

Windham dentistry veterinarian creates Tooth Fairy Fund for local police K-9s

By Ed Pierce

STAFF WRITER

A vital member of the law enforcement community in Maine will soon be feeling better thanks to the determined efforts of Windham's Mainely Veterinary Dentistry practice.

Ziva, a 7-year-old female Belgian Malinois, is the partner of South Portland Police Patrol Sergeant Shane Stephenson and has been diagnosed with a fractured tooth.

According to Dr. Jennifer Keaten of Mainely Veterinary Dentistry, she contacted local police departments around the state with K-9s on Canine Veterans Day in March to advocate for oral health for working canines. It was then she was informed that Ziva had sustained a fractured tooth while on duty.

Several weeks ago, Keaten and a Mainely Veterinary Dentistry technician met with Ziva and Stephenson for an examination to determine treatment options for Ziva and her availability for dental surgery.

"Ziva uses her mouth for her work. It is not uncommon for working dogs to break a tooth or wear down their teeth in the process of doing their bite work," Keaten said. "The prognosis will depend on what

dental x-rays tell us. Ziva should be able to return to full work and do so more comfortably after her treatment."

To help police departments around the state in need of treatment afford complex veterinary surgeries, Keaten recently created what she calls the Tooth Fairy Fund.

"The tooth fairy fund was created to help service dogs maintain good oral health to do their jobs as well as to help community dogs that are experiencing severe oral pain with owners that cannot afford treatment," Keaten said. "It is designed to help cover as much of the costs as possible, depending on the need."

The Tooth Fairy Fund will be derived from donations and from sales of pet toys and oral health care products at Mainely Veterinary Dentistry.

Ziva will be the first patient to have the cost paid for through the new fund. All associated costs including surgery and medicines will be covered by the Tooth fairy Fund.

"We will perform a COHAT, a complete oral health assessment and treatment plan on Ziva," Keaten said. "She will be placed under anesthesia to have dental x-rays taken of all of

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Ziva, a 7-year-old female Belgian Malinois assigned to the South Portland Police Department, will have a fractured tooth repaired by Windham's Mainely Veterinary through a new 'Tooth Fairy Fund.'

SUBMITTED PHOTO

Raymond 'Lavender Lady' designs new garden to raise awareness for domestic violence in Maine

By Kendra Raymond

STAFF WRITER

They say it takes "blood, sweat, and tears" to get through certain projects. While for most, this idiom is merely a cliché, for "Lavender Lady" Jenny McCarthy of Raymond, the accomplishment hits closer to home.

For the past three years, McCarthy has spent countless hours preparing, designing, and implementing a domestic violence awareness garden at her Raymond home. As a domestic violence survivor, McCarthy hopes to provide a peaceful, safe, and serene space for anyone to enjoy some quiet time to rest or take in the sweet fragrances of the garden.

McCarthy moved to Raymond in 2020 under the address protection program so she could safely rebuild her life. She is now safe and a veteran of the program.

"I didn't know anyone, I had no local friends, and I wondered what I could do with my time," said McCarthy. "What can I do to help the community?"

The garden project essentially sprouted as McCarthy cleared copious amounts of invasive bittersweet from her overgrown property. Admittedly, she knew nothing about gardening or plants at the onset of

the project and didn't realize what she was getting into. McCarthy noticed that the soil was dry and sandy and started researching plants that would grow in those growing conditions.

"I started looking into lavender and found out it loves sand. I also connected with its beauty and relaxing properties," she said.

McCarthy said that her Raymond Cape neighbors would often stop to offer compliments or support on her progress with the garden spot.

"It was sweet to know I was in a community. They noticed what I was doing and were kind and made me feel comfortable – it was an awesome feeling," she said.

Lavender is a flowering member of the mint family. It is named after the Latin word "lavare," meaning "to wash," and has been used as aromatherapy, culinary settings, medicinal properties, as an ornamental plant,



An inspirational message rock is highlighted in front of a lavender plant at Jenny McCarthy's Domestic Violence Awareness Garden in Raymond.

PHOTO BY KENDRA RAYMOND

and extensively in soaps, potpourri, and floral arrangements.

"I want the garden to be a calming place to share with everyone, not just for me. People can feel comfortable just stopping by to sit on the purple

bench and chairs. They don't even have to talk to me. I want people to know they can just take a moment here. Anyone can relax, take in the lavender, or just be. I definitely want people to feel welcome," said McCarthy.

She shared this sentiment on a neighborhood social media page: "My DV dedication lavender garden, three years growing and adding new ideas each year. The English lavender is almost ready to flower, and it smells amazing. This is why I work so hard outside; In memory of those taken too soon and dedicated to all survivors of domestic violence. Blood, sweat, and tears. It's all worth it."

Visitors to the garden can expect to see many varieties of lavender plants, ornamental grasses, other blue- and purple-colored plants and flowers, beautiful rocks painted with notes of inspiration, and a purple light which signifies DV awareness.

"The light shines every night, getting its power from the sun," McCarthy said.

The light is → see **GARDEN** Page 4

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INSIGHT

A thief of hearts

An unconventional dog stole my heart 15 years ago and despite her many quirks and issues, our family loved her to the very end of her life.

Back in 2009, my wife Nancy and I were grieving the loss of our beloved Corgi mix named Hunter, who lived to the age of 14 and was never sick a day of his life until his liver failed and despite a valiant effort from our veterinarian, he didn't make it. We liked the Corgi breed and applied to a Corgi rescue to adopt one of their dogs not long after losing Hunter.

Just three days later, I received a phone call from the rescue group, asking if we could drive to a town three hours away and adopt a 5-year-old Corgi in desperate need of a new home. She had been rescued from a highly volatile and abusive situation and was being picked on by other dogs in a Corgi foster care home.

When we arrived, Abby had been hiding under a bed at the foster care and was more than ready to take a drive home with us. She had trouble adjusting to her new surroundings and we had to put up a baby gate to keep her separated from our cat, Gracie, as she wanted to chase and intimidate her.

The first week was filled with trips to the veterinarian because Abby's ears were packed with fleas and ear mites and her coat had a substantial number of ticks burrowed in under her skin. But as bad as her physical problems were, we found that her mental and emotional well-being were even worse.

The rescue organization had told us some things about her previous life, but after reading the official report, it was worse than we had first thought. Apparently, Abby had been adopted as a puppy by a violent young couple, who would punish her for barking or what they perceived as bad behavior by punching her in the head repeatedly and putting her in a dark closet.

That left the dog wary of anything coming near her head and suspicious of strangers who would come up to her on the street when she was out for a walk and wanted to pet her.

I once took her to a place to have her groomed and her nails clipped and she bit the technician, who then asked me, "Why would we want a dog that bites?" I told her I didn't get a dog who bites, I got a dog who desperately needed a home.

The more time she spent with us, Abby seemed to mellow and came to trust us. She would sit on the sofa next to us in the evenings and even let us pet and brush her, although not on the top of her head.

When we found out we were leaving Florida and moving to New Hampshire, both Nancy and I wondered how Abby would make the transition from living her entire life in hot and humid weather to a climate with snow. That winter, we discovered Abby loved being outside in the snow and cold and her favorite winter activity involved rolling around in a snow pile upside down.

As she got older and came to realize we weren't going to harm her, her behavior changed from suspicion to one of anxiety. She would run in circles and bark incessantly if someone held car keys in their hand and moved toward the front door. It became a daily ritual each morning as we would leave to go to work.

She would shamelessly drool and beg for Ritz Crackers. When you set down her bowl of pricey special diet dog food, it would be inhaled in under 20 seconds and then she'd start choking and we'd have to remind her to slow down while eating.

We bought her the most expensive dog bed we could find but she preferred to sleep on the hardwood floor. I don't even want say how much dog hair we swept up every day because of her non-stop shedding.

This anxious, high-strung dog slowly became the center of our lives and a beloved member of our family. I had a Corgi computer mousepad, a Corgi hand towel, a Corgi coffee cup and Corgi coasters. We told our friends that Abby was a full-bred Corgi, just like Queen Elizabeth's prized dogs.

One day we came home from work in 2016 to find Abby was paralyzed. The Corgi breed has very long spines and she had jumped from a stoop at the bottom of the stairs about six inches in height, fracturing several vertebrae in her spine, paralyzing her. It could not be repaired, and the veterinarian at the 24/7 emergency clinic recommended that we euthanize her to end her pain.

Afterward, both Nancy and I cried for days over the loss of Abby. We resolved to find another dog to bring into our home and that happened the next month when we adopted a rescue mixed-breed puppy named Fancy.

Looking back on our time with Abby, I'm proud of how we changed her life for the better and how she certainly changed ours. < ~ Ed Pierce

Today in HISTORY



JUNE 28

1635 – The French colony of Guadeloupe is established in the Caribbean.

1776 – The final draft of the Declaration of Independence is submitted to the Continental Congress.

1846 – A new musical instrument called the saxophone is patented by Antoine-Joseph "Adolphe" Sax.

1894 – The U.S. Congress makes Labor Day an official U.S. national holiday.

1919 – The Treaty of Versailles is signed ending World War I exactly five years after it began.

1939 – Pan American Airways begins the first transatlantic passenger service.

1971 – The U.S. Supreme Court overturns the draft evasion conviction of boxing champion Muhammad Ali.

1996 – Peanuts comic strip creator Charles M. Schulz receives a star on the Hollywood Walk of Fame.

Inspirational Quote of the Week

"When you've seen beyond yourself, then you may find, peace of mind is waiting there." – George Harrison

ON THE SPOT

What's an example of a great TV show and one that is greatly overrated?

"Great: Columbo (just one more question sir), Overrated (and unrealistic): Friends."
– William D. Reiner

"The West Wing and any slapstick comedy with no depth to the characters."
– Alice Kelley

"A great TV show for me is Reacher. Not so great would be any cable news show."
– Chris Macklin

"I love Bridgerton but will never watch Game of Thrones." – Mia Potenzio-Ransey

"For me, Tracker is excellent, but Criminal Minds is awful."
– Louise V. Snider

"An example of a great series is The Office. A not-so-great one is Elsbeth."
– Isabella Mongon

"Love anything animated. Detest mindless comedies with a laugh track." – Aurelia Marmol

"Walker Texas Ranger was a great show. The View should be cancelled as it is unwatchable." – Deirdre Schulte

"I'd vote for FBI as one of the better shows currently on TV. Never liked the Magnum PI remake though."
– Oscar F. Kellner

"Miss Breaking Bad which is great television. An example of not great television is any reality program, especially Survivor." – Sarah Singer-Miller

"Still think Gunsmoke is my all-time favorite. Really like Westerns. Didn't like Dynasty or Dallas." – David McCoombs

"Great: The Simpsons. Murder She Wrote was overrated."
– Anne Glotchshuk

"Yellowstone and 1883 are great programs. As for overrated, I'd say Dateline, 20/20, or 48 Hours."
– Dean A. Smalley

"Liked Black Bird a lot (great) but couldn't stand The Regime (overrated)." – Jerry Greene

"My great section is Ted Lasso while my overrated choice is Curb Your Enthusiasm."
– Lois Fuller



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Reminder to Windham residents: Fireworks ordinance requires all users to obtain permit in advance

By Ed Pierce
STAFF WRITER

Since 2016, the Town of Windham has had a fireworks ordinance in place, and it mandates rules to be followed for both commercial and residential use of fireworks.

Under provisions of the fireworks ordinance, a burn permit must be obtained from the Windham Fire-Rescue Department for anyone wishing to use, display, or discharge consumer fireworks. An individual may use consumer fireworks only on their own property or on the property of a person in Windham who has consented, in writing, to the use of consumer fireworks there.

Members of the Windham Town Council enacted the ordinance citing fire safety protection and to prohibit fireworks use at all hours of the day and night while also standardizing which types of fireworks can be used in the town.

Using fireworks is very dangerous, there are no specifics based on the ordinance," said Chief Brent Libby of the Windham Fire-Rescue Department. "Over the years Windham has had injuries and fires on decks, structures and woods as a result of the use of fireworks."

Libby said the ordinance lists the days and times when fireworks may be set off in Windham.

"It is important to note that fireworks require a burn permit and is contingent on the fire danger," Libby said. A permit can be obtained by going to www.windhammaine.us/193/Open-BurningBurnFireworks-Permits

He said that when completing the burn permit indicate a residential permit, in the "burn location on the property field" and to indicate specifically it's for fireworks and where they will be set off from. In the "type of items to burn" indicate "grass less than one acre."

According to Libby, the Windham Fireworks Ordinance requires that fireworks are to be used between noon and 10 p.m. July 3 and until 11 p.m. on July 4. Fireworks that are discharged must be a minimum of 150 feet from a building or structure and may only be used on property owned or with consent in writing from the owner.

Violations of the ordinance can result in a civil fine of not less than \$200 nor more than \$400, plus public safety response costs.

The town's fireworks ordinance was created based upon recommendations from the Office of State Fire Marshal, the Maine Forest Service, and the Town of Windham.

Under the ordinance, Helicopters, Aerial Spinners, Skyrockets, Bottle Rockets, and Missile-Type Rockets are prohibited by a State Fire Marshal



rule and all users, and those in possession of consumer fireworks must be 21 years of age.

Recommended practices for fireworks outlined in the ordinance include:

- Setting off fireworks outdoors in a clear area, away from houses, dry leaves, or grass and other flammable materials.
- Keeping a bucket of water nearby for emergencies, do not handle fireworks that fail to go off. Using a long-handled shovel to scoop up the firework and immerse it in a bucket of water.
- Do not try to relight or handle malfunctioning fireworks. Soak them with water and throw them away.
- Be sure other people, children and pets are out of range before lighting fireworks.
- Never light fireworks in a container, especially a glass or metal one.
- Keep unused fireworks away from firing areas.
- Always use fireworks according

to the manufacturer's directions and guidelines.

- Always use eye, ear, and hand personal protective equipment when discharging fireworks.
- Never have any portion of your body directly over a firework while lighting it.
- When the use of fireworks is over, continue to watch the area of use to be sure that all fireworks debris is out and not smoldering or hot.
- Search all areas adjacent to and downwind of the fireworks ignition site looking for hot or smoldering debris. Scan the tree canopy, as well as the ground. If a wildfire occurs as a result of negligence, then you may be responsible for fire suppression costs.
- In case of an emergency, dial 911. <

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→ GARDEN *Cont. from page 1*
 tangentially related to McCarthy's commitment to being kind to others and sharing her beautiful, safe space.
 "I'd like to continue to give back as much as possible. Any way the lavender can help," she said.

McCarthy is beginning to realize that the end of each season yields a hearty crop of lavender, which provides a multitude of uses. She is seeking some additional support and skills from our community, however. McCarthy said that she honestly has no idea what to do with the stalks that easily dry after the growing season ends. She is seeking the help of anyone with crafting or floral experience that can do something useful with the trimmings.

"I would love to see something made with the lavender," she said, "even something that could be a gift to the DV shelter." Dried sprays, scented

pillows, or something even more creative that could be sold as a fundraiser for DV awareness would be beneficial. This could serve as a great community service project for likeminded youth, scouts, or retirees."

According to the Maine Coalition to End Domestic Violence (MCEDEV), in 2022, domestic violence comprised 30 percent of the total assaults reported to law enforcement in Maine. Nationally, more than 90 percent of relationship violence that is instrumental in the maintenance of control, the more systematic, persistent, and injurious type of violence, is perpetrated by men. Globally, as many as 38 percent of all murders of women are committed by intimate partners.

Rebecca Hobbs, Co-executive Director of Through These Doors, a Cumberland County DV Resource Center, said that she is keenly aware of McCarthy's gardening efforts.

"Jenny's DV dedication garden is

in honor of and solidarity with people affected by DV. It is an act of generosity and love. It is one example of Jenny's openness to sharing her hard-won wisdom with others in an effort to make the world a better place," said Hobbs.

McCarthy's inspiration is in high demand. She's been interviewed by Maine Public Radio to speak about electronic monitoring and domestic violence. Just this week, McCarthy spoke to Waterville law enforcement group as part of a training program.

She has big plans and hopes to expand the garden to engulf her entire yard, which will make the bees very happy and provide larger walking and seating areas. She's also made a late-season project last year of enlarging her driveway to accommodate visitor's vehicles.

Maine author and poet May Sarton once said, "Everything that slows us down and forces patience, everything

that sets us back into the slow circles of nature, is a help. Gardening is an instrument of grace." Jenny McCarthy certainly embodies that mantra with her courage, dignity, and tenacity. She wears a "Warrior" tattoo on her forearm, perhaps a quiet reminder of her journey, a source of strength, or something else that only she understands.

"It's about community; It's not just about me giving back. I feel like there's a bigger purpose here," said McCarthy.

McCarthy extends an open invitation to our community to visit her DV Awareness Garden, located at 27 Cape Road in Raymond.

To learn more about Through These Doors on their website: www.throughthesedoors.org or call their 24-Hour Helpline (free & confidential) at 1-800-537-6066 or the Statewide Domestic Abuse Hotline can be reached at 1 866-834-HELP 24 hours a day. <

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Rev. Tim Higgins bids a fond farewell to St. Ann's

By Lorraine Glowczak
STAFF WRITER

After 17 years of providing inspirational sermons to the congregation at St. Ann's Episcopal Church in Windham, Rev. Tim Higgins wishes a heartfelt goodbye to the parish he has loved and supported during his long tenure there. His last day as the Rector of St. Ann's will be Sunday, June 30 as he has accepted a call for clerical duties at St. George's Episcopal Church in Sanford to begin Aug. 1.

The move to a new parish isn't an easy one for Higgins.

"It has been a privilege to serve St. Ann's since 2007 and I will miss this wonderful church that has been the spiritual home to my family and me for so long," he said. "Ministry is relational and thus it entails falling in love with the people you serve. This makes my leaving very, very hard for me."

The long-time St. Ann's Rector explains that the average tenure for a priest in the Episcopal church is about 10 years.

"My move signifies not only personal growth for me but also opens doors to new growth, opportunities, and possibilities for St. Ann's," he said.

Higgins, who began his career as a Catholic priest in 1987 and realigned his faith to Episcopal principles about 10 years later, looks back on his time at St. Ann's with a combination of joy and melancholy. He reflects upon some of his most significant experiences.

"My work bringing people together of various faiths for ecumenical celebrations and community support has been one of my most rewarding experiences at St. Ann's," Higgins said.

The church's Deacon, the Rev. Lisle Blind, referred to Higgins' community efforts as a spiritually unifying



St. Ann's Episcopal Church in Windham invites the public to services and a celebration on Sunday, June 30 to say farewell to their longtime rector, the Rev. Tim Higgins. COURTESY PHOTO

endeavor.

"I've witnessed how people feel so comfortable around Father Tim as if he has been a friend for a long time," Blind said. "He is fun, laughs easily, and tells jokes. There is no pretense about him, and he creates community wherever he goes."

Rev. Blind says Higgins' well-known North Windham Post Office sidewalk visits are legendary. These include the annual "Ashes to Go" on Ash Wednesday, "Palms and Prayers" during Holy Week, and "Peace and Prayer" during Advent.

"I enjoy meeting new people, seeing old friends, and getting the opportunity to pray with them during these events," Higgins said of himself and the St. Ann's team he works with. "People always expect us to be at the post office for these sacred occasions and some make a special trip to see and talk with us. Some eventually

make their way to St. Ann's because they feel like they found an accepting spiritual home."

Another well-liked community effort created by Higgins is the Windham Area Clergy Association, a gathering of clergy from various churches. The mission is to support one another, to respond to the community's needs as an ecumenical team, and to observe liturgical celebrations together.

"These multi-faith experiences have included MLK observations, Thanksgiving worship, a Seder Dinner led by a retired rabbi, and Pentecostal celebrations," Higgins said. "The most recent of celebrations is the weekly Free Thursday Community Meals."

But it is with profound melancholy, that Higgins speaks about the young families and their children who have worshipped at St. Ann's over the years as well as the Vacation Bible School that St. Ann's has offered for the past 10 years.

"I feel incredibly grateful for the 40-plus children that attended our vacation bible school every year," Higgins said. "It's the children who keep your heart open. I will miss these joyful young people so much."

In 2022, Higgins's work expanded when he was asked to serve as a Contact Priest for Faith Lutheran Church in Windham after their pastor left for full-time work.

"The bishop's representative of the Lutheran Synod reached out to ask if

I'd be willing to serve as their Emergency Pastor while they were in transition," he said.

Higgins accepted and within two years became their transitional pastor with eligibility for a call for a one-year period. This included full parish visitation and monthly preaching.

David Guiseley, Faith Lutheran Church Council President says that Higgins was a stabilizing figure for their congregation.

"Father Tim has been a very personable individual who has been a great communicator with the parishioners," Guiseley said. "He has been a helpful leader in our time together with St. Ann's and he will be missed for these reasons, and more."

As Higgins prepares for his next journey, he offers a sentimental farewell.

"I want to extend my gratitude and thanksgiving to the great Windham community and St. Ann's congregation for their love and acceptance, faith, and friendship over the years," he said. "Every life has a season and my season at St. Ann's and Windham has been the light of my life."

Rev. Blind captures the sentiment spoken by many in saying Higgins' shoes will be hard to fill.

All are welcome to celebrate and say goodbye to Higgins at St. Ann's on Sunday, June 30. The farewell times include an 8 a.m. service, a 9 a.m. coffee celebration, a 10 a.m. service, and an 11 a.m. barbecue. <

Dolby, Blais & Segee Funeral Chapel ELEANOR MAY (VARNEY) ROLLINS



Eleanor May (Varney) Rollins peacefully passed away on June 21, 2024 with her loving daughters by her side. She was born on October 19, 1932 in Windham, Maine, to Edgar and Myrtle (Hill) Varney. She was the youngest of eight siblings. Eleanor attended Windham Schools and on March 3, 1950 married John S Rollins. Together, they raised two daughters while Eleanor dedicated 27 years to the Windham School Food Service.

Eleanor and John shared a passion for camping with FCRV, square dancing and cards. Knitting, cooking for family and cherishing time with loved ones were her favorite pastimes. Following retirement, they spent 25 winters in Mims, Florida to escape from the Maine winters. Eleanor's greatest joys were her many grandchildren and daycare babies from both Diane and Michelle's childcare.

Eleanor was preceded in death by her parents, her husband of 67 years, and her siblings: Kathrine Hawkes, Marion Lowe, Shirley Sangillo, Edgar Varney, Earlon Varney, and Everett Varney. She is survived by her sister Carrie Cobb, daughters Jacquelyn Rollins Birt (Jim) and Diane Rollins Bell (Cliff) of Windham; grandchildren Jennifer Spinney Shirley (Keith), Kelley Spinney (Walter Connelly), John Bell (Michelle), Kyle Bell (Erica Cressey); great-grandchildren Damon Spinney (Chelsi), Hannah Shirley Wisecup (Jake), Coleman Shirley, Ivy Shannon, Austin Shirley, Jack Shirley, Aubrey Bell, Eleanor Bell, Brecken Cressey, Morgan Bell, Kellan Cressey, and Johnny Bell; great-great-grandchildren Carsyn Spinney, Maeve Spinney, DeClan Shannon, and Oliver Wisecup; step-grandchildren Nicole Cote, Jeff Birt, Jimmy Birt, Chissy Herrera and families; and numerous nieces and nephews.

The family extends heartfelt thanks to the staff and friends at Casco Inn Assisted Living and Beacon Hospice Care.

A CELEBRATION OF ELEANOR'S LIFE WILL BE HELD ON
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TOOTH FAIRY *Cont. from page 1*

her teeth and have a full oral exam. Based on the oral exam and x-rays, we will make a treatment plan to improve her oral health. Ziva will have her teeth cleaned above and below the gumline to prevent and treat dental disease. The fractured tooth will either be bonded, or we will perform a root canal depending on the severity of the fracture.”

She said she will not know specifically what the treatment will be until Ziva is under anesthesia and dental x-rays taken, so they will have to be prepared for different treatments depending on what is found during the surgical procedure, which will be

scheduled in the next few weeks.

“Ziva should be able to return to duty the next day,” Keaten said. “We are trying to advocate for regular preventive dentistry for dogs to prevent dental disease. This is especially important for these working dogs since we rely on them to use their mouths in the work. If we wait until they are in pain or cannot do their job it is often too late to save a tooth. Good oral health is the gateway to overall health for both people and animals. We recommend a full cleaning and assessment of your pet’s teeth at least annually.”

Stephenson said Keaten’s offer to treat Ziva for free through the Tooth Fairy Fund will allow Ziva to best



Dr. Jennifer Keaten of Mainely Veterinary Dentistry, left, meets with South Portland Police Patrol Sergeant Shane Stephenson about potential treatment for Ziva, a police dog who fractured a tooth. Costs for the surgery are being paid for through the Tooth Fairy Fund created by Keaten. SUBMITTED PHOTO

serve the South Portland Police Department while also vital to the police dog’s health.

Under a technicality in Maine state law, funding for K-9 medical expenses cannot be included in police department budgeting.

If you would like to make a tax deductible donation to the Tooth Fairy Fund visit www.mainelyvetdental.donation.mybaltofoundation.org or simply go to www.mainelyvetdentistry.com and click on the link on the homepage. <

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Sebago Lakes Region Fuller Center for Housing People continues to assist local residents in need

By Masha Yurkevich

STAFF WRITER

We've all heard that giving is better than receiving, but do we actually practice what we preach? Since 2019, the Sebago Lakes Region Fuller Center for Housing People has been serving our community and asking nothing in return.

Jim McBride and Diane Dunton Bruni are founding members of the Fuller Center, which started in 2019 with five participating churches and Saint Joseph's College. The goal was: to repair homes for senior, veterans, and people with disabilities so that they can remain in their homes safely.

Jim McBride is a board member and treasurer for Sebago Fuller Housing, and he coordinates the project work and work with the families that they help. Diane Dunton Bruni is the chair and board president, and she is responsible to pull all the pieces together, family committee, volunteer committee, executive committee, public relations and marketing. Her role is to make sure that all of the pieces are working well together as well as speaking and telling the story and responding to requests of anyone who needs their assistance. Each day is new and very different and comes with its own challenges.

Since their start in 2019, the Fuller Center has completed 45 projects and currently has 14 ongoing projects. Their biggest project is to help a family whose 19-year-old son was in a car ac-



Since its inception in 2019, the Sebago Lakes Region Fuller Center for housing has completed 45 projects and currently has 14 ongoing projects for those in need in the area. All the labor is performed by volunteers who want to give back to the community. SUBMITTED PHOTO

cident that left him paralyzed from the waist down and he has no way to get in and out of the house.

"There had to be a ramp put on, but before a ramp could be put on, the deck of the house had to be raised seven inches," says Bruni. "So, we tore the old deck down, built a new deck that was raised seven inches, and then worked with Alpha One to get the ramp. We then put the railings back on and painted the deck for them, but there is still some work left to be done on this project."

They've also been doing lots of roof repairs as well as inside work.

More and more people are finding out what the Sebago Lakes Region Fuller Center for Housing People is doing

for our community.

"As we are getting our name out there, we are receiving more and more requests from people every day," says Bruni. "The awareness continues to build; more people are telling others about who we are and what we do."

As the Fuller Center receives more applications, they work to prioritize which projects need to be done first.

"The young man who needed the ramp was in Boston Hospital and coming home, so that project moved up on our priority list because of the immediacy," says Bruni.

All of the labor for all of the projects is free, unless there is a contractor or special expertise needed.

"The families that we support give back to the community by contributing what they are able to contribute to the

cost of material," Bruni says. "It's called a greater blessing; it's not a hand-out, it's a hand up. They are paying it forward to help with another project."

There are many ways that the community can help.

"We are currently raising funds for a \$20,000 community campaign to raise funds for materials," says Bruni. "We also have a gala celebrating our fifth anniversary on Oct. 1, and we are looking for action items for that gala, as well as advertisers for our program and donations. We are always in need of volunteers and someone who can refer a contractor to us; there are many needs and many ways that the community can help out."

Bruni says that she is very proud of the team that has been working together since 2019 and is thankful for everyone who has helped.

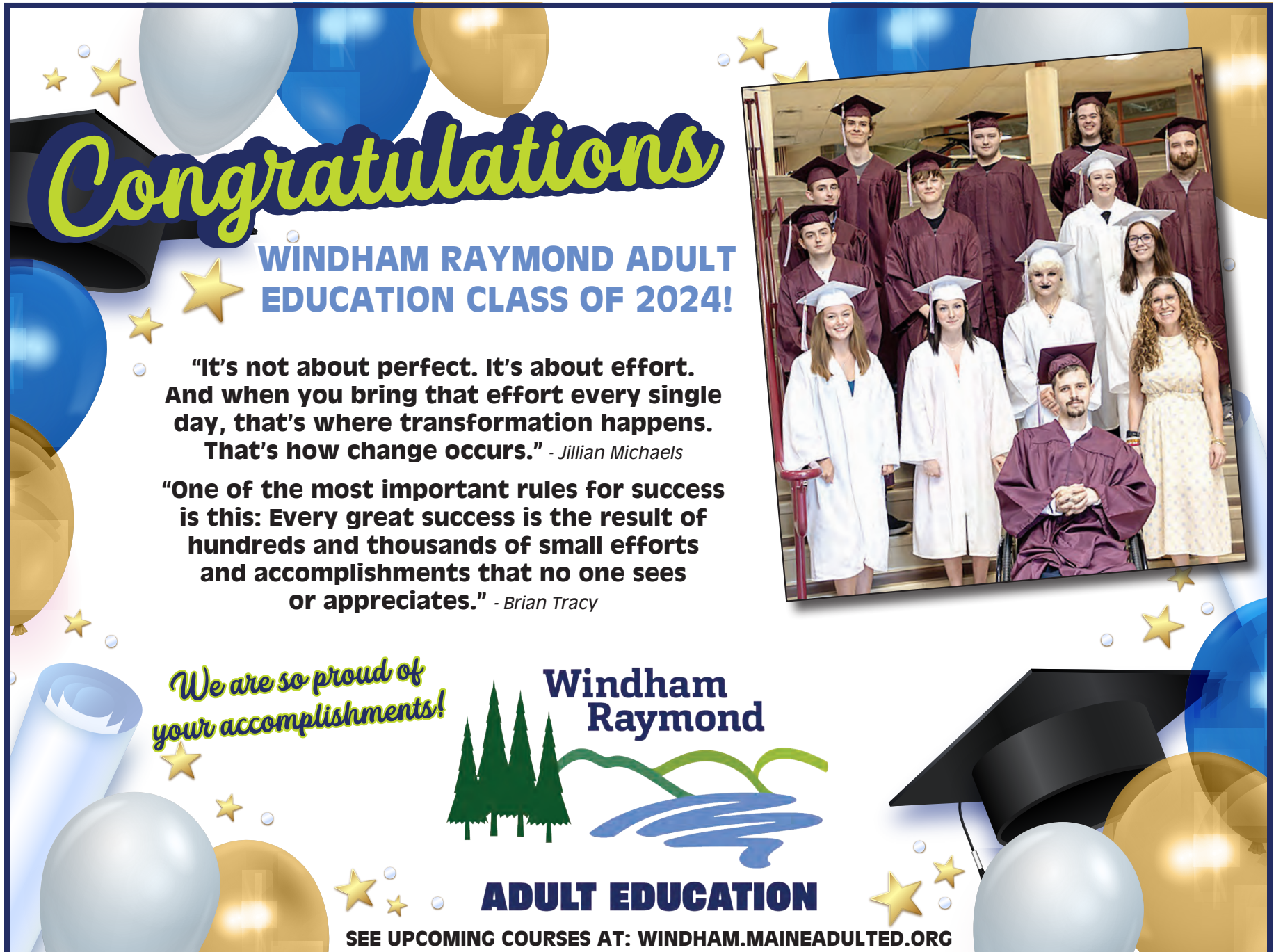
"We are continuing to build the organization, continuing to raise awareness, and we are truly making an impact in the Windham, Raymond, and Standish communities," says Bruni. "I feel so blessed to be a part of this." <

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Historical Society to present rattlesnake lore event

By Kendra Raymond

When you think of rattlesnakes, the mind wanders to southwestern areas, deserts, but mostly how to avoid them. Believe it or not, the term "rattlesnake" holds a significant piece of lore in the Town of Raymond history. Timber rattlers presumably inhabited the area in abundance prior to 1900 and one could even say the area was infested with the reptiles.

The Raymond Casco Historical Society will showcase that connec-

tion in an upcoming event entitled, "Rattlesnake: A Western Maine Story" at 6:30 p.m. Monday, July 8. The free event will feature guest speaker Mike Davis, Assistant Director of the Bridgton Historical Society, who will tell stories of the past and chronicle the eradication of the timber rattler (Crotalus Horridus) in Maine.

RCHS president Frank McDermott says that Raymond had a large number of rattlesnakes in the past, so many that businesses were built around it.

"Most of the rattlesnakes were on Rattlesnake Mountain," McDermott said. "The timber rattlers were so abundant that people actively trapped and milked them. They made medicines from it and ran entire businesses selling the products."

He explained that so many people were actively selling things made from rattlesnakes that the practice eventually killed them off and they disappeared. The last known capture was in 1870. The decline is attributed to trapping practices, forest fires, and

timber harvesting.

Local historian the late Ernest H. Knight chronicles several such stories in his book, "Historical Gems of Raymond and Casco." Knight provides the history of the mountain and delves into the local fascination and use of rattlesnake oil. He wrote that Casco and Raymond were once a prime habitat for the critter.

Passages from the book explain: "At the time of the first pioneer settlers it was infested with this feared reptile and was the home base of those inhibiting the surrounding area. Some of the early citizens, notably "Rattlesnake Ben" Smith and John Cash who both lived on Raymond Hill, became proficient in the capture and usage. Ben Smith liked them and kept them as pets to carry about with him to show anyone who was interested, while John Cash caught them for their oil which he rendered from their carcasses and peddled to those needing a palliative care for rheumatism. Ben claimed to have found the way to remove the fangs to render them harmless. He removed fangs with the pincers he used in repairing his shoes and tested his protective theories on small animals, while peddling his snake oil liniment for rheumatism and other ailments of the hard-working settlers throughout the local area and at militia musters."

Smith eventually married and raised a family on Raymond Hill. His children were adept rattler hunters and often kept pets in their bedrooms and used the skins as toys. Granddaughter Margaret Pummer actually had her own crocheted snake pole and joined her grandfather on trips up the mountain. Despite his propensity toward herpetology, Smith eventually perished one night in the bed he shared with his beloved pets.

McDermott shared that Crescent Lake was originally called "Great Rattlesnake Pond" and Raymond Pond was referred to as, "Little Rattlesnake Pond." He also shared the fact that Ben Smith, an original Raymond-town settler, ran a business selling rattlesnake oil, presumed to provide cures for medical ailments. Smith sourced his oil from rattlesnakes on the mountain near his farm, which he later named "Rattlesnake Mountain."

As development progressed, the names of the lake and pond were

→ see LORE EVENT Page 20

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Raymond Waterways Protective Assoc. holds annual meeting

► **By Nancy Crilly-Kirk**
SPECIAL TO THE WINDHAM EAGLE

The annual meeting of Raymond Waterways Protective Association was held at the Hawthorne House in Raymond on June 22 and the organization's president summed up the accomplishments of the past year and challenges ahead, while the main speaker outlined an effective program to help lakes in Maine, and new board members were formally elected.

RWPA President Wayne Eckerson said some of RWPA's work this year began in March with planning and hiring for the summer. That includes hiring a Courtesy Boat Inspector Manager, Sarah Henderson, who is a Raymond resident and an adjunct faculty member in environmental studies at the University of Southern Maine.

Eckerson said Raymond Waterways oversees four boat launches throughout Raymond ponds and lakes, where paid and volunteer inspectors check boats for invasive species before they are launched to prevent the spread of invasives. As Raymond waterways are severally connected, the Courtesy Boat Inspection program is crucial to keeping all the town's lakes and ponds healthy.

He also introduced board member Steve Craine, who will be managing the LakeSmart Program to control erosion for Raymond shoreland property owners.

According to Eckerson, a new emphasis will be placed on public edu-

cation and he said efforts will be made to provide the public with readable, portable literature on how to preserve lake health. Sabre Yachts, of Raymond, for instance, will fund the printing of 2,000 cards, distributed at various local businesses this summer, that help new and returning visitors with information on how to keep the lakes healthy. Juliet Kirk, Raymond Waterways system expert, opened Raymond Waterways' Facebook page on June 23.

Acknowledgements and gratitude were expressed by Eckerson to Peggy and Neil Jensen, long-time RWPA volunteers; State Representative and director Jess Fay, for organizing the meeting; Marie Connolly for her long-time service as treasurer and plant patroller on Panther Pond; Sibyl French and Bunny Wescott for their several years' service patrolling and organizing the 66 volunteers who survey Raymond waterways for invasive plants, and a remembrance of Woody Beach, a Raymond Waterways board member and coordinator of the Audubon Society's loon count for many years, who died late this spring.



Guest speaker Susan Gallo, the executive director of Maine Lakes, told those attending the Raymond Waterways Protective Association's annual meeting that healthy lakes in Maine contribute between \$4.2 billion to \$14 billion to the Maine economy each year.

SUBMITTED PHOTO

During the meeting Neil Jensen said that it is not a question of "if" with invasive weeds and species spoiling our waterways, but "when," and urged the RWPA to continue the CBI and invasive plant patrol programs.

Bob French, another longtime RWPA volunteer, pointed out the

economic benefit of healthy lakes to all property and businesses owners in Raymond, even those who are not on the shoreline. A recent University of Maine study reinforced this idea:

As the guest speaker Susan Gallo, executive director of Maine Lakes, said healthy lakes in Maine contribute from \$4.2 billion to \$14 billion, to the Maine economy each year.

Gallo also presented information about the LakeSmart Program, which Raymond Waterways has adopted this year. Her points included praise for Raymond Waterways for existing out of 2300 Great Ponds over 10 acres in Maine, only 100 have lake associations for lake health—and for RW's commitment to lake health.

She also said that erosion, even more than invasive species, is the biggest threat to Raymond lakes and ponds. It encourages algae, which not only clouds lake health, but can be dangerous to animals, and humans.

Raymond Waterways will send experts to your Raymond lake-

→ see RWPA Page 24



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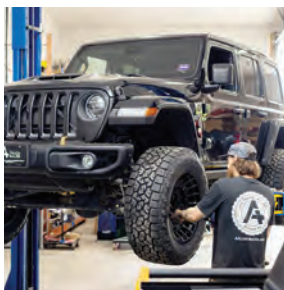
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A reminder to boaters: Maine Inland Fisheries and Wildlife established new boater safety regulations in 2024

By Kendra Raymond
STAFF WRITERS

Now that summer is officially under way, here in the Sebago Lakes Region boating plays an important role in the economy and recreation of the area. From fishing rigs to pontoon boats, and everything in between – watercraft are prevalent in area lakes and tributaries.

Before hitting the water, it is essential to be aware of the new boater safety requirements set forth by the Maine Department of Inland Fisheries and Wildlife and passed by lawmakers. It encompasses boating in all Maine lakes, ponds, rivers, streams, and 3 nautical miles offshore. IFW now requires younger boaters to complete a boater safety education course, available online and in-person.

The course covers topics including laws and operation, how to deal with emergencies, invasive species, water sports, and landowner respect. Following completion of the course, boaters will be required to carry a certificate while operating a boat.

Lt. Jason Luce, based in the IFW region A Gray headquarters was involved in the process. He said that enacting boater education was long overdue, and Maine was just one of six or even remaining states that did not require a course.

“We want the boating public to be as safe as possible. Boating is fairly dangerous, and there are several fatalities that occur every year. You need



New boater safety requirements required by the Maine Department of Inland Fisheries and Wildlife now mandate that younger boaters complete a boater safety education course, available online and in-person. COURTESY PHOTO

a license to drive a car, and there are lines in the road. In the water, there are no roads,” said Luce. “I believe everyone should have to take a boater safety course. US Coast Guard statistics show that males 35 to 55 are the most dangerous group.”

He explained that boats are a luxury item and people in this age bracket often purchase boats but have no formal training on its safe operation.

“It is a good step in my opinion, a really good start,” said Luce, sharing his best advice to “be mindful.”

Rules posted on the IFW website mandate that:

Beginning Jan. 1, 2024, a person born on or after Jan. 1, 1999, may not operate a motorboat greater than

twenty-five (25) horsepower for recreational boating purposes on inland waters of this State or territorial waters, unless that person is 12 years of age or older and has completed a boater safety and education course. These persons must possess and present a boater safety and education course certificate for inspection upon request to a law enforcement officer.

A person born after Jan. 1, 1999 is also required to complete a boater safety and education course and be at least 16 years of age to operate a personal watercraft (such as a jet ski) on inland waters and territorial waters of the State or to supervise a person under 12 years of age who is operating a motorboat.

Regional Fisheries biologist James Pellerin agrees with the new rules.

“I believe some boater safety training is certainly not a bad idea,” he said.

The Maine Warden Service, Maine Marine Patrol and the U.S. Coast Guard remind all boaters to properly prepare their watercraft before heading out on the water. Be sure that all necessary safety devices are on your boat and in good serviceable condition. In addition to life jackets, safe boaters should have working navigation lights, sound signaling devices, and properly displayed current registration numbers. A thorough check of lifejackets, fire extinguishers and flare expiration dates should be performed for each trip onto the water to be sure they are in working order.

Rules also specify that in Maine, all children ages 10 and under must wear a lifejacket, and boaters must have a lifejacket on board for every person in the boat.

The BoatUS Foundation is offering the new safety course free of charge. Visit their website to get started: <https://www.boatus.org/maine>

Visit IFW Boating Safety Education information to learn more: www.maine.gov/ifw/programs-resources/educational-programs/safety-courses/boating-safety.html

The Boater’s Guide to Maine Boating Laws and Responsibilities can be found at: www.maine.gov/ifw/docs/maine-boating-laws.pdf <

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Volunteers sought for Annual Loon Count on Sebago Lake

At 7 a.m. Saturday, July 20, for just 30 minutes, 1,600 of your Maine neighbors will quietly arrive on lakes and ponds throughout the state to count Maine's loons.

The single, largest contingent of Maine's counters, about 50 volunteers, will be counting one of New England's largest and most popular bodies of water – Sebago Lake. Want to be a part of this year's count? Organizers are actively looking for help.

For 38 years, counting Sebago Lake's 100-plus miles of shorefront, nearly one trillion gallons of fresh water, and 49 separate survey areas represented a huge challenge to Maine Audubon. Despite the efforts of many, the entire lake was never fully counted.

That meant that the work of volunteer counters around the lake who had faithfully counted loons in their neighborhoods over the years was never eligible to appear in the 'official' records.

In 2022, Sebago Lake resident Brad McCurtain was intrigued by the challenge. McCurtain had never participated in any of the prior Maine Audubon counts. Maine Audubon gave him a list of six other lake residents with counting experience and asked him to become the lake's coordinator.

He invited each of those six individuals to a ZOOM meeting asking for their ideas. They quickly became inspired and determined to create a plan to cover all of Sebago Lake that year.

It was apparent that counting a body of water as massive as Sebago Lake clearly is not the work of just a handful of people. It would take a village -- seven villages in fact.

Counters were recruited from each of the seven communities that border on Sebago Lake. The counters soon grew beyond lake residents. A number of them don't live on or even near Sebago Lake. But they all love the lake, are enchanted by the loons, and want to be a part of the count.



Maine Audubon is actively seeking 50 volunteers to help count loons and loon chicks on Sebago Lake during the state's official loon count on July 20. To sign up send an email to: SebagoLoons@gmail.com. COURTESY PHOTO

The result was Sebago's first-ever, full count in 2022 with some 50 volunteers appearing at 7 a.m. sharp on the day of the event to quietly count loons on 30,000 acres of water over the next hour. That year they observed 32 adult loons and a single chick.

Last year in 2023, the group returned with more volunteers and observed 44 adult loons on Sebago Lake.

"It is pretty incredible to look out over Sebago and view dozens and dozens of watercraft slowly, quietly, and methodically trolling the entire lake early on a July morning for one purpose: to observe and to count the

lake's loons," McCurtain said. "No other count in Maine is quite like Sebago's."

The group will be back on Sebago Lake counting again at 7 a.m. sharp on Saturday, July 20. A few of Sebago Lake's survey areas are expected to open up for new counters.

Anyone with a motorboat, canoe, kayak, or SUP has an opportunity to join in the experience including individuals, families, neighbors, and friends.

To sign up to participate, send an email to SebagoLoons@gmail.com

"The loons are counting on us," McCurtain said. "We're going to be counting them."

For more information visit: <http://maineaudubon.org/projects/loons/annual-loon-count/> <

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Sebago Lake State Park a perfect spot for families

By Kendra Raymond
STAFF WRITERS

Visitors and longtime residents are aware that no summer would be complete without a trip to Sebago Lake State Park. With so much to offer, the park is a must-visit destination because it has something for everyone.

Located off Route 302 in Casco and Naples, the stunning offers excellent sand beaches, restrooms with hot showers, and a table and fireplace on each site. Electric and water hookups are offered at 92 sites. It has a nature center, hiking, an amphitheater, and a range of other activities for young and old.

The pristine clear waters of Sebago Lake support high-quality freshwater fishing for salmon and lake trout. Nearby historic Songo Lock permits a 28-mile boat trip from the south end of Sebago Lake to the north tip of

Long Lake.

The park itself has something for everyone, whether you are into boating, camping, fishing, hiking, or swimming.

Visitors to the Sebago Lake State Park are met with classic amenities including a safe swimming area, changing rooms, a snack shack, grills, and picnic tables.

Campground guests can enjoy sites with a picnic table and fireplace. An information center, free Wi-Fi, electric and water hookups, showers, firewood, ice, and a dump station are all included.

A gathering spot affectionately called “The Sandbar” consists of a wide strip of sand located in shallow waters close to the park. For those looking for sun, fun, and socializing – this is the place for you.

The Maine Department of Agricul-



The sandy shoreline and beach along Sebago Lake is a welcome respite from the summer heat for visitors and campers at Sebago Lake State Park. PHOTO BY BRUCE SMALL

ture, Conservation, and Forestry website describes Sebago Lake State Park this way: “This forested lakeside park is situated on the shore of Maine’s deepest and second largest lake which provides year-round recreation for thousands of visitors each year. Near the foothills of the White Mountains, the park’s 1,342 acres features sandy beaches, extensive woodlands, ponds, bogs, a river, and diverse habitat for a wide variety of plant and animal life.”

The park’s 250-site campground is a popular destination for family vacationers and provides lasting memories season after season. Wooded areas offer a respite from the sun and activity on the beaches. Whether hiking on marked trails or bicycling on park roads, visitors find many ways to enjoy the park.

As one of the first five state parks in Maine, Sebago Lake State Park was first opened in 1938. It was funded in

part by the Land for Maine’s Future Program. Additionally, the Land and Water Conservation Fund also contributed to the park. It encompasses land on the north shore of Sebago Lake and is mostly forested and divided into two sections by the Songo River. About 250 campsites are available at two campgrounds, Naples Beach and Witch Cove. There are plenty of hiking and biking trails.

Visitors are reminded to abide by the Rules for State Parks and Historic sites: www.maine.gov/dacf/parks/park_passes_fees_rules/park_rules.shtml

The Day Use entrance is located at 11 Park Access Road in Casco and is open year-round from 9 a.m. to sunset for a fee. The park office can be reached at 207-693-6231.

The park’s campground is located at 3 Campground Lane in Naples and can be reached at 207-693-6613. <

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LELT to host Summer Concert Series at Hacker's Hill

Loon Echo Land Trust (LELT) is hosting its annual sunset concert series again this summer. The sunset concerts, featuring local Maine musicians, will take place outdoors at LELT's Hacker's Hill Preserve in Casco.

The concerts are family friendly, and carpooling is encouraged. Attendees should bring chairs, blankets, warm layers, and a picnic.

There is a suggested donation of \$10 per adult or an amount that is meaningful to you, which can be made via cash, check or Venmo at the event. Please do not let the suggested donation prevent you from attending, all are welcome.

All proceeds support LELT's conservation work in the Lake Region and the stewardship of Hacker's Hill.

Wednesday July 17, 6 to 8 p.m. – Just Be-Cause

Just Be-Cause is composed of Christine Coté Baillargeon, Moe Baillargeon, and Jeanine Loubier with special guest Rusty Wiltjer, hails from the Lakes Region and will perform a wonderful array of originals and covers accompanied by guitar, mandolin, and percussion.

Wednesday, Aug. 7, 6 to 8 p.m. – Bold Riley

Bold Riley is a folk quintet hailing from western Maine, known for full vocal harmonies and uplifting origi-

nals. Fiddle, guitar, banjo, accordion, bass, and percussion provide a wide range for listeners. Members take turns singing lead, and a strong sense of community drives the energy of their music.

Hacker's Hill is located on Quaker Ridge Road in Casco and provides great views of Pleasant Mountain and the Presidential Mountain range.

The property features open fields with a mowed walking path. There is also a restroom available. The gate to the top of the Hill is open to vehicles Mondays, Wednesdays and Sundays from 8:30 a.m. to sunset, and on Fridays and Saturdays from 8:30 a.m. to 5 p.m. Entry is free, but donations are graciously accepted to support the care of the property.

More information can be found at lelt.org/hackers-hill-preserve.

Loon Echo Land Trust (LELT), founded in 1987, is a nonprofit organization that protects land, ensures public access to the outdoors, and builds and maintains recreational trails in Raymond, Casco, Naples, Harrison, Sebago, Bridgton, and Denmark. The organization currently conserves over 9,000 acres of land and manages a 35-mile trail network across the Lake Region. For more information on LELT properties, upcoming events, or how to get involved, visit LELT.org or their Facebook page.



"Do you provide dental services without anesthesia?"

This is a very common question we get asked as a veterinary dentistry practice. It is understandable why someone might think this was a good idea. After all, don't we have our teeth cleaned and examined while awake? However, there are several reasons why we do not recommend anesthesia free dentistry or offer it.

One of the biggest differences between human and animal dentistry is communication. We cannot explain to an animal what we are doing and have them comply in a way that will allow proper and quality dentistry. An animal will not hold their mouth open to have each of their teeth cleaned and assessed above and below the gumline. They do not know that we are trying to help them. All they see is someone trying to torture them with instruments in their mouths. You may be able to remove some of the tartar build-up on teeth on a well-behaved awake animal, but this would be stressful for even the most compliant animal. We place animals under anesthesia so that they are not traumatized by the experience which could quickly cause major behavioral issues.

Another reason for anesthesia with dentistry for animals is safety for both the veterinary staff and the pet. The veterinary team is working in your pet's mouth and can easily be bitten, especially if they find a sensitive spot in the pet's mouth that causes pain. The veterinary dental team wants to be able to do a very thorough cleaning above and below the gumline without worrying about their safety. If we do not clean under the gumline to remove the plaque and bacteria that causes dental disease they are doing a disservice to you and your pet. Animals tend to have a lot more tartar on their teeth than people since most pet parents do not brush their pet's teeth. For this reason, we use an ultrasonic scaler to clean the teeth, which uses a lot of water. It is essential to have the pet's airway protected to prevent them from aspirating a lot of this water into their lungs.

Another reason anesthesia is necessary in veterinary dentistry is that two-thirds of the tooth is below the gumline. We need dental x-rays to fully assess these teeth. An animal cannot tell us when a tooth is bothering them, so we need dental x-rays on a regular basis to look for problems. This requires that we put a very expensive x-ray sensor plate in their mouth and that they be very still to take precise x-rays of each tooth in the mouth. Even with minimal tartar and gingivitis, we often find problems that would not have been evident without an x-ray. If not treated properly, simply cleaning the teeth is not going to correct that animal's dental disease and it will likely get worse. These x-rays cannot be taken on an awake animal, but it is the first thing we do when they are under anesthesia, so we know what we are treating. Below is a picture of a dog's teeth with minimal tartar and gingivitis and the corresponding dental x-ray of this area. The pet had significant pocketing, bone loss and infection that would have persisted in this pet's mouth without proper treatment.

There are some services out there that will offer anesthesia-free dentistry. For the above reasons, we do not recommend this. Lots of disease and bacteria will be missed, not to mention the stress it causes for your dog. Devices are often used to pry the animal's mouth open, which not only causes pain and distress but can lead to injury. The picture below is of a patient who came to a veterinary hospital after having an anesthesia-free dentistry procedure. Not only did the patient have lots of dental disease that was undiagnosed and untreated, but it also had this terribly painful laceration on its tongue from forcing the animal's mouth open.

We hope this article can help clear up some questions as to why anesthesia free dentistry for pets is not a good idea. If you would like to learn more about anesthesia, anesthesia safety, and veterinary dentistry be sure to check out the full article on our website blog, follow us on social media, and sign up for our newsletter.

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- North Windham Fire Station Repurpose Advisory Committee (2)
- Parks & Recreation Advisory Committee (1)
- Summerfest Committee (3)
- Windham Middle School Repurpose Advisory Committee (2)
- Zoning Board of Appeals, alternate seat (1)

We welcome online submissions via the committee application found at www.windhammaine.us/376/Committee-Vacancies. A printable PDF form is also available on this page. Please call our office at 892-1907 with questions.

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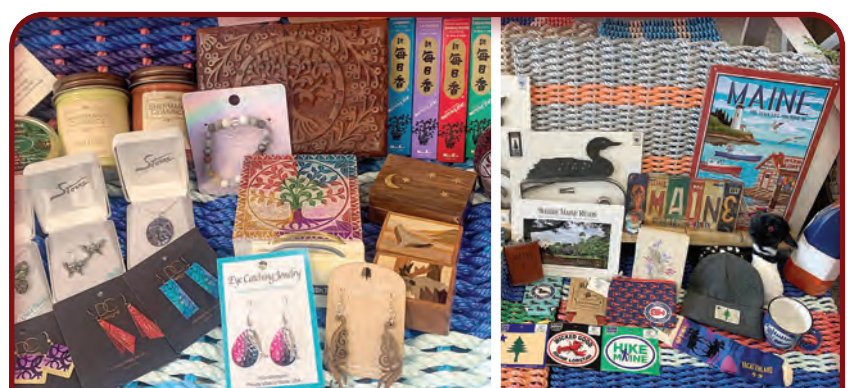
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Fill out the form below & mail to: 585 Roosevelt Trail, Windham, ME 04062
Ballots must be received by **THURSDAY, JULY 18th at 5PM**
or take a photo of this page and email to: Awards@TheWindhamEagle.com
or fill it out online at: www.TheWindhamEagle.com/awards
BY SUNDAY, JULY 21st AT MIDNIGHT

SCAN HERE TO GO TO
CONTEST FORM



***Must fill out at least 10 categories & provide email to be valid.
Only one ballot per email address will be counted.**

Accounting/CPA/Taxes _____	Electrician _____	Painting _____
Aesthetics/Med Spa _____	Ethnic Restaurant _____	Paving/Sealcoating _____
Appliance Store _____	Event Venue _____	Pest Services _____
ATV/Snowmobile Sales & Service _____	Excavation/Earthworks _____	Pet Boarding / Daycare _____
Auto Body _____	Farm Stand/Store _____	Pet Grooming _____
Auto Detailing/Car Wash _____	Financial Advisor _____	Pharmacy _____
Auto Sales _____	Fitness/Yoga _____	Photography _____
Auto Service _____	Florist _____	Physical Therapist / Sports Medicine _____
Bakery _____	Garden Center _____	Pizza _____
Bank/Credit Union _____	Generator Sales/Service _____	Plumbing Contractor _____
Bar _____	Gift Shop _____	Printing _____
Barber Shop _____	Handyman _____	Real Estate Company _____
Boat Sales _____	Heat Pumps _____	Recreation Rentals _____
Boat Service _____	Heating Contractor _____	Salon _____
Breakfast Place _____	Ice Cream Shop _____	Senior Services - In-Home _____
Building/Hardware _____	Insurance Company _____	Senior Services - Assisted Living _____
Cannabis _____	Landscape/Hardscape _____	Septic Services _____
Childcare Provider _____	Law Office _____	Sit-Down Restaurant _____
Chiropractor _____	Lobster Roll _____	Specialty Food/Wine _____
Cleaning Co. _____	Maple Farm _____	Supermarket _____
Clothing Store _____	Marina _____	Take-out _____
Coffee _____	Massage/Wellness _____	Tattoo Co. _____
Construction Co. _____	Mortgage _____	Trash Services/Removal _____
Convenience Store _____	Most Unique Shop _____	Tree Service _____
Dance Studio _____	Nail Salon _____	Veterinarian _____
Dentist _____	Non-Profit _____	Water/Well Services _____
Dock Sales/Service _____	Oil/Propane Company _____	Yard Equipment Sales/Service _____
Doctor's Office _____	Optometrist _____	
	Orthodontist _____	

ONLINE VOTING ENDS JULY 21ST

*EMAIL:

Create buzz by sharing on your Facebook and other social media and help make this another exciting competition!



LETTERS to the editor

Submit letters by Tuesday at Noon to:
 editor@thewindhameagle.com
 or mail to: 585 Roosevelt Trail, Windham, 04062

Editor,

A heartfelt and sincere appreciation to members of Windham Summerfest Committee! The thought, time, efforts, and labor that went into making Summerfest 2024 possible resulted in an amazing day of fun and family-friendly, community building for all who attended. A huge thank you as well to a multitude of Windham Public Safety personnel who secured the safety of the event and tended to anyone who was injured or ill.

People who stopped by the Windham Republican Town Committee booth for a coloring contest, face-painting, and conversation varied in age from very young to elderly. Contestants colored drawings of Windham's Provincial Fort and Babb's Bridge.

Winners in place order were:

- Grand Prize Winner: KK Lane
- 5-year-olds: Ellie King and Baxter
- 7-11-year-olds: Cassidy, Allison, and Dexter
- 12-plus year-olds: Lydia York, Meghan Coombs, Niyah Cummings

Our Windham political candidates, Ginny Woodman, Kathleen March, Kenny Cianchette, Mark Cooper, and Barbara Bagshaw, were happy to meet and listen to the concerns of a myriad of citizens. Demi Kouzounas, Candidate for U.S. Senate, expressed her positive observation of the friendly, wonderful community she witnessed here, too. Kudos to all!

~ Doris Meehan, Windham Republican Town Committee

Editor,

Common sense is an intuitive, natural, and instinctive form of logic. It is more of an understanding than a law and is infused with honesty and informality. Common sense is famous for its reliability and sound judgment, derived from humility and commitment to truth. However, an argument cannot be considered valid solely based on common sense; it must also be rational and logical. Relying on common sense as a guiding philosophy will challenge more structured ways of thinking and provide comfortable support for one's position.

"If only they had used a little common sense."

A rational, logical, common sense approach to things is a natural antidote to the brand of "science" that has been utilized to transform the world through pandemic pandering.

"What could they have been thinking?"

When common sense is ignored, a vacuum is created that invites agenda-based justification for anything. Devoid of common sense, a construct gains circular or repetitive articulation, ever spiraling down into non-scientific narration. The forethought to carry an umbrella in anticipation of a forecasted rain is a common-sense adjunct to the science of meteorology. Meteorology does not prescribe the umbrella. The comfortable deployment of an umbrella is a common-sense reaction to the science of weather or is it easier than all that? What if common sense just unfolded the umbrella in response to wet droplets falling from the sky? Common sense is an umbrella reality that requires no agenda driven rainfall to open.

Barbara Bagshaw is an unabashed lawmaker who came to the Maine House of Representatives with rational, logical, common sense derived from humility and commitment to truth. She carries umbrella reality rain or shine.

~ David Brinkman, Windham



Levi Manning



Grade: Prek 4
School: Windham Christian Academy
Teacher: Mrs. Seavey
Subject: Making projects and singing songs
Parents: Aaron and Hannah
Reason for selection: Levi is a hard worker. He always takes his time to do his best. Levi brings joy to his preschool class with his big smile and positive attitude. He is a sincere friend.

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Tricia Zwirner, Agent



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LORE EVENT *Cont. from page 8*

changed as lots weren't selling well on water bodies with such "unwelcoming" names.

McDermott said that event guests should plan to arrive early as a large turnout is expected and seating is limited.

"It should be a fascinating lecture lasting about 30 to 45 minutes," he said.

RCHS offers an exciting visit including local history exhibits, demonstrations in the Watkins

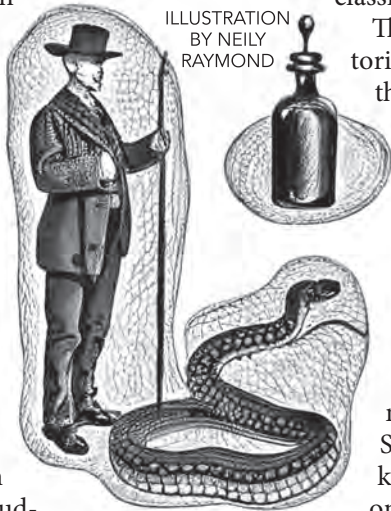


ILLUSTRATION BY NEILY RAYMOND

Blacksmith Shop, tours of the one room schoolhouse, and views of the classic vehicles collection.

The Raymond Casco Historical Society is open to the public Saturdays and Sundays from noon to 3 p.m. and admission is free. Donations are always welcomed.

The RCHS is located at 1 Shadow Lane in Casco, just off Roosevelt Trail, Route 302.

Check out the Raymond-Casco Historical Society and the Watkins Blacksmith Shop on Facebook or on their website at: www.raymond-cascohistoricalsociety.org

BRIEFS

Scouting's July 4 celebration

The Pine Tree Council of Scouting America will host a barbecue from 5 to 6 p.m., followed by open area programming from 6 to 8 p.m., a campfire at 8 p.m. and fireworks at around 9 p.m. on Thursday, July 4 at Camp Hinds in Raymond. The cost is \$15 per person or \$50 for groups of four or more. Register at https://scoutingevent.com218-2024_Hinds_4thBBQ

Medicare announcement

State Health Insurance Assistance Program (SHIP) counselors, provide personalized guidance to help individuals navigate the complexities of Medicare. These services, offered at no cost from the Southern Maine Agency on Aging (SMAA), provide expert advice on selecting the right plans, understanding benefits, and maximizing coverage. SHIP counselors, who are trained and certified, offer free and unbiased assistance with enrolling in Medicare, comparing plan options, and resolving issues related to claims and coverage. Whether you're new to Medicare or seeking to make chang-

es during enrollment periods, SHIP counselors ensure you make informed decisions to optimize your healthcare and financial well-being. Please call SMAA at 207-396-6524 or visit the website, SMAAA.ORG, to make an appointment either in person or virtually via ZOOM.

Vendors sought

The Casco Village Church, UCC at 941 Meadow Road in Casco will host its annual "Open Air Fair/Flea Market from 9 a.m. to 1 p.m. Saturday, July 13. Vendor tables are \$25 and are 8 feet in length with space to walk around them. Please call the office at 207-627-4282 to reserve your spot or email Sue Ackroyd at suea21@msn.com. This year's event will feature vendors, a flea market, food booths, coffee and donuts, an auction board, a raffle calendar, and a flower sale.

Evening Book Group

The Raymond Book Club meets on the last Tuesday of every month to discuss a chosen book at the Raymond Village Library, 3 Meadow Road in Raymond. FMI, call 207-655-4283.

LEGAL ADVERTISEMENT

TOWN OF RAYMOND, MAINE

PLANNING BOARD PUBLIC MEETING

Broadcast Studio - 423 Webbs Mills Road and Via ZOOM

Wednesday, July 10, 2024 • 7:00 PM

You are hereby notified that the Raymond Planning Board will hold a Meeting at the Raymond Broadcast Studio and via Zoom on Wednesday, July 10, 2024, at 7:00 pm on the following matters:

SITE PLAN REVIEW & PUBLIC HEARING

APPLICANT: Nicolas Cummings by Dustin Roma

LOCATION: Map: 004 Lot: 15B Zone LRR2
Mila's Woods Road

DESCRIPTION: Road Construction Permit

AMENDMENT TO APPROVED SUBDIVISION & PUBLIC HEARING

APPLICANT: Derek Ray/Cousins Development Corporation

LOCATION: Map: 018 Lot: 18C, 16C, 18 Zone R
Tenny Hill Road Extension

DESCRIPTION: Waive requirement of underground power to overhead lines

PUBLIC HEARING & SITE PLAN REVIEW

APPLICANT: Town of Raymond – Parks & Recreation Dept.

LOCATION: Map: 048 Lot: 11 Zone VR1
63 Mill Street – Sheri Gagnon Memorial Park

DESCRIPTION: Site Plan for construction of two (2) tennis courts (78' x 36') and two (2) pickleball courts (44' x 20') in an approximately 17,880 s.f. fenced area

The meeting will be streamed in real time from the local Government channel. This live stream is also hosted on YouTube (www.raymondmaine.org/content/live-video-streaming), so make sure your computer or router/firewall does not block YouTube content.

Copy of the submitted applications are available for review on the town website (www.raymondmaine.org/content/planningboard-agenda) after June 20th, 2024, or at the Town Office (401 Webbs Mills Road) by appointment during regular business hours.

JOIN ZOOM MEETING

<https://us02web.zoom.us/j/81814643472?pwd=Q4WqyZ0ehsW1HBXDBY4S8eWDSa77e.1>

Meeting ID: 818 1464 3472
Passcode: 3MkgD4

ONE TAP MOBILE

Meeting ID: 818 1464 3472
Passcode: 724716

Find your local number: <https://us02web.zoom.us/j/81814643472?pwd=Q4WqyZ0ehsW1HBXDBY4S8eWDSa77e.1>

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TOWN OF WINDHAM, MAINE PLANNING BOARD NOTICE OF PUBLIC MEETING

Monday, July 1, 2024 • 6:30 PM
Town Hall, Council Chambers, 8 School Road

- 23-18 Windham Village Apartments (formerly Tandberg Trail Residential Development) Tax Map 70 Lot 1A – Tandberg Trail and Manchester Drive. Major site plan and major subdivision plan review for a 14 building 172-unit residential development.
• 24-12 Edgewood Estates (Formerly Betty Lane) Subdivision Tax Map: 6, Lot: 26 – Betty Lane. Major subdivision plan review for a six lot conservation subdivision.
• 24-19 Sabbady Point Road Extension Tax Map: 18, Lot: 39 – Sabady Point Road. Site plan review for a proposed 5,050 square foot addition to an existing private warehouse building.
• 24- 21 Sebago Solar Tax Map: 18-A, Lot: 48-1 – Maisie Drive Amendment to previously approved site plan for a ground mounted solar array facility.

FMI go to windhamweb.legistar.com/Calendar.aspx or contact (207) 894-5960 ex. 2. Written comment may be submitted to the Board at PlanningBoard@windhammaine.us. Please notify us if you need accessibility accommodations.

Preparing to witness history north of the border

► **By Andy Young**
SPECIAL TO THE WINDHAM EAGLE

Here's a fun fact: the last time a team fell behind three games to none in the National Hockey League's best-of-seven championship final and then came back to win was in 1942.

The Toronto Maple Leafs dropped the first three games of the finals to the Detroit Red Wings that year but stormed back to win four straight and capture the coveted Stanley Cup. The score of the last game, which was played before a record crowd of 16,218 fans at Maple Leaf Gardens on April 18, was 3-1.

1942 was a long time ago. Gordie Howe's 14th birthday had occurred 18 days prior to the Leafs' Game Seven victory. Bobby Orr hadn't been born yet. Wayne Gretzky's dad-to-be hadn't started kindergarten, and his future mom had just turned 7 months old.

Until this past Monday, the last Canadian-based team to win the Stanley Cup was the 1993 Montreal Canadiens. That was before the NHL's top two current Canadian-born superstars, Connor McDavid and Nathan MacKinnon, were born. 1993 was also the last time a team comprised of all North American-born players constituted a league champion. Three of Canada's seven current NHL teams, the Winnipeg Jets, the Vancouver Canucks, and the modern-day edition of the Ottawa Senators, have never hoisted the Stanley Cup, not even once.

This year's Stanley Cup finals began on June 8, when the Florida Pan-

thers, the NHL's southernmost franchise, beat the northernmost one, the Edmonton Oilers, 3-0. The Panthers won Games Two and Three as well, all but assuring themselves of the team's first-ever championship.

The desperate Oilers staved off elimination by winning Game Four at their home rink in Alberta. They subsequently took Games Five and Six as well, setting up a one-game, winner-take-all finale that took place this past Monday in Sunrise, Florida. By happy coincidence, my son and I were nowhere near Florida last week. And by an even happier coincidence, we found ourselves traveling through the Canadian province of Newfoundland and Labrador. Like seemingly everyone around us, we were caught up in the excitement, and decided to take in the broadcast of the potentially history-making seventh game amongst locals eager to see Canada's long championship drought finally come to an end.

Here's yet another fun fact: Newfoundland and Labrador weren't even an official part of the Canadian confederation when the Maple Leafs staged their comeback from three games down against the Red Wings in 1942. It didn't become an actual province of the Dominion of Canada until midnight on March 31, 1949.

My son and I went to the pub inside the St. John's hotel where we were staying to have a late dinner, prepared to watch the game, which didn't start until nearly 10 p.m. local time, surrounded by a slew of hockey-mad

Newfoundlanders.

There were four other people in the place when we got there, all of whom were sitting at the bar. Only one of them was actually watching the game, and he was doing so in utter silence. When we finished dinner and retired to our room after the first period, the score was tied, 1-1.

The Panthers scored another goal midway through the second period to

regain the lead. A couple of minutes later, struggling to keep my eyes open, I announced I was going to bed. My equally groggy son wordlessly shut the TV off and did the same.

We woke Tuesday morning to this final fun fact: the last time a team fell behind three games to none in the National Hockey League's best-of-seven championship final and came back to win is still 1942. Sigh. <

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TOWN OF WINDHAM, MAINE

VOLUNTEER BOARD & COMMITTEE VACANCIES

NEW!

The Town of Windham is seeking individuals to serve on two NEW Council-appointed committees.

The Windham Middle School Repurpose Advisory Committee has two (2) community member vacancies.

This Committee will serve as an advisory body to the Town Council for the analysis of potential re-uses for the Windham Middle School's renovation design, documentation, construction and potential benefit as a Community Center. The Committee will provide a comprehensive recommendation to the Council for its consideration.

The North Windham Fire Station Repurpose Advisory Committee has two (2) community member vacancies.

This Committee will serve as an advisory body to the Town Council for the analysis of potential re-use for the North Windham Fire Station's renovation design, documentation, construction and potential benefit as a North Windham Economic Incubator. The Committee will provide a comprehensive recommendation to the Council for its consideration.

We welcome online submissions via the committee application found at www.windhammaine.us/376/Committee-Vacancies. A printable PDF form is also available on this page. Please call our office at 892-1907 with questions.

APPLICATIONS WILL BE ACCEPTED ONLINE OR IN THE TOWN MANAGER'S OFFICE UNTIL ALL POSITIONS ARE FILLED.

We expect the Town Council will begin making appointments at their meeting on July 9, 2024. Forms should be submitted to the Town Manager's Office at 8 School Road or by email to tahodgman@windhammaine.us.

Eagle SPORTS

Brother-sister athletes savor championship weekend

By Matt Pascarella
STAFF WRITER

Windham residents and Saint Dominic's senior Tommy Casserly and North Yarmouth Academy (NYA) sophomore Cami Casserly each had a stellar weekend on Saturday, June 15. The siblings played respectively in Class D state baseball and softball championships at the University of Southern Maine in Gorham where both teams were victorious.

Tommy Casserly won his third straight baseball state championship with Saint Dominic's 9-1 victory in the title game over Millinocket's Stearns High School. On the same day Cami Casserly helped NYA win its second straight championship with a 2-1 win over Penobscot Valley. Tommy Casserly doubled in the third inning and drove in two runs in the championship baseball game while Cami Casserly singled in the sixth inning and brought in the tiebreaking run in the softball championship game.

"This was my last season in high school sports, and I wanted it to be memorable," said Tommy Casserly. "Not only did we win the third state championship, but I also managed to have the best few games of my life leading up to that game. I kept playing to the best of my ability and I'm proud of how I did. I'm glad that my high school career ended on a such a high."

Both Tommy and Cami Casserly began playing sports when they were

in elementary school in the Windham Little League.

Tommy Casserly says having fun was the most important part for him and he is glad to have had the opportunity to bat and play in the field with friends, and that's why he loves the game. Cami Casserly watched her two older brothers who were her role models and they got her interested in playing softball. She says that some of her best friendships have come from softball.

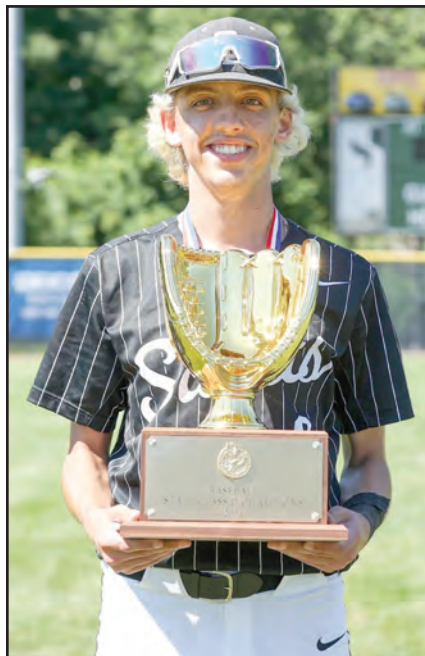
"It was a great feeling," said Cami Casserly about winning the state championship. "I am really proud of my team, a lot of us are hockey players, not softball players, so to show that NYA softball can win two state championships is a great feeling to bring to our school."

Saint Dominic's baseball team ended the season 18-2.

"The thing we don't have that most teams we face do is a weakness," said Tommy Casserly. "Everyone on our team can hit the ball and everyone can field, it never matters who's up to bat because we know that if we're playing our game then we will get on base and we will score. I think we're good at handling the pressure of a state championship and we knew that if we played our best, we'd win the game."

NYA's softball team finished with a record of 19-1.

"I think we have strong leaders in are senior captains," said Cami Casserly. "They are great at keeping our team



(L to R) Saint Dominic's senior Tommy Casserly holds the Golden Glove after his team won its third straight Class D state baseball championship defeating Millinocket's Stearns High School, 9-1, on Saturday, June 15 at the University of Southern Maine in Gorham. PHOTO BY RAM PHOTOGRAPHY North Yarmouth Academy sophomore Cami Casserly holds her team's Golden Glove after NYA beat Penobscot Valley, 2-1, on Saturday, June 15 to win its second straight state Class D state softball championship at the University of Southern Maine in Gorham. PHOTO BY MELISSA CASSERLY

focused and on task. Honestly, with our great pitcher Lily, and our solid batting lineup all around, we are pretty good competitors in the high school league, especially in Class D."

According to Tommy Casserly, knowing his sister won her second state championship was awesome, and when he learned how well she played in the title game, it made it much better for him. He's proud of the way she played and knows she's an amazing athlete who can only improve as time goes on.

Next year, Tommy Casserly will attend Nichols College in Massachusetts where he plans to major in communications and play club hockey.

Cami Casserly got the chance to watch her brother play in the state championship game.

"I got to watch most of his game before I had to warmup," said Cami Casserly. "Some of my teammates and I snuck away during some downtime

and got to watch the final out when he became a state champion for the third time. I was very proud of him and was happy because I knew how important this game was for him as a senior. I think it shows we both are good athletes and hard workers. And we have been lucky to be on talented teams with great coaches."

Cami Casserly says she's excited to be able to play two more years of high school softball.

"I am very grateful they each had such talented and positive teams to play on," said Tommy and Cami's mother, Melissa Casserly. "Both Tommy and Cami are great teammates, and great athletes. They love sports for the thrill of competing, but also the friendships they have made. Cami is competitive and able to remain calm when the game is on the line. Tommy is competitive and can remain calm under pressure. He is a good leader, encouraging his team to keep fighting." <

ATHLETE OF THE WEEK



Jasmyne Heath

Age: 17 Team: WHS Outdoor Track and Field

Coach: Jeff Riddle

Guardians' names: Rachelle and Jonathan Brown

Reason for selection: Jasmyne was asked to do three final things for her team. Her response was, "I will do anything for this team, I am in." That is when you know you have a special player in front of you, as anyone mature enough to realize that the

program is about way more than one player is simply revered, and Jasmyne earned our full respect. Coaches asked her to dig deep and find the remaining sparks to compete two more times in the extremely hard and highly technical event that is the 1600-meter race walk. She also was asked if she could take a lead role in elevating our entire Lady Eagles Racewalk Team, as they too qualified to compete in the Southern Maine Activities Association Southwestern Outdoor Track and Field Championships meet, and the team benefited from their senior peer leader guiding them prior and at the meet. She made her team the priority, and she's coached her teammates to help them best prepare. She showed up at the Southwestern Championships and contributed to the team by being the 2024 SMAA Southwestern's outdoor track and field 1600m Racewalk Champion.

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POLL OPENS SATURDAY, JUNE 29

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ONLINE VOTING ENDS JULY 21ST AT MIDNIGHT

SCAN HERE!



VOTERS MUST FILL OUT AT LEAST 10 CATEGORIES FOR BALLOT TO BE VALID. ONLY 1 ENTRY PER EMAIL ADDRESS.

If you don't see your favorite business listed, please write-in. Businesses with 10 or more votes will be added to next year's listing.

www.TheWindhamEagle.com/Awards

11/12 softball All-Stars close out 'amazing season'

By Matt Pascarella
STAFF WRITER

Windham Little League's 11-12-year-old All-Star softball team had a close game with Yarmouth in their inaugural game of the double elimination All-Star tournament but fell, 5-4, at the Westbrook Little League Complex on Friday, June 14.

Windham played Cumberland North Yarmouth on Tuesday, June 25 at the Westbrook Little League complex. After a strong effort by Windham, Cumberland North Yarmouth advanced with a 12-2 win.

Windham seventh grader Courtney Cotter scored in the first inning.

In the fourth inning, Cotter, Windham seventh graders Peyton McLean and Lydia York laid down good bunts. The girls did a good job backing up plays. Windham seventh grader Madi Valliere had an incredible bare-handed catch behind the plate.

In the fifth inning, Valliere scored with bases loaded when fifth grader Ava Kostopoulos walked.

Windham pitcher and fifth grader Bella Westcott had six strikeouts.

"Even if you mess up ... you have to forget about what you made a mistake on and keep moving forward," said Cotter. "I think we did excellent bonding, and we were just an amazing team overall. We were able to help each other when we were sad, we wouldn't let anybody ... sit on the bench, we were all up there screaming our butts off and had an amazing season."

According to Windham head coach Gina Kostopoulos, the girls showed a lot of heart. Despite the scoreboard they battled; they kept their energy level high the whole game. The girls showed up for each other; even after losses, they went around, and said something great their teammates did. They had great plays, regardless of the outcome – the score is not an accurate reflection of them as players.

The coach said there's much more to come from these talented individuals. <



(L to R) Windham seventh grader and 11/12-year-old All-Star Courtney Cotter stays focused on third base shortly before she scores in a game against Cumberland North Yarmouth at the Westbrook Little League Complex on Tuesday, June 25. Fifth grader Ava Kostopoulos high fives with first base coach Deanna McLean after getting on base. PHOTOS BY MATT PASCARELLA

All-Stars 11/12 baseball narrowly fall to Cape Elizabeth

By Matt Pascarella
STAFF WRITER

It was a defensive pitching battle for Windham Little League's All-Star 11/12 baseball team at the Westbrook Little League Complex on Saturday, June 22 in the first game of the All-Star season against Cape Elizabeth, where Cape narrowly edged Windham, 1-0, after a home run put them on the scoreboard.

"It was a pitcher's duel," said Windham All-Star 11/12 coach Adam Kalakowsky. "We needed to get our bats going and we couldn't; their pitcher did a great job. Our pitchers did a wonderful job, we're going to try to rebound ... and play hard. Players were in position, they were doing the things we asked; a few mental errors, but with a tight game we kept it close, we made the plays in the field. Just that one homerun, that's all it was. If we can just keep going, I think we'll be successful. We have to score some runs, that was clearly our weakness today."

Windham sixth grader Eli Souther began on the mound where he struck out five batters. Windham fifth grader Bronson Bassett took over in the third inning and struck out six batters.

Windham kept Cape Elizabeth scoreless in the first inning. Cape Elizabeth's defense was just as tough as Windham's.

In the second inning, a homerun put Cape Elizabeth in the lead. Windham's strong defense wouldn't allow them any further runs, even when it got tough.

In the bottom of the fifth inning, a walk and a single by Cape Elizabeth put two runners in scoring positions. Bassett was on the mound and struck out the next three batters to shut Cape Elizabeth down and leave their runners on base.

"Obviously, there's a lot of pressure, but I just cleared my mind," said Bassett. "I let go of everything and it was just me and the catcher, and I was just pitching my way. Even though we got the 'L,' it's not a blowout, it's 1-0. The one thing we've got to do better



(L to R) Windham Little League 11/12 All-Star sixth grader Robbie Sanicola stays focused on the ball at the Westbrook Little League Complex on Saturday, June 22 in a game against Cape Elizabeth. Fifth grader Bronson Bassett heads to first base. Seventh grader Joey Somma makes the throw to first in time after fielding a hit. PHOTOS BY MATT PASCARELLA

is getting the ball on the bat. We got a whole [other] game. Great job at fielding ... but I do think we need to work on hitting – overall I think we did good."

Windham gave a solid effort in the

sixth inning but couldn't get around the diamond.

"We did really good on pitching," said Windham seventh grader Joey Somma. "I feel like we could get better at our attitudes while pitching, like

that homerun was just 1-0, nobody needs to hang their head or do anything to not be positive – we have another chance. Our plays in the infield, our pitching and how we battled at the plate went well." <

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→ RWPA Cont. from page 9

front property to evaluate and advise you how to decrease erosion in a non-regulatory, non-enforcing way. Every consultation is free and non-binding, and no reports by the volunteers in LakeSmart will be sent to any regulatory agencies. As one of the LakeSmart experts said, "What Have You Got to Lose?"

LakeSmart seeks to discourage the "suburban norm of lawns to lakefront"—the idea that lakefront properties have to look like owners' other houses in the suburbs. That lawn culture increased with the influx of new lakefront owners during the

pandemic. Lawns, more than native forest and shrubs, add considerably more phosphates and other chemicals to lake water.

Some residents of Turtle Cove on Sebago Lake brought up the continuing issue of invasive Asian Milfoil in their part of the lake. The Town of Raymond has taken over that work and hired a private contractor but the problem seems to persist.

Jennifer Danzig, of the Thomas Pond Association, urged Raymond registered voters to attend the Tuesday, Aug. 13 Raymond Select Board meeting at 5:30 p.m. to vote to change the solar ordinance to limit large-scale commercial solar projects on

Raymond shorelines. For more info, contact Laurie Wallace at rwallac23@gmail.com.

RWPA members in attendance also unanimously elected:

• Angelo Conti, a graduate of Unity College with a degree in Environmental Studies, and an avid angler, who oversees the CBI program,

• Juliet Kirk, a Columbia graduate and mechanical engineer with a specialty in systems and part of a family that has owned camps on Panther for more than 100 years

• Peter Rowland, a Tufts graduate and Sebago Lake resident, who has agreed to be Treasurer for the board.

Raymond Waterways is hiring Courtesy Boat Inspectors to check boats entering Raymond lakes and ponds at public boat launches on Panther Pond, Crescent Lake, Thomas Pond and the Raymond part of Sebago Lake for invasive species, and

to help educate the public about the importance of safe practices to keep the lakes healthy. Inspectors must be 16 or older and enjoy spending time outdoors and meeting people. Part-time with some flexibility in hours. Inspection shifts are mostly (but not entirely) on weekends and holidays throughout the summer. The pay is \$18/hour. If interested, please contact cbi@raymondwaterways.org

Raymond Waterways Protective Association is a non-profit association dedicated to protecting and improving the water quality of Raymond's lakes, ponds, rivers, and streams and fostering watershed stewardship for the benefit of residents and visitors to the area.

Visit their website at: www.raymondwaterways.org site for more information on the LakeSmart program and other information about Raymond lakes and ponds. <

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Eagle REAL ESTATE & Home

Summer home maintenance checklist

► **By Tricia Zwirner**
SPECIAL TO THE WINDHAM EAGLE



— Tricia Zwirner, State Farm

Check out these interior and exterior home maintenance tips to consider while the weather is warm.

Summer is the perfect time to take advantage of the warm weather and get some work done around the house. Help keep your home performing efficiently during the summer by adding these tasks to your home maintenance plan.

Indoor spaces

- Switch your ceiling fan blade direction to counterclockwise to help cool the air by providing a downdraft.
- Clean your refrigerator coils since they have a tendency to accumulate dust and pet hair. This can help your fridge run more economically.
- Wash windows and check screens. A good cleaning of the inside of your windows, patio door and tracks can help remove any buildup from dust, cooking, smoke, candles and fireplaces. While cleaning the windows, look at the screens to see if repairs are needed.
- Check your windows and doors for leaks to help keep cold air in and hot air out & consider sealing leaks with weather stripping or caulking.

Outdoor home maintenance

- Service your air conditioner because regular maintenance can help ensure your air conditioner is working as efficiently as possible during the summer.
- Hose down your exterior air conditioner condenser unit with a garden hose to remove buildup and help it

run more efficiently.

- Wash the outside of your windows with soapy lukewarm water to help remove any water spots or dust buildup and dry with a microfiber cloth.
 - Wash siding with a garden hose to avoid potentially damaging the outside of your home or having water get under the siding. Apply a coat of fresh paint if needed and repair any damaged vinyl or aluminum siding.
 - Check your garden plants, trees and shrubs for insect infestations. Termites can easily go undetected until considerable damage has been done. Look for telltale signs like flaking wood or mud buildup and tunneling systems in the exterior wood of your home. Professional pest control inspections are recommended if you have any suspicions of possible infestation.
 - Spruce up the exterior of your home by pressure washing your sidewalks, porches and driveways. Fences and decks can also use a lower pressure cleaning.
- ### Tidy up your landscaping
- Trim shrubs and bushes as needed.
 - Get weeds under control.
 - Remove dead or unhealthy plants so that others may thrive & consider replacing with new ones.
 - Add a fresh layer of mulch to mulched areas & introduce some pops of color to increase curb appeal.
 - Trim trees to avoid potential damage to your home. Keep their branches

pruned and at least 25 ft from power lines and your home to help prevent storm-related damage.

- Check gutters to ensure they are free of debris & make sure downspouts are still routed properly so water drains away from the house.
- While on the ground, step back from your home and inspect the roof for maintenance from all sides to see if shingles are cracked, curled or missing.
- Clean the outside clothes dryer vent to remove any built-up lint and allow your dryer to work more efficiently.
- Inspect the pavement for cracks and holes to help prevent accidental slips, trips and falls. It may also help you avoid larger repairs or resurfacing in the future.

Garage maintenance

- There are many items that should not be stored in a garage as the temperature will be rising throughout the season. Don't store heat-sensitive or combustible materials in the garage and keep hazardous materials such as paint, solvents and chemicals away from children and disposed of properly.

Energy Efficiency

- Install window coverings or use reflective film to reduce heat gain from the sun and keep your home cooler during hot summer days.
- Check your attic insulation and add more if needed to improve energy efficiency and keep your home comfortable.

- Consider installing a programmable thermostat to regulate your home's temperature efficiently and save on energy costs.

These are just a few summer home maintenance suggestions tailored to our state so that you can ensure that your home is prepared for the unique challenges of the season. Regular maintenance and attention to detail will help prevent costly repairs and maintain the value of your property.

Remember to prioritize safety, energy efficiency, and protection against Maine's ever changing weather conditions. Don't hesitate to seek professional assistance when needed.

This article was brought to you by Tricia Zwirner, a State Farm agent celebrating her 21st year in Windham. She and her team would love to hear from you and can be reached via phone and text at 207-892-2864 or via email at tricia@TRICIAZWIRNER.com.

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ENTERTAINMENT

**THE WINDHAM EAGLE PRESENTS...
A REVIEW OF AN AMAZON PRIME
MOVIE**

▶ ◀

'The Idea of You' (R)

By Matt Pascarella
STAFF WRITER

Runtime: 1 hour, 55 minutes

Solene is a 40-year-old single mother with a daughter, Izzy, in high school. When her ex-husband is unable to take Izzy and her friends to Coachella, Solene takes them. It's here that she meets 24-year-old Hayes Campbell, a member of the band "August Moon." Over time, they get to know each other and what could be classified as a relationship forms.



However, once the press gets wind of this, it blows things up for all involved. Is there a way to make this relationship work? While this movie started out pretty good, it's a little on the longer side and I felt like it dragged a bit too much in the third act.

"The Idea of You" stars Anne Hathaway, Nicholas Galitzine, Ella Rubin, Annie Mumolo, Reid Scott and Perry Mattfeld.

Solene (Hathaway) is a single mom with a teenager daughter, Izzy (Rubin). Solene is going on a camping trip while her daughter and her friends go to Coachella.

At the last minute, Solene's ex-husband (Scott) has to go to work, and Solene takes the kids to Coachella.

At Coachella, Solene is looking for the bathroom, and meets Hayes (Galitzine) who, to her surprise is a singer in the very popular band "August Moon." They share a moment. He invites her to hang out after the show.

He says he feels inspired and kind of dedicates a song to Solene.

During Solene's 40th birthday party, she talks to a bunch of guys her age who are weird or just boring, despite their interest in her.

Solene works as an art dealer and Hayes stops by to buy some art. She takes him to the gallery of a friend of hers where they learn more about each other. Hayes says he doesn't meet people like her very often. He admits he's attracted to her.

Paparazzi follow Hayes everywhere and are parked outside Solene's house, which is distracting.

The two get to know each other more, and kiss. Solene is concerned about the age difference. Hayes wants to see her again.

While Izzy is off at a summer camp, Hayes invites Solene to join him on a part of the tour in New York City, then to Europe. They get to know each other better. The two are happy together dancing to Wang Chung.

Hayes tells Solene his greatest fear is that people think he's a joke. Solene worries what people will say if they start dating; Hayes doesn't care. Solene hasn't told Izzy about Hayes yet.

Tensions emerge between Solene and the girlfriends of the other "August Moon" bandmates.

She finds out Hayes has not been 100 percent honest. He tries to explain himself, but Solene has already been down the road of having a dishonest partner.

Solene likes Hayes but is ashamed. They break up.

The paparazzi have published photos of Hayes and Solene and it's all over the internet, being met with various reactions. She tells Izzy; and admits she still likes him.

This is generally not my favorite genre of movie, though this one started out OK. It did have a semi-sweet reverse "Mrs. Robinson" quality to it. The characters seemed genuine throughout most of the movie. However, by the end of the second act the story began to drag. There was too much "will they, won't they?" As in most romantic comedies, the ending is almost always fairly predictable.

To its credit, I thought the ending left the final moments up to the viewer to interpret. I wanted to find myself rooting for them as a couple, but by the end I just wanted them to decide if they'd get together so the credits could roll. Maybe I'm being too harsh on this one, but this is one I think can definitely be passed on.

Two out of five stars.

Available to stream on Amazon Prime. <

LAST WEEK'S ANSWERS

R	A	B	B	I	S	S	A	L	I	N	E		
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60				61				62		63		
64				65					66			
67				68					69			

CROSSWORD PUZZLE

CLUES ACROSS

- Mongolian city __ Bator
- Coconut palms
- Rounded knob
- Japanese city
- Type of sandwiches
- A type of shape
- Son of Shem
- French modernist painter
- Grandmother
- Mammary gland of female cattle
- Hill or rocky peak
- Secret political clique
- Songs to one's beloved
- "Boardwalk Empire" actress Gretchen
- Father
- Chinese philosophical principle
- Restrict the number or amount of
- Combined into a single entity
- Brother or sister
- Evil spirit
- Materials in the earth's crust

- Partner to cheese
- Of the sun
- Baseball great Ty
- After B
- Place to relax on the beach
- Folk singer DiFranco
- Partly digested food
- Small dog breed
- Japanese honorific
- Salts
- Beard moss genus
- Mountain pass
- Type of sword
- Albanian language
- Metric weight unit
- Italian Seaport
- Longtime late night host
- Extremely angry
- Wading bird
- Days in mid-month
- Omitted from printed matter
- Upper body part

CLUES DOWN

- Two-toed sloth
- Cooking ingredient
- Iranian city
- Accuses
- Corrie
- Delivered a speech
- Collection of sacred books
- Theatrical
- Very fast airplane
- Arm bones
- Ancient kingdom near Dead Sea
- __ fide: legit
- Gemstone
- Counsels
- Corporate bigwig
- Cool!
- Touch lightly
- Small Milky Way constellation
- Satirical website
- Border lines
- Soft drinks
- Capital of Guam

- Six-membered ring (chemistry)
- Bar bill
- Car mechanics group
- Notable Bill Murray character
- Health care for the aged
- Gurus
- A passage with access only at one end
- Reduce
- Spy organization
- The upper surface of the mouth
- Plants of the lily family
- Type of reef
- Oral polio vaccine developer
- Mottled citrus fruit
- Lose
- Former Brazilian NBAer
- Baseball great Ruth
- __ Clapton, musician
- Chance
- Spanish soldier
- CNN's founder

SUDOKU

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HOW TO SOLVE:

Each row must contain the numbers 1 to 9; each column must contain the numbers 1 to 9; and each set of 3 by 3 boxes must contain the numbers 1 to 9.

LAST WEEK'S ANSWERS

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3	9	7	2	1	5	6	8	4



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BUSINESS SPOTLIGHT

One of the top places to purchase a unique gift in the Lakes Region of Maine is full of handmade, locally sourced items and offers an amazing selection of Maine-themed products you can only find there. LocalCentric in Gray continues to impress customers with its range of quality items produced by local artists and companies.

LocalCentric, located at 4B Brown St. in Gray, has been around for the past eight years but is now owned and operated by the mother-and-son team of Rhee Michelle-Smith and Travis Connolly. Michelle-Smith has served as the store's manager for the past three and a half years under the previous owners and became LocalCentric's owner in April.

"The previous owners Jen and Tom wanted to focus on their other business Human Nature and gave us the opportunity to purchase the store and continue to provide local artisans with the opportunity to showcase their work," Rhee said.

Along with her son, Rhee has embarked on a mission to reorganize operations and has intensified efforts to promote the business through social media campaigns and with store consignors.

"The best thing about what we do at LocalCentric is that we support local artisans and provide them with an outlet for their products," Rhee said. "Although we are a retail shop, we attract visitors to Maine by featur-



ing locally produced and marketed Maine themed products that you can only get here in Maine."

The store features many local artisans and entrepreneurs, showcasing and selling their candles, home decor items, art, clothing, jewelry on a daily basis, and also offers a vast selection of locally made snacks, treats, craft beer, wine and mead. Tailor and notary services are available and LocalCentric also has a consignor that sells live plants and flowers and consignors that create paper and wooden flowers.

"Our business is quite unique in the Gray/New Gloucester area," Rhee said. "We are like a brick-and-mortar



Mother-and-son team Rhee Michelle-Smith and Travis Connolly co-own LocalCentric, an eclectic market and gift shop in Gray. The shop is filled with handcrafted items and a curated selection of snacks and beverages you won't find just anywhere. COURTESY PHOTO

"We offer competitive pricing throughout the store," Rhee said. We are family owned, completely local, with convenient hours, and a welcoming atmosphere."

You'll find beer, cider and kombu-

craft fair in a store with snacks, treats, craft beer, unique Winterport wines and The Fat Friar's Mead from Newcastle, all made in Maine. I think it's safe to say we are the only store around here that offers mead."

First-time visitors to LocalCentric have expressed to Rhee that before walking in, they didn't know quite what to expect, but were pleasantly surprised with what they found there.

cha from 11 different Maine breweries, Crossroads coffee, scones, biscotti and buckwheat snacks, Maine crisps, Jack's Crackers, Coastal Maine Popcorn and candy and chocolates from four Maine candymakers.

According to Rhee, the funniest feedback they have received so far is "this is the best smelling beer store."

Reviews posted online are nothing short of spectacular.

"This shop is so cute! There's so many different types of local goods for sale, from art and jewelry, to craft beer and homemade soap. I enjoyed poking around and found some lovely gifts." ~ Elizabeth Stroka

"Hidden gem! This place is great. I was able to get many unique gifts here, including beer that is hard to find in this area! My husband and friends were so happy. It is definitely worth a stop if you are in the area! I have only been here once, but it looks like they have new inventory often." ~ Anna K. Biddle

"Adorable shop. Music entertainment outside was outstanding." ~ Valerie Nahorney

Hours for LocalCentric are from 10 a.m. to 7 p.m. Mondays through Saturdays and 10 a.m. to 4 p.m. on Sundays.

For more details about LocalCentric, call 207-657-4445 or visit their website at localcentric.me. You can also find them on Facebook and Instagram under LocalCentric. <

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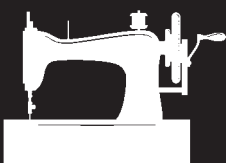
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Free credit monitoring available in response to cyber-attack

AUGUSTA – The Bureau of Insurance reminds Maine residents to exercise caution and take action to protect personal information. This is especially important as a result of the recent cyber-attack on Change Healthcare, a subsidiary of UnitedHealth Group,

which impacted millions of people. In response to the cyber-attack, UnitedHealth Group is providing two years of free credit monitoring and identity theft protection to anyone who wishes to access this service. Individuals can obtain more information

credit monitoring and identity theft protection.

Change Healthcare notified the public about a cyberattack that potentially compromised the protected health information of many Americans in February. It serves healthcare providers and insurers and to date has reviewed more than 90 percent of the affected files and found no evidence of exfiltration of sensitive documents such as doctors' charts or full medical histories.

The incident was discovered on Feb. 21, when ransomware was detected in CHC's systems. The company promptly acted to halt the attack, shut down systems to prevent further impact, initiated an investigation,

and contacted law enforcement. In a press release, CHC said its security team, with the help of security experts, worked vigorously to manage the situation.

Consumers who choose to sign up for free credit monitoring will be directed to a third party that administers the credit monitoring on behalf of UnitedHealth Group and will not have to provide any personal information to UnitedHealth Group.

Consumers with questions about insurance matters can obtain information and assistance from the Maine Bureau of Insurance by visiting www.maine.gov/insurance, calling 1-800-300-5000 (TTY call Maine Relay 711), or email: Insurance.PFR@maine.gov.

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by accessing UnitedHealth Group's dedicated website, or by contacting the dedicated call center at 1-866-262-5342. Individuals do not need to be a member of UnitedHealth Group, either now or in the past, to take advantage of the free

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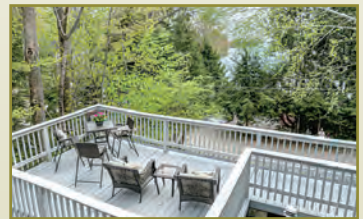


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