is the backbone of Maine's economy. We need to remove blocks to businesses flourishing in Maine. Our businesses were devastated as a result of governmental actions in response to COVID. And many are struggling brought on by legislation passed in Augusta.

Representative Bagshaw was recently endorsed by FNIB, a leading advocate for small business. As that letter said "Most candidates talk about their support to small business but what matters most is action, not

just talk and your record on FNIB issues clearly shows that you have both spoken out and stood up for small business."

As an educator for many years, she has a heart for youth. She knows that a solid foundation in education prepares them for success in life. And she will advocate for excellence in our schools.

I ask you to vote for Representative Bagshaw.

~ Deborah Sweeney, Windham Editor,

It is the season to re-plant our seeds of support for those candidates that have been working tirelessly for everyone. I hope you will join me in casting your vote for District 107 House

Representative Jane Pringle. She will continue working across the aisle to lead for the greater good. She has the integrity we need.

Jane has a track record of addressing the complicated issues affecting everybody in our state. As a retired physician she is acutely aware of the problems faced by folks from all walks of life. Jane truly cares about your wellbeing.

Jane is an approachable, personable and honorable person. She is solutions-oriented and prevention-focused. Most admirably she is always willing to work through conflict. Please thank Jane Pringle by supporting her again on Nov. 5.

~ Karen Ogg, Windham

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Too hot to handle

► **By Tricia Zwirner**
SPECIAL TO THE WINDHAM EAGLE



— Tricia Zwirner, State Farm

Space heaters and wood stoves are great for warming up chilly rooms, but they should be operated with a measure of caution. According to a 2022 National Fire Protection Association (NFPA) report that gathered data from 2016 to 2020, space heaters, whether portable or stationary, account for 33 percent of home heating fires. In addition, 88 percent of home heating fire civilian deaths involve space heaters. They also contribute to 80 percent of fire related injuries and 55 percent of home fire related property damage.

Wood stoves are a more efficient heat source than traditional fireplaces, and many units can keep more than one room warm. To help keep wood stoves operating safely, consider the following tips:

- Before buying a stove, check with your local fire department to get local ordinances on solid fuel burning appliances.
- Ensure that the unit has been tested and is listed with a nationally recognized testing laboratory such as

Underwriters Laboratories (UL).

- Follow the specific clearance requirements outlined by the Maine Office of State Fire Marshal. Maintain proper distances between the wood stove and combustible materials, per the manufacturer and local regulations.

- If there are no manufacturer's instructions or a label on the unit, the NFPA suggests clearances should be 36 inches away from any combustible item, such as curtains or flooring.

- Regularly clean and inspect your chimney to reduce the risk of chimney fires. It's recommended to have a professional chimney sweep service to perform annual inspections and cleanings. Burn only seasoned hardwood or wood pellets in the stove, according to the manufacturer's directions.

- Wait until the ashes have cooled before removing them then transfer ashes in a covered metal container to an outside location 10 feet or more away from the home and douse them with water.

Radiant space heaters warm whatever is directly in front of them, while convection heaters can help make an entire room feel more comfortable. To use them safely, consider the following tips:

- Choose electric space heaters that are certified by recognized testing laboratories, such as UL (Underwriters Laboratories) or CSA (Canadian Standards Association). Look for models with built-in safety features like tip-over protection & overheat shut-off switches

- Regularly inspect the electric space heater for any signs of damage or wear and KEEP THEM free of dust or debris that can accumulate and potentially cause overheating.

- Keep children and pets away from the heater to help avoid contact burns.

- Place the unit on a level surface at least three (3) feet from combustible materials such as bedding, curtains and furniture.

- Plug space heaters directly into wall outlets. Avoid using extension

cords or power strips, as they can overheat and pose fire hazards. Never use a space heater to dry clothing.

- Never leave an electric space heater unattended. Turn it off when leaving the room or going to sleep. Keep children and pets away from the heater to prevent accidental contact.

A kerosene space heater can warm a large area within your home. Some communities restrict their use so always check with the local authorities before purchasing or operating a unit. To operate safely, consider the following tips:

- Space heaters should be specifically designed for indoor use. They should be certified by a recognized testing laboratory, such as UL or CSA, and have safety features like an oxygen depletion sensor (ODS).

→ see REAL ESTATE Page 20



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ENTERTAINMENT

THE WINDHAM EAGLE PRESENTS...
A REVIEW OF A STREAMING
MOVIE
'Parallel' (Not-Rated)

By Matt Pascarella

STAFF WRITER

Runtime: 1 hour, 28 minutes

Vanessa and her husband Alex are coping with the loss of their son, Obe. Vanessa goes for a walk in the woods, where she encounters someone who takes a couple shots at her. She isn't hit and does not see the individual. When she gets back to the cabin that she and Alex share with his brother, Martel, she notices something strange after Martel burns his hand and she sees it in two different conditions.

She returns to the woods where she meets a version of Alex who explains that the woods carry fragmented versions of a world in which Vanessa, Alex and Martel belong, called a multiverse. Vanessa is trying to find the space that might bring her son back. What follows is a very interesting, albeit confusing at times, hunt for different versions of the characters who Vanessa tries to decipher if they're from the space she is looking to get to.

When I first read the description for "Parallel" I was expecting a science fiction-based horror movie, and what I got was not that, but I was still on board throughout this time-warped adventure.

"Parallel" stars Danielle Deadwyler, Aldis Hodge and Edwin Hodge. Vanessa (Deadwyler) looks out the window moments before a bird then flies directly into it. She and her husband Alex (Aldis Hodge), along with Alex's brother Martel (Edwin Hodge) live in a cabin in the woods.

Alex and Vanessa lost their son one year ago. Alex fears he is losing his wife. After an argument, Vanessa goes for a walk in the forest where someone sees through their scope someone take a few shots at her but miss. Back at the cabin, Martel burns his hand on the grill; Vanessa goes to check on him. He says it's not as bad as they originally thought, and his hand is unbandaged. However, moments later Martel returns from outside and has a bandage on his hand.

Vanessa returns to the forest and finds a bloody handprint on a fence marked with "do not enter" signs. She enters anyway. Vanessa finds it hard to stay on the trail without getting turned around. She puts trail markers on the trees. Could there be someone else watching her?

After reentering the forest, she meets a different version of Alex from a different space in time. The spaces are fragmented versions of the world. The other version of Alex explains this multiverse with a detailed drawing.

They each learn about the other's past and try to figure out how to get back to their original space. It's here that things get strange. Vanessa returns to the cabin where she tries to explain the multiverse to Alex and Martel. I had a hard time figuring out which versions of Alex and Martel were interacting with which Vanessa. They tie her to a chair, because another version of Vanessa has appeared.

Alex wants to shoot a version of Vanessa, but Martel stops him. Vanessa returns to the forest, looking for Alex. After they argue about what the right thing to do is, he tells her to find a space and take it. Vanessa meets herself and there is a struggle.

As mentioned, I expected this to have more of a horror-theme to it, but what's scarier than meeting a version of yourself in the woods and not knowing if the people you interact with may see you as a threat? The plot moves quickly, and my only real complaint is it was hard to follow at times, trying to figure out which version is the "correct" version(s) that Vanessa is looking for. This is not an action-packed movie, but my attention was grabbed and held trying to figure out how this multi-versed forest works, to which I still have no definitive explanation.



LAST WEEK'S ANSWERS

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	H	I	E		D	I	R	E	C	T	
B	C	A	A	R		L	I	N	E		
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A	R	I	S	E	N	T	O	W	B	O	A
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A	M	I	R	S	D	N	I	B	B	L	E
M	O	L	O	K	A	I	L	E	A	N	E
O	N	E	S	E	L	F	B	A	N	G	L
			A	R	U	I	O	A	N	D	S
			D	I	C	K	E	R	A	L	I
			S	C	H	I	S	M	T	E	T

In past movies I've seen, sometimes a small cast can make the movie drag, because you are constantly seeing the same faces with no new interactions, but this was different.

Four out of five stars. Now streaming on Paramount-Plus, Showtime and available to rent. <

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16				17		18				
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			34			35		36		37
	38				39		40		41	42
43				44			45		46	47
48			49	50				51		52
53							54		55	
56								57		
	58								59	

CLUES ACROSS

- 1. Tall, upright post on a boat
- 5. Basics
- 9. Used to refer to cited works
- 11. Folds
- 13. Former UK PM May
- 15. Cold region of Russia
- 16. Standard operating procedure
- 17. Separating
- 19. Particles
- 21. A way to map out
- 22. Referee declares
- 23. Beginner
- 25. Water (Spanish)
- 26. Gov't lawyers
- 27. Non-reproductive parts of an organism
- 29. Spanish friends
- 31. A type of tree
- 33. Walk heavily
- 34. About a wood
- 36. Free-swimming marine invertebrate
- 38. Political action committee
- 39. SB19 hit song
- 41. Scorch the surface of
- 43. Moved quickly on foot
- 44. Sacred state for a Muslim
- 46. Growl
- 48. Pearl Jam frontman
- 52. Irritating person
- 53. Something requiring a solution
- 54. Firing
- 56. Hazards
- 57. Taiwan capital
- 58. Impudence
- 59. Rock frontman Durst

CLUES DOWN

- 1. One who rides an elephant
- 2. Absence of bacteria
- 3. Soviet Socialist Republic
- 4. Men's fashion accessories
- 5. "Honey" actress Jessica
- 6. Round red root vegetable
- 7. Latin term for "charity"
- 8. Doesn't smell good
- 9. Mental health issue
- 10. Millisecond
- 11. Hairstyle
- 12. Edible starch
- 14. Middle Eastern military title
- 15. Protein-rich liquids
- 18. Indian musical pattern
- 20. Cancer and Capricorn
- 24. Country along the Arabian peninsula
- 26. A bend
- 28. Fishes of the herring family
- 30. Antelopes
- 32. Chaos
- 34. Popular music app
- 35. Cooking material
- 37. Musical instrument
- 38. San Diego ballplayers
- 40. Small amounts
- 42. Poured
- 43. Fabric
- 45. Food option
- 47. Finger millet
- 49. The U. of Miami mascot is one
- 50. Alberta, Canada river
- 51. Canadian flyers
- 55. Dry white wine drink

SUDOKU

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				9	5	1		
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			6	4	2			
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1			7					

HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

LAST WEEK'S ANSWERS

7	9	1	5	6	8	4	2	3
6	4	5	2	1	3	8	7	9
8	3	2	9	7	4	5	6	1
1	7	6	8	3	5	2	9	4
9	8	3	4	2	1	7	5	6
5	2	4	6	9	7	3	1	8
4	6	7	1	8	2	9	3	5
3	5	9	7	4	6	1	8	2
2	1	8	3	5	9	6	4	7



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BUSINESS SPOTLIGHT

Since launching Kelp's Cleaning in January 2024, Kel-Sea Toothaker has earned an exceptional reputation through careful attention to detail and her unwavering commitment to customer satisfaction.

Kelp's Cleaning is based in Oxford and provides cleaning for residential homes, commercial and office buildings and she also cleans vacation rental homes. Services available include floor care, dusting, mopping, vacuuming, and everything necessary to make kitchens and bathrooms shine.

"Typically, it's all just standard to those specific areas but I can also do carpet cleaning and detailed interior window cleaning," Toothaker said. "I have experience in cleaning in several different settings over the years and when I decided to start up my own business, I did the research about what I needed to do to get started."

The most significant aspect of Kelp's Cleaning is how much Toothaker strives to cater to her clients, her personalized level of customer service, her experience and expertise, and her honesty.

"I communicate extremely well with them and I'm flexible in that I work with them to clean and get done what is most important to them," she said. "Some cleaning companies are almost too rigid in how things need to be done. For example, not everyone wants super-detailed dusting, but



they want to focus more on kitchens or bathrooms. I also use eco-friendly, plant-based products."

Those cleaning products are natural palm and coconut-derived cleaners and feature the penetrating power of T36-C5 Melaleuca Oil to power through life's messes, from sticky fingerprints to caked-on grease and oily spills and are safe for people and the environment.

Her attention to detail goes the extra step to include the cleaning of ceiling fan blades, ovens, light fixtures, baseboards, removing difficult water stains from sinks and tubs, and polishing tile and grout so that it shines and sparkles like new.

Featuring competitive and affordable pricing, Kelp Cleaning offers convenient appointments based upon your schedule. She returns all phone calls and emails, shows up on time as agreed and does everything possible to exceed all customer expectations.

"We are fully insured and committed to providing our clients with the

highest quality of service. I'm very thorough and efficient. I do what I say I'm going to do," Toothaker said. "I've gotten a lot of compliments about how flexible and understanding I am. Life happens, and I try really hard to work with my clients when something comes up. I've also received a lot of good feedback about how well I communicate with clients and how quickly I get back to them."

Appointments are available throughout the Lakes Region, Oxford, and most of Androscoggin County.

Reviews posted online for Kelp's Cleaning are nothing less than outstanding.

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➔ REAL ESTATE Cont. from page 17

• Only use propane space heaters in well-ventilated areas. These heaters produce carbon monoxide, so ensure that there is proper airflow to prevent the buildup of this toxic gas. Never use propane space heaters indoors without proper ventilation.

• Keep children and pets away from the heater to help avoid contact burns. Never leave it unattended, especially overnight or while sleeping. Turn off the heater when leaving the room or going to sleep. Monitor the heater and ensure that it is functioning properly.

• Use only the approved fuel — clear 1-K grade kerosene, never gasoline.

• Do not refill a heater until the unit is cool and refill unit outdoors.

• Follow the manufacturer's instructions for safely handling and storing propane fuel. Store propane cylinders outdoors in a well-ventilated area and away from ignition sources or heat.

Whether electric or wood, be sure to check that all smoke detectors are in working order with fresh batteries. It's also advisable to install carbon monoxide detectors near sleeping areas and ensure they are in working order. Follow the manufacturer's instructions on for installation and testing for both.

This article was brought to you by Tricia Zwirner, a State Farm agent celebrating her 21st year in Windham. She and her team would love to hear from you and can be reached by phone or text at 207-892-2864 or via email at tricia@TRICIAZWIRNER.com. <

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CONTACT KRISTEN ROY, REALTOR®,
ASSOCIATE BROKER TO MAKE
YOUR DREAMS COME TRUE!

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FOR SALE!

3 BEAN RD, OTISFIELD

Beautifully updated 1900's farmhouse



LISTED FOR \$370,000

OPEN HOUSE 9/21, 10AM-2PM

155 BUXTON RD, SACO

Move-in ready with vintage character



LISTED FOR \$468,999



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FOR SALE!
8 KRAMERS WAY, WINDHAM



LISTED FOR \$369,900

LET US GUIDE YOU HOME



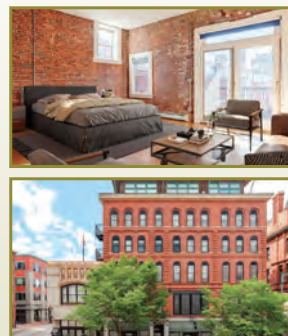
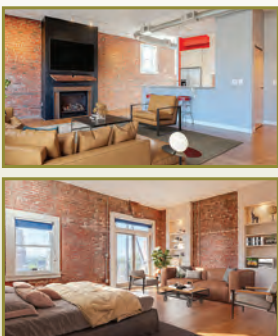
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UNDER CONTRACT!
105 FLYING POINT RD, FREEPORT



LISTED FOR \$455,000

UNDER CONTRACT - DOWNTOWN CONDO! 547 CONGRESS STREET, UNIT #3C, PORTLAND - \$595,000



MATT DIBIASE
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MATT@LANDINGHOMESMAINE.COM

1 bed • 1.5 bath • 1,031 sq. ft.

Stunning open-concept condo nestled in the Art's District of downtown Portland, where original brick walls and soaring ceilings create an architecturally beautiful space with a blend of vintage charm and modern amenities throughout.

WATER VIEWS! 253 LAKEWOOD RD, CASCO - \$355,000



3 bed • 1 bath • 924 sq. ft. • .16 acres

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